YOUNG AMERICA'S FAVORITE MAGAZINE OCTOBER 1975 75 CENTS

seventeen

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fashion goes LATIN-AMERICAN

the fine art of SAYING "NO!"

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what makes a boy ASK YOU OUT?

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teens talk about TEEN VIOLENCE

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(Thiamin)

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Good for the skin
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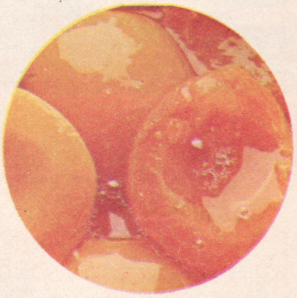

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(Vitamin A)

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(Phosphorus)

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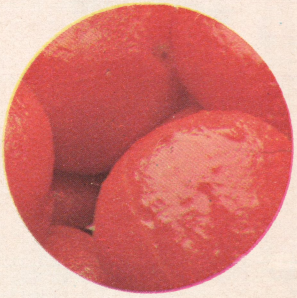

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Gather round me sunshine.

seventeen

OCTOBER 1975

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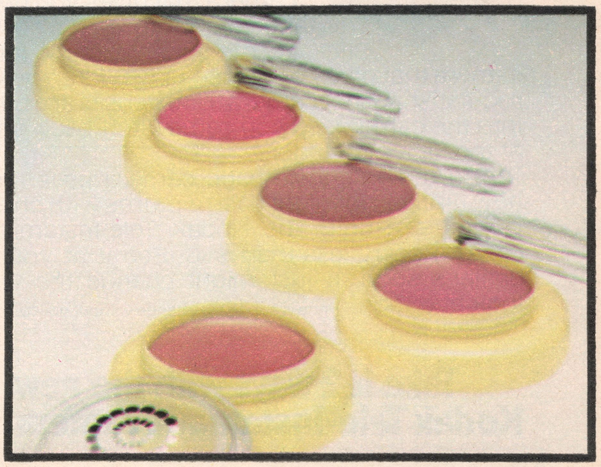

MAKEUP

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Your Letters

By Any Other Name

M. George Haddad ("In My Opinion Kids Should Name Themselves!" August) seems to believe that having a name usually associated with the opposite sex could be "embarrassing and inappropriate." My name has never embarrassed me—I'm glad that my parents gave me a somewhat unusual name for a girl!

Ms. Jeffrey Wright, Houston, Tex.

People do associate names with appearances. An "Edna" should be a tall, homely girl with a big nose, a "Julie" a pretty blonde. Thanks a lot, M. George, for speaking up for all of the teen-age Gladyses and Elwoods running around in this world.

Alicen Merrill, Manasquan, N.J.

With inflation, ever-rising crime, poverty, disease, kids in trouble, etc., etc., I could think of a better beef! As Shakespeare once said (and I'm sure many have been thinking), "What's in a name?"

Ellen Tercyak, Newton, Mass.

I resent the statement "Popular names become quickly outdated, as any Mabel, Martha or Herb knows." I don't consider my name outdated—I love it! It is mentioned in the Bible; it is the title of an opera by Friedrich von Flotow first produced in 1847; there's Martha's Vineyard in Massachusetts and Martha Mitchell. Outdated? Nonsense!

Martha A. Griffen, Charlevoix, Mich.

To say nothing of George's wife.—Ed.

One for the Herstory Books

"Who was Vinnie Ream" (August) was an enlightening, enjoyable and unique approach to recognizing the achievements of women. Just for the record: Mary Lyon (educator and pioneer of higher education for women) was cofounder of Wheaton College, in Norton, Massachusetts, before she founded Mount Holyoke.

Shawna Flynn, Newport, R.I.

Your crossword puzzle on women was great! But one question—how could you expect your readers to know the answers when almost all history books ignore women?

Betsy Fischer, Menlo Park, Calif.

Blues Notes

My parents and I recently moved from Washington to California. After reading "Chasing the Lonelies" (August), I realized that I've been trying to live in the past and that sooner or later I'd have to start my new life in this town, with new people. Your article has made it sooner.

Name Withheld, Oroville, Calif.

If you're lonely or depressed, the best thing you can do is stop thinking about the "all-important big I" and see what you can do for those around you instead.

Marie Peterson, Stillwater, Minn.

Sportswomanship

I just wanted to tell you how much I enjoyed "Winning Isn't Everything" (August). I wonder how many more such articles it will take to let the public know that women don't want to compete *against* men but *with* them.

Rosemary Cardaras, Glouster, Ohio

Contrary to Janice Kaplan's (and many other persons') views of dance and gymnastics, they both require a great amount of strength and endurance. Certainly girls who are loose and limber must also have the body and leg strength needed to master three consecutive aerials, to hold their leg in high fifth or to jump four feet off the ground.

Nancy Spoeri, Exeter, N.H.

SEVENTEEN is becoming more feminist-minded than ever before. It's good to see articles about women being actively involved in sports. Maybe in a few generations we can have a truly nonsexist society.

Carol Koeffeman, Rockford, Ill.

More on page 10

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YOUR LETTERS

continued from page 6

Making Air Waves

Since I've been a disk jockey for the past three and a half years, I read your interview with Toby Browning ("On the Air," August) with great interest. I have one major gripe against Mr. Browning: his attitude toward female disk jockeys. I've found little or no audience resistance to females on the radio. The main problem comes from male deejays, who probably resent the competition. So, girls, don't be discouraged, and Toby, you'd better recheck your signals!

Arlyn Miller, Houston, Tex.

I'm a sixteen-year-old disk jockey and a female. What Toby said about there being more openings for women in FM radio is true, and while most of the opportunities are in the news field, the studio door is open to females. Since I first began working at KMMM in Muskogee, many people told me they enjoy hearing a woman's voice for a change. I urge girls who would like to get into radio to talk to their local station manager. Maybe they could have a job as interesting as mine, which ranges from playing records and making the listener feel at home to writing and reporting the afternoon news.

Lori Allen, Muskogee, Okla.

Rock On!

Pete Townshend ("Rock, Right Now!" August) was infuriating. The fact that so many rock musicians use the media as a way to get things off their chests is exactly what is wrong with today's rock. He calls Elton John one of "the new breed of stars," but Elton is one of the few who is content to make music for fun and entertainment and not take out his frustrations on his listeners. I'd rather have stability and consistency than someone's bad mood.

Carol Yarbrough, West Yellowstone, Mont.

After seeing the movie *Tommy,* it was interesting learning more about the man who wrote and composed the original work. Pete Townshend expresses his views clearly and intelligently, unlike so many other rock personalities of today.

Patti Prichard, Los Angeles, Calif.

Double Exposure

The clothes in "School Scene '75" were really beautiful—and the surroundings unusual. For instance, in back of three models and an assorted crowd in heavy sweaters and winter jackets a girl can be seen wearing a halter and shorts. So it seems obvious to us that either the crowd is sweltering or the girl is freezing. It only goes to show that photographers are human too!

Gwen Gahallo, Jenny Lerum,
Margaret Mitchell, Elk Grove Village, Ill.

Straight Talk

I greatly appreciated your articles on assertiveness in the August Mini-Mag, with all the different ideas and books filled with useful information. But I was annoyed at the title you gave the article on writing to authoritative people about complaints: "Dear Sir." That's an example of what we, the women of America, are trying to eliminate all over the country.

Mary Beth Russo, Marlboro, Mass.

You didn't do your homework. In "Back Talk" (Mini-Mag, August) you wrote about the study of Futuristics by "Burnsville and Richfield, two St. Paul, Minnesota high schools." As an ex-resident of both towns and an ex-student of Richfield High, I can assure you that they are separate towns with their own independent school districts. Both towns are suburbs of Minneapolis.

Tracy Leinbaugh, Coeur d'Alene, Idaho

No (Green) Spark

In the August letters column, I read about the entire family who enjoyed shutting themselves in dark rooms eating wintergreen Life Savers to watch green sparks fly out of their mouths. It sounded so neat I bought three rolls and got together a few friends. I talked them into being shut in a dark closet and passed out the Life Savers, saying, "Just wait and see!" Nothing happened! I am now branded a major loon. I am laughed and hooted at. My life is ruined. Daily I consider going to Tibet and becoming a hermit—or choking myself to death on the rest of the Life Savers!

Shawna Goodman, Bozeman, Mont.

We suggest that before you take such drastic measures, you give it another try (in private). According to other readers—and SEVENTEEN staff members—it really does work! We were advised that you have to crunch the Life Savers hard.—Ed.

Correction

The price of the ASPCA's booklet, "Traveling with Your Pet," mentioned in the July 1975 "Free for All" pages ("Mobile Pets") is $1, not 30¢. Their address: 441 E. 92nd St., New York, N.Y. 10028.

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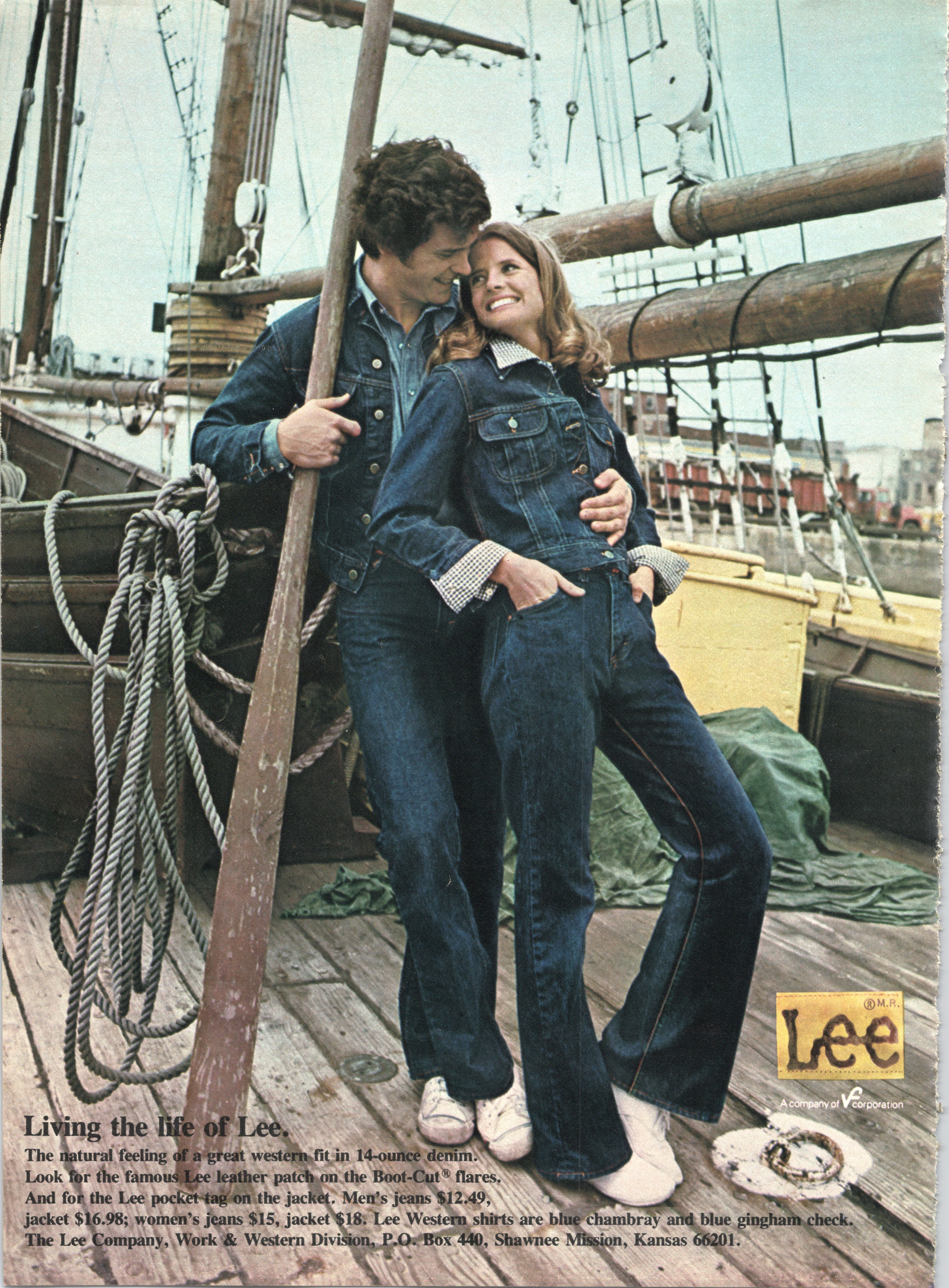

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SHULTON

dear beauty editor

NORMAN GREEN

I've always had little white spots under my fingernails that never seem to go away. They look so terrible! What are they and what can I do to make them disappear?

Alexi A., Bethlehem, Pa.

Dear Alexi,
Those little spots are actually bruises. They are caused by a blow or unusual pressure on the nails, and there is not much you can do to prevent them, except be more careful. There's also nothing you can do to get rid of them, but like other nail bruises, they should simply grow out.

My problem is my elbows. They're not dry or flaky but they look dirty. Please help—it's embarrassing!

Joanne D., Union Lake, Mich.

Dear Joanne,
A good long soak in a tub plus rubbing with a loofah will help rid your elbows of dead skin and debris. Investing in a pumice stone is a good idea too. Use it once a week. Be sure to use a body lotion afterward to keep elbows smooth and soft.

I have a pink complexion and tend to sunburn very easily. I use a sunscreen under my moisturizing lotion, then an antiacne lotion. But I always look red. Any ideas?

Caryn N., Northridge, Calif.

Dear Caryn,
The redness may be due partly to your using too much on your skin at once. Use the sunscreen *only* when you're out in the sun. (You might try using a sunblock instead, since your skin is so sensitive.) After cleansing, use toner, then a very light moisturizer (with sunscreen if you want the extra protection). Put your antiacne lotion on blemishes only, never all over the skin. If skin still tends to look red, use a color-correcting moisturizer. One with a green tint will help. Don't wear any makeup with rose tones; concentrate on colors in the tawny and beige family.

I'm a cheerleader and I need a quick beauty routine for my oily and blemish-prone skin. I have brown hair and blue eyes, and I dislike the heavily made-up look.

Kim B., Bloomington, Minn.

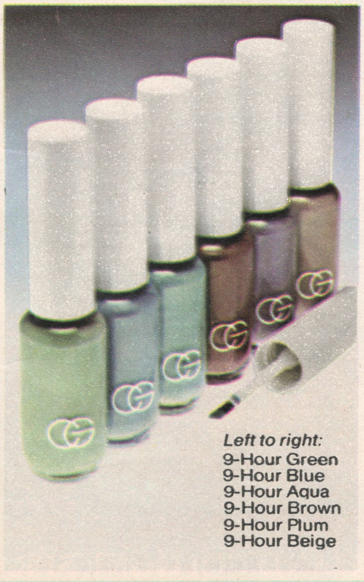
Dear Kim,
Put together a little kit that contains antiacne soap, cotton balls, astringent, an antiblemish lotion, spot cover, waterproof blush in a coral color, lip gloss and brown mascara. You might also want to include some cleansing towelettes to remove excess perspiration and oil during the half.

I'm five seven and a half and have long hair which I part in the middle and wear with a band or pulled back with a barrette. But I'm ready for a change! (I wear glasses.)

Carol B., Baton Rouge, La.

Dear Carol,
Choose any style you like, but keep it simple. To begin, try brushing it back without a part or with a side part. And because of your glasses, keep loose hair off your face. You might try a chin-length blunt cut, turned under slightly.

Cover Girl invents
'9-HOUR EYE POLISH'



Left to right:
9-Hour Green
9-Hour Blue
9-Hour Aqua
9-Hour Brown
9-Hour Plum
9-Hour Beige

Non-stop liquid color lasts 9 hours...maybe more.

New 'Cover Girl 9-Hour Eye Polish.' Gives eyes a gently-buffed look. Soft. Subtle. Polished. Six soft polished pastels that stay put, stay clean, stay pretty for 9 hours... maybe more.

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COVER GIRL EYES

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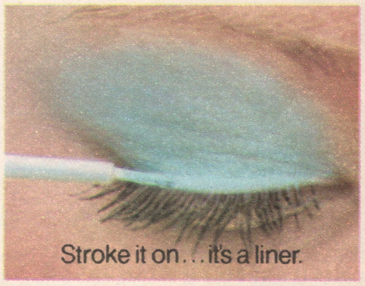
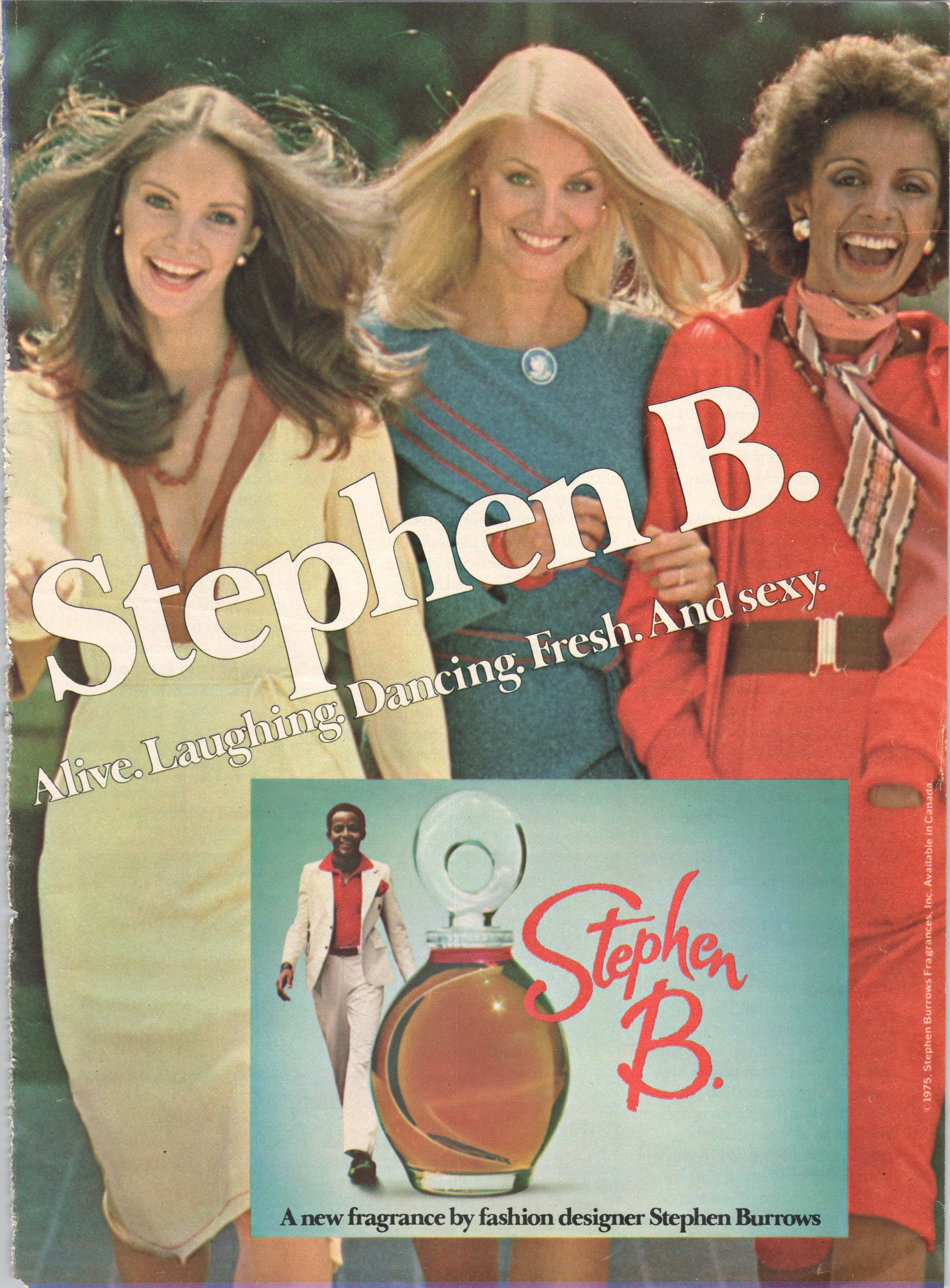
Brush it on... it's a shadow.



Stroke it on... it's a liner.

Here comes
PERFUME·PERFUME SPRAY·PERFUME OIL·INTENSIFIED COLOGNE AND COLOGNE SPRAY


Stephen B.
Alive. Laughing. Dancing. Fresh. And sexy.
Stephen B.
A new fragrance by fashion designer Stephen Burrows

© 1975, Stephen Burrows Fragrances, Inc. Available in Canada.

Your tampon should be the most trusted tampon

For years, women all over the world have put their trust in Tampax tampons. They are by far the number one choice. In fact, more women use Tampax tampons than all other menstrual tampons combined. An important reason for this choice is the protection Tampax tampons give. More than sufficient, dependable protection for your normal needs.

Here are some questions and answers about menstrual protection and Tampax tampons. The answers will help you understand why the word "trust" and Tampax tampons are linked so closely in the minds of women in more than one hundred countries.

Does "absorbency" mean "protection"?

Not necessarily. A tampon can be highly absorbent and still not prevent accidents from happening. For your protection, a tampon must be designed to absorb menstrual flow adequately, be easy to insert correctly, expand gently to fit your inner contours, and be simple to withdraw.

Tampax tampons measure up to all of these requirements. The tampon is made of softly compressed, highly absorbent material. It is encased in a slim, smooth container-applicator that makes it easy to insert the tampon hygienically into the proper position for maximum protection and comfort. After insertion, the Tampax tampon expands in all three directions—length, breadth and width—to conform to the contours of the vagina so that the chance of leakage or bypass is minimal. Upon removal, the Tampax tampon slims itself so that it is as easy and simple to withdraw as it is to insert. The withdrawal cord is chain stitched the entire length of the tampon.

Is a deodorant necessary?

No. A deodorant in a tampon is not at all necessary. When a tampon is in use, embarrassing odor does not form. Therefore, Tampax tampons do not contain a deodorant. And deodorants may be harmful to delicate tissue. They may cause irritation and allergic reactions. So why take chances with something that isn't needed.

Should you use a plastic applicator?

Insertion is not any easier with a plastic applicator. The smooth, pre-lubricated Tampax tampon container-applicator makes insertion comfortable, hygienic, correct and easy. The applicator tubes are made of spirally wound strips of paper that are held together with water-soluble glue. And, unlike the plastic type, the Tampax tampon applicator can be flushed away. Drop the tubes into water. In moments—by the time it takes to wash one's hands—the paper strips unwind and are as safe to dispose of as two facial tissues. Both the applicator and the tampon are completely flushable and biodegradable.

Are Tampax tampons more economical?

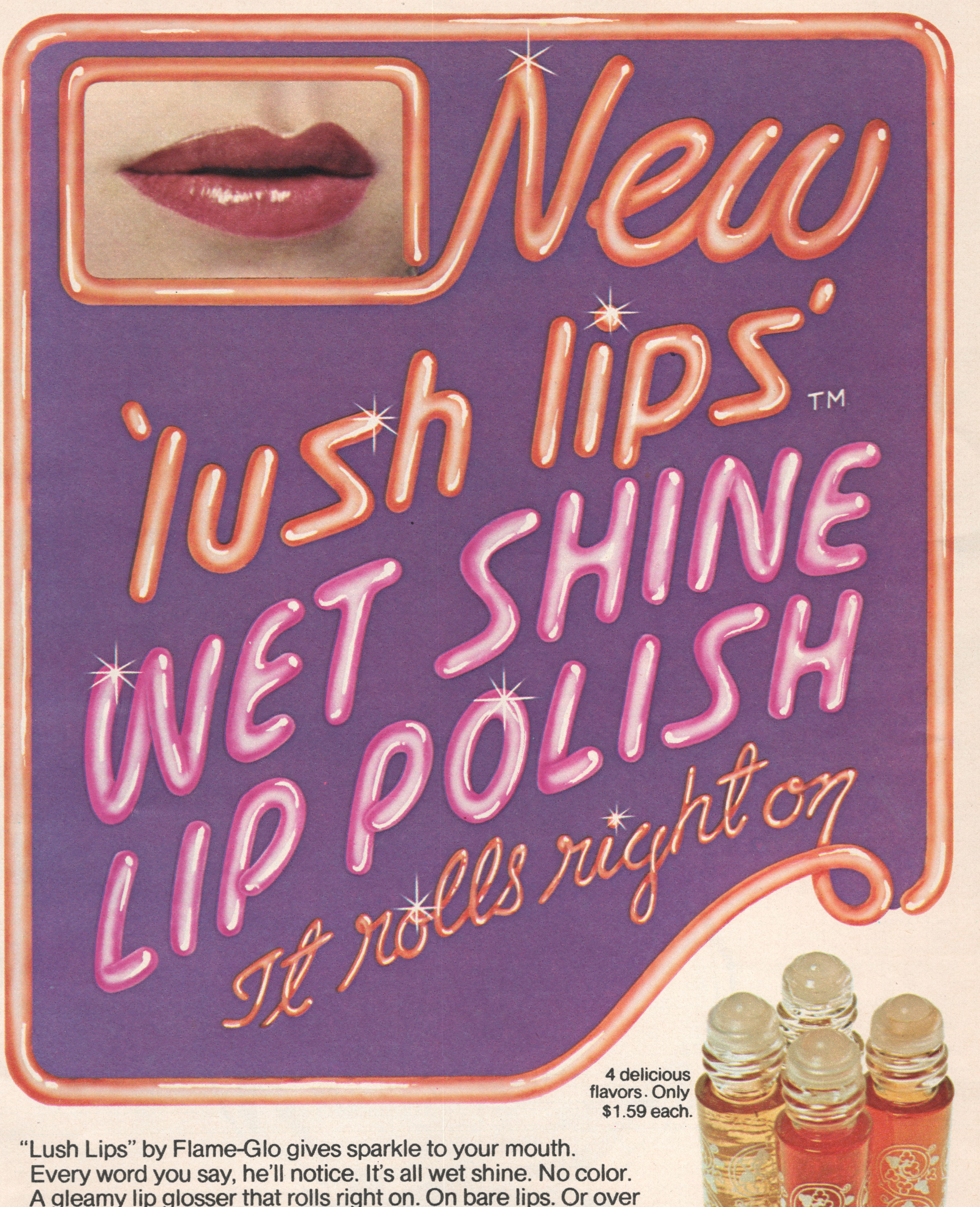
Yes, indeed. Tampax tampons come in packages of 10's and 40's which cost less than or about the same as packages of 8's and 30's of other brands. A lot more protection for your money.

Now, here's a question for you: **"Shouldn't your tampon be the most trusted tampon?"**

TAMPAX®
tampons

The internal protection more women trust

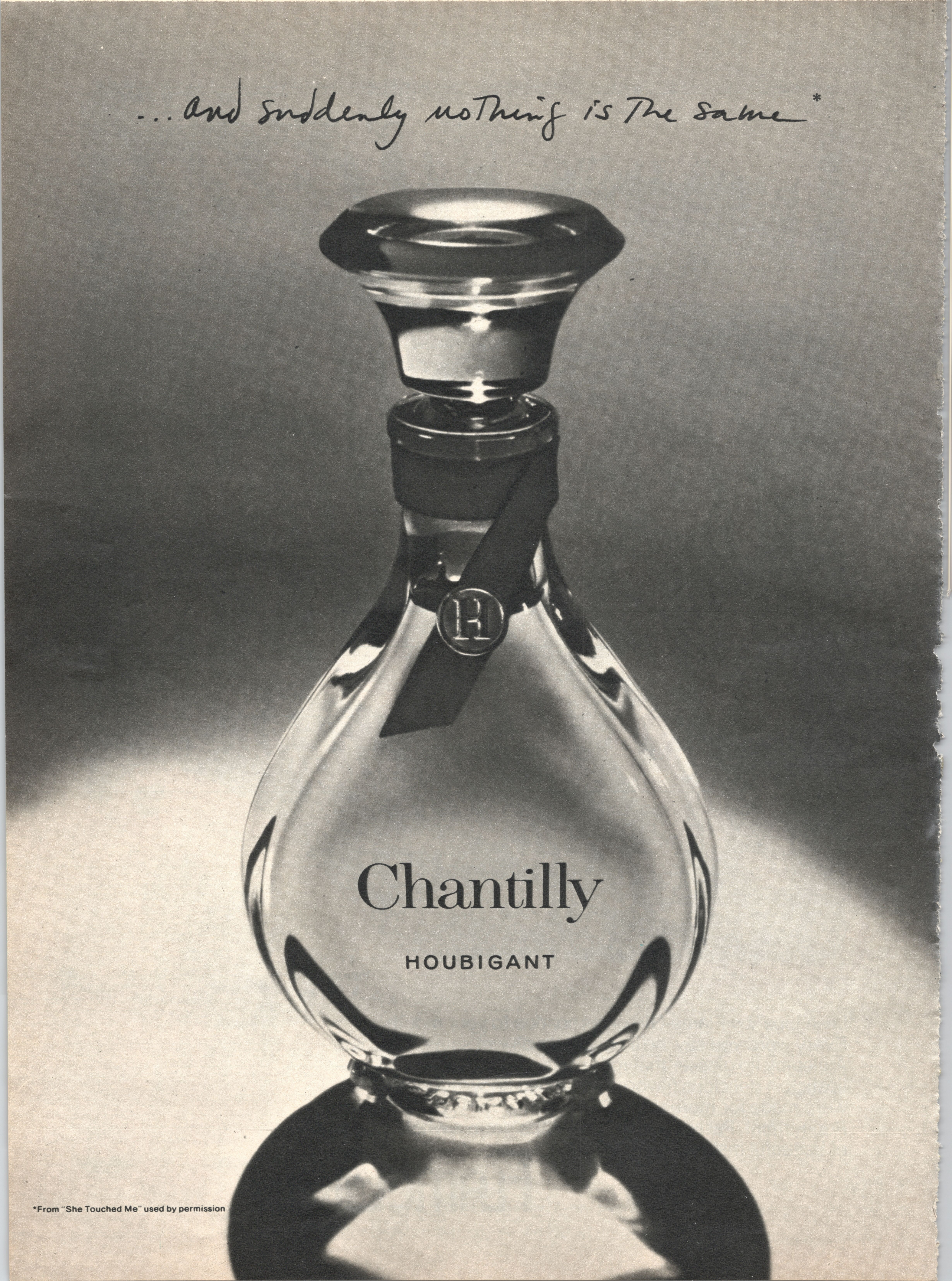
MADE ONLY BY TAMPAX INCORPORATED, PALMER, MASS.


New
'lush lips' TM
WET SHINE
LIP POLISH
It rolls right on

4 delicious flavors. Only $1.59 each.

"Lush Lips" by Flame-Glo gives sparkle to your mouth. Every word you say, he'll notice. It's all wet shine. No color. A gleamy lip glosser that rolls right on. On bare lips. Or over lipstick. 4 delicious flavors that let him know your lips were made for more than talking. Strawberry. Butterscotch. Peppermint. Passion Fruit. "Lush Lips" from a whole new line of beautiful makeup by Flame-Glo.

FLAMEGLO®


...and suddenly nothing is the same*
Chantilly
HOUBIGANT

*From "She Touched Me" used by permission

Be
the
girl
with
the
hair.
Beautiful Hair
BRECK®
SHATTERPROOF BOTTLE
Creme
Rinse with
Body
15 FL. OZ.

Have the kind of hair that says look-at-me. Touch me. That's the beauty of Breck Creme Rinse. Breck Creme Rinse helps your comb slip through snarls. Leaves your hair feeling silky soft. With lots of glowing, healthy-looking shine. And the thick, fluffy feel of body. Let Breck Creme Rinse let you be the girl with the hair.

BRECK®
Creme
Rinse
15 FL. OZ.
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Creme
Rinse with
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Blondes
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Beautiful Hair
BRECK® CREME RINSE

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happy hoofing in leather. 13.99 & 14.99

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QUALICRAFT® SHOE STORES

New-shape soles for savvy tootsies. Genuine leathers to wiggle around in. Rugby stripe socks, 1.49.

Sue Diamond, Fabergé Newcomer

Sue Diamond
OFF
EQUIPPED WITH
CHAMPION
SPARK PLUGS
Castrol GTX
CHAMPION
GOODYEAR

"I just discovered Faberge's new Cheek Colors."

Sue Diamond is a professional racing car driver.

Headed for her International Racing License, Sue aims to become the first U.S. woman participating in the Professional Formula 5000 Series. And she's picking up speed fast.

Anyone who's seen her move at 180 m.p.h. knows that Sue Diamond is an up and comer.

She's also a Fabergé Newcomer. She's discovered Faberge's Compact Cheek Colors—beautiful new creme blushers that are super-creamy, yet not a bit greasy. They're fragrance-free and lightly moisturized, to give Sue the protection she needs and the fresh, natural look she loves. And she finds the neat little mirrored compact comes in handy after the finish line.

Zoom over to the Fabergé for creamy new Compact Cheek Colors: Peach Creme, Pink Creme, Wine Creme and Bronze Creme. You may not become a racing car pro. But you will look like a winner.

come to the Fabergé

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Before nervous perspiration strikes, push the Panic Button.

The Panic Button is the button on new Super Dry Soft & Dri.®
Super Dry Soft & Dri really fights nervous perspiration. So before you panic, push the Panic Button.

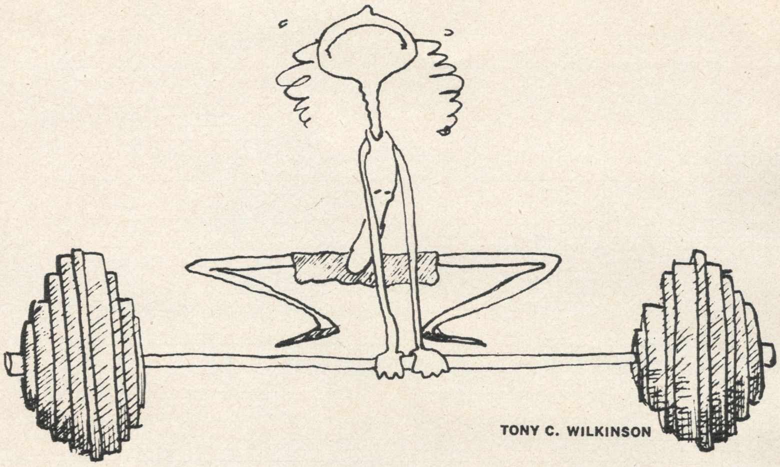
SUPER DRY
Soft & Dri
Non-sting Anti-Perspirant
New!

SPORTS

Don't Call Me Dumbbell!

A solid boost for women weight lifters

by Janice Kaplan



TONY C. WILKINSON

First of all, let's get the terminology straight. People who lift weights are not called dumbbells. The weights are the dumbbells. People who lift weights are called a variety of things—like Mr. America, Billie Jean King and me.

I began lifting weights sometime after I read about Vienna's Kati Sandwina who, according to turn-of-the-century commentators, possessed "the most perfect female figure." She was six foot one, weighed 209 pounds, and was probably the strongest woman who ever lived. She performed stunts like holding up one end of a bridge while forty men and four horses galloped across. She could lift her 156-pound husband, Max, over her head with one hand.

Weight lifters aren't all like that-way-to-the-beach muscle men who flex their biceps and pop their pectorals at every chance. There are three kinds of weight lifters: the weight trainers (people like me who use weights for exercise); the Olympic and power lifters; and the Mr. World muscle builders. It's highly recommended that girls join the first category and often suggested that they try the second. As for the third type—well, I don't even know why men bother with that. A fifty-inch chest and twenty-inch arms don't make you healthy or even that strong. Why train four hours a day just to be able to expand like Popeye?

Women seldom acquire bulging muscles, no matter how much they train, since the female body doesn't produce much testosterone—the hormone of the he-men. But that doesn't mean you can't get, comparatively, just as strong as a guy, and plenty of women have weight-lifting trophies that prove it.

Competitive weight lifting is divided into nine weight classes—going from 114 pounds to superheavyweight. Women haven't done much in the superheavyweight class yet, but they've done well in the 114-pound division, winning state championships against men in Nebraska, Texas and Washington. The Amateur Athletic Union, the sponsor of all major tournaments, doesn't have any events specifically for women, and AAU officials in some states are hard-headed about letting women compete. Nebraska officials tried to keep two college women out of the state championship by demanding that they weigh in nude. They did. And they each won trophies.

Power lifting is a test of pure strength. Olympic lifts (extending the weights at arm's length overhead) demand speed, agility and technique, in addition to strength. Women haven't competed in those events yet—probably because they require the kind of coaching that hasn't been available to girls. Russia's Vasili Alexeyev is the hero of the sport. The 325-pounder has jerked more than 540 pounds over his head. I couldn't *roll* that much weight!

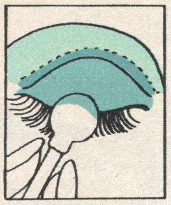
Power lifting isn't part of the Olympics yet, but Clay Patterson, chairman of the AAU committee on lifting, predicts that it will be in the 1980 games. He also has some bad news for officials who want to preserve the sport's macho image. "If the U.S. is going

(continued on page 28)

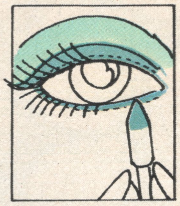
AZIZA DEMONSTRATES EYE MAKEUP FOR EYEGLASSES.

If you wear eyeglasses, eye makeup is more important than ever. Because light reflects off your glasses and washes out the effect of your shadow. (And if you're near-sighted, the lenses make your eyes look smaller, too.)

So the trick is to exaggerate and build up the depth of color around your eyes and add definition. That's easy with our Aziza Frosted Shadow Trios. Because they come in a wide range of rich colors. Plus each set includes a deep shade for definition. Like our Frosted Shadow Trio in Iced Aqua. (Don't wear glasses? You can still do the following, but with a lighter touch.)



1. Be brave! Apply with a firm hand. The medium shade goes on the lid to add color, depth, and to bring out the eye itself. The deeper shade in the crease to accent the curve of the eye. And the lightest shade goes on the browbone for highlight, and to make the whole eye area appear larger.

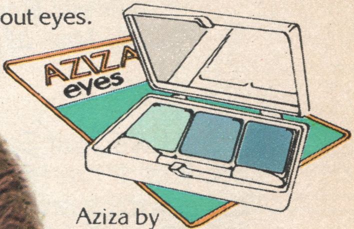


2. To further accent your eye, and add depth, circle your eye with the deepest shade. Start at inner corner of upper lashes, continuing along upper lashes to where lashes end, and down around and under lower lashes. This intensifies lid color, while adding depth and thickness to your lashes.

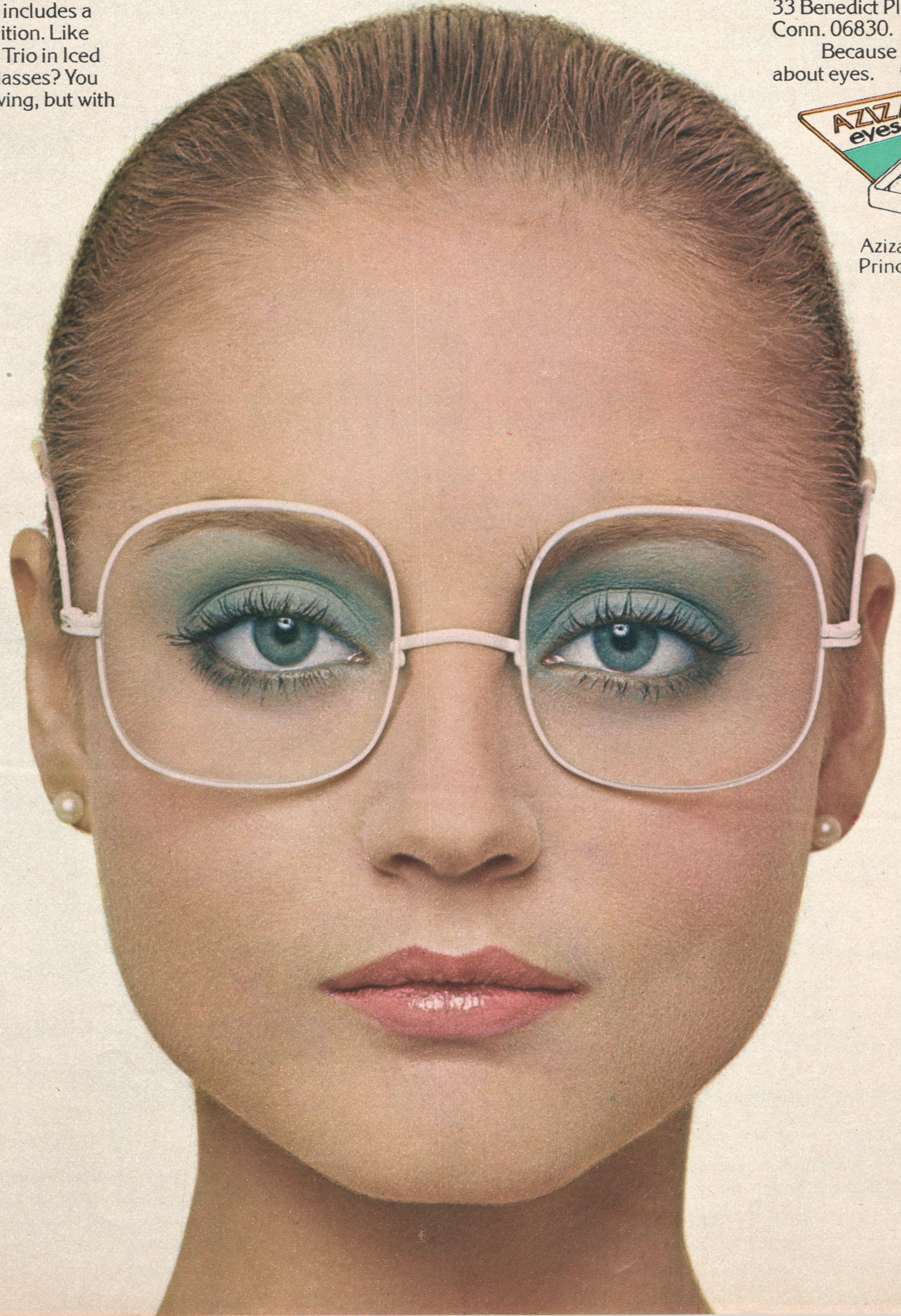
To bring out your eye color, use Aziza Mascara with Sealer in the shade closest to your eyes. It'll make your lashes look thick and lush. And it won't smudge your glasses, no matter how much you blink. Apply to upper and lower lashes.

Questions? Ask for our free book, "Aziza Demonstrates All About Eyes," wherever Aziza makeup is sold. Or just send 25¢ to cover postage and handling to Aziza, Department 239, 33 Benedict Place, Greenwich, Conn. 06830.

Because Aziza knows all about eyes.



Aziza by
Prince Matchabelli



Dear Sea Breeze,

When a product is as good as yours, I feel it deserves a compliment. And here is mine. I love it.
Michele Rowe,
Flushing, Michigan

I love your Sea Breeze product. It has really helped my complexion beautifully.
Betty Burak,
Detroit, Michigan

I wish to thank you for making the greatest product in the world for *my skin!* Sea Breeze is dynamite!
JoAnne Piccolo,
Miami Beach, Florida

SEA BREEZE
ANTISEPTIC FOR THE SKIN

I thank you, my mother thanks you, and my face thanks you.
Leslie Hitchings, Howell, New Jersey

WOW!
Carole Kuchar, Pittsburgh, Pa.

For years I have tried more expensive products and none of them worked as well as Sea Breeze.
Pat McGuire,
Astoria, New York

Soap and water alone can't remove all the dirt and make-up.

So every time you wash, wash again with a Sea Breeze moistened cotton pad.

Once you get to know us, you'll love us.

Sea Breeze Laboratories, Inc.,
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Today's contact lenses. Because any moment may be special.

You want to look your best, see your best, and feel your best at all times. But there are certain moments when it's especially important...moments you can't always foresee. Perhaps contact lenses are the answer.

With newer designs and softer lens materials, today's contact lenses often weigh less than a teardrop. They're generally comfortable right from the start...and they usually stay comfortable, even after prolonged wearing.

They're easy to care for, easy to place and remove, and they're great for active people. If contact lenses are right for you, you may find a whole new world of wider vision...and the natural you. You never know when a special moment may occur.

Should you consider contact lenses, your eye professional will decide if you can wear them on the basis of the health of your eyes, the vision correction you need, and the way you work and relax. For example, contact lenses should not be worn while sleeping, swimming, or in the presence of irritating vapors. Care should be taken to avoid exposing lenses to substances such as cosmetics, lotions, soaps, creams, or hair sprays. If contact lenses are prescribed for you, your eye professional will work closely with you to see that you receive their full benefit by providing easily followed instructions for lens wearing, cleaning, storage, and disinfecting.

Your eye professional is always ready to assist you with your vision needs and answer any questions concerning contact lenses or eyeglasses. Consult him immediately if you ever encounter any abnormal eye condition such as irritation. Everyone should have a professional eye examination on a regular basis to protect the priceless miracle of sight.

Foresight...the best way to preserve eyesight.

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Anytime you want a tan, just turn on your Sperti "SOLAR SYSTEM". Plan your tan anytime . . . rain, snow and the darkness of night. . . all year round. Sperti pours forth with powerful, concentrated tanning rays and Sperti's Exclusive Filter Glass™ screens out undesirable rays.

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Now for weak, fragile nails: The super strength protection of Be-Long® with Nylon Fibres.

Be-Long with Nylon Fibres can help turn your weak, fragile nails into longer, stronger nails. Wear Be-Long alone or under your favorite color. We're so confident that the extra-strength protection of Be-Long will work on your weak, fragile nails that we guarantee it.

Sally Hansen®

Sally Hansen® HARD as NAILS® Be-Long® NAIL STRENGTHENER with NYLON

After one month if your nails haven't visibly improved, send us the unused portion and we'll refund the full purchase price.
Sally Hansen Division, P.O. Box 162, Farmingdale, New York, 11735.

. . . DUMBBELL!

continued from page 24

to have lightweights of world-class caliber," he says, "they'll probably be women." That's because a woman can train without bulking up or gaining weight as a man would, so she can get strong enough to lift 300 pounds and still weigh in at 114.

Weight lifting is competitive. Weight training is not. You use most weights doing a squat (a deep knee bend with weights held on the shoulders). The record is held by America's Paul Anderson, who can squat with 1,200 pounds. I can squat with 60 pounds. I'm pretty proud of that, though, since I started at 30 pounds and it's personal development that counts in weight training. I've learned not to flinch when my weight-training partner lifts those same 60 pounds in one hand. I grunt and sweat as much as he does—and we're both improving.

You become strong quickly with weight training. A group of women at the University of California at Davis went on a weight-training program for ten weeks. They increased their strength by as much as 30 to 100 percent. They also lost inches from waist and hips. You trade fat for muscle in weight training, so you look firmer and sleeker. The scale won't register your triumph, though, since muscle weighs more than fat. Ignore the scale.

There are various ways of approaching weight training, depending on your goals. If you want strength, lift heavy weights a few times at once. For endurance, do repetitive lifting of lighter weights (about 60 to 70 percent of your maximum).

Most schools and Y groups have weight rooms and coaches. If you want to firm the flab at home, buy a 110-pound combination set, which includes all the bars and weights you'll need to start. You'll have to get the 110 pounds home from the store, of course, and that's a trick in itself.

Many years ago a First Lady, Mrs. Herbert Hoover, called weight lifting an "immoral" activity for young ladies. Don't tell that to the female runners, gymnasts and tennis players who now train with weights. And certainly don't tell it to the competitive lifters who are beating the men. When Kati Sandwina lifted phenomenal weights she became known as the Herculean Venus. So shake your muscles, stop being a dumbbell and start pumping iron! ♣

1925, A FRAGRANCE CAPTURES THE WORLD LIKE LE JAZZ HOT.

A transmuted sadness pours forth from jazz trumpets. The rhythms are compelling. It is The Jazz Age, and Guerlain creates a perfume of real power.

Shalimar. Heady, exciting, as intoxicating as Prohibition itself.

SHALIMAR
by Guerlain

Guerlain
Paris
SHALIMAR

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Pick the Daisy® Shaver by Gillette
It Wouldn't Hurt a Thigh...

or Knee
The Daisy® shaver has twin blades, recessed and locked in, so it's almost impossible to nick yourself.

or Shin
And Daisy® has a curved handle, so you can *see* what you're shaving.

or Your Pocket
To prove it, we'll rush you one Daisy® shaver to introduce you to weeks of safe, close shaves. Just send us 25¢ for postage and handling to:

Daisy® shaver offer
P.O. Box 1594
Elm City, N.C. 27898
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FREE
(ALMOST)
Just send us 25¢ for postage and handling.

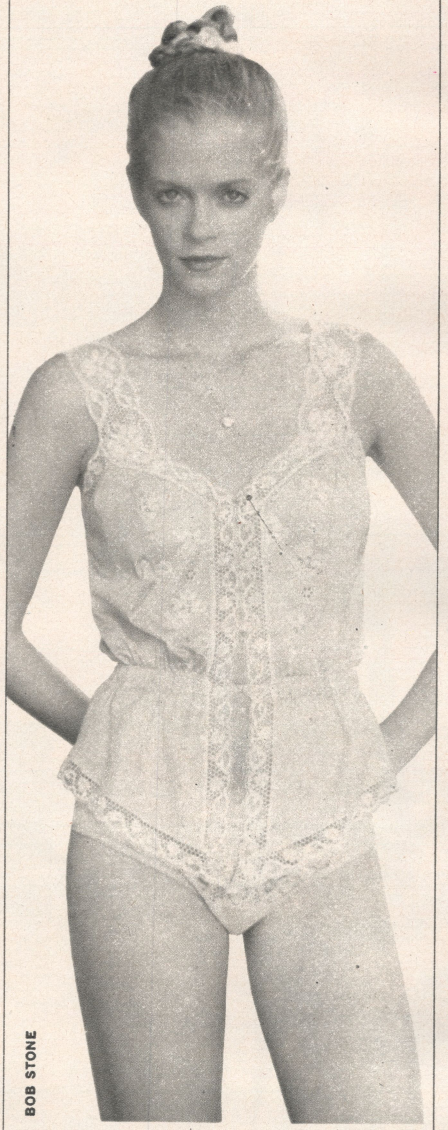
NAME____________________
ADDRESS____________________
CITY__________STATE_______ZIP______
Offer Void After Dec. 31, 1976. Allow 4-6 weeks for delivery.

Daisy. The new disposable shaver by Gillette.

FASHION

nostalgics

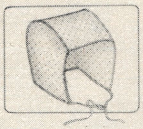
How about
a glamorous camisole?



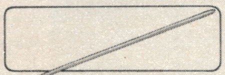
BOB STONE

The whole idea of romantic lingerie is coming back again—which is really nice if you've always worn basic tailored things. (Now you'll hope a little of your lace shows.) Take this beautiful arrangement: a lace-banded camisole with elasticized peplum and detachable garters (sizes 32-36), $14, and matching bikini pants with more lace (sizes 4-7), $4. Both are of Antron III nylon tricot in a peachy shade. By Vassarette. Dayton's, Minneapolis, and The Broadway, all stores. Necklace by 1928 Jewelry Co.

7 not-so-insignificant reasons to use the L'Oréal Frosting Kit.



1 Our frosting cap has lots of holes. More holes than anybody else's. To give you a more delicate, even frosting. Not great clumps of color.



2 Our Hair Strand Hook is made of real metal. Our good strong hook won't break. Notice the hook itself. It's fine and very smooth. You will latch on to just the amount of hair you want to frost. More easily.

L'ORÉAL
FROSTING KIT

3 Our powder is more powdery. It's finer. So it mixes more quickly. Your lightening mixture stays moister longer. And you won't feel a speck of graininess. Ever.

4 Our Color Toning Rinse is color specific. That means it takes red out of lightened brown hair. Copper out of lightened red hair. Yellow out of lightened blonde hair. And lays the gorgeousness on.

5 Our Color Toning Rinse does more than tone your color. It conditions as well. Leaves hair silky and sweet and swingy.

L'ORÉAL
FROSTING KIT

6 Our booklet is easier to read. Yes it is. And that's not so insignificant as it sounds. (In fact, we'll send you our booklet. Free.) Mail to: G

L'Oréal, Box 98, Westfield, N.J. 07090.

Name ____________________
Address ____________________
City __________ State ________ Zip ________

7 Our results. Subtle. Sunny. And simply beautiful. And that, of course, is the best reason of all to use our Frosting Kit.

L'ORÉAL
FROSTING KIT
one application

L'ORÉAL® Because you're worth it.™

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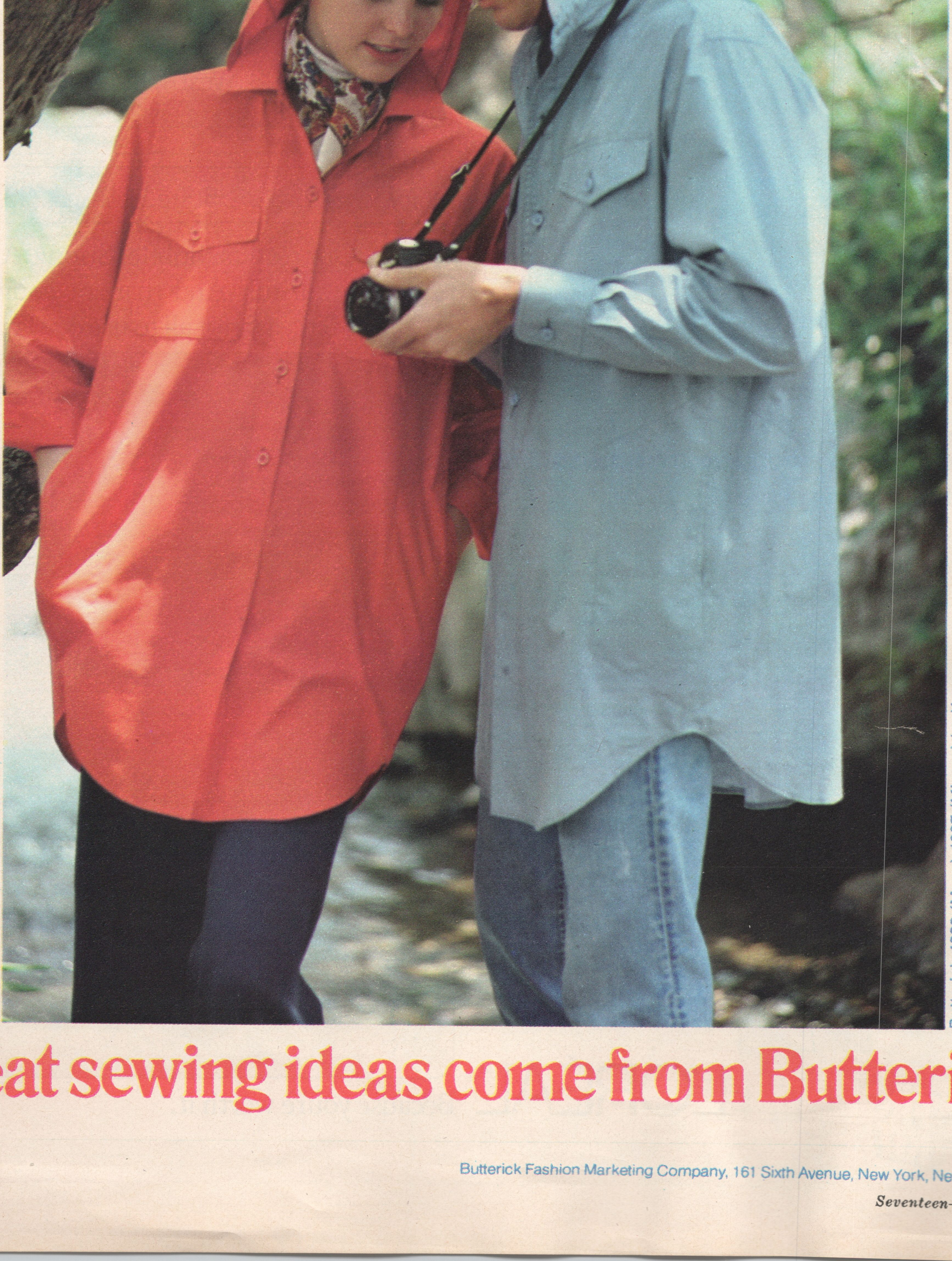
Only Butterick® has
Patterns Designed by Kenzo



Butterick 4366 (Mens) 4367 (Misses) by Kenzo

great sewing ideas come from Butterick

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It's your time to shine!

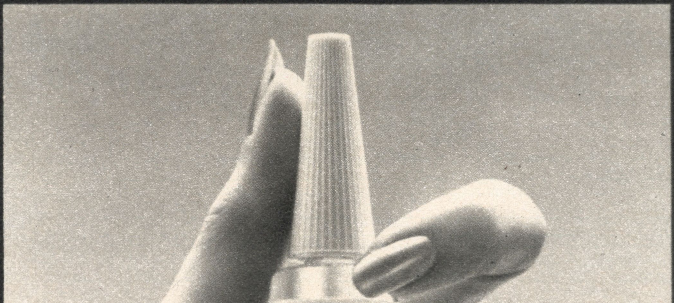
Great Shine Shadows aren't shy. They shine. Subtle as a stoplight. They flash: "These bright eyes have bright ideas." No fleeting shadows, either. The colors last.

Frosty Great Shine Lipsticks glisten. Gleam. Shimmer with traces of gold and silver. Feel soft. Look sassy. These lips won't be ignored.

Great Shine Shadow
Frosty Great Shine Lipstick
PURE MAGIC from MAX FACTOR

©1975 Max Factor & Co. Available in Canada.

For split, chipped problem nails.


Sally Hansen
HARD AS NAILS
with NYLON

America's Number One nail protection. Now in 22 lovely colors.

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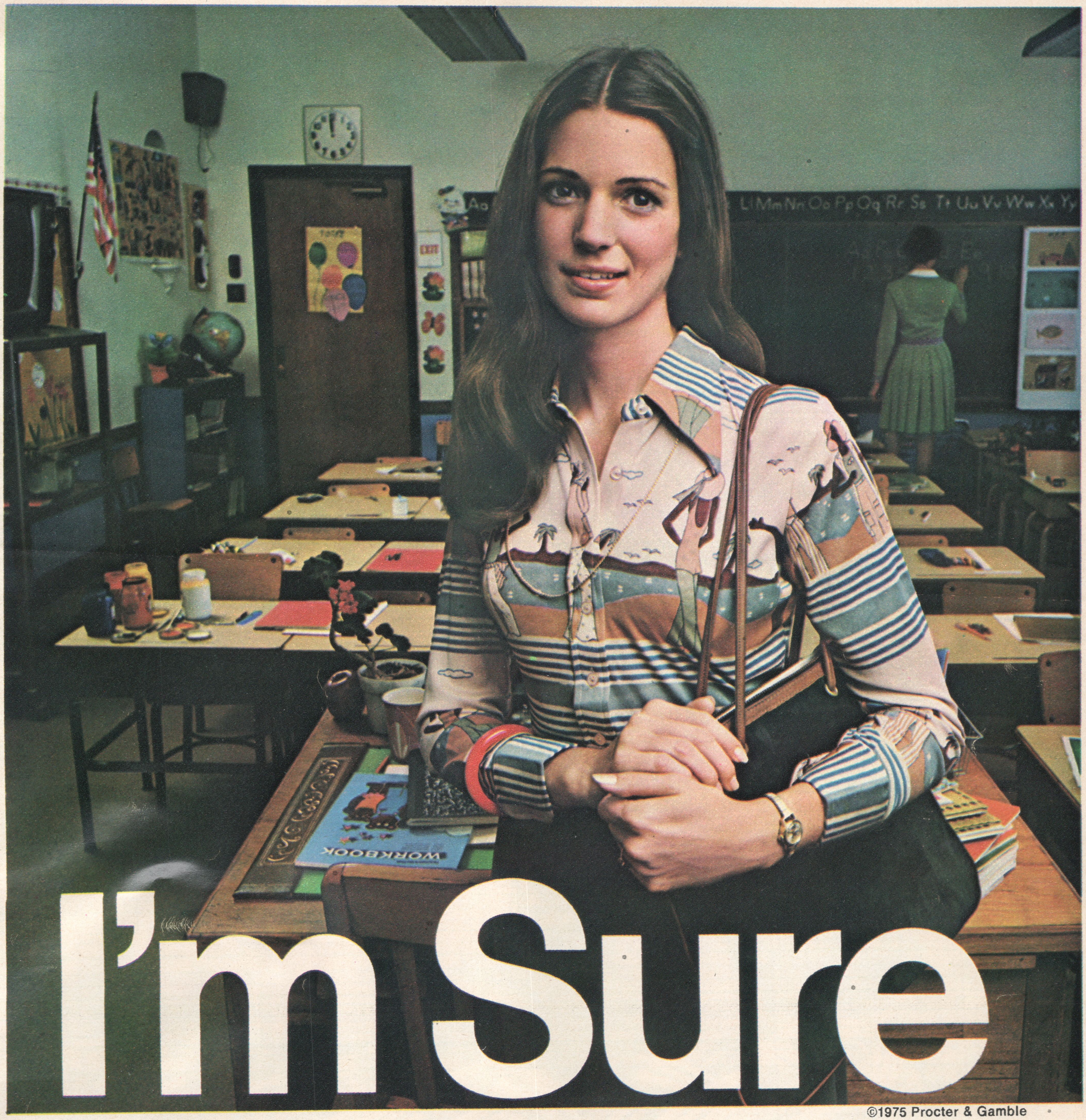


©1975 Procter & Gamble

I looked up and there was the school principal... observing my class.

I'd only been student teaching for about a week, and I just hoped, as I continued the lesson, that he wouldn't notice how nervous I was.

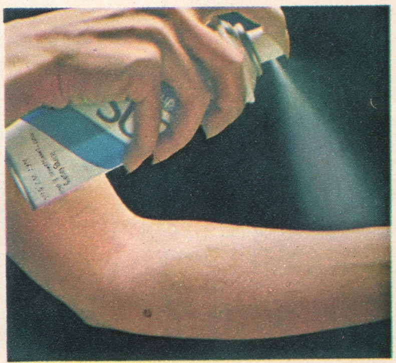
Funny, but that happened to be the day I tried the anti-perspirant test. You know, the one they talk about on television.

That morning I put Sure anti-perspirant on one side and my regular spray on the other side.

And then I promptly forgot about the whole thing until I got home late that afternoon.

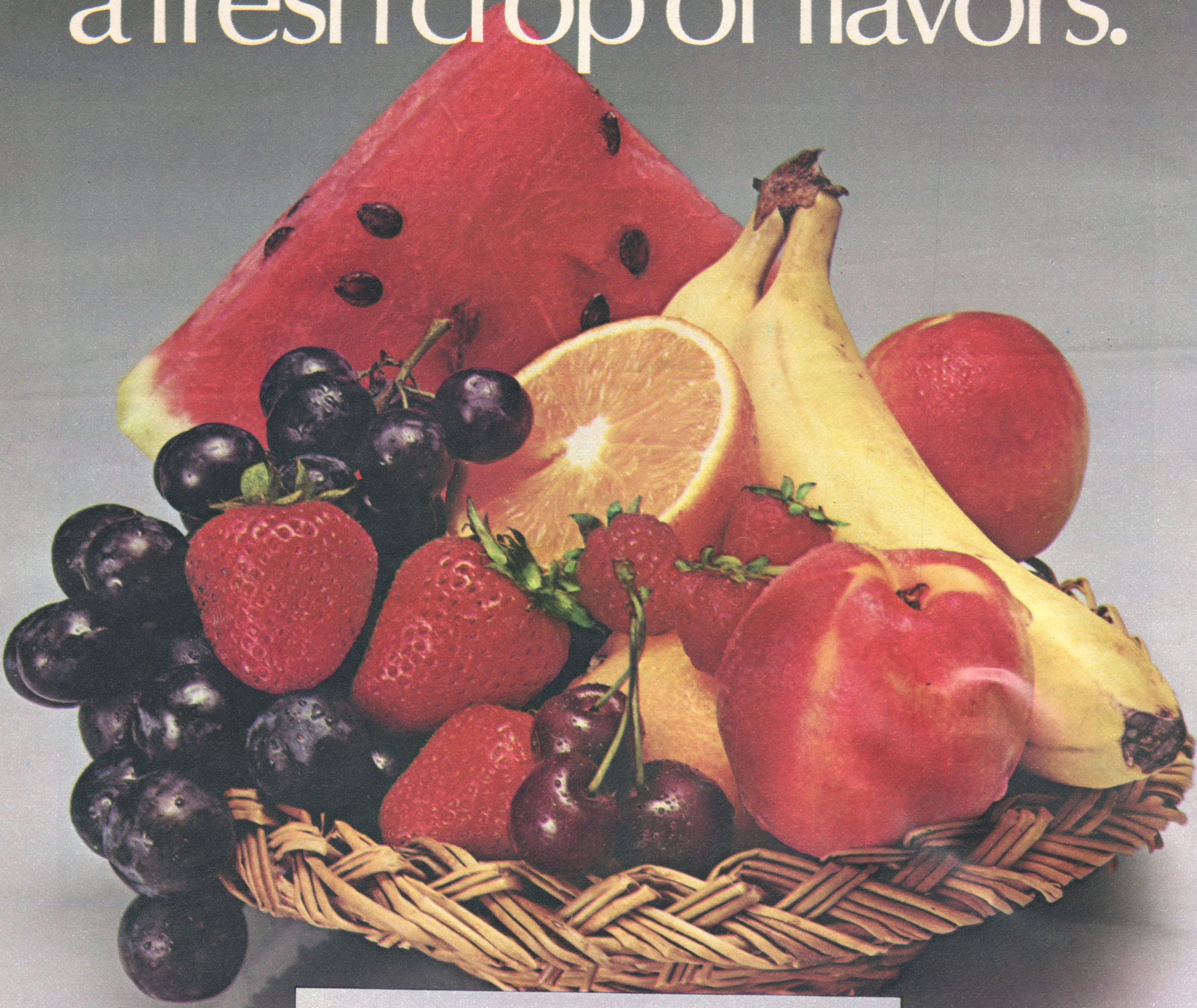
There was no doubt about the results. The Sure side was drier. I know I can expect other difficult moments as a student teacher. But from now on I'll be sure.

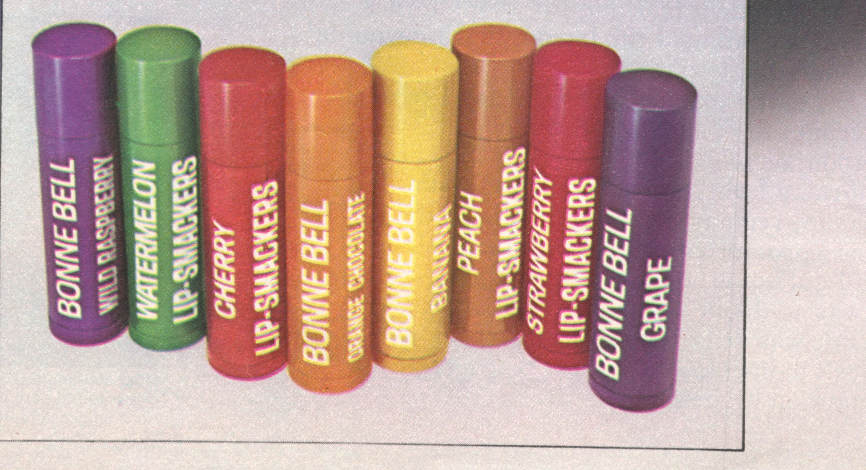
super dry
SURE
unscented



Most anti-perspirant sprays go on wet and oily, compared to Sure which goes on dry. And Sure keeps you drier.

Bonne Bell brings you a fresh crop of flavors.




BONNE BELL
WILD RASPBERRY
WATERMELON
LIP-SMACKERS
CHERRY
LIP-SMACKERS
BONNE BELL
ORANGE CHOCOLATE
BONNE BELL
BANANA
PEACH
LIP-SMACKERS
STRAWBERRY
LIP-SMACKERS
BONNE BELL
GRAPE

Never have there been lip glosses like these. Plump juicy Lip Smackers. In the kind of flavors that take first prize at the country fair. Crisp cool watermelon. The wildest raspberry. The sweetest peach. A whole basketful of fresh taste treats, all lip-smacking good. And good for you. They smooth and protect your lips—with special emollients and a sunscreen—while they glide on a great super-shine. At least four times bigger than any other lip gloss, they give you a lot for $2.50. From Bonne Bell of course: the cosmetics company that understands your taste.

New Lip Smackers by Bonne Bell

Your period. You may not know enough about it.

We all know a woman's period is a monthly loss of blood. What many of us don't know is that it's also a serious loss of iron.

Iron that even a normal, well-balanced diet won't fully replace.

And if you don't do anything about replacing this essential iron, you could be a candidate for iron deficiency anemia.

That's why there's FemIron.

FemIron is the easy, effective way to help replace the essential iron you lose every month.

Just one FemIron tablet each morning gives you all the iron you need for rich, red blood, and for protection against anemia.

And there's FemIron with Vitamins. One tablet each day not only gives you all the iron you need, but all the important vitamins too.

FemIron
IRON SUPPLEMENT
FOR WOMEN
30 TABLETS
FemIron

TEENWORK

in my opinion

We should open up jobs to the handicapped

by Barbara Pellowski, 17, Grand Forks, N. Dak.

Arla S. has traveled to five different states, always searching for the same thing—a job. She'd like to be independent and self-supporting but has had no success in reaching her goal. Arla is handicapped. "Employers don't think of our *abilities,*" she explained, "but of our *disabilities.* They won't find out what we can do or let us compete on a fair and equitable basis for jobs. They won't recognize us as individuals."

People are beginning to rethink their ideas about the handicapped. But many still do not realize that the handicapped are neither shut-ins nor individuals who should be content with busywork to help reduce their cost to taxpayers. The physically handicapped can be useful citizens and should be given a chance to perform meaningful work and follow careers in keeping with their desires and abilities. Yet they receive little support in finding suitable employment. Only three percent of disabled adults report that they received any assistance in returning to work after their disablement.

Looking into the problem I found that in my city of fifty thousand people, only two establishments currently employ handicapped individuals on a regular basis. I discovered that the attitudes and hiring practices of employers was one major barrier to employment. Employers are not only discouraging but often have inflexible standards such as rigid physical, educational or pretraining requirements not always relevant to the specific job. All too many disabled people have taken the long, hard road to rehabilitation only to be rejected because of such unfair hiring practices.

I'm also concerned about the architectural barriers to employment of the disabled. Wider doors, larger rest rooms and ramps in public buildings would help. We must focus our efforts on solving the mobility difficulties of these people. Unless we do, how can we ever hope to conquer their employment problems?

Once employed, how do the handicapped perform on the job? Government studies show that they suffer fewer serious on-the-job injuries than the average worker. Absenteeism is not greater and, in fact, is often less among the handicapped. And the length of time at one job is the same as for any other worker. In suitable jobs, their productivity is rated above average.

Employers have not yet realized that by hiring the handicapped everyone benefits. Job-prepared handicapped workers can be an important addition to our nation's work force. And the community has the satisfaction of seeing the disabled help themselves, become self-supporting taxpayers and assume their place in community and family life.

Barbara's article is a prizewinning entry in the 1975 writing competition sponsored by the President's Committee on Employment of the Handicapped.

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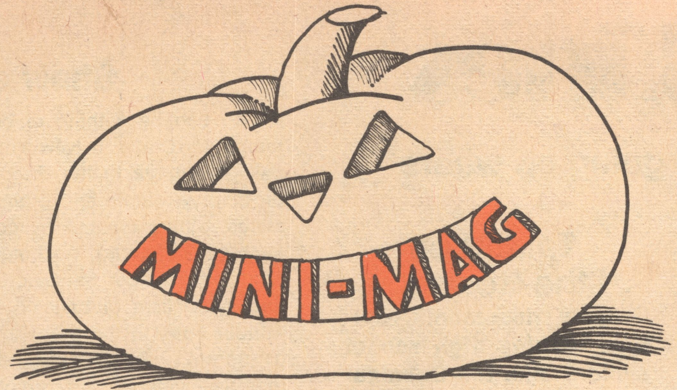
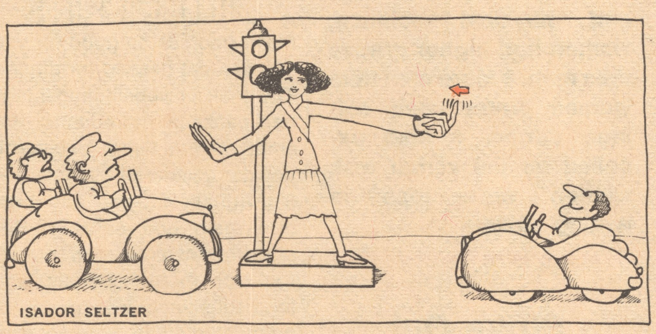


What Makes a Boy Ask You Out?

The inside scoop on that fickle masculine mind


ISADOR SELTZER

"Play hard to get," mothers have been confiding to their daughters for centuries. "The way to catch a boy's interest is to appear disinterested and aloof." But is it really true?

Does playing hard to get in the current social atmosphere actually pique a boy's interest and make him feel he is pursuing someone very special? Or in this relaxed age, do boys hanker for friendly, outgoing girls who'll boost their egos and insure dates are no hassle?

Once dependent on female instinct alone, sociologists now are attacking the problem scientifically. At the University of Wisconsin, research has produced some solid facts about the popularity of the "hard-to-date" girl, as opposed to the "she'll-date-anyone" girl.

Experiments were conducted to determine which girl had the most effective approach. At first results were muddled and seemed to cancel one another.

One part of mothers' advice proved true. The elusive girl did seem to have high prestige value among boys. Common sense said that only the most popular and attractive girls could afford to be choosy. A boy could boost his own popularity just by being seen with a hard-to-date girl. She was a challenge, a prize catch. But the answer was not that simple.

It turned out that the high prestige of the elusive girl could also be a dating handicap. A boy would be likely to hesitate before asking her out. Her coolness intimidated him. He feared she might be openly unfriendly. Even if she agreed to a date, her attitude could cause her later to humiliate him in front of his friends. She might even stand him up. A date with her, then, loomed as a worrisome thing for him. Many boys didn't feel the prestige and challenge were worth a potential ego hassle.

One more puzzler for the researchers: The boys who were turned off by the cold-shouldering, elusive girl weren't turned on by girls who were easy to go out with either. If she was so available, she might prove hard to get rid of; might get "too serious," be overaffectionate in public. With her, he foresaw another kind of humiliation with his friends, an "Is that all you could get?" reaction.

The answer to the age-old riddle was still unknown. If a boy had doubts about *both* the hard-to-date and easy-to-date types, what kind of girl did have dating charm?

During a final experiment the researchers broke through the mystery.

Seventy-one male students filled out questionnaires for what they were told was computer-match dating. Each received a folder with information on five young women. (Actually there were no such girls; characters had been created for the occasion.) Each girl had described herself, listed activities she enjoyed and rated the boys with whom she'd been paired. One girl was enthusiastic about dating all five of the boys matched with her. One was cool toward all of them. Two girls gave no clue to their opinions. It was arranged that the last girl in each folder would show a definite preference for the fellow reading her questionnaire and imply that she'd be hard for the others to date. Nearly all the boys selected this last girl as their dating choice.

Aha! There seem to be two components at work in a boy's mind: How hard or easy a girl is for *him* to date. And how hard or easy a girl is for *other* boys to date.

If a girl has a reputation for being choosy, but for some reason she makes it pleasant and easy for a particular guy to date her, then she is behaving in a "selective" fashion. From the viewpoint of the lucky boy, the selective young woman manages to embody both prestige and warm, easy-to-date companionship. This combination apparently equals masculine catnip. This girl—the girl who appears to be selective—the researchers concluded, was, is and apparently always will be a dating winner.

—Shirley Sloan Fader

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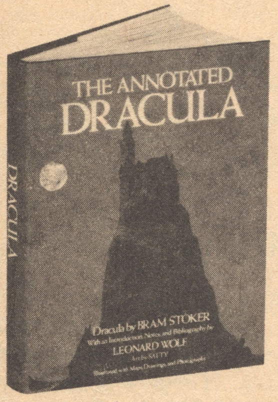
Hot Lines

Tips on what's going on where

Great Ghoul

Good October reading for fans of fiends: *The Annotated Dracula,* edited and compiled by Leonard Wolf (Clarkson Potter, $14.95). The 362-page tome contains everything you'd ever want to know about that toothy terror, with maps, drawings, calendars plus the original 1897 text by Bram Stoker. Professor Wolf, a native of Transylvania, teaches two chilling courses at San Francisco State University: Dracula: Patron Saint of the 70s, a study of the origins, progress and meaning of vampire lore in the contemporary world, and Monsters, an exploration of the nature and significance of monsters in Western folklore and literature . . . You can't keep good men down. Dr. Frankenstein is alive and living in America in *The Cross of Frankenstein,* a novel by Robert Myers (Lippincott, $6.95).



Taking on the Boards

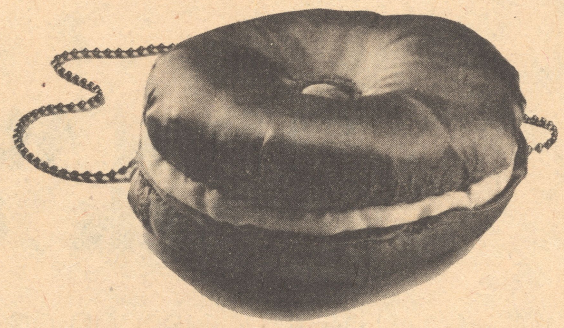
Starting this month, college-aspiring high school seniors take the Scholastic Aptitude Test. The College Entrance Examination Board has released data describing the one million students tested in 1974. A few of the highlights: ● For the first time, more women than men took the SAT. ● Women rated their skills in acting, leadership and sales significantly higher than 1973 women. ● In all high school courses but math and physical science, women had higher grades than men. ● More men than women prefer coed college dorms. ● Men excelled on the verbal test, women were tops in writing skills.

Strike Out

What do women do all day? The answer on October 29 may be—nothing. The National Organization for Women is urging women not to work, spend money, clean house or baby-sit that day to emphasize the impact women have on the economy and protest salary inequities. Watch out. This could make her-story!

Show and Tell

A bag can be a thing of beauty. The Museum of Contemporary Crafts in New York City is featuring an exhibit called Homage to the Bag. Over two hundred bags are on display; ethnic and professional bags, bags that carry status, others created by contemporary American artists such as Oldenburg, Warhol, Rauschenberg and Joy Nagy (that's her Bagel Sandwich Bag, below). The functions and symbolism of bags in Western civilization from the Middle Ages to the present is explored too. October 10-January 4; then the exhibit tours the country for eighteen months—watch for it. More on bag art, opposite.



MUSEUM OF CONTEMPORARY CRAFTS

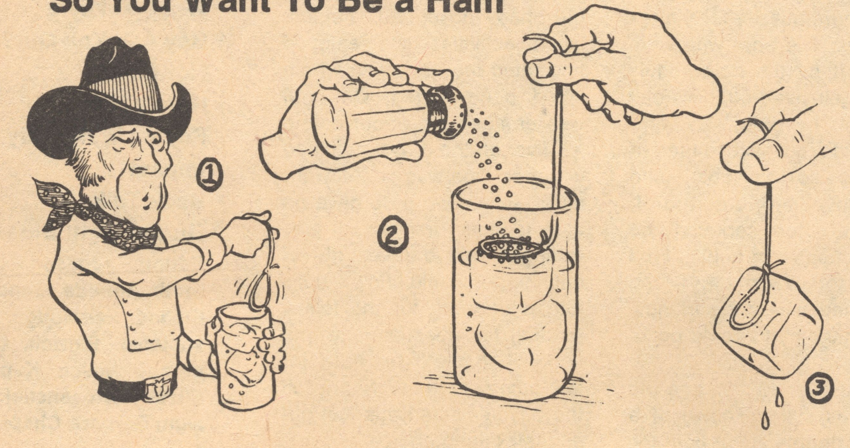
Slim Pickin's

Make goodies so good for you you can eat dessert for dinner. The trick is substituting nutrition-packed ingredients for empty-calorie fillers. Use carob powder instead of chocolate—it's virtually fat-free and high in protein and calcium. Replace cornstarch with arrowroot for more minerals and food substance. Use honey not granulated sugar, kelp not salt, whole-wheat flour instead of bleached. For yummy treats made with these ingredients (like walnut chews, yogurt cheese pie and carob brownies) read *The Natural Sweet Tooth Breakfast, Dessert and Candy Cookbook* by Billie Hobart (Straight Arrow Books, $3.95). For more well-body tips, see page 44.

What the World Needs Now

Looking for a new religious experience? The Temple of Understanding, a world-famous ecumenical organization, is sponsoring a four-day World Spiritual Summit Conference in New York City, beginning October 20. One of the many events planned is a Cosmic Mass to celebrate the harmony of the world's eight major religions. There'll be a choir, light-show, modern drama and dance. Over three hundred people of different faiths are expected to participate. For details call 212-799-4854.

So You Want To Be a Ham



GIL EISNER

Move a pencil with your mind. "Take off" your thumb and replace it. Prove you're the strongest person in any room. Impossible? Not if you read *Sneaky Feats* by Tom Ferrell and Lee Eisenberg (Sheed and Ward, $6.95). It's crammed with tricks any frustrated wallflower can learn—all guaranteed to liven up parties and attract attention. Warning: It takes practice, courage and a thirst for glory to be a good show-off. The one-handed egg flip can flop.

One easy feat, at right: Ask a pal to try removing an ice cube from a glass of water using a loop of string. No fingers allowed. He can't do it—but you can. A pinch of salt freezes the string to the ice. Instant show-off!

Here's How

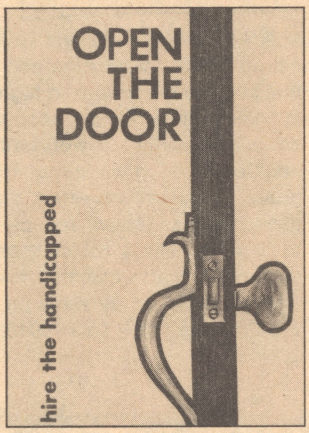
Spruce up olive drab bags . . . treat your cat right

Hong Kong Rock

The late Bruce Lee was the superstar of kung fu films. His younger brother, Robert Lee, twenty-five, may become a star of a different order. Well-known at home in Hong Kong, where he emceed a TV dance show and started a successful rock group, he gave it all up six years ago to attend college in California. Now the singer-composer-guitarist has cut his first album, *The Ballad of Bruce Lee* (Sunrise Records).

Care Enough

October 5-11 is National Employ the Handicapped Week. You can get involved. The President's Committee on Employment of the Handicapped is sponsoring a research report competition for 1976 (read a 1975 winning entry, page 38) and a poster design contest. Total prizes: $5,750. The '75 National High School winning poster is above. For a free color copy to post for others to see, send a stamped (10¢), self-addressed 4 by 10 inch envelope to SEVENTEEN, Dept. HP, 850 Third Ave., New York 10022. For contest info: write P.C.E.H., Washington, D.C. 20210.

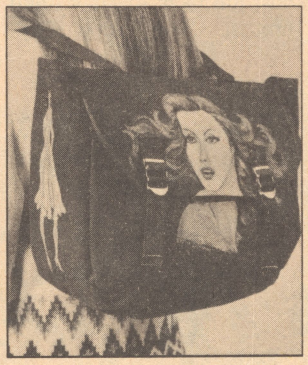


Rap-up

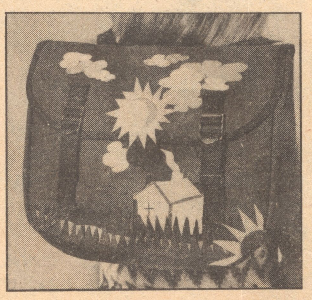
Teens are talking about . . . Dyed carpenters' aprons, lab smocks . . . *The Basement Tapes of Bob Dylan and The Band* . . . E. L. Doctorow's fantasies.

Zap Up the Bigbag

Teens are toting backpacks to school—roomy enough for books, lunch, almost everything you'll need all day. Why not give your olive drab a lift and a personalized look? The "model's bag" (below) was done with acrylics. If you can't draw a straight line, use stencils instead for a geometric or alphabet pattern. Or make a scene like ours (bottom photo) using iron-on patches. Just cut out the shapes you want; press on. For inspiration, a few more suggestions: Glue on ribbons and old lace (a nostalgic bag) or felt shapes or rickrack or braided yarn. Sew on buttons, charms or appliqués. Create your own look. Bags, each $4.88: selected Woolworth stores.



DESIGNED BY KATHY CIPRIANI



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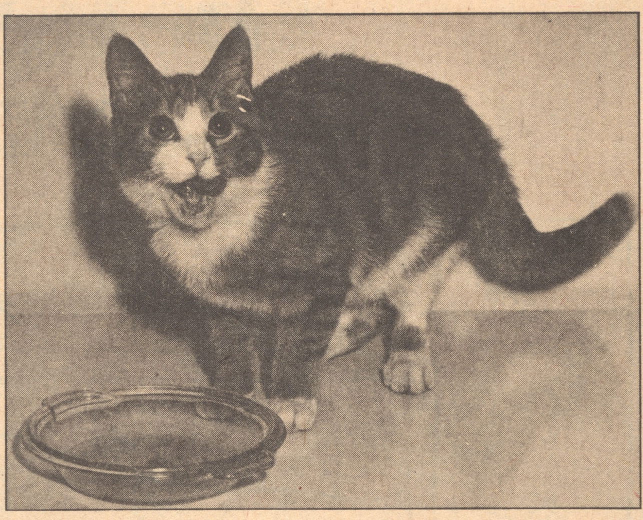
Why Is This Cat Smiling?



GEORGIA ENGELHARD/FPG

A cat that laps up dinner then purrs with satisfaction is a contented cat. There are over twenty-eight million cats padding around America. Unfortunately, not all are healthy and happy. Specialized cat care is a whole new field. If you're interested in feline welfare, read on.

Facts or myths? 1. Cats need lots of milk. 2. Fats and carbohydrates are bad for cats. 3. You can never feed cats too much liver or fish. 4. Cats instinctively choose the best diet. *All* myths! Let's get our cat-diet facts straight:

1. Cats need more protein than dogs, and milk is a good source. But don't overdo a good thing. Many cats cannot digest lactose (milk sugar) well and develop diarrhea. A little milk plus other sources of protein like yogurt, cooked eggs, fish meal, soybeans and yeast is best.

2. For a shiny coat and healthy skin, cats need fats. Add bacon fat, butter or cooking oil to dry or semimoist commercial foods. If a diet has enough fats and proteins, then carbohydrates (like cooked grains, potatoes and starchy vegetables) supply added energy.

3. A diet of too much fish and liver leads to a very sick cat. A few rules: liver just twice a week; don't overdo red-meat tuna; limit cod liver oil.

4. Cats don't always know what's best. If kitty is finicky, maybe it's because you're overindulgent. Give your pet only its favorite foods and it will turn its nose up at anything new. For good nutrition, variety is the key. If you have a tuna-junkie on your hands, begin the cure by introducing small amounts of new foods daily. Pick brands labeled "complete." Soon your cat will enjoy a wider diet.

● Everything you need to know about good nutrition is in *The Well Cat Book: The Cat Lover's Illustrated Medical Companion* by Terri McGinnis, D. V. M. (Random House, $10). It's the latest word on cat care, a kind of paravet's handbook. Learn about your cat's body, preventive and diagnostic medicine, home medical care, breeding, reproduction, how to choose a vet, more. You'll save lots of money on unnecessary vet visits.

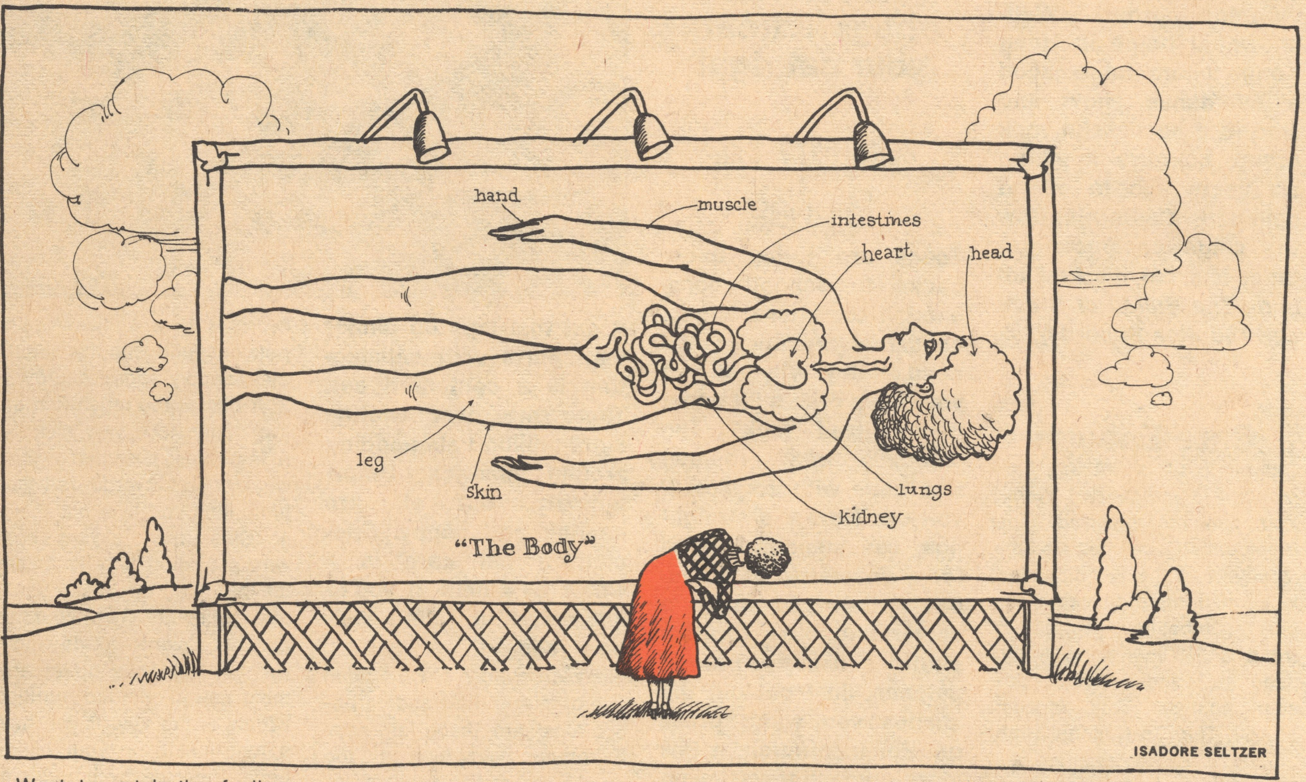
Fit for a King

Pamper your pet once in a while. Try SEVENTEEN's recipe for healthy cat chow. *Ingredients:* ½ lb. chicken hearts, ½ cup water, 1 chopped carrot, 4 lamb kidneys, 3 slices whole-wheat toast, 2 tablespoons corn oil. *How-tos:* In a covered saucepan, simmer chicken hearts, water, carrot twelve minutes. Add kidneys; simmer twelve minutes more. Drain, saving ⅓ cup liquid. In a blender, whirl toast into crumbs; place in a bowl. Whirl cooked hearts, kidneys and carrot, part at a time, until finely chopped; add to bowl with reserved liquid and corn oil; mix well. Serve. Freeze remainder in serving-size portions. Makes two cups.

FOCUS

The Well Body

Health news, nutritious food, taking good care of your heart and more



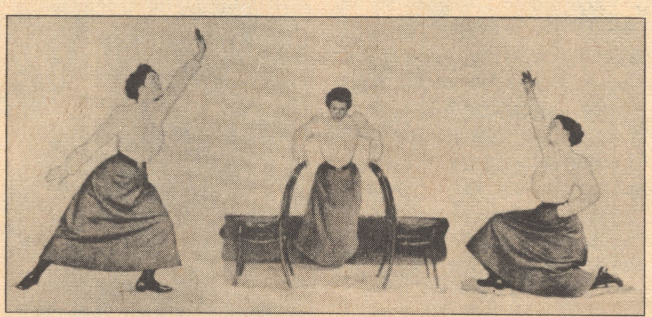
ISADORE SELTZER

Want to catch the feeling-good spirit? Go to a **health fair!** Visit jaunty booths to get the latest facts, sample good-for-you-munchies and slip into a fiesta frame of mind. All over the country folks are joining in. At one model fair in Durham, North Carolina, two thousand people were screened for health problems. Teens, taking an active role, led singing, held gymnastics demonstrations and spread the word about new health careers. Professionals explained what to do if emergencies strike. And a special "movie house" was set up to show more than a dozen films (on drinking, nutrition, family living). Maybe you can organize a fair like Durham's in your school or town . . . Also making the scene, young **health advocates.** At UCLA trained volunteers lead workshops and counsel fellow students on problems from weight control to birth control. Current special projects: hypertension screening (high blood pressure can cause strokes and heart disease) and vegetarian classes (you have to know the facts to do it right). Through New York City's M.A.S.H. program college kids set up health information centers and run rap groups in high schools. One subject students are talking about . . . **women's health.** HealthRight, a nonprofit group, publishes materials on gynecological topics and patient rights. For a list of their pamphlets, send a stamped, return envelope to HealthRight, 175 Fifth Ave., New York 10010.

Easy Fitness

Take out the garbage every day and you'll make your heart stronger. Squeeze your washcloth extra hard and you're really firming your arms. Crazy? Not according to Dr. Laurence Morehouse, author of the best-seller *Total Fitness.* He suggests you can stay fit by putting extra oomph into daily chores. Your body gets stronger to accommodate extra stress, says Dr. Morehouse. If you're not an athlete, a thirty-minute-a-week routine with push-ups, sit-backs (the opposite of sit-ups!) and some vigorous activity like running in place will help to keep you fit. Another tip: Get your heart pumping and increase your lungs' efficiency by dancing wildly for five minutes.

Don't believe the old myths about exercise. You don't need to swallow extra sugar for extra energy; you should drink plenty of water when you're active; extra hours of sleep can make you sluggish rather than energetic.



Menstruation

There's nothing you can't do just because you're having your period. Women play football and pass exams during all phases of the menstrual cycle.

Most girls have no pains during their early periods. If you do get mild cramps, rest for ten minutes with your feet higher than your head. Regular vigorous exercise will make you stronger, less susceptible to pain. Also try limiting salt intake and do daily toe touches before and during your period.

The average age for girls to start menstruating is twelve. But remember, average doesn't mean normal. You're just as normal if you start at age ten or sixteen.

Amenorrhea, having periods stop for several months, is a common problem. It may be caused by poor diet, tension or drugs. If you're irregular very long, see a doctor, who may prescribe medication to restore regular rhythm.

For more about your body, get hold of *Our Bodies, Ourselves* (Simon and Schuster, $2.95), a book written by and for women.

an antiseptic powder or ointment made for the condition.

You should cleanse the vaginal area by douching frequently: true or false?

False. Frequent douching is unnecessary, since the vagina cleanses itself naturally.

Rub-a-dub-dub, isn't vigorous up and down scrubbing the best way to clean teeth?

The American Dental Association recommends horizontal brushing—gentle back and forth rubbing—as you move the brush away from gums. A thorough job takes two and one half minutes; time yourself!

—Marilyn Simon

Old-Time Beauty

Have oily skin? Try a lotion made from ripe strawberries, white wine vinegar and rose water. This new-sounding trick is one your great-grandmother may have used if she read *Harriet Hubbard Ayer's Book,* written in 1899 and recently reprinted (Quadrangle, $8.95). It's crammed with ageless advice, from ending headaches with a scalp massage to curing blackheads with homemade pastes. For healthy hair, the book says, wash with the yolk of one egg and an ounce of spirit of rosemary. After rinsing, rub the scalp with a fresh lime.

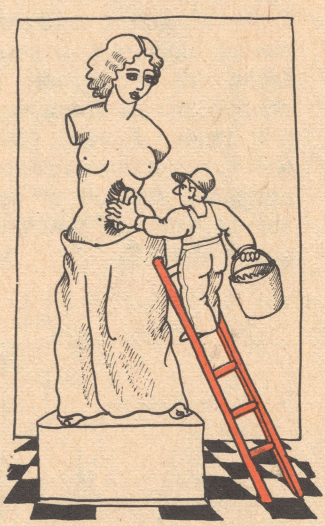
Some of the old formulas made scientific sense. Rinsing skin and hair with diluted citrus juice or cider vinegar helps it maintain a properly acidic pH. But a new word about eggs—they belong inside you, not out. Protein must be hydrolyzed (chemically broken down) before it can be absorbed. For really healthy hair and body, get egg in your face, not on it!

THE BETTMANN ARCHIVE

Keeping Clean

If you bathe several times a day, you'll be bacteria-free and never have to sit home on Saturday night again. Right?

Wrong! You're never bacteria-free. And bathing more than once a day is too much of a good thing. It can dry your skin.



Your boy friend says, "Flake off." Should you check your shoulders for dandruff?

Maybe. Emotional stress can contribute to dandruff. Other causes: fatty foods, illnesses, hormonal disturbances, improper use of hair products. Control the flakies by brushing well, shampooing often (every day or every other day) and combining a light massage with regular hair combing.

Ignore athlete's foot and, like your little brother, it will go away?

It won't. Athlete's foot is a fungus infection and should be treated promptly. Soak your feet in a medicated bath and dry well. (Moisture helps fungi grow.) Place cotton balls between your toes. Change shoes and socks frequently, and use

Getting Help

If you want information or are worried about your health, a lot of people are willing to help. Don't be shy about seeking advice; most clinics keep all communications confidential and give aid to minors.

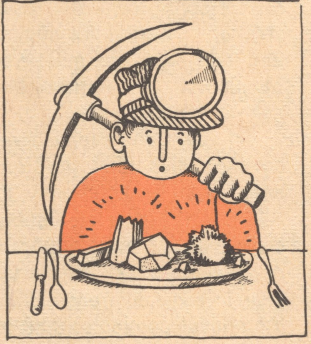
● Many communities have hot lines for referrals and sex information. Try the YWCA, local mental health association or a college campus. Planned Parenthood will answer questions about birth control or venereal disease. Several chapters have preventive care health centers to help teens deal with hypertension, obesity, anemia, diabetes and other illnesses. Check the phonebook for the nearest chapter, or contact national headquarters at 810 Seventh Avenue, New York 10019.

● If you're away at school or just need a new doctor, call the American Medical Association to find one who is accredited. Doctors associated with university hospitals are usually good at dealing with young people's problems.

● For the latest word on insomnia, mental health, over-the-counter medicines and other health matters, consult the free and modestly priced booklets published by the government. Write Consumer Information, Pueblo, Colorado 81009.

Mineral Power

Many people think that vitamins have star quality, nutritionally speaking, while minerals are sturdy, steady, bland and dull. But like the hero's dependable pal, minerals have virtues of their own:



Calcium keeps bones and teeth strong, helps muscles work smoothly. Sources: milk, cheese, dark green leafy vegetables, dried peas and beans.

Copper enables the body to use iron. Sources: liver, molasses, dried apricots.

Iodine prevents goiter, a swelling of the thyroid. Sources: seafood, plants grown near the ocean, iodized salt.

Iron combines with protein to form hemoglobin, preventing anemia. Sources: meat, liver, beans, whole grains, dried fruit.

Magnesium helps metabolize foods, regulate muscles and nerves. Sources: nuts, cereals, green vegetables.

Phosphorous, like calcium, keeps bones and teeth strong, muscles working. Sources: milk, fish, eggs, meat, nuts.

Zinc helps wounds heal. Sources: meat, seafood.

All these minerals, which make up 5.7 percent of the average human body, have some real monetary value. With inflation and all they'd sell for $5.60. Retail.

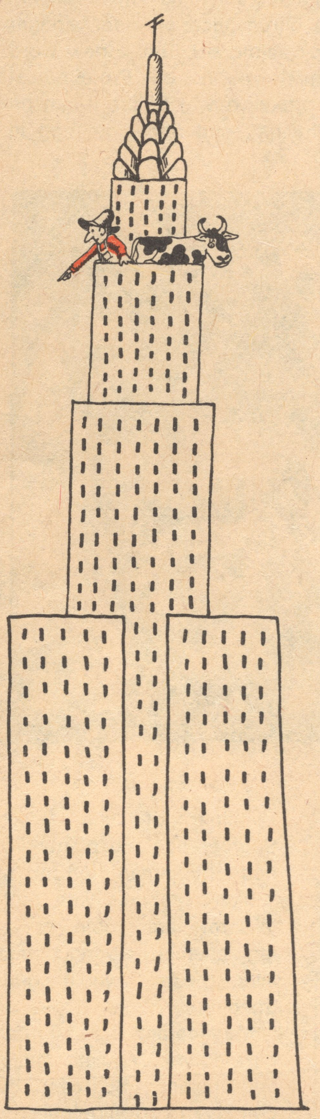
—Carol Ann Rinzler

For more on healthy foods, get the Nutrition Scoreboard poster, $1.75 from the Center for Science in the Public Interest, 1779 Church St. N.W., Washington, D.C. 20036.

Impact

Class trips, shy revelations, futurism

Cultural Exchange



Are you curious about how people live in places like New York City, a small farming town in Ohio or possibly an Indian boarding school in Oklahoma? The experience in one of these or a hundred other places may be available to you through a new Domestic Exchange Program sponsored by the American Field Service. From coast to coast, students are discovering other ways of living right here in America that are almost as foreign—and every bit as interesting—as going abroad. For periods ranging from a semester to a year, they live with a host family, share in the work of the household and attend the local school. Returning students have written enthusiastic accounts of their experiences, describing the friends they made, the different look of the community and the regional accents they noticed. Most of all, though, they write of changing their own preconceptions and of how much there is to learn about other people.

Short-term group exchanges can also prove exciting for visitors and hosts, as two groups from Rye Neck High School in New York found out on week-long trips to Maryland and Ohio. In Illinois a similar project began when a teacher assigned class papers on what an inner-city high school student was like. Correspondence between suburban and inner-city classes led to plans for trading visits—and they did.

Candidates for the Domestic Exchange Program must be sophomores, juniors or seniors, between fifteen and eighteen years old and in good health. If necessary, they can obtain financial assistance through a supplementary AFS scholarship grant. AFS also provides individualized counseling for both students and families, travel guidance and orientation materials. Local AFS committees supply and screen applications. Deadline for the spring semester is November 1; April 1 for summer and fall. Now, go meet your neighbors! **—Penny Post**

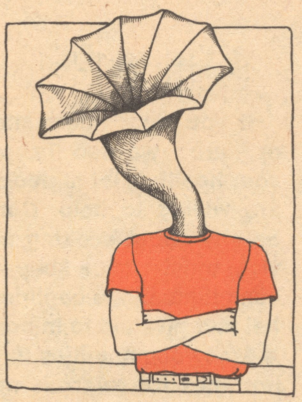
. . . If you aren't satisfied with anything less than the Continent or an exotic country, the AFS still has their international scholarships. Over 2,200 students stay from six weeks to a year in sixty different nations. Your local committee has the details. Better hurry—deadlines are early November.

T Talk

Friends of the T-shirt, watch out! Your shirt may be talking about you behind your back.

According to Dr. John Neff, of the Detroit Institute of Arts, our T-shirts communicate a lot about us. They're like mobile billboards broadcasting messages about our interests, tastes and lives.

For example, a shirt that promotes a rock album suggests that the wearer identifies with the album, its theme, tone and feelings. The color of a T-shirt also has something to say. Earth colors—green, tan, brown or yellow—give a country or folk feeling. Bright orange, red or violet means flamboyancy, and black is the symbol for sophistication.

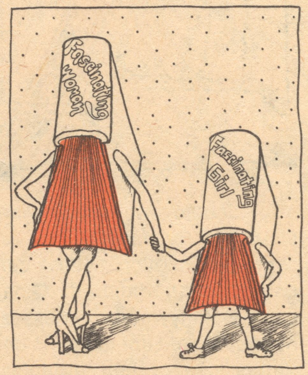


In addition to their street talk, T-shirts are making conversation in the art and fashion worlds. The vivid graphic designs are executed by some of America's best pop artists, and when worn, the T becomes a perfect living sculpture as it takes on the shape of the wearer. Soon it may rival or replace two-dimensional posters and prints in gallery shows.

T-shirts began making a fashion statement when they lost their "greaser" image of the 1950s. Top designers started turning out some fancy shirts with status labels. After such prestigious backing, today's T-shirt is equally at home in the company of the blue jeans and jet sets.

This explosion in popularity has yet another message. Are we heading for a more egalitarian and informal society? Maybe. The T-shirt's comfort, ease and almost universal acceptance could signal a change in contemporary life styles. Anyway, Dr. Neff thinks cultural anthropologists, and all of us, should listen to the language of the T.

Feminine Ploys

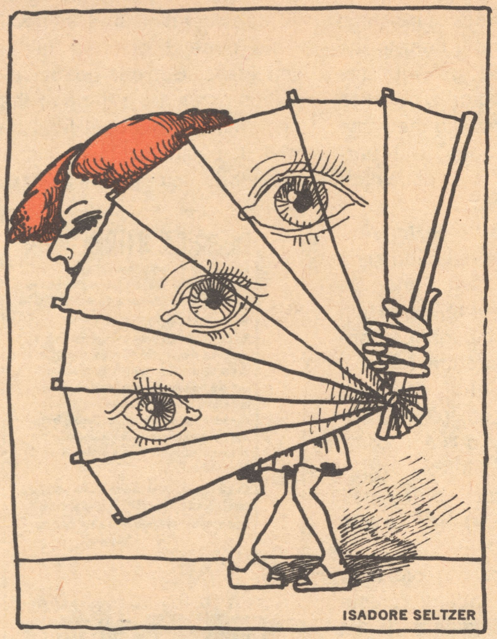


In this era of expanding opportunities for women, it seems that not everyone wants to be liberated. Thousands of women of all ages are reading Helen Andelin's *Fascinating Womanhood* and *The Fascinating Girl* and taking courses that teach them to shake their curls, stamp their feet and pout in "childlike anger"—all to become more appealing to men.

The Fascinating Girlhood course for teen-agers started in California about six years ago. The eight or ten sessions (usually sponsored free by churches or civic groups) are designed to teach single young women "man-pleasing principles," including instruction on feminine strategies to win men, such as qualities of childlikeness; how to be "adorable when angry or hurt"; selecting school subjects that won't threaten men and will "prepare you for your primary role in the home." (According to Mrs. Andelin, a math career is "misguided.")

New York psychologist Dr. Joyce Steingart views the fascination fever as an "effort to go back to Victorian days." With Fascinating Girlhood "you ignore all the options for girls today that make you anxious." Dr. Steingart emphasizes, "A girl may feel she needs a boy friend, but it's also important to feel competent, strong and proud."

—Jean Collins



The Lonely Crowd

Have you ever stood watching the world dance by without you because you were too shy to join in? Well, if it's any consolation, you're not alone.

A recent study indicates that more than 70 percent of American college students consider themselves shy. And according to the director of the study, Professor Philip Zimbardo of Stanford University, the difference between shy and nonshy people is the label itself. "If you believe you are shy, you will act it," says Dr. Zimbardo. It's a self-fulfilling prophecy.

The study also revealed that people who label themselves as nonshy still have moments of shyness. Over 82 percent of the eight hundred students in the sampling reported that they had felt shy at some time in their life. But those that placed themselves in the nonshy category didn't view an occasional shy feeling as a problem. They blamed a specific situation or certain people for their response, whereas the shy people saw it as a personality fault or weakness and blamed only themselves.

Shy behavior is characterized by silence, lack of eye contact, hesitancy and a low speaking voice. The shy are generally so preoccupied with their behavior that they find it difficult to meet people, communicate ideas and assert their individuality. In many cases shyness serves as a "convenient excuse for avoiding challenges," says Dr. Zimbardo. The shy force others to take charge of social encounters, limiting their responsibility in case of failure.

One of the best remedies for shyness might be a recognition of its prevalence. If shyness has tormented you, glance around you. There are lots of other flowers on the wall.

—Kate Black

Search for Tomorrow

What's the most vital problem of the future? Overpopulation? Feeding the hungry? Exploring space? In 1976, communities across America will seek the answers as one of the Call for Action Bicentennial projects. There'll be no crystal balls—just teens, science experts, politicians and artists gazing into the future. They'll discuss global planning strategies for future action, such as developing ocean farming to feed the world's hungry and expanding the meaning of motherhood to include a bigger role for fathers.

The conferences, called SYNCONS, are sponsored by the Committee for the Future, in Washington, D.C., and endorsed by the American Revolution Bicentennial Administration. People with all sorts of talents will be involved, since everyone's affected by the future! Radicals and conservatives, environmentalists and industrialists will work together on creative responses to common problems. Fourteen areas, from health to extraterrestrial developments, will be tackled.

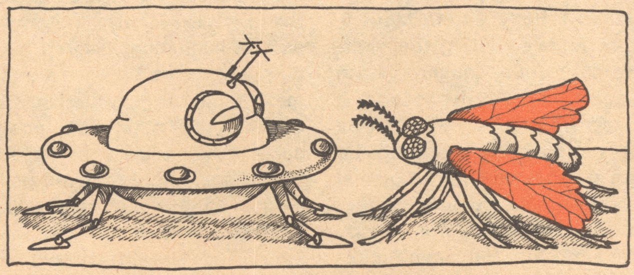
Sci-Fi: Is the Thrill Gone?

Mary Shelley's novel *Frankenstein* may have given science fiction its start. But things skyrocketed when movies and television got into the act. In the 1930s Flash Gordon and Buck Rogers had youngsters glued to the big screen, as they defied menaces from outer space without putting so much as a wrinkle in their tights. Later Jules Verne adventure movies teased the imagination; *Godzilla* and *The Fly* had teen moviegoers spilling their popcorn. Then Superman took off and space comics flourished.

Now science fiction is getting smart. Purists say the 1960s ruined it, took the hokiness out. Movies like *2001: A Space Odyssey* and *Fantastic Voyage* opened up an era of slick sci-fi, with stereophonic music, props and sets that made NASA jealous. Relevant themes were added that some people had a hard time figuring out. *(Planet of the Apes* had man cast as the monster.) On TV, a campy Batman poked fun at the old space stars. Holy ray gun! Was nothing sacred?

There are still plenty of aficionados. Just look at the thousands of Trekkies carrying around a torch for their TV show, *Star Trek*. If anything, science fiction is more popular than it ever was. But the fans are a new breed.

Brought up in an age of real rockets, their taste in fantasy is sophisticated. The unknown has shrunk in size, so they're more interested in technical accuracy than in a story with an old-time space plot. One sign of the times: Ballantine Books published *Blueprints*—of *Star Trek*'s spaceship Enterprise—and sold over a hundred thousand copies in less than a month. (With competition like that, Superman and his corny kryptonite routine probably wouldn't generate enough excitement today to sell a toy cape.) Already scholars are labeling sci-fi popular culture, teaching it in hundreds of colleges and discussing the social and philosophical issues raised in the works of authors Isaac Asimov, Frank Herbert and Robert Heinlein. Wonder what the little green men are thinking about the changes . . .



Wheelin' Along

Skateboards are making a comeback. Sidewalk surfin', or land surfing as many call this revived sport, became popular in the early sixties. Back then the skateboard was a two-by-four with metal or clay skate wheels and cost around $8.95. Now boards are about five inches wide, twenty-four to twenty-seven inches long and come in more flexible materials like fiberglass or plastic.

But the big news in skateboards is the "re-invention" of the wheel. Made of urethane, a foam type of plastic, the new wheels grip the pavement, giving a better, smoother and safer ride and making daring tricks possible. The catch—they can cost almost five times as much as the old models: $20-$50.

The sport was started by the surfing crowd. When the surf was down, they took to wheels. A few fearless maneuvers they've perfected: handstands, hurdle-jumping, half, full and double turns called wheelies. Now landlubbers are getting aboard too, and sidewalks are hopping.

—Jenny Culbreth

Back Talk

Poets, feeling turned down lately? Sometimes the rejectors get rejected too. Here's what some readers say about the blue-slip blues

Last year SEVENTEEN received over seventeen thousand poetry submissions and 99.79 percent were not published. (Remember, we even rejected the late Sylvia Plath at one time.) If you're one of the inspired poets who's grown accustomed to our infamous blue rejection slips, this column is dedicated to you. Some teen poets can really dish it back.

Monique took time out from her math test to let us know; "You've only rejected my last nineteen submissions. I'm getting mad! What are you going to do about all my hard work, SEVENTEEN?"

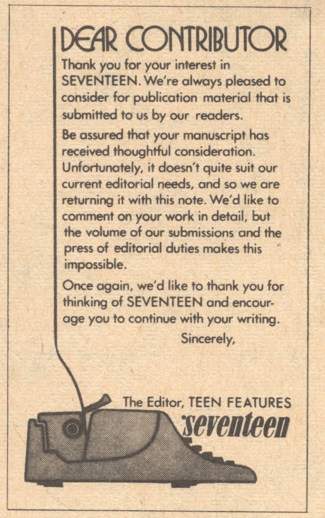
Delighted with our artwork, if nothing else, one unbegrudging soul wrote: "Did anyone ever tell you SEVENTEEN has the prettiest rejection slips I've ever seen?"

One student persisted, "I have so many rejection notices from you that I could paper my walls with them. But I always bounce back, so here I am with another poem." Linda ambitiously shared the same sentiment: "I have diversity on my side and I won't ever give up."

Angry at our lack of personal attention, Julie got right to the point: "I'm fed up with the 'Dear Contributor' rejection slips. I'm fed up with the same old line, 'I'm sorry, but personal replies are absolutely impossible.' "

In an ode to "Free for All," Berri turned her rejection slips into a parody: "Dear Editor: Be assured that your rejection slip has received thoughtful consideration. Unfortunately, it doesn't quite suit my needs at this time, so I am returning it with this letter. I'd like to comment on your little note in detail, but the volume of my mail and creative outlets makes this impossible."

Now we're putting old blue to pasture. The poetry volume has hit such record highs that the staff can't even manage an impersonal reply anymore. Of course, all submissions really do get our thoughtful consideration and still will—we depend on your talent and ideas. But our poetry rejection notes are a thing of the past. If you have one, hold on to it. It could just turn into a collector's item. **—The Editors**



DEAR CONTRIBUTOR

Thank you for your interest in SEVENTEEN. We're always pleased to consider for publication material that is submitted to us by our readers.

Be assured that your manuscript has received thoughtful consideration. Unfortunately, it doesn't quite suit our current editorial needs, and so we are returning it with this note. We'd like to comment on your work in detail, but the volume of our submissions and the press of editorial duties makes this impossible.

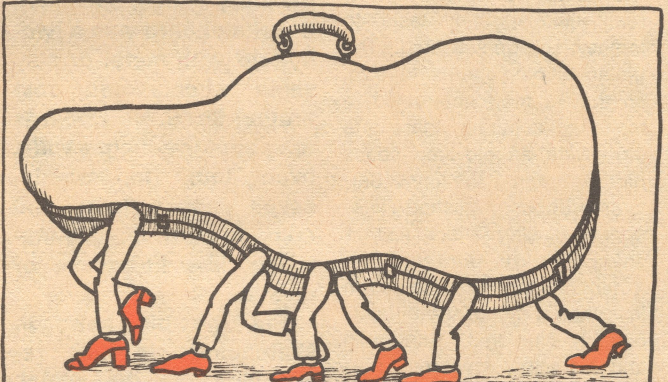
Once again, we'd like to thank you for thinking of SEVENTEEN and encourage you to continue with your writing.

Sincerely,

The Editor, TEEN FEATURES
seventeen

On the Light Side

The well-loved guitar has a pretty plucky past



ISADORE SELTZER

Walk into any college dormitory; stroll through a city park; listen at the bedroom doors of your brothers, sisters. What are you likely to hear? The sound of strumming, the plucked melody of a guitar.

At last guess, there were fifteen to twenty million guitars in the United States. Certainly the guitar has never been so popular—not even in its Iberian heyday in the 1600s, when after losing a battle with the Portuguese, the Spaniards took to the hills and left (it was said) eleven thousand guitars on the field.

The original ancestor of all string instruments—the earliest instrument of which we possess a pictorial record—is the hunting bow that doubles as a musical bow. This same instrument—essentially a one-string guitar using the mouth as a resonating cavity and the skull as a sounding board—still serves, as the *okongo* or *cora,* in certain parts of Africa. Another version of the mouthbow developed by American Indians was recently used in concert by the folksinger and guitarist Buffy Sainte-Marie.

In France, during the eighteenth century, guitar playing became a royal occupation. It was said of Louis XIV that all he was fit for was playing the guitar and dancing. Colonial and revolutionary America, too, were well supplied with guitars. We know that Benjamin Franklin and lawyer-musician Francis Hopkinson were avid guitarists, as were many of the wealthy planters of Virginia.

It was the anonymous troops of country guitarists who accounted for the westward expansion of the instrument. On the frontier plains, during long lonely cattle drives, a guitar was as useful as a six-gun, and many cowboys found it advisable to pack both.

In the process of becoming universal, the guitar has lost most of its social and extramusical significance. To have played one in 1550 would have identified you as a Spanish *gracioso,* most likely a Don Juan. Around 1600 in Italy, it would have stigmatized you as a foolish charlatan. By 1800 in Europe a guitar would have marked you as a nature-loving Romantic. During the 1920s the guitar was briefly prohibited among the students of Sverdloff University, Moscow, as "an instrument favored exclusively by the bourgeois and middle classes." In the United States, on the other hand, possession of a guitar in the 1930s was almost sure proof you belonged to a Young Marxist's Chowder and Marching Society. Today, with our whole environment saturated with the sound of guitars, it means nothing more than that the guitarist is into self-expression.

There are, of course, many different varieties of guitars—some of them not even on speaking terms: Segovia's concert guitar, Joni Mitchell's folk guitar, Leadbelly's twelve-string blues guitar, Roy Rogers's Western guitar, Wes Montgomery's jazz guitar, George Harrison's solid body guitar, and so on. They have very little in common aside from their history, but between them, they have replaced the piano as the favorite instrument in the home.

A guitarist can be many things—poet, prince, Spanish peasant, French lover, street singer. (Even monkeys have been taught to play the guitar, though with poor results.) We have seen the guitar hold its own throughout history, ever increasing in popularity and demand, and the trend may just never end. **—Lydia Hailparn**

Next Month

The new rage in dancing . . . The scoop on women sleuths . . . Get into a Thanksgiving mood—corn-husk dolls, the history of the common meal

L'EGGS® KNEE HIGHS PUT YOU UP TO YOUR KNEES IN COMFORT. OUR EXTRA-WIDE COMFORT BAND DOES IT.

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KNEE HIGHS

Our Comfort Band is knit extra-wide. Fits your legs without binding. Our Comfort Band stretches to hug you. Stays up on your legs. Comfortably.

L'eggs Knee Highs are guaranteed. If you're unhappy with your pair, for any reason, just return it to L'eggs Guarantee, Box 56, Winston-Salem, N.C. 27102. We'll give you a refund, or a replacement, whichever you prefer.

2 pairs to an egg. $1.49 at your L'eggs Boutique. Also available in Canada.

WHAT KIND OF MAN SHOULD YOU MARRY?

Expression

Imagination

Flower Song

Night Flower

Twilight

Lyric

THE ARTCARVED "MY KIND OF MAN" TEST CAN HELP YOU FIND OUT.

Marriage involves many aspects of your life—emotional, intellectual, and social, to name just a few. Tell us about yourself on the following test, and ArtCarved will send you some clues about the kind of man who's most likely to complement you in the important ways.

On a date what would please me most is
- ☐ going to the theater, opera or ballet
- ☐ attending a sporting event
- ☐ dinner and a show at a club

I try to live my life by
- ☐ doing things that may be noticed and admired by others
- ☐ doing pretty much as I please
- ☐ living according to society's rules

On a vacation I would prefer to
- ☐ relax at the beach or in the mountains
- ☐ stay at a glamorous resort
- ☐ visit unusual cultures

I like to be in the company of people who
- ☐ are creative and knowledgeable
- ☐ know how to have fun
- ☐ are not phonies

If I had a job, I would like to be in charge of
- ☐ planning new activities
- ☐ interviewing job applicants
- ☐ purchasing supplies and products

People who know me well consider me to be
- ☐ sensitive and reflective
- ☐ steady and dependable
- ☐ happy and carefree

I'd like to make my home in an area where there are
- ☐ tennis courts and swimming pools
- ☐ good restaurants and an exciting nightlife
- ☐ museums and a symphony orchestra

I think I'd prefer a man who'd like to be
- ☐ a scientist
- ☐ a television executive
- ☐ a commercial airline pilot

The friends I tend to choose are
- ☐ carefree and outgoing
- ☐ original and informed
- ☐ responsible and sensible

I prefer reading
- ☐ science fiction and supernatural tales
- ☐ romantic novels
- ☐ true stories about well-known people

I probably should be more
- ☐ broad-minded in my attitudes
- ☐ uninhibited in my actions
- ☐ realistic and self-reliant

The movies I prefer are
- ☐ foreign or arty
- ☐ adventure and outdoor types
- ☐ light comedies and musicals

On a first date with someone, I like to
- ☐ discover if we have the same likes and dislikes
- ☐ be entertained with amusing conversation
- ☐ discuss topics that are serious or controversial

It's most important for me to
- ☐ understand my motives and feelings
- ☐ be independent and secure
- ☐ have a large circle of friends

The social affairs I usually prefer are
- ☐ lively parties where I can meet many new people
- ☐ informal rap sessions with a few close friends
- ☐ well-planned, with people who have much in common

The trait I admire most in a man is his
- ☐ imagination
- ☐ charm
- ☐ dependability

I am sometimes described as being too
- ☐ proper
- ☐ impractical
- ☐ enthusiastic

Some ArtCarved diamond rings and wedding rings are shown opposite. Select one of each that most appeals to you.

- ☐ Expression
- ☐ Flower Song
- ☐ Twilight
- ☐ Imagination
- ☐ Night Flower
- ☐ Lyric

Clip and mail your completed test to ArtCarved, Dept. S, 450 West 33rd Street, New York, New York 10001.
(If you think somebody is your kind of guy, include his name and address, and we'll send him some tips on getting along with girls—without saying who sent them, of course.)

Your Name
Address
City
State Zip

His Name
Address
City
State Zip

ARTCARVED
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FROM THE MAKERS OF LENOX CHINA AND CRYSTAL

A CHORUS LINE

Get a kick out of SEVENTEEN's chorus line of sensational scents. Strong on individuality, each has the kind of personality no one forgets. Take the cue, match theirs with yours or a friend's

MISS DIOR, a continental charmer, waltzes about Europe escorted by the world's most eligible men. She is subtle, enchanting and as warm as summer roses. Eau de cologne, $9.50. Eau de toilette, $14. Each in a 3.6-ounce flask.

THE BARON Unquestionably masculine; his superiority complex makes others gasp (but you let him know where he stands). He insists on the best and that's what you are! Evyan gift set includes soap-on-a-rope, 4½-ounce cologne and mini-size after-shave and splash; $10.50.

CHLOE is the ingenue who stands out from the crowd. Fresh and sparkling, she's feminine but never frivolous. Watch her spring into action and get her way. Parfums Lagerfeld eau de toilette atomizer; 3 ounces, $15.

STEPHEN B. His goal: sharing good times with an achievement-oriented girl who knows what she wants and goes after it. His smile lights up a room and there's happiness in just having him there. For long-lasting scent: intensified cologne spray by Stephen Burrows Fragrances; $4.75 an ounce.

DAISY L. Expect the unexpected twenty-four hours a day. Whether she's preparing a candlelight dinner or camping out, her enthusiasm for living is reflected in every move. Take her along in Love's charming purse spray (¾ ounce) or creamy perfume concentrate compact; they're each $3.50.

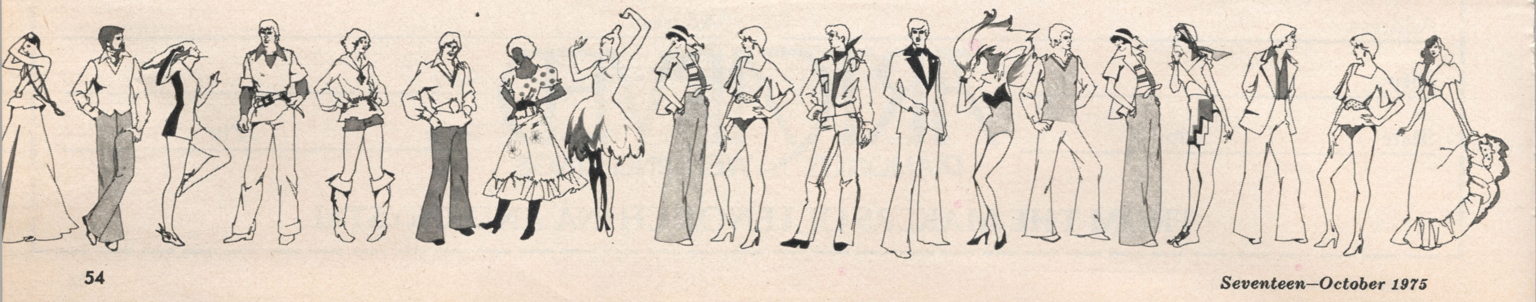
CHARLIE intends to live forever, and why not? She has caught the beat and is dancing her way to the tippity-top. Pretty and sophisticated, she's an all-day splash! Charlie cologne by Revlon; 8-ounce flask, $5.50.

LUCARELLI will meet you at dusk at the Colosseum; he'll whisk you off to Venice for a gondola ride. His life is romantic and exciting and he wants you to enjoy it too. For men on the go: round-the-clock attaché spray by Frances Denney; ½ ounce, $4.50.

RANGO means business. He's rugged, with a strategy that allows him to stand on his own. Capturing the spirit of the Old West in action and dress, he's the master of his fate. Cologne in a wood-grained package; 4 ounces, $3.75. By Alberto Culver.

LAUGHTER has a sense of humor that leaves you smiling as you go. Her natural effervescence sets the mood at partytime or even when you're alone. Perfume spray by Tuvaché; ⅜ ounce, $10. Applause?

The real thing: *A Chorus Line,* this season's can't-miss hit about the lives and experiences of young dancers, a big Broadway musical at the Shubert Theatre

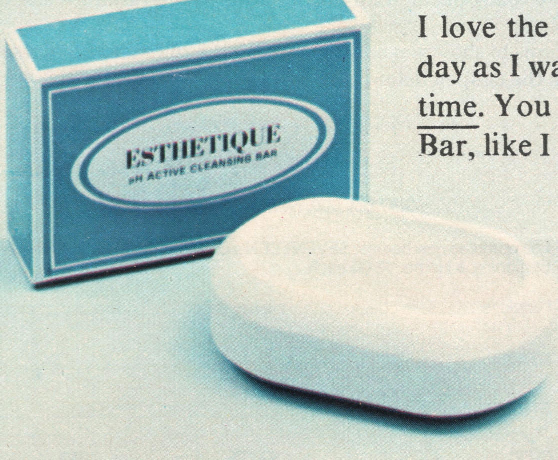


Hi! I'm Kit. I love life, I love being young. I'm just too busy to work at being beautiful!

Life has too many great things in it for me to slow down now. I'm all over — I'm playing tennis, I'm riding, I'm shopping (of course I'm studying!), I'm going to parties and dances and on camping trips. I'm into wonderful things. It would be a pain to spend hours taking care of my complexion, or to have to buy lots of expensive skincare products when there are so many other things I need!

You don't have to fuss a lot to have a beautiful complexion. Do what I do — have a beauty treatment every time you wash your face, with ESTHETIQUE pH Active Cleansing Bar. ESTHETIQUE is a unique non-soap formula with special skin-nourishing ingredients, and it's balanced at the same pH (5.5) as healthy, normal skin. Your skin's non-alkaline pH protection won't get stripped away, so you'll never get that dried-out, tight feeling ordinary, harsh alkaline soaps leave you with. ESTHETIQUE's thick, creamy lather gets under makeup and skin oils, and gets my face immaculate, soft and fresh. My skin glows, it's so clean — and I look like I have no pores!

If you have complexion problems, you especially need ESTHETIQUE to get your face as clean as it should be and help clear up blemishes, without irritating your sensitive skin.



I love the idea that I can wash my face as many times a day as I want to — and get a beauty treatment every single time. You should use ESTHETIQUE pH Active Cleansing Bar, like I do, for a complexion that's young and beautiful.

Ben Rickert brings you ESTHETIQUE.
He also brought you Kit.

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Bobbie Brooks says:
Wash in Woolite®

Woolite costs just pennies a wash. One capful in your basin...¼ cup in your machine, safely cleans fine washables in cold water.

Woolite gives you handwash safety—no shrinking, stretching, or fading—for your fine washables, in the basin, or in the machine.

**You'll look better–
You'll feel better–
in the clothes you
wash in Woolite.**

Woolite
cold water wash
Liquid Woolite
cold water wash

Explaining Fireflies

a poem by Julie Goebel, 18, Cincinnati, Ohio

the phonograph records
(no one calls them that anymore)
are stacked in dusty black layers
like a vinyl birthday cake
and each one tingles and soars and leaves
like a gull,
like a stranger's smile.
and i keep biting my lip at
each song that lays me out flat
and picks
the berries,
the kisses,
the songs
that my life's loves have left me.
i do not feel robbed.
instead i sit and try to devise
a way to explain fireflies
to my grandchildren
and how they filled my cupped hands
with pea green filmy light
and how love is like the soundless magic
they emit when thousands gather on a hillside
and blip
yellow nickels on black grass and august mud.

Something NEW for brides-to-be:

Your mother can tell you how weddings used to be when she got married. But you're getting married today. Lots of things have changed.

And Change is what One Plus One, the new SEVENTEEN guide to getting married and beginning a home, is all about. One Plus One is a complete departure from the usual guidebook on what's correct. It contains the traditional etiquette for the bride, but also includes all the new options.

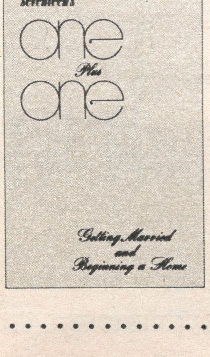
Plus lots of things the other guidebooks leave out.

Like: writing your ceremony • footing the bill • divorced parents • finding the right person to marry you • making and recycling wedding clothes • legal basics

Plus important tips on how to read the small print in catering/florist/photographer contracts. Includes a practical calendar checklist to help you organize your wedding plans.

With a special section on setting up your first home together...a starter list of household basic things you really need. With tips on using found furniture and old things.

The first booklet that dares to show you how to forget all the rules and be yourself. Order your copy now with the coupon below.



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I do want the new booklet SEVENTEEN's One Plus One Getting Married and Beginning a Home. $1.00 each.

I enclose ______ in check ______ money order ______ for ______ copy(ies).

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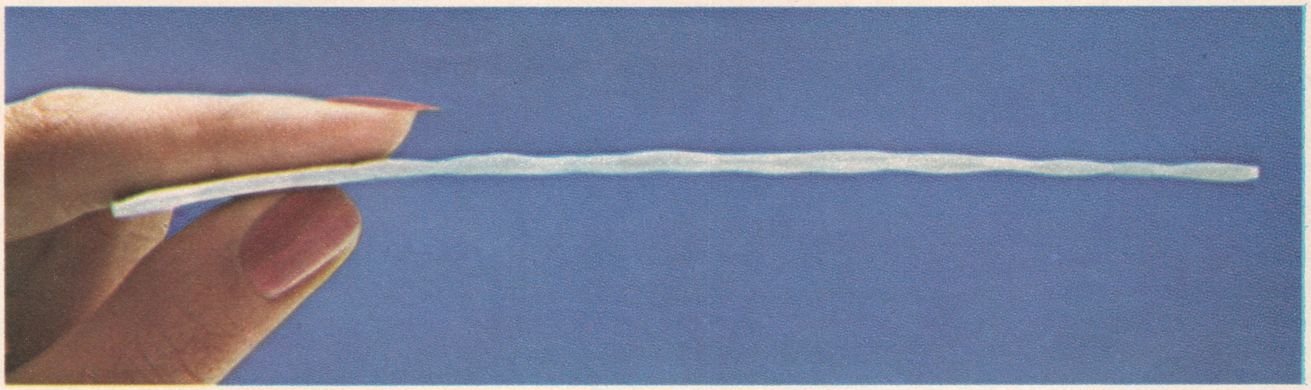
226

The end of the padded pad. An absorbing story.



Kotex® Lightdays® are the new self-attaching oval pads that absorb so well, they don't *need* a lot of padding.

What's the story?

They're made of a new material containing millions of tiny reservoirs to trap and hold fluid.

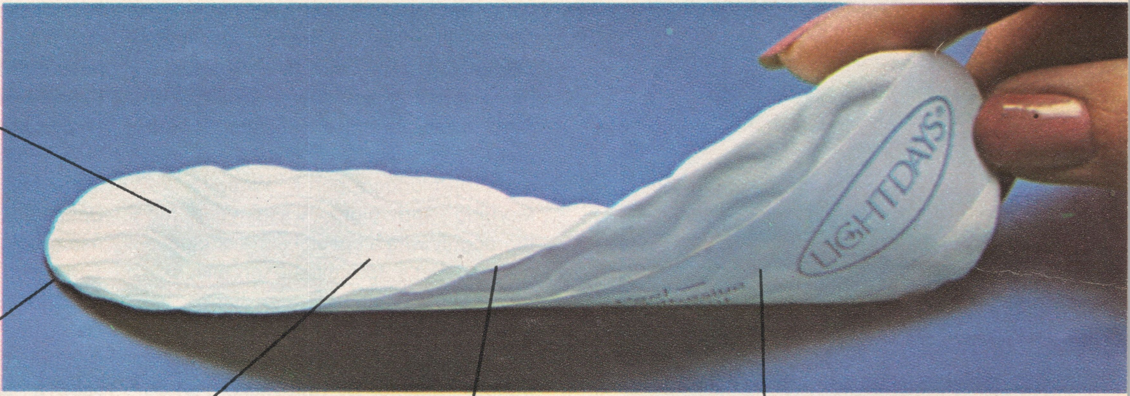
So we can make Lightdays pads as thin as a nickel and as light as a dime.

So you'll hardly know you're wearing one.

Lightdays pads are just right for the days before you start your period and the days you're tapering off.

And any day you want a little extra assurance.

Lightdays pads are thin—but they absorb like thick. Lightdays are light-years ahead of any other pad.



This quilted pattern channels the flow away from the sides of the pad.

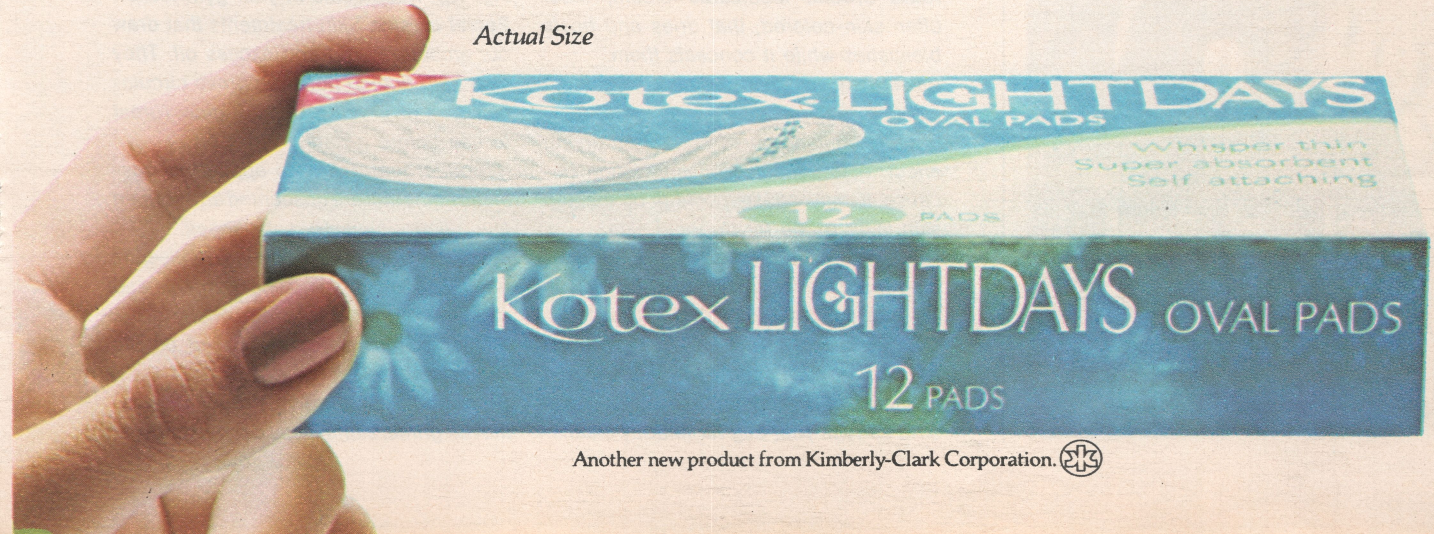
It's so thin, you'll hardly feel it. It's so soft, all you will feel is nice.

This new material absorbs so well, you'd think it was a lot thicker.

Nobody else has this oval shape. It fits better to your body.

This 3/4" wide, self-attaching strip really holds. Just peel off the adhesive cover and press the pad onto a snug-fitting undergarment.

Actual Size



NEW
Kotex LIGHTDAYS
OVAL PADS
Whisper thin
Super absorbent
Self attaching
12 PADS
Kotex LIGHTDAYS OVAL PADS
12 PADS

Another new product from Kimberly-Clark Corporation.

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With the Clairol Pro Gun™. The speed dryer that really blows: 1000 watts and a fast blast of air. Four professional heat levels—so you can mold in curl like a pro. Concentrator nozzle, long-life professional motor, two fan speeds. Even a "no-hand stand" that frees both your hands for styling. It's everything you need to handle your hair like a pro.

progun1000 by Clairol

clairol pro gun

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what's new

Stop here every month to catch up on the latest products and ideas

ANKE VAN DUN

If your skin is bothered by pimples, blackheads, enlarged pores and the whole greasy bit, don't despair! These things usually clear up in time. Meanwhile, keep them under control with a good wash-up routine. If the condition persists, you might want to consult a dermatologist or your family doctor to pinpoint the major source of irritation.

First move—troubled skin needs scrupulous cleansing to sluff off dead cells, open oil-clogged pores. What to do? Morning and night, wash your face thoroughly with a special acne or cleansing bar that's formulated for oily skin, giving extra attention to areas where you have the most blemishes. A good one to try: Esthetique. It does a terrific job without irritating. By Ben Rickert; $1.50.

For extra-thorough cleansing, try using your soap with a special skin sponge. Buf-Puf, a polyester fiber one, helps loosen grimies and leaves skin smooth. Riker Labs; $1.98.

Soap residue can plug up pores, so be sure to rinse well, then wipe with an astringent-soaked cotton ball. Coty's Sweet Earth Blotter Plus medicated cleanser used as an astringent tightens pores and blots away any soap film and oil. Nice plus: The cap contains a cover cream to hide zits while they heal! Eight ounces, $2.95.

Twice a week, a facial mask is the thing to give skin a deep-down cleansing. Mud or clay-based ones are best bets for oily, troubled skins. One to try: Chattem Labs' Mudd—it's loaded with natural clays; 2.5 ounces, $1.49.

The word on makeup? Oil-free only! There are several good foundations and medicated acne lotions available. From Clinique: Pore Minimizer makeup gives skin a smooth, nongreasy look for hours. Two ounces, $7.50.

For on-the-spot protection (great idea for girls who don't wear makeup), a conceal-and-heal medicated cream like Revlon's Natural Wonder Cover-up is ideal. In a compact; $1.85.

KNOW YOUR SKIN STUFF!

Acne cream: *Medicated cream, most often skin-colored, that dries and heals blemishes while it conceals them.*

Astringent: *A liquid, usually containing alcohol, that removes surface oils, temporarily tightens pores and has a drying effect. Also called exfoliating lotion because it may cause peeling of the top skin layer (good for troubled skin).*

Cleansing bar: *A soap with tiny scrubbing granules in it for sluffing off the top layer of dead skin cells.*

Cleansing towelettes: *Premoistened paper towels saturated with liquid cleanser or astringent. Good for travel or to carry in your bag for midday cleansing. Tip: Keep some in your gym locker.*

Facial masks: *Skin treatments that draw out embedded dirt and excess oil. They also help tighten pores, improve circulation and give you a healthy glow (great to use before a date).*

Hypoallergenic: *A term applied to cosmetic items that are unscented and contain few allergy-causing substances.*

Medicated soap: *Contains antiseptic agents to dry up existing pimples and discourage new ones from popping up. Medicated cosmetics are based on the same principle.*

Scrub: *Abrasive cream or gel that removes grime, sluffs away dead skin cells.*

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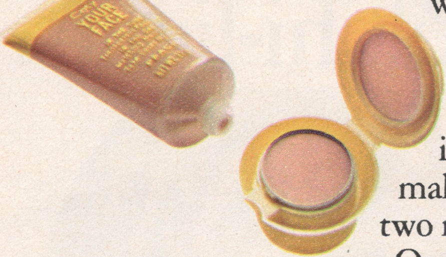
Coty
YOUR FACE

The other, a matching medicated coverup cream that won't let anything shine through. (A kind of emergency kit for your face.)

Both come in the same package, one at either end. The transparent makeup in the tube. The medicated coverup in the cap.

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transparent makeup plus matching medicated cover makeup
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Close-up

What teens are LOOKING at . . . LISTENING to . . . TALKING about . . . in the world of entertainment

by Edwin Miller

Movie of the Month

LOVE AND DEATH. With this remarkably funny film, Woody Allen displays a genius for comedy that places him in the company of such movie humorists as Groucho Marx and Buster Keaton. Although he pays homage to his historic masters through verbal quips and clever sight gags, he has created a unique comic personality of his own—cowardly, bumbling and shy, philosophical and irreverent. His dry wit is consistent and characteristic, instantly recognizable. Woody wrote and directed this film. Starring himself as his alter ego, Boris, he sets the scene in colorful old Russia at the time of the Napoleonic invasion in the early nineteenth century. In the telling he manages to get in droll digs at such revered literary figures as the novelist Dostoevsky, whose anguished characters continually bewail their fate. Diane Keaton costars as Sonja, his cousin twice removed, with whom he is madly in love. She is wholly engaging both as a comedian in her own right and as a foil for Woody. The movie ranges from battleground to opera house, with the plot culminating in the couple's attempt to assassinate Napoleon to put an end to the war. The picture, incidentally, was filmed in France and Hungary, and the atmospheric locations come across with splendid flair. There's so much to laugh at, you'll probably want to schedule yourself to see it twice! PG*

Woody Allen (foreground)

More Movies

James Caan (foreground)

ROLLERBALL. The time is the future, when corporations control the world, keeping the common man bemused by diverting him with a game something like a roller derby crossed with a pinball machine. It's deadly to the players and a deadly bore to the movie audience. James Caan, as a simple-minded star athlete, is urged to retire because he has become a public hero, but his resistance brings trouble. Humorless. R*

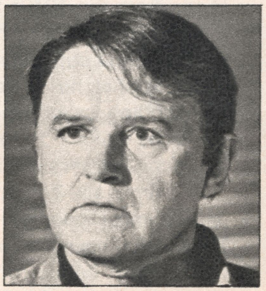
Bradford Dillman

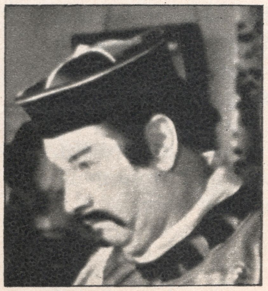
BUG. Only horror fans who will go to any lengths for "entertainment" will even consider this science-fiction potboiler. Taken from a yarn called *The Hephaestus Plague,* it's about giant cockroaches that suddenly appear after an earthquake. They set fire to whomever or whatever they have a fancy to feed on and their bizarre habits drive scientist Bradford Dillman mad. Actually, he's rather good! Not for the squeamish. PG*

Jean-Luc Bideau, Rosine Rochette

THE INVITATION is a choice Swiss movie, a charming, wry comedy of human relationships. One of a group of white-collar office workers, a gentle, retiring fellow, comes into an inheritance upon the death of his aged mother. On leave from work, he moves into a villa, then invites his deskmates to a housewarming. As the party wears on, formalities crumble, revealing the real people underneath. No MPAA rating at presstime.

HENNESSY. A beautifully crafted performance by Rod Steiger keeps you interested in this competently made thriller even if you can't help but be aware of how it's going to turn out. As an Irish family man, he's deranged by the accidental death of his loved ones during a civil disorder and attempts to blow up Britain's Parliament in its opening session with the Queen in attendance. Lee Remick costars. PG*


Rod Steiger


Peter Ustinov

ONE OF OUR DINOSAURS IS MISSING is something marvelous in the way of nutty comedies. Derek Nimmo plays a British businessman and world traveler who hides a secret formula obtained in old China in the skeleton of a dinosaur in a London museum. This, just before being kidnapped by Peter Ustinov as a Chinese intelligence agent. Helen Hayes is an old nanny who took care of them both as kids. Loony! G*

**Motion Picture Association of America ratings*
G: General Audiences. All ages admitted
PG: Parental Guidance Suggested—some material may not be suitable for preteen-agers
R: Restricted. Under seventeen requires accompanying parent or adult guardian

More "Close-up" on page 62

Advertisement

Hair & Beauty · By Joan Clair

If you love a long, leisurely bath as much as I do, you're always looking for excuses to prolong it. I sometimes even read in the tub—you can't get much more luxurious than that. Now a top model I know tells me she puts on her makeup during her morning soak. She says the moisture helps set in the color, to last all day. You might try it.

And while you're soaking your body, a great way to clean your face is Clairol's *Skin Machine.* (It's completely safe for using in water.) This battery-powered facial brush whirls around, waking up your skin in the morning, and spinning away dirt and makeup at the end of the day. Great for oily skin—or any skin.

Being you. That's what "natural" really means. Part of it is having a gentle touch with makeup. Part of it is having natural-looking hair color—color that just grew that way, or color that came from *Nice 'n Easy. Nice 'n Easy* has built-in conditioners so your hair feels great, too. I guess that's why I hear so many girls who use it say, "It lets me be me!"

When is a creme rinse an experience? When it's *Clairol* herbal essence creme rinse—the silky, non-alkaline creme rinse that conditions and detangles your hair while it exhilarates you with the fresh scent of herbs and wildflowers (the same fragrance found in *Clairol* herbal essence shampoo). Experience it: for a 2-oz. sample, send your name, address and 25¢ for postage and handling to *Joan Clair,* P.O. Box 643V, Saddle Brook, N.J. 07662.

Paint your hair? It's fun, it's becoming, and you do it with *Quiet Touch.* Everything you need, including the brush, comes in the *Quiet Touch Kit.* You just paint little ribbons in your hair—as many or as few as you want—wait about fifteen minutes, then shampoo. It's easy as anything can be and not a bit messy. And you wind up with a nice little glow to your hair that looks as if it had always been there.

The body-builder. When your hair has body, it has the fullness, the control, the manageability you need to make it go the way you want it to (instead of the way it wants to). But shampooing can strip the body right out of your hair unless you use a shampoo that puts body in. *Great Body* Shampoo is made with protein, to condition hair, make it less flyaway and more manageable. Bonus: It gives your hair a lovely shine.

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Close-up

continued from page 61

Music People

Saxophone-man Tom Scott polishes new rock with old jazz

Tenor-sax player Tom Scott's heart belongs to jazz, but he can play any tune—rock, pop, soul or sweet—with an insistent, supple syncopation that sets your toe to tapping. He's a hit leading his own group, Tom Scott and the L. A. Express, in a lively Ode album, *Tom Cat.* In California recording sessions and on the road, backing up such stars as Joni Mitchell and George Harrison, he's equally noted for his ability to fade into the background, while adding an exciting spark to the scene. Tom incorporates his knowledge of jazz and sophisticated technique into their music without making them feel intimidated or put down. "Without being technical," he explains, "we can communicate.

"Most people are looking for new sounds these days," Tom says. "The traditional rock band, consisting of guitars, bass and drums, has pretty well exhausted most of the possibilities unless you're talking about monumental players like Jimi Hendrix. The rock scene is mostly a rehash of the '60s. You never seek something other than what's readily available until what you have gets to be boring. A big reason why a band like Chicago is so successful is the sound of the saxophone and trumpet. For some of its fans, those instruments never existed before they were heard in the group! Massive amounts of re-released jazz albums are going out now, things nobody cared about five or six years ago. In the old days of jazz," Tom adds, "the rhythm section just backed up the soloist, but with the L.A. Express, the rhythm section is the primary generating force of the band, given equal importance with the solos. Tunes are written out, but what goes on within the structure is very loose. The trick is to be able to play differently every time and still maintain the kind of feeling each song requires."

Tom became deeply immersed in jazz early. His father, a movie and TV composer, gave him a copy of Benny Goodman's 1938 Carnegie Hall concert, featuring *Sing Sing Sing,* when he was ten. "That was my breakthrough into jazz and everything else that's happened since." Tom studied clarinet in junior high when the teacher was forming a school orchestra, became infatuated with the sound of the alto and tenor sax as soon as he heard it on jazz recordings. "I did what a lot of musicians around me did who were growing up at the same time," he remarks, "played at loads of weddings and bar mitzvahs, did that whole training ground, having to play songs from the 1940s and learning them all."

After high school, he briefly attended the University of Southern California but, a campus rebel, decided to pursue creative impulses that he couldn't satisfy in an academic situation. Transcribing saxophone solos from records, even arrangements, he educated himself without realizing it; he began working recording sessions and cut his first solo album at nineteen.

At twenty-six, soft-spoken Tom is still staggered by "how limited most people my age are in musical background. They don't have the slightest idea of what kinds of songs were written before rock and roll. Music did not just start in 1956 with Elvis Presley; there's a lot going on that they don't know about, in jazz, even in pop music of the '30s and '40s. That's part of the thrill," he says, "adding my knowledge to the music of our time."

More "Close-up" on page 64

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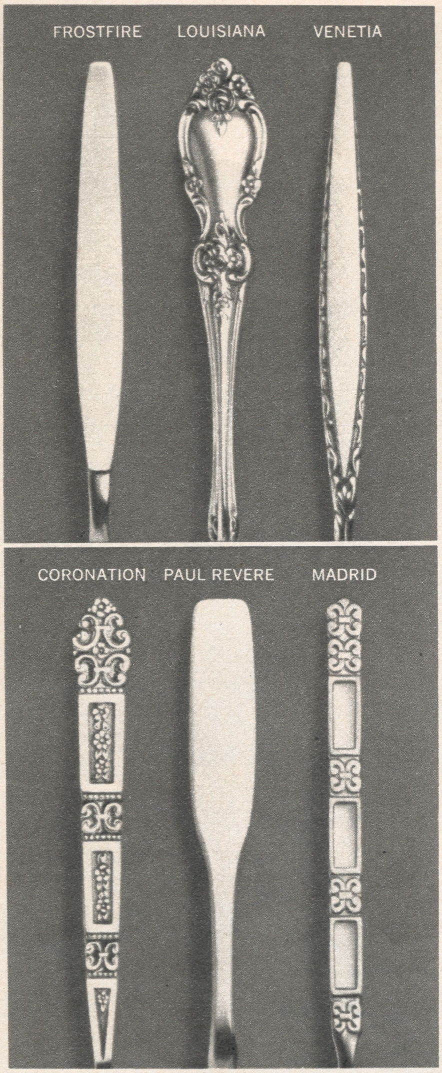

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Close-up

continued from page 62

Records

A lively potpourri of pop features Helen Reddy vocals, rock from ZZ Top, Isley Brothers soul and much more!

Helen Reddy

HELEN REDDY: NO WAY TO TREAT A LADY (Capitol). No matter what your pop persuasion—rock, middle of the road, soul or country—Helen Reddy can be all things to all ears, a songstress whose unaffected vocal style cuts across musical labels. This congenial collection is made up of some very pleasing tunes, like Paul Williams/Kenny Ascher's *You Know Me;* Leon Russell's *Bluebird;* Alex Harvey's *You Don't Need a Reason.*

PURE PRAIRIE LEAGUE: TWO-LANE HIGHWAY (RCA). No pressure, just pleasure is the message as the Pure Prairie League, a six-man band, rambles through some country rock of their own make. If the sighing twang of the steel guitar, banjo or dobro, and vocals that are easy on the ears are what it takes to make you feel fine, stop and sample the lilting *Kentucky Moonshine* and the engaging *Kansas City Southern.*

ZZ TOP: FANDANGO! (London). The Texas trio rips off some rough and tough rock and roll in this sizzling session, partially recorded at the Warehouse in New Orleans. Billy Gibbons plays lead and slide guitars, as well as a mean harmonica, Dusty Hill supplies the bass and Frank Beard the drums. Sharing the vocals, Billy and Dusty dish up such rousers as *Thunderbird; Long Distance Boogie; Jailhouse Rock,* shouting and hollering as the crowd jumps for joy. Studio tracks include *Blue Jean Blues.*

THE ISLEY BROTHERS: THE HEAT IS ON (T-Neck). *Fight the Power* features a pulsing drumbeat, surging phrases on the synthesizer, hoarse, jagged vocals, while ballads like *For the Love of You* and *Make Me Say It Again, Girl* are all softness and romance. With these and others, the Isley Brothers—actually five Isleys and Chris Jasper—cook up a striking mix of rock and soul.

THE HEADHUNTERS: SURVIVAL OF THE FITTEST (Arista). A crackling modern jazz session features a quintet whose exciting sound draws upon Afro-American roots. Talented sidemen, a variety of instruments make for contrasting textures.

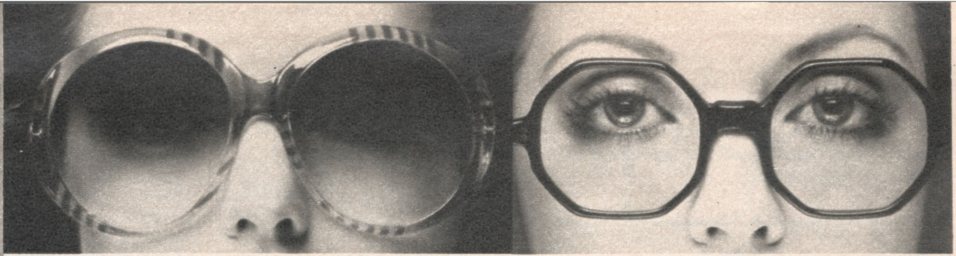
JOAN BAEZ: DIAMONDS AND RUST (A&M). Handpicked, heartfelt, Joan Baez's ballads in this absorbing collection range from Janis Ian's aching love song, *Jesse,* and John Prine's lament for old age, *Hello in There,* to Stephen Foster's poignant classic, *I Dream of Jeannie,* and her own *Winds of the Old Days,* a reminiscence about Bob Dylan. Joan's voice continues strong and true, with sincerity and intelligence her hallmark; she wears better than most.

Choice Cuts

PAVLOV'S DOGS: PAMPERED MENIAL (Columbia). A new group with a dense sound, vibrato vocals. VILLA-LOBOS: PIANO WORKS (Telefunken). Charming, imaginative pieces by the prolific Brazilian, played by Nelson Freire. THE DOOBIE BROTHERS: STAMPEDE (Warner Bros.) An expert band perks along with good-natured rock and roll. KHACHATURIAN: SPARTACUS (Columbia). The stirring, colorful score for the epic Bolshoi ballet. Zhuraitis conducts. GREEZY WHEELS (London). Fiddles, cleves and congas—a cheerful country band equivalent of Mom's apple pie. KODALY: COMPLETE ORCHESTRAL WORKS (London). Dorati and the Philharmonica Hungarica play impassioned, folk-music-rooted romantic scores. WEILL: THE TWO SYMPHONIES (Philips). Lesser-known but intriguing works by the composer of *The Three Penny Opera.* De Waart conducts.

JAMES DEAN: SOUND TRACK (Warner Bros.) Actor James Dean made only three movies back in the mid-fifties before his sudden death in an automobile accident. But teen-agers were drawn to his tormented, anguished psyche like moths to a flame. Alive, he inspired a cult; dead, a legend; now perhaps, even with his movies seen occasionally on TV, he's more a mysterious memory. His remarkably arresting talent can be sensed still in these sound-track excerpts from his trio of films: *East of Eden* (1955), in which he sought a father's love; *Rebel Without a Cause* (1955), which became a synonym for teen-age alienation; and *Giant* (1956), an epic tale about Texas in which he became his own man.

More "Close-up" on page 66



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Cachet by Prince Matchabelli

Close-up

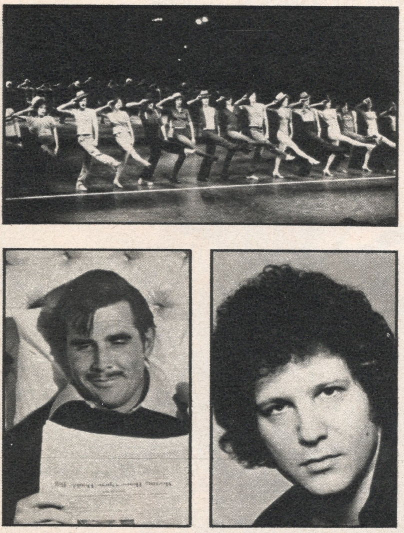
continued from page 64

Show Bits

Double takes and diversions

DANCE OF LIFE. What motivates someone to devote his life to becoming a professional dancer? That's the query behind Broadway's hit musical, *A Chorus Line,* which takes a loving look at the kind of person who's happiest when he or she is onstage facing an audience. An exciting group of youthful talents is heard in Columbia's original-cast album of the powerful show, which tells its story nonstop in song and dance.

GIVE A GIRL A VOTE! *Shoulder to Shoulder,* a drama about Englishwomen and their fight for the right to vote, will be seen on PBS-TV in six hourly installments beginning October 5. Three Englishwomen created and produced the movie, shown over the BBC earlier this year. Characters are based on real people after the turn of the century.



MARTHA SWOPE

"A Chorus Line"; James Brolin; Albert Brooks

THE FACE IS FAMILIAR. What do W. C. Fields, Errol Flynn, Clark Gable and Carole Lombard have in common? Biographical movies. Universal Pictures has three in production recalling Hollywood's palmy days. *W. C. Fields and Me,* based on the book by the comic genius's long-time companion, Carlotta Monti, stars Rod Steiger as Fields and Valerie Perrine as "me." Jill Clayburgh and James Brolin play the romantic pair in *Lombard and Gable,* while the search is still on for an actor to swashbuckle like Flynn!

NEW FACES. *Saturday Night,* a ninety-minute comedy-variety series appearing three Saturday nights a month, makes its debut October 11, at 11:30 P.M. on NBC-TV. Among the regulars will be comedian Albert Brooks, puppeteer Jim Henson and the Muppets. The show will emanate live from New York.

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Bambergers: Oxford Valley, Springfield

Texas
Frost Bros.: San Antonio

we're called the clippers (klippers) in these stores:

California
Macy's: Concord, Daly City, Hillsdale, Monterey, Palo Alto, Sacramento, San Jose **J. W. Robinson:** Anaheim, Cerritos, Glendale, Los Angeles, Pasadena

Kentucky
L. S. Ayres: Louisville

Minnesota
Donaldson's: Brookdale, Minneapolis, Rosedale, St Paul, Southdale

New York
Gertz: Flushing, Jamaica, Hicksville

Ohio
Mabley & Carew: Cincinnati

Wisconsin
Prange: Appleton, Madison

also known as:

Arizona
Sakowitz: (Kwik Kut) Scottsdale

California
Liberty House: (Hair, etc., etc.) Citrus Heights, Hayward, San Jose, Fresno, Oakland, Sacramento, Concord
Saks Fifth Avenue: (The Snippery) Beverly Hills, Woodland Hills

Illinois
Chas. A. Stevens: (The Underground) Evergreen Park, La Grange Park, Chicago **Saks: (The Snippery)** Chicago

Kansas
Extension I: (Clip Joint) Town East, Wichita **Stix, Baer & Fuller: (Crop Shop)** Kansas City

Maryland
Hutzler: (Hair Current) Baltimore, Southdale, Towson, Westview

Massachusetts
Saks Fifth Avenue: (The Snippery) Boston

Michigan
Crowley Milner: (Hair Lines) Dearborn, Detroit, Livonia, Roseville
Gilmore Bros.: (Klippers) Kalamazoo **Saks Fifth Avenue: (The Snippery)** Detroit, Troy

Missouri
St. Louis University: (Campus Hair Company), St. Louis

New Jersey
Gimbels: (T'Hair Spot) Moorestown,
Saks Fifth Avenue: (The Snippery) Springfield

New York
Saks Fifth Avenue: (The Snippery) New York City, White Plains

Ohio
McKelvey's: (The Clip Joint) Boardman, Canton, Columbus, Elyria, Mansfield, Niles, Youngstown

Oklahoma
Dillards: Brown Dunkin: (Clip Joint) Tulsa

Pennsylvania
Gimbel Bros.: (T'Hair Spot) Philadelphia, King of Prussia, Upper Darby, Oxford Valley

Texas
Leonards: (The Cutting Corner) Hurst, Irving **Neiman Marcus: (The Cuttery)** Dallas, Ft. Worth, Houston
Saks Fifth Avenue: (The Snippery) Houston

Washington
Liberty House: Tacoma

Wisconsin
Chapmans: (Clippers) Capitol Court, Brookfield, Milwaukee
Prange's: Appleton, Madison

Colleen Nolan, our National Trimmers Winner from Longview, Washington says,

"Thank you, Trimmers..."

"My trip to New York was unbelievable. The theatre, the sightseeing...everything! I loved the Trimmers before, (even traveled 55 miles with my friends to get to the Trimmers at Meier & Frank in Portland, Oregon) ...now I'm a Trimmers person forever!"

"I was a little apprehensive about having my hair cut. After it was done, I liked it so much that I returned the day after the photo session to have another 3 inches cut!"

"My hair is naturally curly and the New York weather was hot and humid. But with my great Trimmers cut, it didn't frizz up, even while shopping and sightseeing."

We wish we could have chosen just about everyone who entered our Trimmers contest. It was a difficult choice, but we're sure you'll agree, Colleen is a winner! Look for your local Trimmers winner in your area newspaper.

"it was the greatest experience of my life."

THE TRIMMERS®

Colleen's hair by Rick Garcia of Superhair for the Trimmers

©Seligman & Latz, Inc. 1975

You can't be the most popular pattern without being the easiest to sew.

No wonder 6 out of 10 High School Cheerleaders preferred Simplicity.*

Simplicity
The most popular pattern in America.

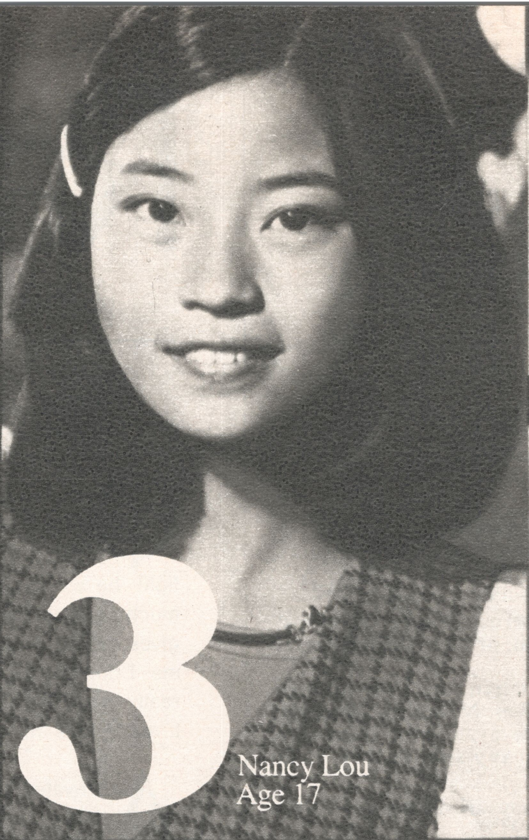
*In interviews across the United States with over 395 High School Cheerleaders, 6 out of 10 preferred Simplicity.
Simplicity Pattern Co. Inc. 200 Madison Ave., New York, N.Y. 10016

1

Elaine Matte
Age 18

2

Donna Cantrell
Age 17



3

Nancy Lou
Age 17

4

Barbara Kearns
Age 16

5

Lynn Van Vlaanderen
Age 17

6

Pat Heyzer
Age 17

Special Gift Offer
Crafted sterling spoon jewelry for any-wear!

Crafted by Oneida Silversmiths, these matching sterling silver spoon ring and bracelet sets are perfect for dressing up—or down!

Choose from two exclusive patterns—classic "Brahms" with the unique pierced handle design, or new "Silver Satin" with a lustrous florentine finish.

You'd expect to pay twice as much in stores for comparable rings and bracelets in sterling silver. Now a matching set can be yours for only $11.90 — save $1.00 over individual purchase prices! The sets adjust to fit any size, so they make great gift ideas, too.

If not entirely satisfied, return merchandise within 10 days and your money will be refunded. Order today! Offer expires December 15, 1975.

Brahms
Silver Satin

General Mills, Inc., Box 117 Minneapolis, Mn. 55460
I enclose $________ (check or money order). Please send me the item(s) ordered below:

	Brahms	Silver Satin
Round Ring @ $4.95 ea.	______	______
Spiral Ring @ $4.95 ea.	______	______
Bracelet @ $7.95 ea.	______	______
Round Ring & Bracelet @ $11.90 ea.	______	______
Spiral Ring & Bracelet @ $11.90 ea.	______	______

Name________________________
Address________________________
City______________State________Zip________*

*To assure delivery give zip code. Offer good only within U.S.A. Offer expires December 15, 1975.

RELATING

by Abigail Wood

BREAKING PATTERNS

Q I'm seventeen and have been going with a great guy for six months. I love Jan very much and he loves me. The problem is, whenever we have a fight he always asks for his ring back. This upsets me so much I end up crying. But before the night is over he always gives me his ring back, saying he's sorry and that he loves me. I don't know why he always does that. Do you think he really wants his ring back, or is he just testing me to see if I really love him? Please help me. It's driving me crazy.

A Private little rituals between couples—those repeated bits of nonsense dialogue only the two of you understand, the sentimental routines that symbolize some precious shared occasion—can enhance closeness and help make a relationship special. But there are others—the games people play over and over without realizing they *are* games—that can only confound and divide you. The merry-go-ring-around you describe seems to be one of them.

Jan may or may not really want his ring back; even he probably doesn't know for sure. What's certain is that every time you play out that circular scenario, you are jointly obscuring instead of dealing with whatever caused your fight in the first place. (Of course, like the man who always buys tight shoes because it feels so good when he takes them off, some couples seem to start fights just for the pleasure of making up. But that satisfaction has nothing to do with testing or proving either one's love for the other; it comes only from scoring points or getting ego strokes *from* the other.)

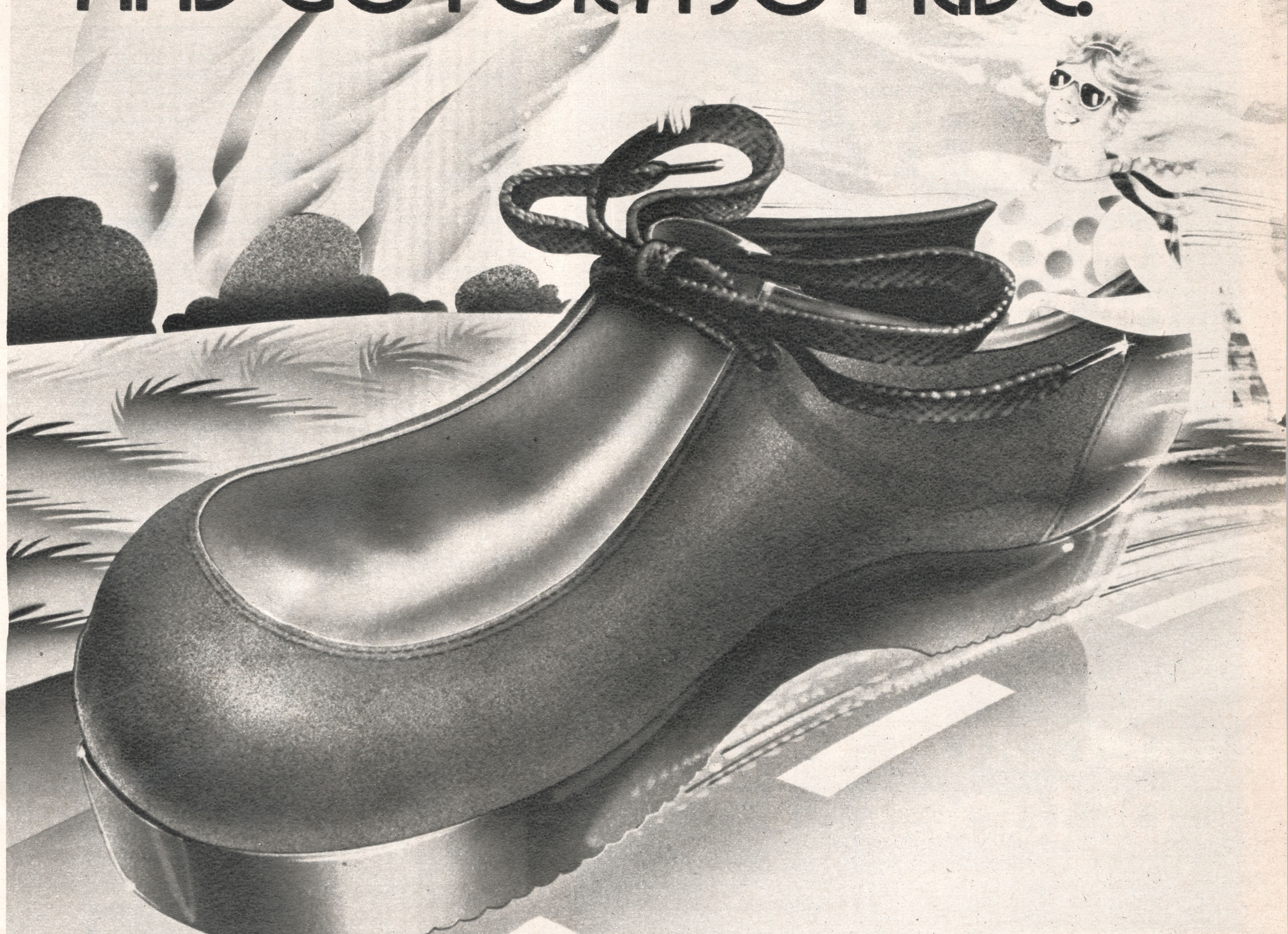
What your little drama represents is a reversion to your earliest-childhood methods of handling trouble. As a small boy, Jan probably found that the easiest way to get out of a threatening or frustrating situation was to pick up his marbles and go home. You discovered that tears often had the power to get an otherwise helpless little girl what she wanted. Accordingly, when you have a clash now, Jan picks up his ring and starts to go; you use your seductive tear-ductive wiles to wheedle him back, and *voilà*—a happy ending! Until next time, that is . . .

Since the actual point at issue between you never gets attended to, it remains a hidden carryover that tags right along in the next fight. With every rerun, the freight increases and brinkmanship spirals. Sooner or later one of you will push or be pushed too far, the curtain will come hurtling down before you've reached the usual finale—and then the show will really be over.

To break out of that revolving-door pattern, you simply stop before you go round again. When a fight starts (and loving somebody doesn't mean you can't differ with him) remember that the important thing is to stick to the fight at hand. Don't run away from the issue into tears or recriminations. Don't drag in last month's issue. Don't let yourself get caught in the old "If you loved me, you'd . . ." trap. Don't be afraid to say what your thoughts and feelings

(continued on page 74)

HOP IN YOUR CARBER-ATORS,™ AND GO FOR A JOY RIDE.



CARBER-ATORS™

The best ride in the world
for your feet.

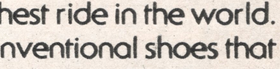
Carber-ators™ are the new kind of shoe engineered to give your feet the smoothest ride in the world.

They're not built like conventional shoes that can put pressure on the toes. But on the other foot, they're not built like faddishly un-conventional shoes that can put pressure on the heels.

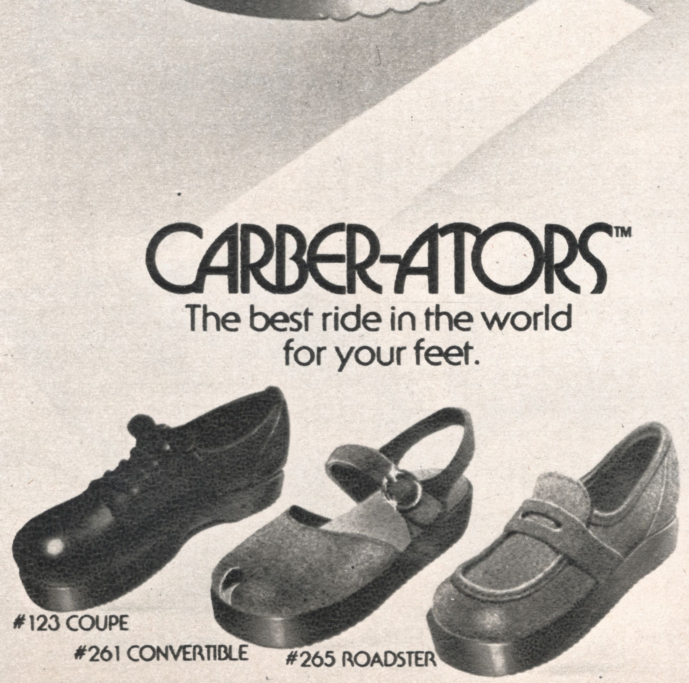
Carber-ators™ are built level, like your foot is built. So they're about as comfortable as late model sneakers. (On the level.)

But Carber-ators™ are a lot different from sneakers.

Because while the sole is perfectly level on the bottom, it's contoured to the shape of the foot on top. To carry your heel, your arch, and your five little passengers in blissful comfort.



Carber-ators™ come in five styles, and are available in sizes from compacts to limos.



CARBER-ATORS™ ARE AVAILABLE IN MANY STORES THROUGHOUT THE COUNTRY. FOR NAME AND LOCATION OF STORE NEAREST YOU, WRITE TO:
CARBER, 1370 AVE. OF THE AMERICAS, NEW YORK, N.Y. 10019.

Only Columbia lets you choose the membership plan that suits you best!

PLAN 1

Any 11 records or tapes $1.86

if you join now and agree to buy 9 more selections (at regular Club prices) in the coming three years

OR

PLAN 2

Any 5 records or tapes $1.00

if you join now and agree to buy only 4 selections (at regular Club prices) in the coming year

256099 A&M THE CAPTAIN & TENNILLE Love Will Keep Us Together
252940 * CAPITOL LINDA RONSTADT Heart Like A Wheel
252502 * CAPITOL HELEN REDDY FREE & EASY
255067 * Mercury JOHNNY RODRIGUEZ JUST GET UP AND CLOSE THE DOOR
252221 COLUMBIA EARTH, WIND & FIRE THAT'S THE WAY OF THE WORLD
249870 PARROT ENGLEBERT HUMPERDINCK'S GREATEST HITS
246595 * TAMLA STEVIE WONDER FULFILLINGNESS' FIRST FINALE
249771 BELL TONY ORLANDO & DAWN PRIME TIME
250415 * EPIC DAN FOGELBERG SOUVENIRS
251926 * COLUMBIA PERCY FAITH COUNTRY BOUQUET
246041 Mercury BACHMAN-TURNER OVERDRIVE NOT FRAGILE
251785 * Mercury STATLER BROTHERS SONS OF THE MOTHERLAND
248559 EPIC CHARLIE RICH THE SILVER FOX
186809 COLUMBIA SIMON & GARFUNKEL Bridge Over Troubled Water
253633 * MERCURY Jerry Lee Lewis Boogie Woogie Country Man
246074 * 20TH CENTURY BARRY WHITE CAN'T GET ENOUGH
252247 * EPIC JEFF BECK BLOW BY BLOW
249672 * ABC DOT ROY CLARK CLASSIC CLARK
241612 CHRYSALIS ROBIN TROWER BRIDGE OF SIGHS

256560 * CAT STEVENS GREATEST HITS
251199 COLUMBIA CHICAGO VIII HARRY TRUMAN
254607 * PHILADELPHIA INTERNATIONAL O'JAYS SURVIVAL
254912 * COLUMBIA AEROSMITH TOYS IN THE ATTIC
246942 COLUMBIA NEIL DIAMOND SERENADE
253658 * BLUE NOTE DONALD BYRD Stepping Into Tomorrow
249631 ABC BOBBY VINTON MELODIES OF LOVE
253716 * PRIVATE STOCK FRANKIE VALLI CLOSEUP
246124 COLUMBIA THE HAPPY SOUND OF RAY CONNIFF
254029 RICK WAKEMAN — The Myths & Legends Of King Arthur & The Knights Of The Round Table
251900 * VERTIGO KRAFTWERK AUTOBAHN
251462 * MGM MARIE OSMOND WHO'S SORRY NOW
240069 MF REDD FOXX REDD FOXX AT HOME
251538 * CHRYSALIS ROBIN TROWER FOR EARTH BELOW
251447 * ARISTA MELISSA MANCHESTER MIDNITE BLUE
250407 * MERCURY TOM T. HALL Songs Of Fox Hollow
249649 * COLUMBIA LYNN ANDERSON WHAT A MAN MY MAN IS
254011 * ABC B. J. THOMAS REUNION
241968 CAT STEVENS BUDDHA AND THE CHOCOLATE BOX
244699 * ABC RUFUS RAGS TO RUFUS
248567 * ABC RUFUS Featuring CHAKA KHAN RUFUSIZED

Take your pick

12" stereo records OR 8-track cartridges OR tape cassettes OR 7" reel-to-reel tapes

* Selections marked with a star are not available in reel tapes

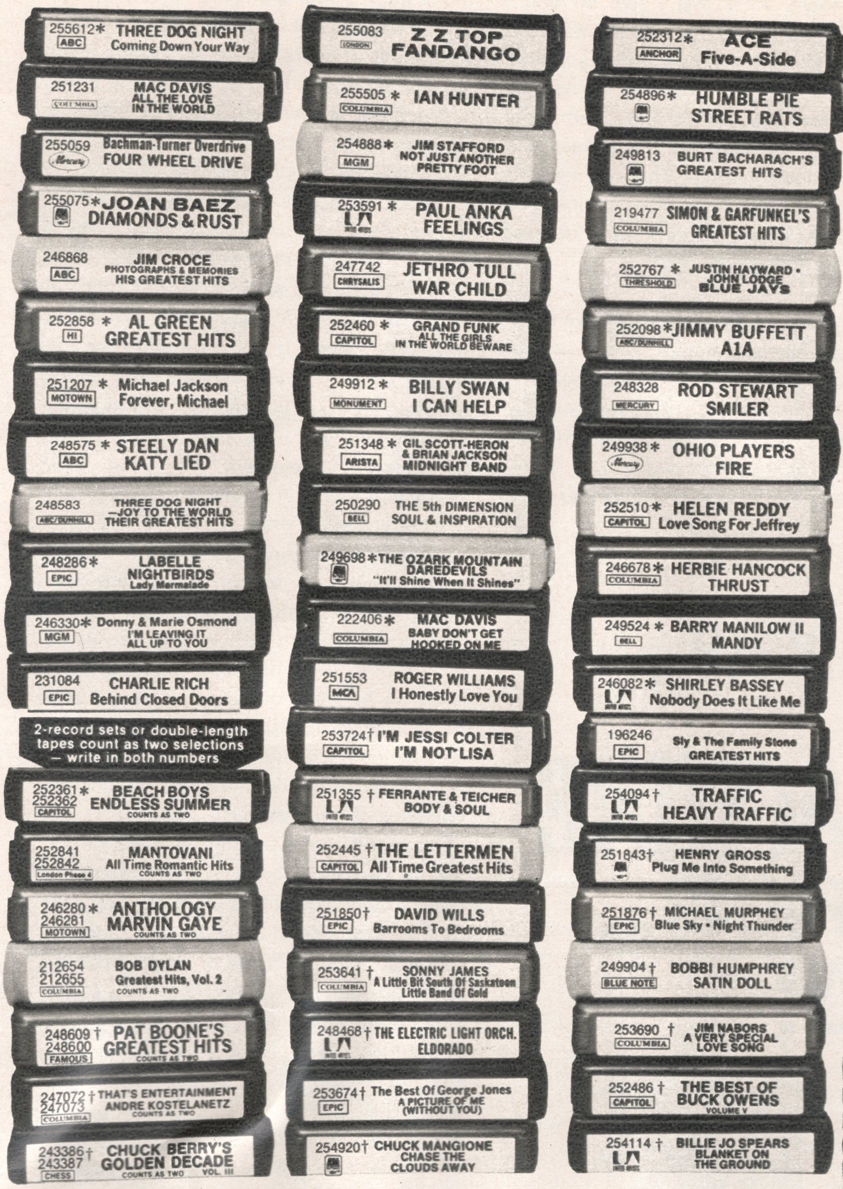
BEACH BOYS
SPIRIT OF AMERICA
ONE WAY
Do You Wanna Dance?
Stills
STEPHEN STILLS
Tony Orlando & Dawn Greatest Hits
TIE A YELLOW RIBBON ROUND THE OLE OAK TREE
HORIZON
CARPENTERS

255182-255183 *
Deluxe 2-record set or twin-pack tape counts as 2 selections. Write in both numbers

255778 *

256578 *

255638



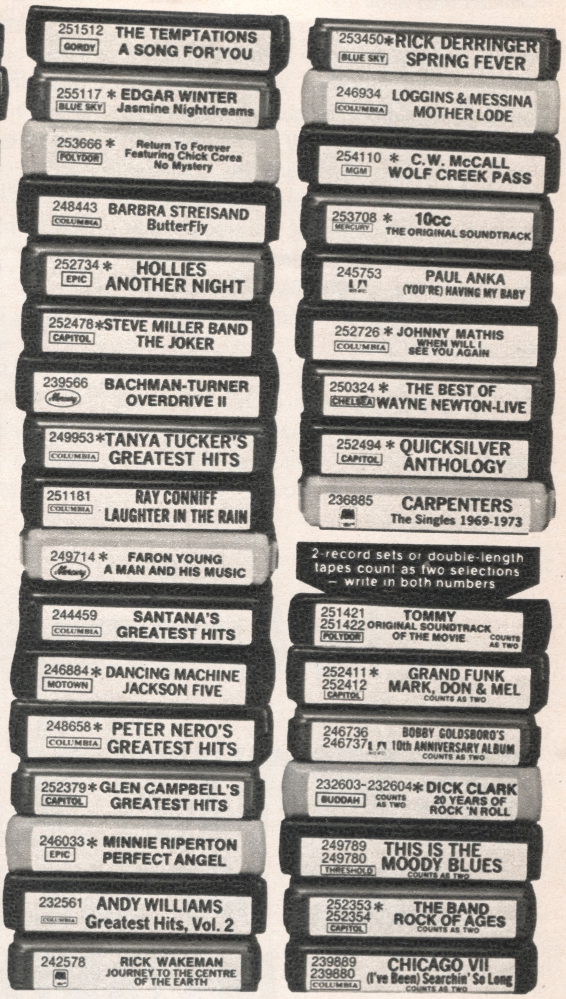
255612* THREE DOG NIGHT Coming Down Your Way ABC
251231 MAC DAVIS ALL THE LOVE IN THE WORLD COLUMBIA
255059 Bachman-Turner Overdrive FOUR WHEEL DRIVE Mercury
255075* JOAN BAEZ DIAMONDS & RUST
246868 JIM CROCE PHOTOGRAPHS & MEMORIES HIS GREATEST HITS ABC
252858 * AL GREEN GREATEST HITS HI
251207 * Michael Jackson Forever, Michael MOTOWN
248575 * STEELY DAN KATY LIED ABC
248583 THREE DOG NIGHT —JOY TO THE WORLD THEIR GREATEST HITS ABC/DUNHILL
248286* LABELLE NIGHTBIRDS Lady Marmalade EPIC
246330* Donny & Marie Osmond I'M LEAVING IT ALL UP TO YOU MGM
231084 CHARLIE RICH Behind Closed Doors EPIC

2-record sets or double-length tapes count as two selections — write in both numbers

252361* 252362 BEACH BOYS ENDLESS SUMMER CAPITOL COUNTS AS TWO
252841 252842 MANTOVANI All Time Romantic Hits London Phase 4 COUNTS AS TWO
246280* 246281 ANTHOLOGY MARVIN GAYE MOTOWN COUNTS AS TWO
212654 212655 BOB DYLAN Greatest Hits, Vol. 2 COLUMBIA COUNTS AS TWO
248609† 248600 PAT BOONE'S GREATEST HITS FAMOUS COUNTS AS TWO
247072† 247073 THAT'S ENTERTAINMENT ANDRE KOSTELANETZ COLUMBIA COUNTS AS TWO
243386† 243387 CHUCK BERRY'S GOLDEN DECADE CHESS COUNTS AS TWO VOL. III

255083 Z Z TOP FANDANGO LONDON
255505 * IAN HUNTER COLUMBIA
254888* JIM STAFFORD NOT JUST ANOTHER PRETTY FOOT MGM
253591 * PAUL ANKA FEELINGS
247742 JETHRO TULL WAR CHILD CHRYSALIS
252460 * GRAND FUNK ALL THE GIRLS IN THE WORLD BEWARE CAPITOL
249912 * BILLY SWAN I CAN HELP MONUMENT
251348 * GIL SCOTT-HERON & BRIAN JACKSON MIDNIGHT BAND ARISTA
250290 THE 5th DIMENSION SOUL & INSPIRATION BELL
249698* THE OZARK MOUNTAIN DAREDEVILS "It'll Shine When It Shines"
222406* MAC DAVIS BABY DON'T GET HOOKED ON ME COLUMBIA
251553 ROGER WILLIAMS I Honestly Love You MCA
253724† I'M JESSI COLTER I'M NOT LISA CAPITOL
251355 † FERRANTE & TEICHER BODY & SOUL
252445 † THE LETTERMEN All Time Greatest Hits CAPITOL
251850† DAVID WILLS Barrooms To Bedrooms EPIC
253641 † SONNY JAMES A Little Bit South Of Saskatoon Little Band Of Gold COLUMBIA
248468† THE ELECTRIC LIGHT ORCH. ELDORADO
253674† The Best Of George Jones A PICTURE OF ME (WITHOUT YOU) EPIC
254920† CHUCK MANGIONE CHASE THE CLOUDS AWAY

252312* ACE Five-A-Side ANCHOR
254896* HUMBLE PIE STREET RATS
249813 BURT BACHARACH'S GREATEST HITS
219477 SIMON & GARFUNKEL'S GREATEST HITS COLUMBIA
252767 * JUSTIN HAYWARD • JOHN LODGE BLUE JAYS THRESHOLD
252098* JIMMY BUFFETT A1A ABC/DUNHILL
248328 ROD STEWART SMILER MERCURY
249938* OHIO PLAYERS FIRE Mercury
252510* HELEN REDDY Love Song For Jeffrey CAPITOL
246678* HERBIE HANCOCK THRUST COLUMBIA
249524 * BARRY MANILOW II MANDY BELL
246082* SHIRLEY BASSEY Nobody Does It Like Me
196246 Sly & The Family Stone GREATEST HITS EPIC
254094† TRAFFIC HEAVY TRAFFIC
251843† HENRY GROSS Plug Me Into Something
251876† MICHAEL MURPHEY Blue Sky • Night Thunder EPIC
249904† BOBBI HUMPHREY SATIN DOLL BLUE NOTE
253690 † JIM NABORS A VERY SPECIAL LOVE SONG COLUMBIA
252486 † THE BEST OF BUCK OWENS VOLUME V CAPITOL
254114 † BILLIE JO SPEARS BLANKET ON THE GROUND



251512 THE TEMPTATIONS A SONG FOR YOU GORDY
255117 * EDGAR WINTER Jasmine Nightdreams BLUE SKY
253666 * Return To Forever Featuring Chick Corea No Mystery POLYDOR
248443 BARBRA STREISAND ButterFly COLUMBIA
252734* HOLLIES ANOTHER NIGHT EPIC
252478* STEVE MILLER BAND THE JOKER CAPITOL
239566 BACHMAN-TURNER OVERDRIVE II Mercury
249953* TANYA TUCKER'S GREATEST HITS COLUMBIA
251181 RAY CONNIFF LAUGHTER IN THE RAIN COLUMBIA
249714* FARON YOUNG A MAN AND HIS MUSIC Mercury
244459 SANTANA'S GREATEST HITS COLUMBIA
246884* DANCING MACHINE JACKSON FIVE MOTOWN
248658* PETER NERO'S GREATEST HITS COLUMBIA
252379* GLEN CAMPBELL'S GREATEST HITS CAPITOL
246033* MINNIE RIPERTON PERFECT ANGEL EPIC
232561 ANDY WILLIAMS Greatest Hits, Vol. 2 COLUMBIA
242578 RICK WAKEMAN JOURNEY TO THE CENTRE OF THE EARTH

253450* RICK DERRINGER SPRING FEVER BLUE SKY
246934 LOGGINS & MESSINA MOTHER LODE COLUMBIA
254110 * C.W. McCALL WOLF CREEK PASS MGM
253708 * 10cc THE ORIGINAL SOUNDTRACK MERCURY
245753 PAUL ANKA (YOU'RE) HAVING MY BABY
252726 * JOHNNY MATHIS WHEN WILL I SEE YOU AGAIN COLUMBIA
250324 * THE BEST OF WAYNE NEWTON-LIVE CHELSEA
252494 * QUICKSILVER ANTHOLOGY CAPITOL
236885 CARPENTERS The Singles 1969-1973

2-record sets or double-length tapes count as two selections — write in both numbers

251421 251422 TOMMY ORIGINAL SOUNDTRACK OF THE MOVIE POLYDOR COUNTS AS TWO
252411* 252412 GRAND FUNK MARK, DON & MEL CAPITOL COUNTS AS TWO
246736 246737 BOBBY GOLDSBORO'S 10th ANNIVERSARY ALBUM COUNTS AS TWO
232603-232604* DICK CLARK 20 YEARS OF ROCK 'N ROLL BUDDAH COUNTS AS TWO
249789 249780 THIS IS THE MOODY BLUES THRESHOLD COUNTS AS TWO
252353* 252354 THE BAND ROCK OF AGES CAPITOL COUNTS AS TWO
239889 239880 CHICAGO VII (I've Been) Searchin' So Long COLUMBIA COUNTS AS TWO

†**Available on records and 8-track tapes only**

TAKE YOUR PICK OF 134 SELECTIONS— *AND* YOUR PICK OF MEMBERSHIP PLANS!

Yes, it's true!—no matter what kind of record or tape buyer you are...whether you buy regularly or just occasionally during the year...you can now join the Columbia Record & Tape Club under the membership plan that best suits your music needs!

Membership Plan No. 1...if you join under this plan, you may have ANY 11 of these records or tapes—all 11 for only $1.86. Just fill in the application provided here and mail it in an envelope, together with your check or money order for $1.86 as payment. In exchange, you agree to buy just nine more selections (at regular Club prices) in the next three years...and you may cancel membership any time after doing so.

Membership Plan No. 2...if you're an occasional buyer, this trial membership plan is ideal for you. Just mail the application, together with only $1.00—and you may have ANY 5 of these records or tapes. In exchange, you agree to buy just four more selections (at regular Club prices) during the coming year...and you may cancel membership any time after doing so.

HOW THE CLUB OPERATES

Every four weeks (13 times a year) you'll receive the Club's music magazine, which describes the Selection of the Month for each musical interest...plus hundreds of alternates from every field of music. In addition, up to six times a year you may receive offers of Special Selections, usually at a discount off regular Club prices.

If you wish to receive the Selection of the Month or the Special Selection, you need do nothing—it will be shipped automatically. If you prefer an alternate selection, or none at all, simply fill in the response card always provided and mail it by the date specified.

You will always have at least 10 days in which to make your decision. If you ever receive any Selection without having had at least 10 days in which to decide, you may return it at our expense, for full credit.

Your own charge account will be opened ...the selections you order will be mailed and billed at regular Club prices which currently are: 8-track tapes and cassettes, $6.98 or $7.98; reel tapes, $7.98; records, $5.98 or $6.98—plus shipping and handling. (Multiple unit sets and Double Selections may be somewhat higher.)

You'll be eligible for our bonus plan upon completing your enrollment agreement—a plan which enables you to save at least 33% on all future purchases. This is the most convenient way possible to build a record or tape library at the *greatest savings possible*—so don't delay, act now!

Columbia House
1400 North Fruitridge Avenue
Terre Haute, Indiana 47808

NOTE: All applications are subject to approval and Columbia House reserves the right to reject any application.

Columbia Record & Tape Club, Terre Haute, Indiana 47808

Please accept my membership application under the terms outlined in this advertisement — and enroll me in the membership plan checked below. **I am interested in this type of recording (CHECK ONE BOX ONLY):**

Be sure to check one box only
☐ **8-Track Tapes** ☐ **Reel Tapes**
☐ **Tape Cassettes** ☐ **Records**

☐ **PLAN NO. 1** . . . I am enclosing check or money order for $1.86 as payment for the 11 selections indicated below. I agree to buy nine more selections (at regular Club prices) during the coming three years . . . and I may cancel my membership at any time after doing so.

2SJ/B9

☐ **PLAN NO. 2** . . . I am enclosing check or money order for $1.00 as payment for the 5 selections indicated below. I agree to buy four more selections (at regular Club prices) during the coming year . . . and I may cancel my membership at any time after doing so.

2SK/QN

Write in the numbers of 5 OR 11 selections		

MY MAIN MUSICAL INTEREST IS (check one):

(But I am always free to choose from any category)

☐ **Easy Listening 2** ☐ **Teen Hits 7** ☐ **Classical 1**
☐ **Country 5** (no reel tapes) ☐ **Jazz 4** (no reel tapes)

☐ **Mr.**
☐ **Mrs.**
☐ **Miss**..
(Please Print) First Name Initial Last Name

Address...**Apt. No.**..............

City...**State Zip Code**.......................

Do You Have A Telephone? (Check one) ☐ **YES**...... ☐ **NO**

APO, FPO, Hawaii, Alaska: write for special offer **593/F75**

continued from page 70

are, but keep it a matter of conveying information, not criminal charges. Avoid loaded words, those disguised missiles of personal attack. Above all, remember that if you want your relationship to continue, the goal must be not to win points but to *resolve* the conflict. If that, as it sometimes may, turns out to be impossible, remember that tomorrow is another day. At least you'll feel better for having tried in a way you can feel proud of.

Q Every two or three months I get into one of these moods I'm going through right now. I get mad at almost everyone, especially my parents. I don't talk to them, and when I do, I'm very mean to them. After that I feel so bad I want to hit everything that's in my way and I end up crying for hours. After some of these terrible days I go back to normal. While in these moods, it's like I had some kind of evil thing inside me. I'm sixteen and my life is very boring. There's never a change. Everything is just plain routine. Can you help? Do I need some kind of doctor? What is the matter with me?

A There's nothing the matter with having periodic mood swings. All life tends to follow rhythmical patterns. Many of our body functions as well as emotional states ebb and peak regularly according to built-in clockwork. But in the teens, when you're going through so many developmental changes inside and out, mood fluctuations are at their most extreme. The intensity will simmer down in time. Meanwhile, if yours are becoming too much for you to handle, help is certainly in order.

But there is *self*-help too. For instance, working up a "case history" may give you some tip-offs for preventive measures. Try to recall what was happening in your life at the onset of each black spell. Was it around test or term-paper time? Other anxiety-producing special events? After big disappointments or trouble with friends? Is any pattern discernible? Or could it be that during your "normal" periods, you simply swallow all your frustrations and dissatisfactions until you have such a huge ball of compressed resentment (the "evil thing inside you"?) that it simply has to burst forth in quarterly eruptions?

Whatever your findings, make it a point, when the moods are on, of getting extra rest and eating sensibly, since both fatigue and poor nutrition can aggravate temper or tailspins. And do some extra physical exercise to work off some of that meanness! (Yoga classes can be especially helpful for releasing tension.)

Possibly, too, the turbulent periods are your way of unconsciously introducing a bit of change into the boring plainness of your life (or of getting back at your parents for not providing you with a more exciting one). In that case there are certainly more rewarding methods. Some of their names are Go, Do, Join Up, Speak Out, Investigate, Experiment. There is always *some* activity at your school or in your community that you haven't had a go at yet. Try it—you might like it. We know a young woman whose visit to a museum (!) changed her whole life. She got so fascinated by some artifacts there that she began to read up on anthropology, went on a student dig a few vacations later, met new people and found herself a career goal.

If there's no museum near, try the library (where you might occasionally meet a boy as well as a book). Read travel books, country by country, for a change of scene. Become a foreign correspondent (i.e., get yourself a pen pal abroad). Take a camera and go prospecting for new views of your own home ground. Try out for a play. Volunteer for a cause. (Anything involving people doubles your chances for meeting young men.) There'll be no room for boredom and no time for crying jags once you open your eyes and imagination to all the untapped possibilities around you.

Anything troubling you? We answer personally but reserve the right to publish your letter unless asked not to. (Even if printed, there's a long delay, so be sure to include name and address if problem is urgent.) Write Abigail Wood, SEVENTEEN, 850 Third Avenue, New York 10022.

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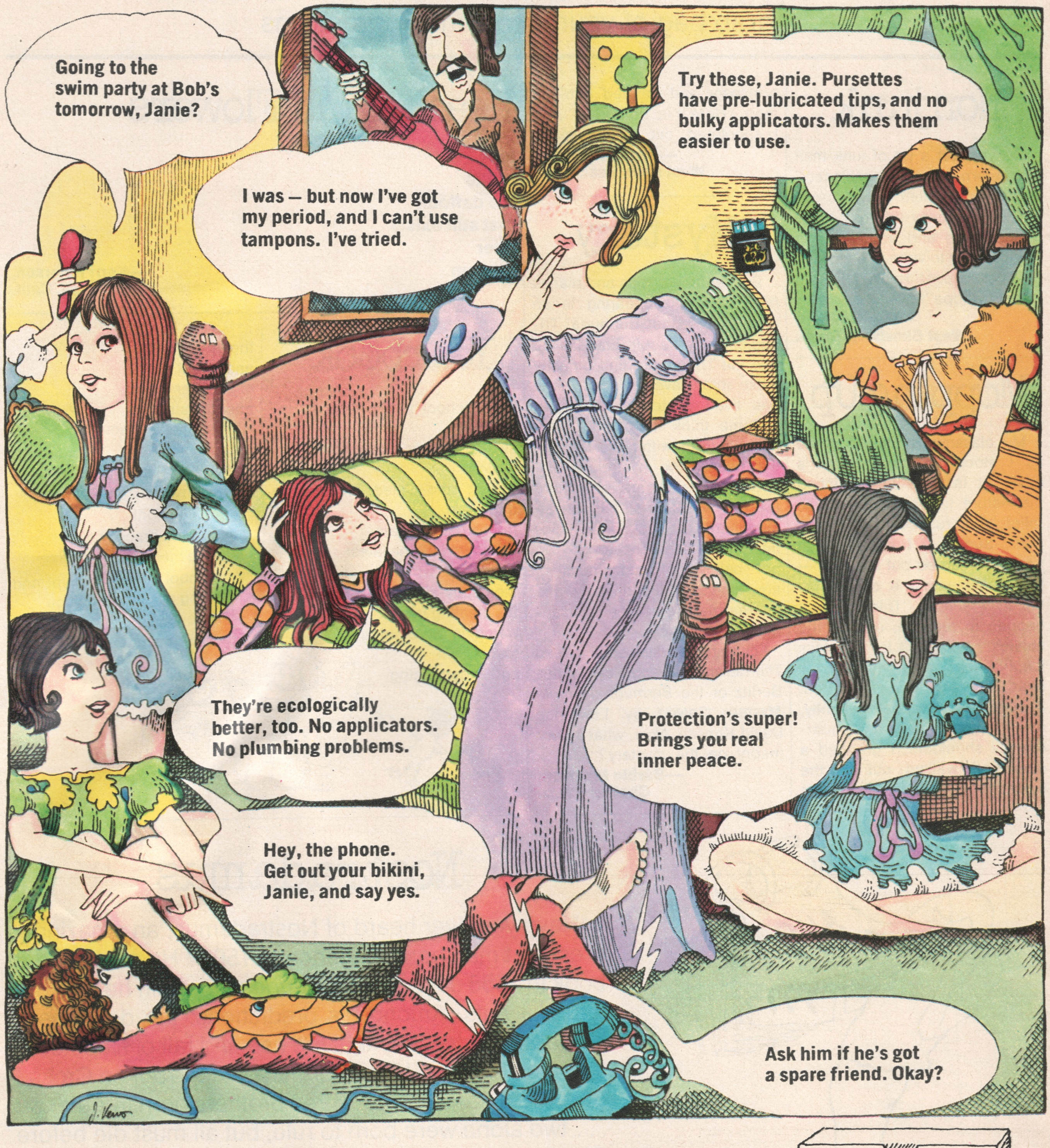
The things you learn at pajama parties.


Going to the swim party at Bob's tomorrow, Janie?
I was — but now I've got my period, and I can't use tampons. I've tried.
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Hey, the phone. Get out your bikini, Janie, and say yes.
Ask him if he's got a spare friend. Okay?

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Nonjunk

Do you get a lot of junk mail with return envelopes enclosed? Don't throw them out. I cross out the company address, write in the name and address of a friend I want to write to and mark it "100 Percent Recycled Junk Mail Envelope"!

—Peg Gorman,
West Simsbury, Conn.

Mopping Up

My classmates stared at me as I stood at the professor's desk. At last the prof finished his lecture to me. I sighed with relief and rushed toward the door. Suddenly I realized that I hadn't charged out the door—but smack into the closet! My mind whirled: "This doesn't happen in real life, only in the movies." I couldn't let the class laugh when I emerged with my head hanging and face red. Sticking my chin out defiantly, raising my head high and squaring my shoulders, I grabbed a mop and walked out of the closet. I went straight to the professor and handed him the mop. "Here it is. I found it." And I sauntered out of the room.

—Suzanne Pippin,
West Palm Beach, Fla.

Mystery

For centuries ships and planes have been disappearing in an area called the Bermuda Triangle. Many people have sailed into the Triangle to find out why these ships have vanished. None has lived to tell his findings.

Some think there is a gravitational force within the Triangle that causes the mysterious disappearances. Others think there are "tornado funnels" in the atmosphere that suck the vehicles into the ocean. Those who do not believe in spookiness of any kind say it's all silly and just as many ships have disappeared elsewhere.

For more about the subject read *The Bermuda Triangle* by Charles Berlitz or the *Bermuda Triangle Mystery Solved* by Lawrence David Kunsch. Now, what's *your* theory on the mystery?

—Barbie Madison,
Chatham, N. J.

Hearts and Flowers

love
is like
the daffodil
that still exists
after
the rain.

—Kerri Peterson,
Saratoga, Calif.

Yearbook

High school is the whirl of fall leaves
swirling across a road at twilight.
It's a gold-plated megaphone dangling
from a dainty chain.
It's buying all the latest fashions,
then baby-sitting.
It's meeting friends,
watching the winning touchdown
and experiencing
the thrill
and sweat
of a locker room
after the struggle.
High school is cramming
for an exam
that you'd rather forget.
It's a shiny bronze ring that catches the light
and a charm bracelet with scattered memories.
High school is growing up, and
growing up is wishing you
were young again.

—Suzanne Branciforte,
East Rockaway, N.Y.

AUG.
1555
1975

TONY C. WILKINSON

Nostradamus

Have you ever heard of Nostradamus, an amazingly prescient man born in France in 1503? He published a book in 1555 called *The Centuries,* in which he foretold future events. Among his predictions: the death sentence of Charles the First; the rise and fall of Napoleon; the reign of Hitler, "The German of the Crooked Cross" (the swastika); and the "three brothers born in America . . . two alone were born to rule, but all must die before their hour." He warned that "the city of hollow mountains" (skyscrapers?) will be poisoned through its water supply. Could he mean New York?

I first read about Nostradamus on the back of the Al Stewart album *Past, Present and Future.* You can find him in the encyclopedia, or better yet, read his curious book.

—Stephanie Megna, Houston, Tex.

More on page 80

Hello!
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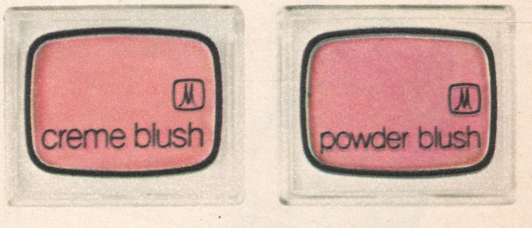
"I like that 'look alive' look you get with a cheeky blush of color that seems to come from inside."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powder blush

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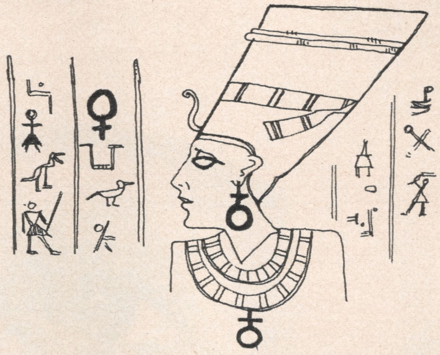
continued from page 78

Early Lib



The roots of women's lib run deeper than we think. Digging in Egypt has revealed pillars from a courtyard bearing many pictures of Queen Nefertiti and her princesses but none of her husband Ikhnaton or even the mention of his name. In fact, nothing masculine—not even a courier, fan-bearer or male animal—appears on the pillar blocks.

—Dawn Knudson, Burnsville, Minn.

Gone with Gable

Nearly forty years after he was crowned "King of Hollywood," Clark Gable still reigns. More books are being written about him, and his smile on late-night TV keeps attracting new fans. Gable was modest and didn't consider himself a great actor. He once said his epitaph should be "He was lucky and he knew it." How much do you know about Gable's life and career? Test yourself: **1.** His third wife was a famous actress who died in a tragic plane crash in 1942. What was her name? **2.** In which movie did he surprise audiences with his dancing ability? **3.** In which movie did he win an Oscar for Best Actor? **4.** For which two movies was he nominated for Best Actor but lost? **5.** Who will play Gable in the upcoming movie *Gable and Lombard?* **6.** When and where was Gable born?

Answers:

1. Carole Lombard. 2. *Idiot's Delight,* 1939. 3. *It Happened One Night,* 1934. 4. *Mutiny on the Bounty,* 1935, and *Gone with the Wind,* 1939. 5. James Brolin. 6. February 1, 1901, in Cadiz, Ohio.

—Lauren Taaffe, Cleveland Heights, Ohio

Lefty's Lament

Aauugh! The problems of being a left-handed writer! You lucky righties don't know the anguish of writing a letter and having your pal say he can't read those carefully chosen, straight-from-the-soul words which you smeared as quickly as you wrote. You've never been put through the torture of trying to do an essay with your shoulder tilted, your elbow ten inches from the desk and your wrist pointed straight up. Talk about writer's cramp! And what really makes me angry is teachers who banish lefties to the last row of the classroom during tests. There has to be some remedy! Maybe all of us left-handed misfits should move to China, where they write from right to left.

—Mary Ann Phillips, Libertyville, Ill.

Going Crackers

Create a zoo in your own jewelry box! Make great-looking pins from animal crackers. Just paint them, coat them with shellac and glue a pin to the back. The animal pins are as popular with teens as the crackers are with kids.

—Martha Bartels, Abington, Pa.

Almond Scrub

A grainy face scrub will deep-clean your pores and get skin tingling. Make a naturally good cleanser with 10 almonds, ½ tablespoon honey, ½ teaspoon skim milk. Crush the almonds in a blender or by wrapping them in a dish towel and hammering (watch your fingers!). Sift them through a fine strainer to make sure the almond powder is smooth. Mix in the honey and milk.

You should have enough for two applications. Apply half of the mixture to your face, leave for five minutes, then rub gently with fingertips and warm water. Splash off with warm water for superclean skin!

—Lacey Ford New York, N.Y.

Free for All is your literary potpourri. If you have an *original* story, poem, article or some practical advice you want to share, write it in no more than 200 words and mail to SEVENTEEN, Free for All, 850 Third Avenue, New York, N.Y. 10022. We'll pay you if we use your work. Only those manuscripts being considered for publication will be acknowledged (within eight weeks of their arrival). None will be returned.

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and some very personal gifts**

1

2

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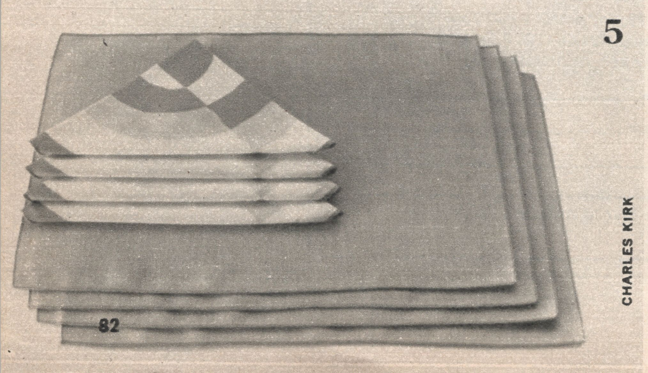
CROCK-POT
SLOW COOKER SERVER

3

4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CHARLES KIRK

Here comes the bride—with a lifetime supply of electric can openers, incorrect monograms on her towels and Picasso prints to play up an Early American decor. Sound familiar? It doesn't have to.

Enlisting the aid of a bridal registry makes gift-giving the pleasure it should be. This free service, available at most major department stores, allows the bride to "sign up" for the presents she would like. After her engagement is announced, all she has to do is go to her favorite store, where an experienced salesperson helps her decide on basic needs—and nice extras—to start a new home.

Traditionally, registries have been used mainly to coordinate silver, china and glass patterns. Today, with 59 percent of all brides registering, lists include everything from yogurt-makers to linens. If you'll be depending on gifts to complete your trousseau, registering is a great way to carry out a particular color scheme.

Engaged girls who have never had their own apartments find that registering calls their attention to necessities, like appliances, they may not have thought of.

The smart bride lists things that vary in price so each gift-giver can stay within his budget. And it's all right to specify decorative, as well as practical, items.

The bride, groom or members of their immediate families usually tell people where the bride has registered. Friends who do not live nearby can shop at branches of the store, where copies of the register are also maintained.

Relatives of the groom who haven't met his bride, friends who can't decide what to buy and those who know their own taste differs from the couple's can count on the registry to help them pick a welcome gift. When an item is purchased, the salesperson checks it off to prevent duplication. Not only is registering easy, it reduces the number of Saturdays an engaged couple spends returning unwanted gifts to stores.

Unromantic? Maybe, but wouldn't you rather hug his aunt and say, "I love it" than try to find out where it was bought?

Whether you're attending your next wedding as the bride or as the girl who hopes to catch the bouquet, your own feelings about gift-giving should be followed. Here are some tempting ideas for very special brides.

1. For the princess at heart: China Dolphin platter trimmed with 24K gold adds elegance to serving. Perfect for meats, pastries or hors d'oeuvres, it's by Lenox; $31.75. **2.** For the busy bride: Watching the stove is a thing of the past with a slow-cooking electric crock pot. This holds three and one-half quarts. Added bonus: It's fabulous for economical cuts of meats that need lots of time to become tender. Available in four colors. By Rival; $31.50. **3.** For friends who want to keep their cool: silver-plated ice bucket that works as a centerpiece or serving dish as well. By Gorham; $37.50. Silver-plated beverage pitcher by Oneida; $27.50. **4.** For brides with something brewing: An earthenware coffeepot from the Greenhouse collection brings a garden to the table; $18.75. Cup and saucer to mix and match in Sweet Pea, Poppy, Daffodil and Blue Bell echo the floral pattern; each set, $7.90. All by Franciscan Dinnerware. **5.** For the pacesetter table-setter: pewter gray place mats for special occasions; napkins in shades of yellow and gray. Of rayon/polyester, by Vera. Set for four; $12. More super gifts no one will forget are on page 86. Turn to last page for shopping information.

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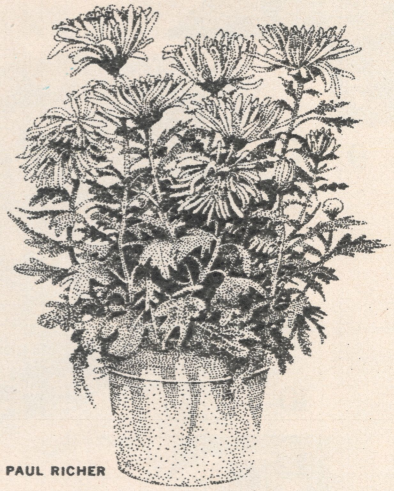
HOME

Growing Things

Chrysanthemum (morrifolium)



PAUL RICHER

Get into the crisp mood of fall with chrysanthemums. They are available in a variety of shapes and sizes; choose from white, mauve, yellow, pink, bronze or lavender-colored flowers.

Chrysanthemums require good drainage. Use equal parts potting soil, peat moss and sand. When not in bloom, the plant needs strong sunlight eight to ten hours a day. Water thoroughly, allowing it to drain. (Do not let soil become dry.) When buds begin to open, reduce watering to make flowers last longer; place in indirect sunlight. Room temperature should be about 68° during the day and 45° at night. Once every two weeks, fertilize with liquid plant food or fish emulsion.

Placing the plant in a dark spot will force it to bud; remove when buds appear. The flowers last about three weeks. When they begin to fade, cut them back, leaving half the stem. To keep plant from becoming straggly, pinch back. Properly cared for, chrysanthemums will bloom again the next fall. In early spring, make new plants by dividing roots while repotting.

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don't get to sign our work.
Because we'd probably do it
better. Just out of pride.
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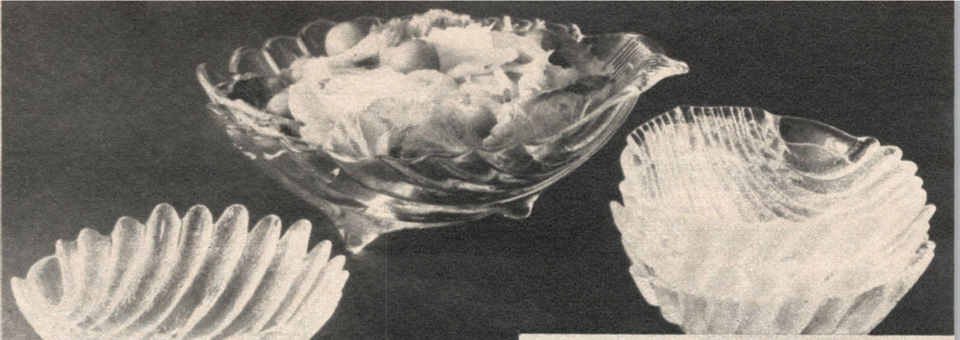

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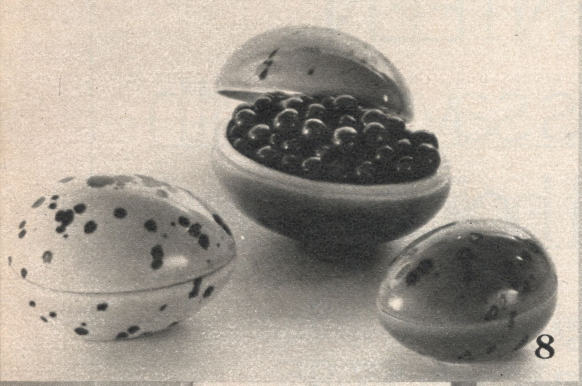

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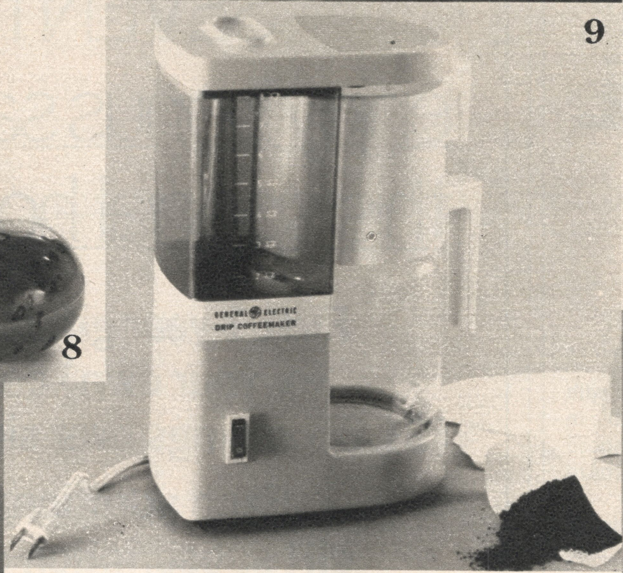

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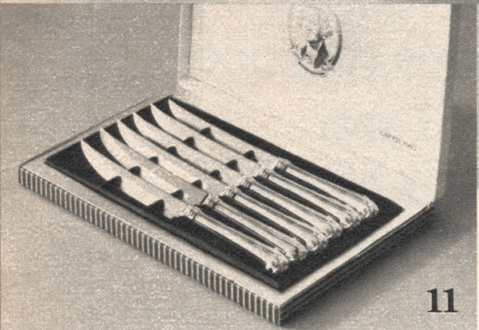

11

12

13

14

CHARLES KIRK

15

...WHAT I WANTED *continued from page 82*

6. For the friend who's really cooking: Heavy cast aluminum pan with Teflon lining helps shape up breads, casseroles, meat loaves and more. Its hardwood holder can be used as server or cutting board. Nordic Ware; $12.95. **7.** Ready to shell out: sparkling crystal server with four salad bowls. Pilgrim Glass; $22. **8.** Egg 'em on: stoneware eggs, oven-safe for baking, great as decorative accents too. Dansk Designs; three for $30. **9.** Wake up the groom: There's full-flavored coffee anytime with this automatic drip coffeemaker in a space-saving slim design; heater keeps brew hot till the last drop. General Electric; $43.98. **10.** For his cup of tea: Ridgeway Brown Betty earthenware teapot by Royal Doulton; $5.50. Quilted calico tea cozy by Needle-In-The-Haystack; $6. **11.** For meat and potatoes people: George Washington steak knives with classic silver-plated pistol grips have stainless steel blades. Carvel Hall Cutlery; six for $36.50. **12.** For the girl who has everything: yellow box with white ribbon—completely ceramic, perfect for memorabilia. Fitz & Floyd; $12.50. **13.** For the pair bubbling over: Bicentennial tea kettle of expertly crafted copper, dated 1776-1976; drip-proof spout and contoured handle. Revere Ware; $18. **14.** For the bride with lots in store: windowed canisters in graduated sizes by Copco; four for $20. **15.** For the friend who would rather light a candle: the romantic elegance of glass candlesticks. Reproduced from the Henry Ford Museum Collection by Fostoria; pair, $30. Shopping info, last page.

It's just a place, over the bridge, but it's a million miles away.

Where she can lean on my shoulder and I can lean on hers and we can know a calm that keeps us sane in a noisy, blinking world.

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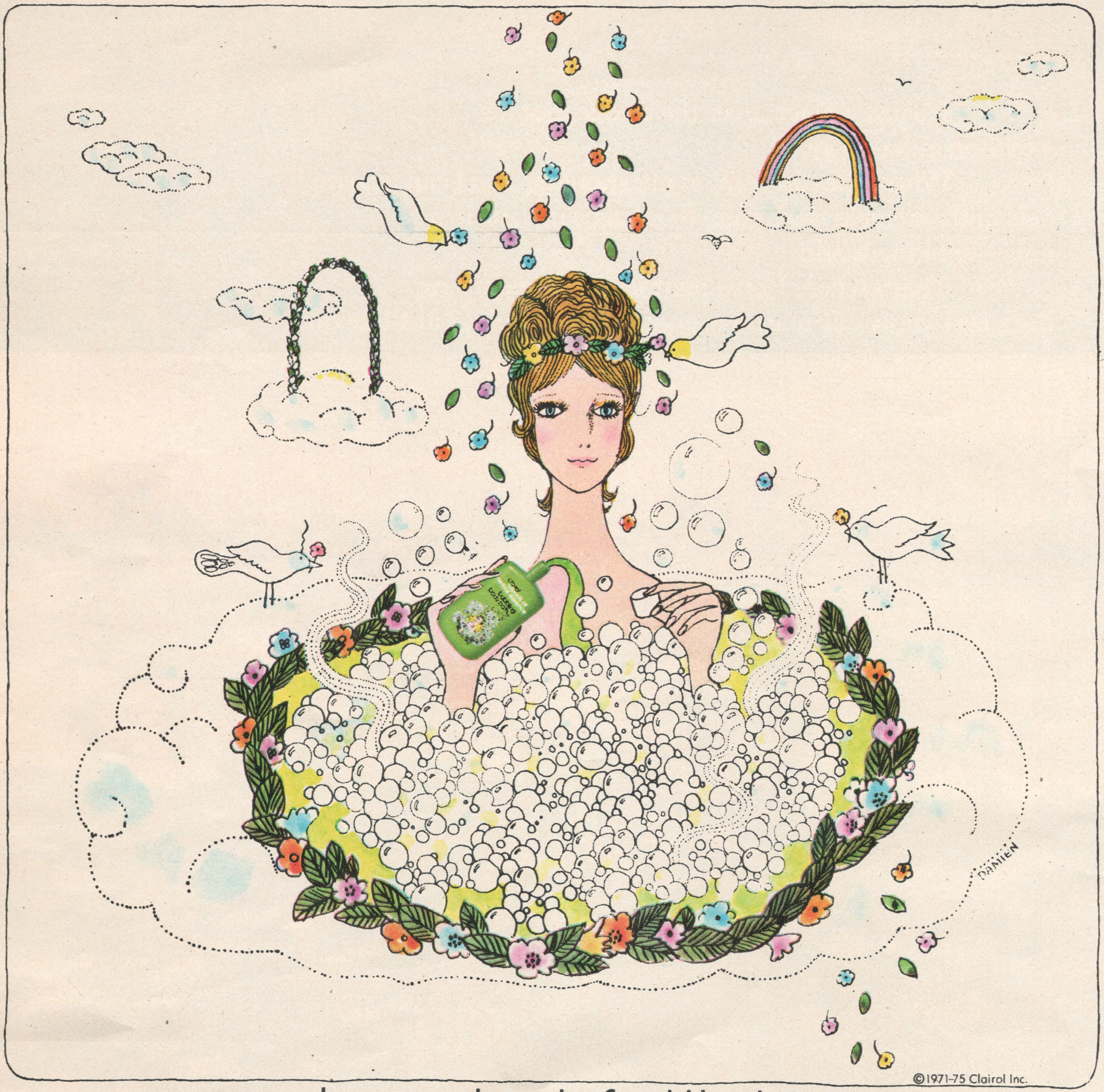

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Clairol clouds of herbal essence bubbling body bath.
A satiny green concentrate with soft good things to cleanse and moisturize your skin. It turns into clouds of tranquil bubbles to nestle into, perfumed with the scent of tiny wildflowers and fresh green herbs.

Clairol clouds of herbal essence body powder.
Pure drifts of silken powder with the freshest fragrance on earth. And a special delicacy you can actually feel. To soften and scent you all the way down to your toes. Float to bed in it.

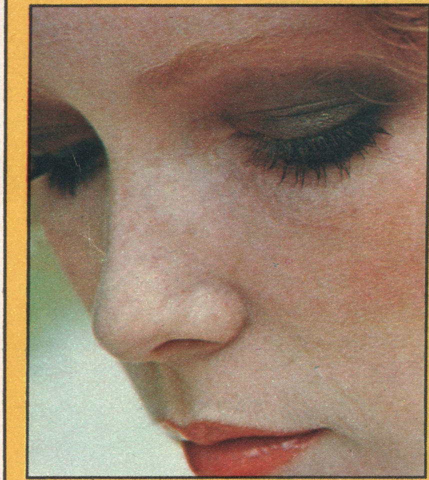
Clairol clouds of herbal essence body splash.
A pale-green sparkling tonic, lightly scented with the essences of herbs and wildflowers. Shower yourself with it. It will feel like a gentle spring rain on your body.

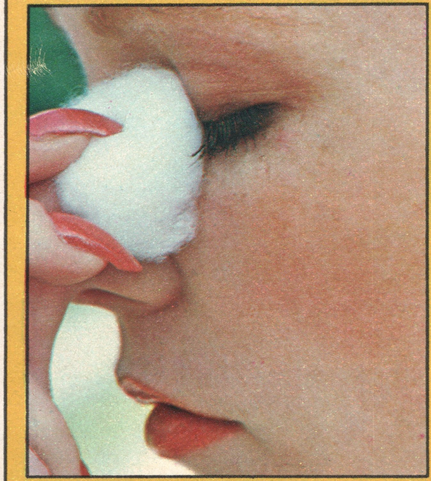
seventeen's BEAUTY ALMANAC

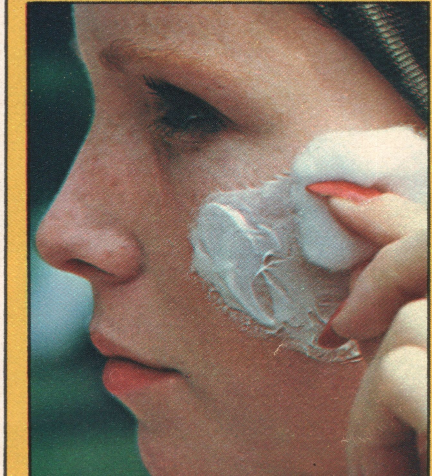
DAVID McCABE

This month, with a bow to the 183rd anniversary edition of *The Old Farmer's Almanac* (1792-1975), we're going to talk about the weather. What it's like in some parts of the country—and how it affects your autumn needs no matter where you live. (See page 101 for gleanings from the girl in the window.)

ATMOSPHERIC CHANGES







FORECAST: WET & COOL

"A long-term cooling process is in progress," states the 1975 edition of *The Old Farmer's Almanac,* with a prediction that it will also be wetter than usual in many eastern states this October.

What does this mean for your skin? According to Dr. John A. Cella, head of research at Elizabeth Arden, the result is dryness. "As the season changes and becomes cooler, the skin stops perspiring as much, losing moisture from that natural source. When the weather gets colder you need to intensify your skin care program and winterize skin with gentle treatment."

Moisture is the key word. Use it to set up a barrier between your skin and environmental hazards—like drying winds and cold-air blasts—that can affect its healthy glow. Our model uses Elizabeth Arden's Visible Difference moisturizer under her Silky Shadow eye makeup: shades of Chinchilla and Lemon Ice swept across the lid.

A WEATHER EYE

It's a wise eye, alerted now to the calendar's ups and downs. But any time in any clime, the eye area is very low in oil ducts, so extra care is called for. Use a cotton ball for makeup removal, starting at the inner corner and whisking it outward. Our girl dips hers in Very Effective eye makeup remover from Elizabeth Arden.

SKIN SENSE

After makeup is removed, skin needs a thorough cleansing to rid it of airborne debris and allow it to breathe freely. Try a protein-rich liquid—Elizabeth Arden's Skin Deep Milky Cleanser is one—massaged with light circular strokes over the entire face and neck. Follow with a warm water rinse, and always add a film of moisturizer. "Your skin is less elastic now, in cooler weather," says Stan Place, who did all of the skin care and makeup routines on these and the next six pages. Hair, these and the next six pages, by Alan Lewis. Opposite page: dress by Gudule, OlofDaughters boots. For stores with SEVENTEEN's new Beautyworks program, turn to page 162.

DAVID McCABE

DAVID McCABE

INDIAN SUMMERSCAPE

FROM HOT TO WARM

As *The Old Farmer's Almanac* tells you in its general weather forecast for the U.S.A., what happens on the West Coast in October can be very different from the news in other regions. This is especially true in California, where temperatures may drop by only a few degrees from one month to the next.

But even this change affects the natural balance of your skin. After a blazing-hot summer during which natural oils and moisture flowed freely to bring impurities to the surface, the change in climate, however subtle, can actually clog pores and encourage a crop of blackheads.

Our California girl, directly left, discovers new autumn color while she's reading her skin signs: To smooth on a pretty face, Max Factor UltraLucent Pure Moisture fluid makeup in Cool Beige. For eyes, Buff-on Shadow Play in Bluejay Frost.

THE TREATMENT

When days are mostly warm and sunny, do your skin a favor with a gentle mask used once a week. (Set aside an evening for this and other pretty-making business.) Its purpose: a total clean-up job that removes surface grime and dead skin cells. As makeup artist Stan Place put it: "The little scales of your skin are like shingles on a house, which you want to keep flat and smooth. The stimulation of a mask does this, while it helps the skin retain some of its natural moisture."

Doing the good work here: Max Factor's Avocado Lemon Creme mask, a cooling blend of the moisturizing qualities of oil of avocado and the cleansing properties of lemon.

A DROP OF MOISTURE

When your skin is clean and ready for makeup, you can make it even more receptive by smoothing on a little Yogurt Moisture Concentrate. (Makeup lasts longer too.) It's the idea of the beauty barrier again, plus the extra-nice feeling of keeping your complexion soft and supple. Treatments by Max Factor. Cable-knit sweater by United Knitwear. More info, next to last page. For a list of stores featuring SEVENTEEN's new Beautyworks program, turn to page 162.

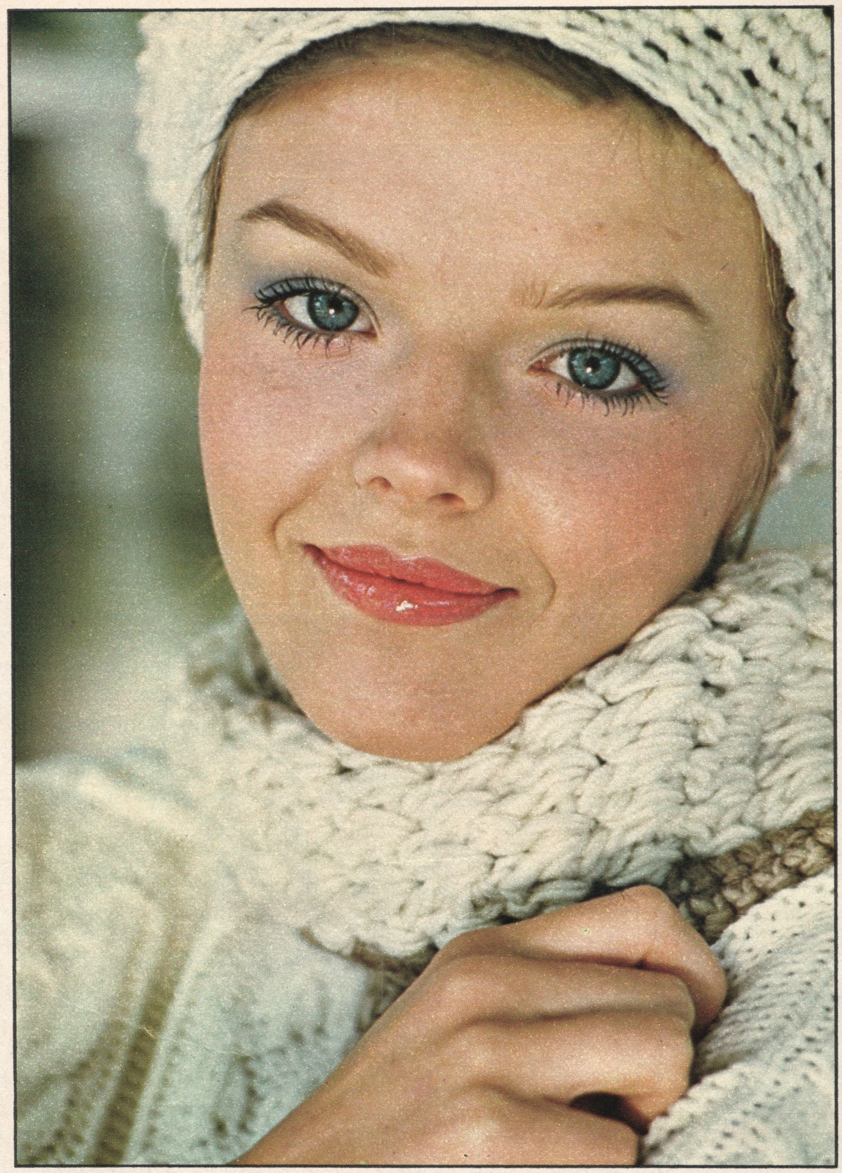
1975 OCTOBER, The Tenth Month

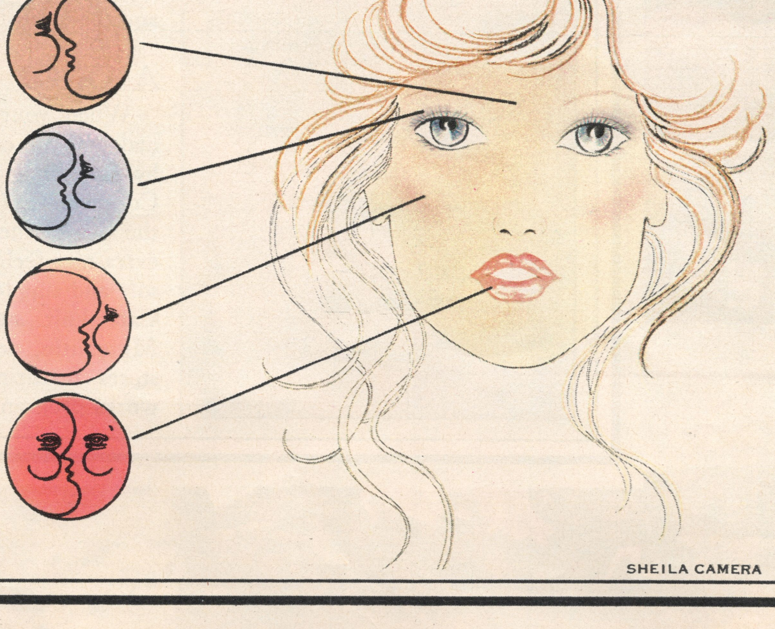
PALEST IVORY

The glow you had this summer is probably long gone or fading fast—a pity, because sun-warmed skin looks so super! Since you can't keep summer with you, why not warm up your face with a colorful new makeup scheme? Pro Stan Place told us how and where to put zippy, naturally warm color on the four basic skin tones, starting with the ivory-skinned model here. Begin as she does in her before photo below, with an unmade-up face.

Your skin fits in the ivory category if it's dry and so thin it has a bluish cast with undereye circles and a natural transparency. Stan suggests you go lighter (the porcelain China doll look), using the palest ivory foundation, or warmer, with a honey beige base. Either way, powder blushes in pink/blue are best bets. Ditto pink/peach lip colors. For eyes, try pastels and a frosty highlighter in the same color family. Brow tip: Keep yours one shade darker than hair color.

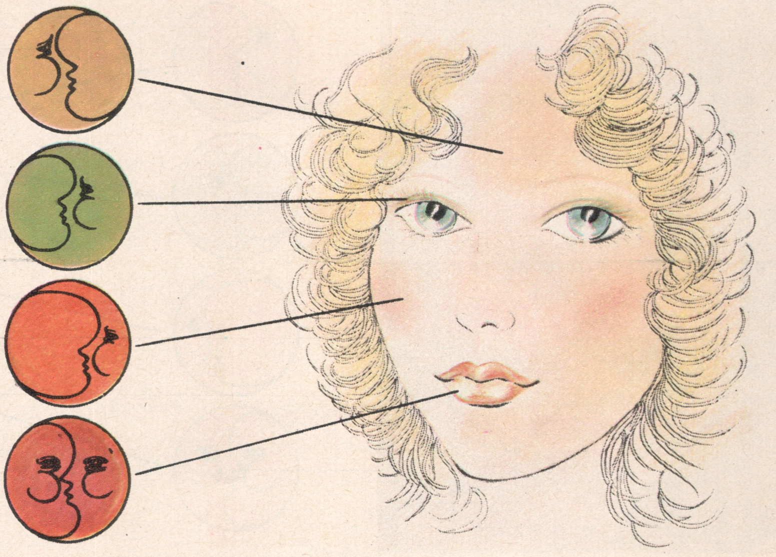
Products used here: Fresh & Lovely Moisture makeup for dry/normal skin in Ivory, followed by Peach Fresh & Lovely Fingertip Powder Blush. For eyes, blue Ultra Velvet/Ultra Frost Duo powder eye shadow, plus Dark Blue Look Natural comb-on mascara. On lips: Fresh & Lovely Moisture Lip Color in Dainty Coral. All, Maybelline. United Knitwear beret, Betmar muffler. More info, next to last page.





SHEILA CAMERA

TIME To COLOR UP 1975

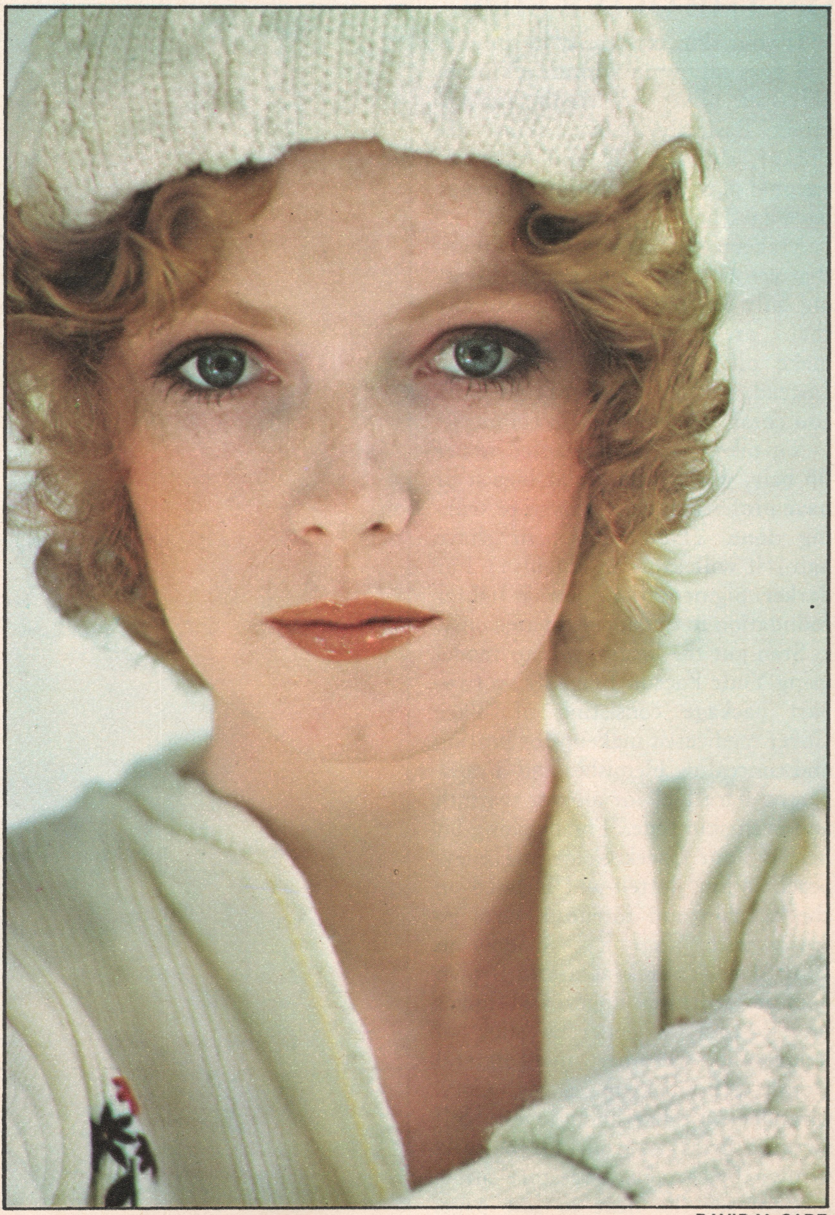


THE FAIR REDHEAD

Super-fair or ruddy-complected, most redheads have paper-thin skin that's either dry or combination type —oily in the center T-zone, dry everywhere else. Many, like our model, have a generous sprinkling of freckles. The reason? Fair skins have less melanin, the skin's natural coloring pigment that produces a suntan. Freckles are merely an irregular, insufficient distribution of this pigment and nothing to hide, we say! If you feel you absolutely must tone down freckles, a foundation slightly darker than your natural skin tone should do it.

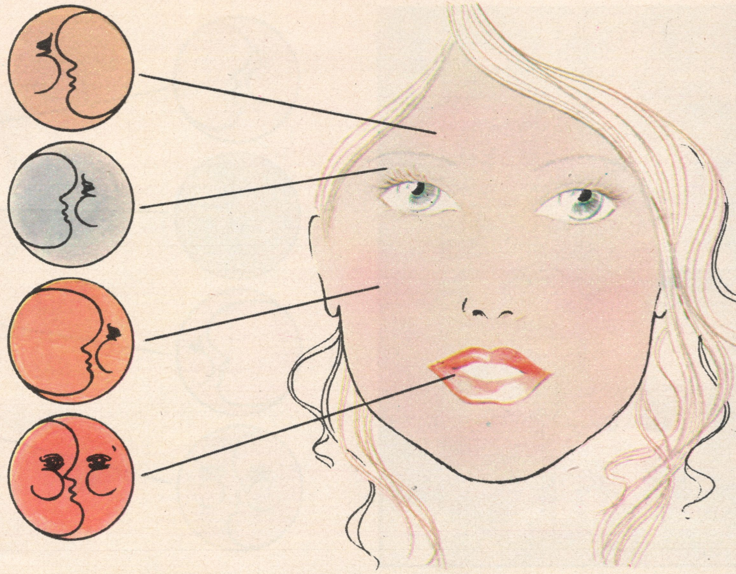
Generally, a monochromatic color scheme is flattering for redheads. Experiment with earthy tones of bronze, copper and russet when you want a blush and lip color. Stan Place suggests you make eyes your stand-out feature by brushing usually pale lashes with lots of brown mascara. On lids, deep green and teal shadows are a contrast for your hair.

Our model, a natural redhead with fair combination skin, doesn't hide her freckles. With this in mind, Stan used Clean & Natural Oil-Free Gel makeup in Light Ivory. For blush, Creamy Cheek Color in Burnt Sienna, smoothed up and outward. Eyes are gleamy thanks to Softcolor Gel eye shadow in Verysoft Green. Really Rich lash lengthening mascara in Rich Brown colors fringes. For lips: Big Shine Russet Colorgloss All, Love Cosmetics. Mother Nature by Arpeja dress, Grandoe hat and mittens. More info, next to last page.



DAVID McCABE

THE LOOK Is BRIGHTER



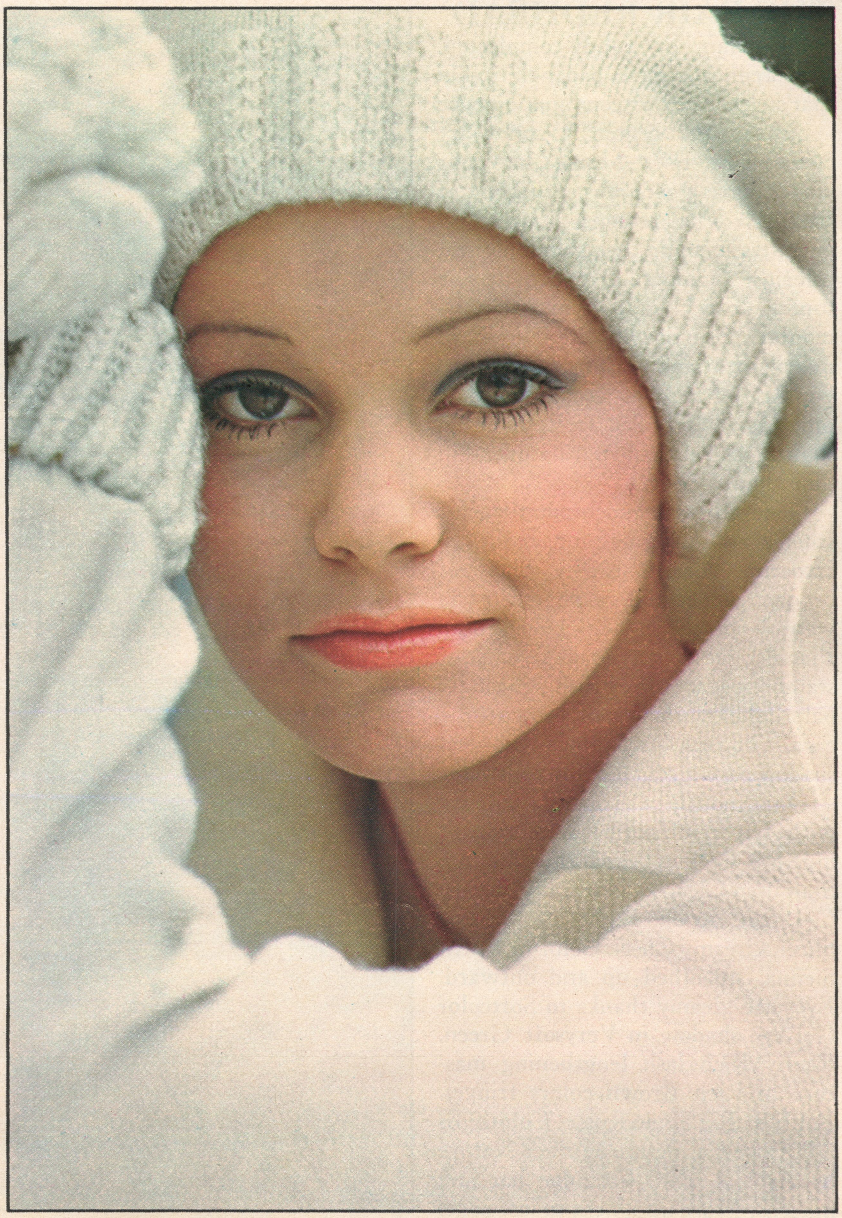
ON THE OLIVE SIDE

If your skin tans easily in summer and goes sallow in winter, it's probably the olive, or Mediterranean, kind. Basically, olive skins are thicker, slightly oily and have occasional pimples. Your upper lip may have dark hair or pigmentation.

Makeup pro Stan Place advises that you first tackle oily shine by using only oil-free makeup. Avoid any that are orange-colored—they'll make olive skin look too sallow. Instead, go for peachy beige bases and coral blushers and lip colors.

To take care of unwanted upper lip hair, use a mild facial bleach or have professional electrolysis or waxing done. (Don't pluck or shave hair—it will grow in stubbly!) For darker pigmentation, use a lighter foundation in the upper lip area only.

Stan put the brights on our model using Your Face in Beige. It's a two-part package consisting of Take Cover medicated makeup for healing and concealing blemishes and Transparent Face Gel for allover warmth and even skin tone. The blushing bit here is Your Cheek Color in Honeypeach Whip, dotted and blended on cheeks, chin and forehead. Eyes go frosty with Your Eye Shadow in Blue Slate. Your Mascara in Brown does its stuff on upper and lower lashes. Last, a generous slick of Your Lip Gleamer in Immoral Coral. All makeup is by Coty. Grandoe knit hat and gloves. Knit sweater dress is from Organically Grown by Arpeja. For store information, see the next to last page.



DAVID McCABE

HIGHLIGHT NATURAL TONES 1975

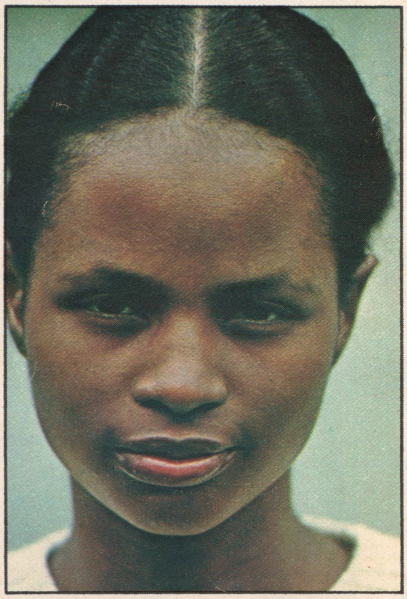
BLACK BEAUTY

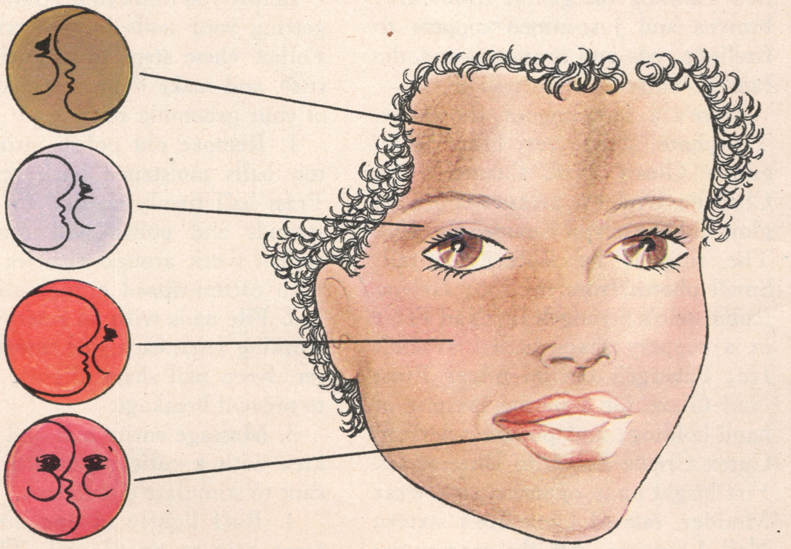
Dark skins have a greater variety of tones than any other, ranging from light pecan to deepest black. Many are oily and have uneven pigmentation.

When choosing makeup, Stan Place recommends avoiding pale colors since they tend to look grayish. Begin with a foundation that's close to your overall skin tone and sheer enough to let the skin's natural glow show. For pigmentation that's obviously uneven, a base in the shade between your own light and dark tones should even out the color. Top with transparent face powder.

The best cheek color for you is a deep, clear red. One with gold flecks in it is dynamite for evening. Dab high on cheekbones and blend well into hairline. Lips, too, look great in red. If you find there's a color difference between your upper and lower lips, apply foundation to lip area first, then paint on the color. Want to make eyes your focal point? Use deep, rich shadows and mascara.

The vibrant makeup story for our model begins with Mocha Brown Touch & Glow moisturizing liquid makeup and Young Blush Creme-powder Cheekcolor in Poppy Blush. On eyes, it's Early Lilac Super Rich shadow smoothed over entire lid and Super Conditioning Super Lustrous Black mascara. For lips: Super Lustrous lip gloss in Red Gloss. All, Revlon. Grandoe hat. Henry Pollack sweater. Store info, next to last page.





SHEILA CAMERA

1975 HARVESTING COUNTRY COLORS

Nails in the news dip into definite color this fall. It's rich, deep, countrified, running the gamut from earth browns and just-mined coppers to firelight reds and oranges—and the fantasy white of a frosty snow.

Here's a sampling of the latest. Top photo, above: very brown Burgundy Glossy Nail Enamel from Clinique. Under it, an aura of orange glow in Dior's Nail Enamel No. 498. The ring is by Robert Zentall. Small photos, from the top: Helena Rubinstein's Strong & Icy Nail Frost in a coppery shade called Walnut Ice; Fabergé's Cellini Silver Frost Nail Glaze for a special evening of hand-holding; and pumpkin-perfect, Cutex Creme Polish in Bittersweet. Fire-bright nails, opposite page, wear Madder, one of Cinandre's sixteen Nail Lacquers. All the manicures: by Ruth Tenner of Cinandre.

MANICURE MAGIC

Before you think color, think about getting your nails in top condition. Follow these steps to a good manicure, and make them a regular part of your grooming routine.

1. Remove old polish, using cotton balls moistened with remover. Press ball firmly on nail for a few seconds and polish will come off easily; work around cuticles gently with cotton-tipped orange stick.

2. File nails with an emery board, working from each side toward center. Keep nail shape slightly square to prevent breakage.

3. Massage entire nail and cuticle area with a cuticle cream or lubricant to stimulate circulation.

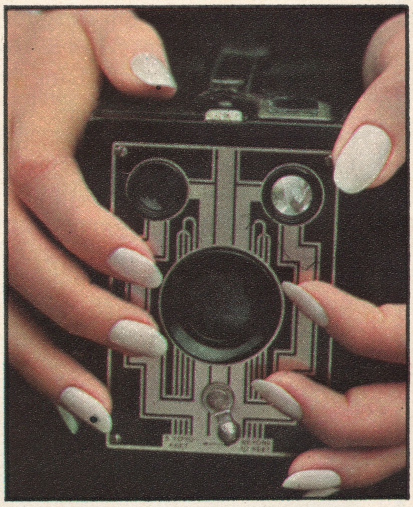
4. Buff lightly in one direction, from base to tip of nail. This improves circulation, encourages nail growth, helps prevent splitting, peeling.

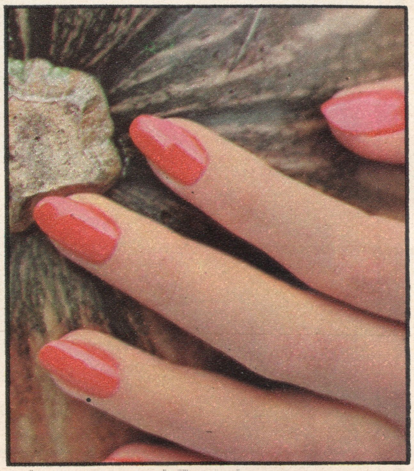
5. Wash hands in warm soapy water and dry gently. Push back cuticles with an orange stick wrapped in cotton (never use a metal implement for this job).

6. Apply one coat of base coat; this provides the tacky surface that helps nail polish adhere.

7. Apply nail polish in three smooth strokes from cuticle to nail tip, doing center first, then sides.

8. For a longer-lasting manicure with more gloss and color, apply top coat both over the nail and under the nail tip. Reäpply every other day to





keep nails looking fresh and lustrous.

Sometimes nails need a little extra help. Maybe they split too easily and often or stubbornly refuse to grow—or just look underprivileged no matter what you do. Help is on the way with a number of new treatment systems and repair kits.

FOR NIFTIER NAILS

The condition of your nails may depend on whether there's enough protein in your diet. It may also improve with the aid of the Nail Fitness System, from Charles of the Ritz. It includes a Conditioning Nail Bath, Cuticle Sluffing Lotion and Moisture Balancing Conditioner with strengthening ingredients. All in a kit that converts to a manicure tray.

To keep nails looking pretty (with or without polish) while they're getting stronger—there's Christian Dior's Nail Care Kit. Along with Crème Abricot, a treatment cream for problem nails, you get protective Base Spéciale, Top Coat, two implements and a booklet on hand care.

If your nails are plagued with breaks or chips, there are two nail-building kits from Revlon. Fast first aid for broken nails is the story of liquid Nail Mender, with special mending tissues on hand to bolster soft or weak nails too. Or you may need Wonder Nail, a protein fortifier to gradually boost nails back to health. Both kits come with an orange stick and emery boards.

More tips to keep nails in shape:

- Use a pencil or special phone dialer to make phone calls.
- Wear rubber gloves for all wet cleaning jobs.
- Snap on light switches and push buttons with a knuckle, not a nail.
- Master the art of the manicure (see opposite page). If you don't have it all nailed down, send for a free nail care guide. Write Cutex Nail Care Clinic, 415 Madison Ave., New York 10017.

Get in on SEVENTEEN's Beautyworks program; stores on page 162.

NAIL-BITERS' NOTES

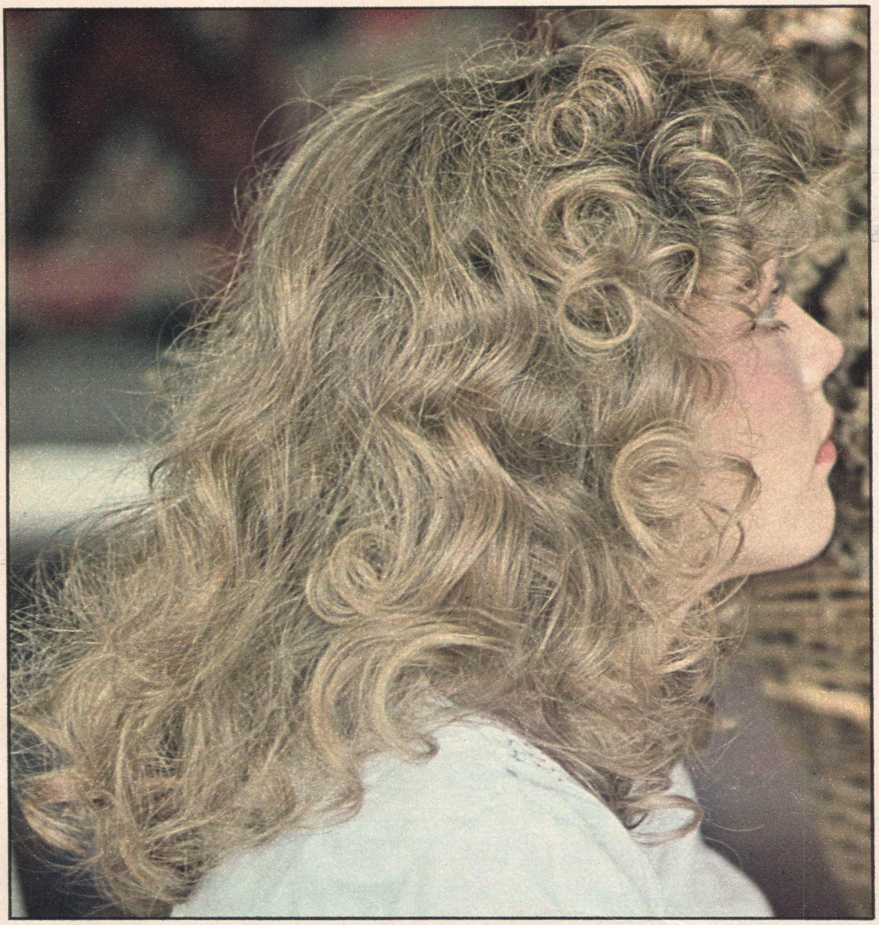
About the only thing nail-biting does is call attention to your poor, scraggly nails. But with a moderate amount of willpower—and some no-nonsense reminders—you can kick the habit! Try it with one of these treatments specially formulated to make nail-biting an unpleasant experience. (When the taste is terrible, you're more likely to stop.)

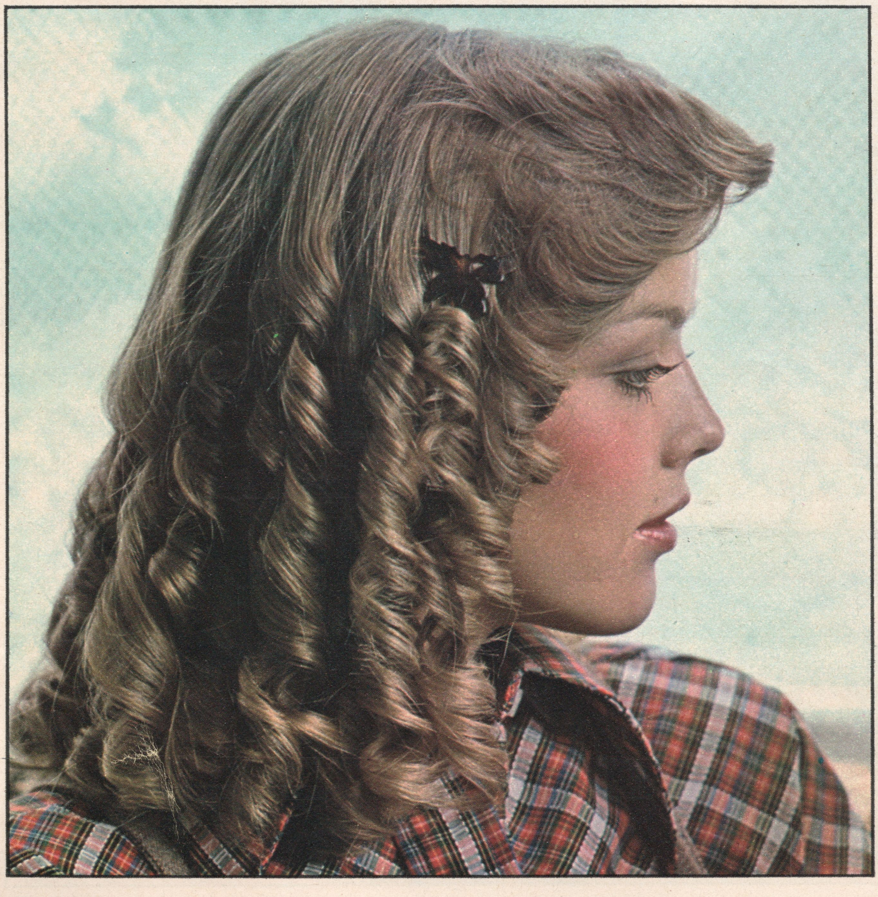
Colorless, odorless and invisible, Mavala's Stop is brushed on nails to keep you and your nibbling teeth away. Mavala says it won't wash off for forty-eight hours; reapply if needed. For another coating that won't let you forget, brush Nailicure on nails and cuticles. Who knows, you may have bitten your last nail!

MAMOD STEAM TRACTOR

DAVID McCABE

NEW HAIR DIRECTIONS





CURLY CUES

Hair is shaping up curlier than ever this fall. If yours doesn't curl naturally, get it going with hot rollers, styling wands, pin curls or one of the new, gentle perms. If your hair is long like the girls' on this page, try romantic ringlets or banana curls. Shorter hair is perfect for an allover curly top (opposite, above left) or softly fluffed and prettied with flowers (above right).

Naturally frizzy hair, even the kind you think you'll never get a comb through, gets a new look with neat twists or braids up front, curls in back (bottom photos). Hair and makeup, this page, top photo: Harry King; Wendy Whitelaw for Cinandre. Bottom photo: Alan Lewis; Stan Place. Opposite page, top photos and lower right: Alan Lewis; Stan Place. Lower left: Harry King; Wendy Whitelaw.

A CLEAN SWEEP

To get the kind of curl you want, hair has to be its cleanest. Not the scrubbed, squeaky-clean of years past, but the kind of clean that doesn't strip away all the natural oils. Some of the newest shampoos around are chock-full of down-to-earth natural goodies. Worth trying: Clairol's Sunshine Harvest shampoos—six pH balanced fruit formulas in pretty plastic apothecary jars; Helene Curtis's Everynight herbal

CURL-MAKERS

Listed here, new gadgets designed to bounce up hair in just minutes.

1. Remington's HP-1000, The Hot Pistol blower/dryer, is a powerhouse of energy! Use with a styling brush, clips or rollers.

2. Gillette's Super Curl Steam Styler, with adjustable heat control for different hair types, makes lasting curls.

3. Mighty Mite blower by Norelco has settings for styling and drying and a concentrated air flow for speedier drying.

4. Conair's Vagabond not only dries hair pronto, it's made to travel (weighs just twenty-two ounces).

shampoo fortified with lots of fresh-snipped herbs; Love's Natural Essence shampoo with protein—there's Real Melon for normal hair, Fresh Mint for oily hair and Pure Milk & Honey for dry.

IN TOP CONDITION

No matter how mild your shampoo, just-washed hair needs conditioning to put back lost moisture, prevent dryness. What to do? Once every four to six weeks, give yourself a deep-conditioning treat. Redken's Extreme, a protein pack, helps restructure damaged hair, works in fifteen minutes. If you prefer something herbal, try Estée Lauder's Herbal Pack Hair Conditioner. It coats hair with concentrated protein and natural herbs. Between deep-conditioning treatments, a cream rinse conditioner like Helene Curtis's Everynight Rainwater Rinse takes away tangles, softens. Concerned with the right pH factor? Earth Born pH balanced Creme Rinse & Conditioner is nonalkaline and comes in four fruity scents. More herbal help: Clairol's Herbal Essence Creme Rinse in formulas for normal/oily hair and dry/limp hair.

NATURE'S PALETTE

Highlight conditioned hair with nature's bright colors—that's the word from some of New York's leading colorists.

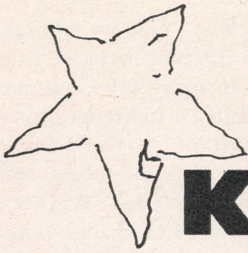
Rose Reti likes raw silk blonds, quiet tones that give a slight golden glow. Get a similar effect with L'Oréal's Brush-On Lightener Kit. Or spray on Chattem Labs' Super Sun In lightener. Jon Guenter, consultant to the Wella Corporation, suggests blonding individual hairs with Wella's Wellite, a mild lightener. Tea shades ranging from pale lemon grass to rose hips red/brown are big with Robert Renn of Pierre Michel. Get colors like these with Jewel Tone blends by Roux. From Jason Heering of Vidal Sassoon, the news is henna, a natural vegetable dye in black, brown or red.

Notes on our opening page: the model wears SuperSheer liquid makeup in Sheer Blush and Cream-Shine blush in Sunlit Peach. Both are by Cover Girl.

DAVID McCABE

ARTICLE

KICKING KLUTZINESS



by Jill Gerston

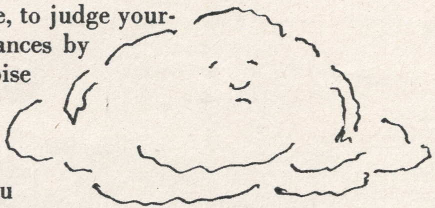
She walks in beauty, like the night
  Of cloudless climes and starry skies;
And all that's best of dark and bright
  Meet in her aspect and her eyes . . .
    —George Gordon, Lord Byron

Close your eyes and imagine the dream girl of Lord Byron's poem. Who is it?

A movie star, perhaps? Someone like Candice Bergen, cool, blond and regal, or Mia Farrow, small, sparrow-slender and poised? Or maybe a ballet dancer like the breathtakingly graceful Gelsey Kirkland? Or some elegant, supersleek model like the cover girl on a glossy high-fashion magazine?

Now shut your eyes again and picture yourself or your best friend or the girl who sits behind you in biology lab as Lord Byron's heroine. Not quite what the Hollywood casting office had in mind?

It's unfair, of course, to judge yourself or your acquaintances by the beauty and poise standards used for professional actresses, dancers and models. Chances are that you and your contemporaries are going through that transitional period between childhood and adulthood commonly called the awkward, or ugly duckling, stage.

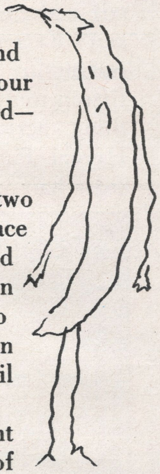


Just what is this so-called awkward stage?

If you've ever knocked over some bric-a-brac that's survived since Grandma's day, slopped a scoop of rum raisin onto your mom's best linen tablecloth or fumbled through a pas de deux with a chair leg, then you know firsthand what the term "awkward stage" means.

Medically speaking, the term usually refers to the rapid and manifold physical changes that an adolescent undergoes in a fairly short period of time. For example, you may find yourself four inches taller and twelve pounds heavier in a single year! Since most of your new height is due to the growth of your legs, you may be a bit out of step—quite literally—until you get accustomed to your long limbs.

Similarly, your arms are increasing in length, and those extra inches may cause you to misjudge distance, resulting in some first-class bungles. (Remember the picnic when you dropped your mustard-slathered, sauerkraut-dripping hot dog in the lap of your white cutoffs?)



Along with your newly acquired height and weight comes a newly acquired silhouette—your hips are broader, your breasts more developed—that also takes a bit of getting used to.

When do these changes occur?

For girls (who mature on an average of two years earlier than boys) they usually take place some time between the ages of twelve and fifteen. However, there is a wide variation in the rate of development of individuals, so that some girls may be ugly ducklings at ten while others won't go through that stage until they're sixteen.

Dr. Stuart Finch, a specialist in adolescent medicine and a lecturer at the University of Arizona School of Medicine, describes this awkward period as "that time of development when everything seems to be growing in six different directions at once." He adds, "It's a normal stage of growth that everyone goes through. Some girls may be a bit more gangly and clumsy than others, but with time everyone catches up."

Seventeen-year-old Michelle, a pretty Texan who speaks with a soft western twang, recalls that she was a "five-foot-eight-inch walking windmill" at the age of thirteen.

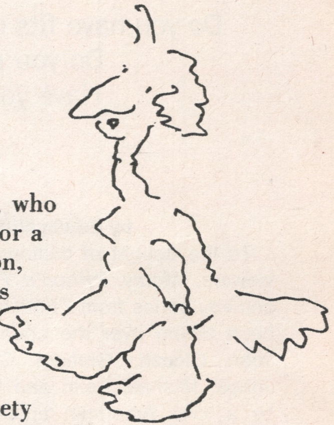
"Talk about being a klutz—I seemed to have four pairs of legs and eight arms!" says Michelle. "No matter how hard I tried to be inconspicuous—like always sitting in the back row and trying to stand next to someone even taller—it was impossible. After all, how many thirteen-year-olds are taller than their teachers?"

Although Michelle still towers over some of her teachers, she no longer crashes into them. "Two years of modern dance lessons were a tremendous help," she notes. "I learned how to move as a unified whole and not a bunch of separate uncoordinated parts."

Among the more prominent members of the ugly-duckling-turned-into-swan set is Mia Farrow, who remembers that at sixteen she was a flat-chested wallflower at teen dances in Beverly Hills. And Lauren Hutton, the glamorous model and actress (she was James Caan's girl friend in *The Gambler)*, describes herself during her high school years as a "loser": a tall, scrawny girl who never made the cheerleading squad.

"It's pretty much a rule that most models were tall, gawky string beans whom no one looked at twice in high school," says Eileen Ford, of the Ford Model Agency in

Are you the sort of person who trips on the rug, barks her shin on the table, sideswipes a vase of flowers and pours tea into her lap? Don't worry—you're sure to grow out of it!



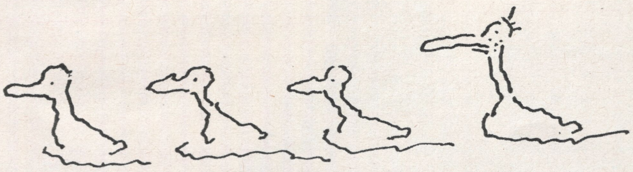
New York. "But it's the tall string beans, not the short, round cheerleaders, who grow up to be fantastic models."

Fifteen-year-old Liza, a willowy high school sophomore from a Cleveland suburb, agrees with Mrs. Ford's tall-is-terrific philosophy. However, she's quick to add that buying clothes was a problem last year when she shot up three and one-half inches over the summer.

"I grew so quickly that the clothes I bought in April no longer fit in September," says Liza. "And I couldn't stock up on fall clothes because I was afraid that I'd outgrow them by January. Buying shoes was even worse," she continues with a grin. "I outgrew them faster than I could replace them. My closet looked like a shoe store!"

Now that Liza's height has stabilized (she's almost five feet seven inches) she finds shopping a pleasure. "I'm really into long skirts and bulky sweaters, which look fantastic on tall girls," she says.

Spurts in growth and physical development are not the only reasons that you may sometimes feel as conspicuous as a pretzel on a plate of petits fours. According to Dr. Joan Morganthau, the director of Adolescent Services at Mount Sinai School of Medicine in New York, clumsiness is often simply the result of inattention.



"Many young people aren't so much physically awkward as they are preoccupied; they're thinking about lots of things at once," says Dr. Morganthau, who is the mother of three teen-age daughters.

Think about some of your how-can-I-be-such-a-klutz situations. When the scrambled eggs landed on the table and not on your plate, maybe your mind was on that ten o'clock geometry exam and not on your breakfast. And the time you stumbled down the aisle at the movies, weren't you peering around to see who was dating whom rather than watching where you were walking?

Emotional problems may also be a culprit in a case of the clumsies, as with fourteen-year-old Rosemary, a student who was on the tennis team of her small Connecticut boarding school. Although Rosemary showed much promise as a player in the fall term, her game went to pieces in December. Rosemary's lack of coordination and loss of concentration puzzled her coach, who sent her to the school physician for a checkup. During the examination, the doctor learned that Rosemary's parents had recently separated and that she had no idea where or with whom she would be spending the Christmas recess. Her anxiety about her unstable family life, rather than any physical ailment, was responsible for Rosemary's slump on the tennis court. Her bumbling disappeared as soon as she felt emotionally secure again.

No doubt you've heard a dozen variations of the "Don't worry, you're just going through a stage" theme as well as its flip side, "Time will cure adolescent awkwardness." Not to mention your mother's hilarious anecdotes about cousin Francie, the family clodhopper who went on to become the campus homecoming queen.

So the next time you knock over a glass or collide with a table, don't start wishing that you could disappear through a crack in the floor. Just remember that you're not the only ugly duckling in the pond and that in time, you, too, will be gliding along with the rest of the swans.

Meanwhile, there's no need to take a completely negative attitude toward clumsiness, because sometimes it can be a delightful asset. Look at television's Rhoda. Her less than perfect figure and her crazy, gauche gestures make her every bit as lovable as, and maybe a lot more normal than, her perfectly poised friend Mary Richards.

However, if you'd like to smooth out a few rough edges, the following suggestions are offered:

1. Take up ballet, modern dance or yoga. ("Dancing is a marvelous cure for clumsiness because it teaches you movement and control, and yoga is great because it teaches you balance," Eileen Ford says.)
2. If dancing isn't your thing, try sports. Tennis, ice skating and bowling are especially good for control and balance.
3. You don't like athletics and can't stand yoga? Then try carpentry or dramatics or guitar playing. Any activity that combines mental concentration with physical activity is a great remedy for clumsiness.
4. Watch people walk. Why do some people look ungainly and others graceful? Study the graceful ones and pick up a few *(continued on page 136)*

R. O. BLECHMAN

READ THIS AT YOUR OWN RISK

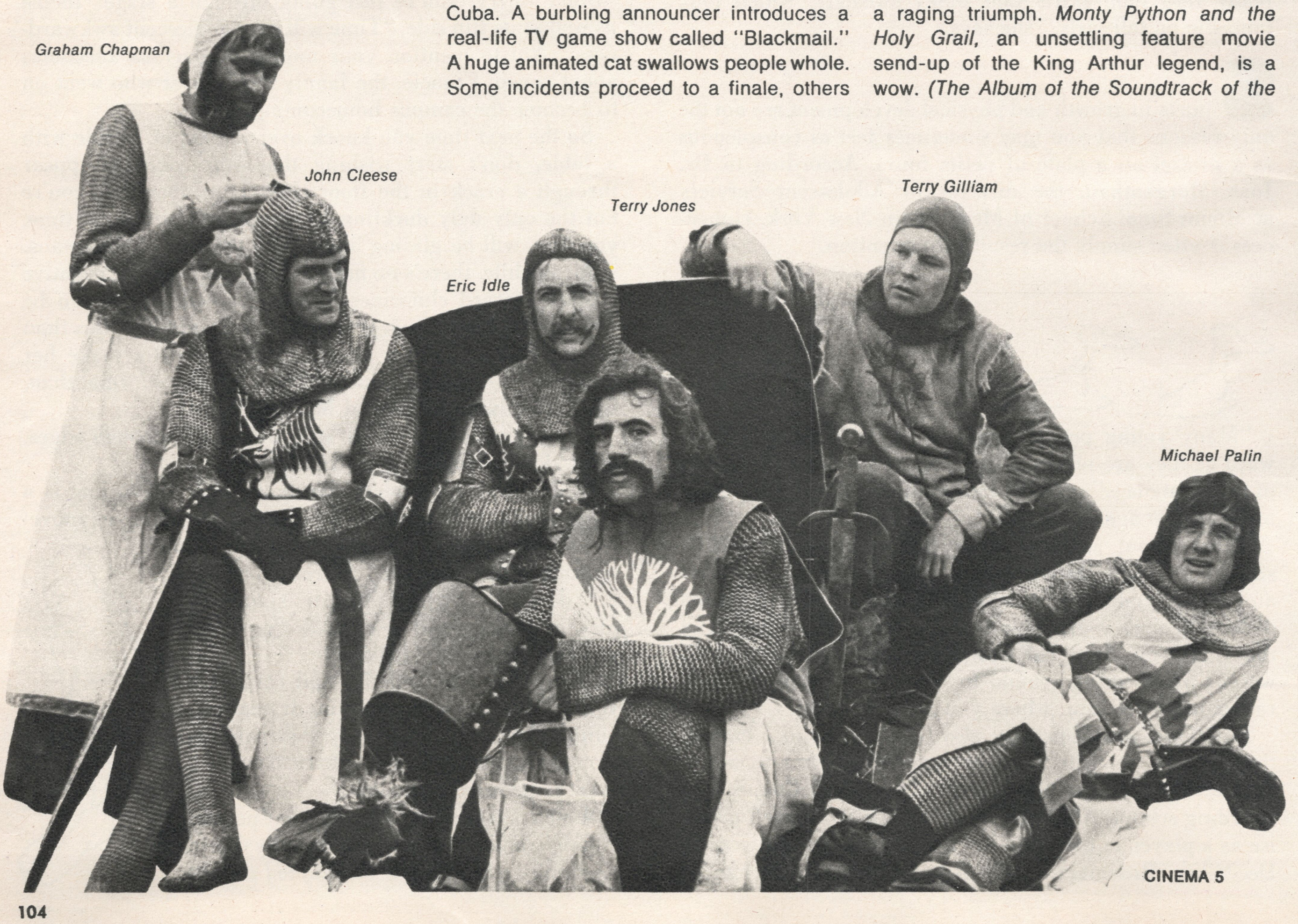
Do you have fits of uncontrollable laughter while watching *Monty Python's Flying Circus* on TV? Do you play its record album, *Matching Tie and Handkerchief,* over and over? Have you sneaked in to see the movie *Monty Python and the Holy Grail* twice? Then you have Pythonmania. There is no cure

by Edwin Miller

To the delight of millions of youthful TV viewers, *Monty Python's Flying Circus,* a comedy series from England, has gradually been taking over the country. Englishmen John Cleese, Graham Chapman, Terry Jones, Michael Palin and Eric Idle, aided by a lone American artist, Terry Gilliam, present free-form, antiauthoritarian comedy that is preposterous, hilarious, occasionally bizarre, often grotesque, sometimes vulgar. But it's never a bore. A little old lady on vacation in Spain is suddenly tossed into chains by hooded priests of the Spanish Inquisition. A chef commits suicide because of a minor complaint by a restaurant patron. A man attempts to eat a stone cathedral. A busload of passengers is hijacked to Cuba. A burbling announcer introduces a real-life TV game show called "Blackmail." A huge animated cat swallows people whole. Some incidents proceed to a finale, others simply wander off, with surrealistic, animated collages helping to bind the whole show together. Members of the Python troupe carry off their absurd sketches with total aplomb. Deadly serious, they behave as if their actions were based on unassailable logic. They are unflappable.

John Cleese: Studied law at Cambridge University, never practiced. A member of the Footlights Revue Society there, he later appeared in a school production that visited Broadway. While in the United States, he wrote on international politics for *Newsweek,* had a bit part in a hit musical, played satirical sketches in Chicago and Washington, married an American actress named Connie Booth.

This isn't the first time Monty Python has invaded the United States. Once before, in 1972, a sampling of its TV sketches was released as a feature movie, *And Now for Something Completely Different.* It sank without a trace. It was ahead of its time. But beginning last October, the first series of *Python* episodes shown on many Public Broadcasting Service stations has become a raging triumph. *Monty Python and the Holy Grail,* an unsettling feature movie send-up of the King Arthur legend, is a wow. *(The Album of the Soundtrack of the*



CINEMA 5

Scenes from "Monty Python's Flying Circus" TV series: Hell's Grannies; the Ministry of Silly Walks

Trailer of the Film of Monty Python and the Holy Grail is on Arista Records.) Buddah's *Another Monty Python Album* and *Monty Python's Previous Record* are doing handsomely, and Arista has released *Matching Tie and Handkerchief,* the first "three-sided" album in history (one side has two alternate grooves for the unwary stylus to slip into); ABC-TV has a ninety-minute special scheduled for fall. *Monty Python's Big Red Book* will be published this month, to be followed by the *Brand-new Monty Python Book.* And next March the Python group will return to New York for a Broadway stand and a short tour—called, oddly enough, *Their First Farewell Tour.*

Graham Chapman: Studied medicine at Cambridge, where he was a member of Footlights. A qualified doctor, he soon chucked medicine for show business, going to New Zealand in a school production. Besides working on TV, he and John Cleese have written several screenplays.

All this success has made the members of the group very nervous. They adamantly refuse to be singled out as individuals. "We want to avoid even a hint of personal stardom," several Python members said on a recent visit to the United States to publicize their program. "Fame gets in your way. Part of writing is being able to pick up attitudes from others. As soon as you become a star, pointed out in the street, you become inaccessible. It becomes impossible to meet people. You're fated to never write anything else again. You can perform, but otherwise you spend your life doing interviews or being seen by the right people. All of us hate that kind of garbage!

Eric Idle: Studied at Cambridge, where he was also president of the Footlights Society. He appeared on the stage in London and has been writing for TV and movies.

"We came over," they add, "to help PBS get rid of the wretched business of commerce and pap in television. Commercial stations present programs they think are going to please people in order to sell them soap. Monty Python is anti-Establishment in the sense that the Establishment is only interested in being reelected. Very few of them are interested in people. But if your group does become famous and your show builds an audience, you get the power to put through your ideas and raise the money needed to work." The members of the group occasionally brood about making money. "We'll all die poor," they say. "We'll never make it because most of the time we're ducking away from earning money. In the last two years Python has become a very marketable thing. But earning money takes time away from creating what you originally did to earn money. It's a strange thing—in the past year there's been a very anticreative tendency to answer the phone all the time, talking to seventeen publishers and fourteen record companies!"

Terry Jones: Born in Wales. Studied at Oxford University, where he took part in school shows, including *The Oxford Revue.* He worked as a BBC-TV script editor, a producer's assistant, wrote for stage and TV, including a six-part series titled *The Complete and Utter History of England.*

Monty Python's Flying Circus didn't happen all at once. Five of its six members were writers whipping up comedy material for the likes of TV personality David Frost and comedian Marty *(Young Frankenstein)* Feldman. Cleese and Chapman wrote as a team, Jones and Palin did the same, while Idle worked on his own. But they all found themselves disillusioned by seeing their work "altered and messed about with" so they decided to form their own group and control their material from beginning to end.

Michael Palin: Studied at Oxford, where, he says, "I was trained at absolutely nothing at all and hoped to get into advertising as a writer." He acted with the Oxford University Dramatic Society and, later on, in cabarets. He has written for stage and TV, collaborated with Terry Jones on the *Utter History* series (see above).

"When you only contribute material for others to perform," they explain, "you lose your perception as to why some things go wrong. You write something that is really funny in your imagination, but then it falls flat. You don't know what went wrong, whether it was the lighting or the acting or the directing. Maybe a line isn't said properly, a location isn't right, a camera angle's off. You just can't tell which element has screwed the sketch into the ground. You've got to see a funny idea from its conception right through to the end—performing what you write makes all the difference!"

When the group got together, they continued their initial writing partnerships and found it took them perhaps three weeks to accumulate enough material for a half-hour program. When they reached that point, they held a group meeting to filter down the collective output, working together on the links between different segments. Monty Python often uses detectives as stock characters because they provide a kind of straight device which can be planted in any sketch. They like to play humor off the strict formality offered by courtroom scenes. One of their hilarious running motifs is dressing up as women who can best be described as grotesque. But to forestall complaints from frustrated actresses, they explain that those characters are really not feminine. "They're aggressive, masculine creatures with intrinsic violence. Real women wouldn't be gross enough."

Terry Gilliam: From Minneapolis. Majored in political science at Los Angeles, California's Occidental College, where he edited *Fang,* the school humor magazine. Later worked on *Mad Magazine* and *Help,* was an advertising agency art director, illustrated children's books. In 1967 he went to England to become art editor of *Londoner* magazine, then began working for TV, where he met fellow Python members.

Apart from American Terry Gilliam, who regards the late TV comedian Ernie Kovacs as one of his major inspirations, the five Englishmen all grew up watching the legendary *Goon Show,* which featured the talents of Spike *(continued on page 141)*

THE FINE ART OF SAYING NO

It's just a little word but sometimes the hardest one to utter

MURRAY TINKELMAN

by Sonia Hanna Pilcer

"No. I mean it. N-o spells no. I don't want to discuss it any more. The answer is no, no, no, a million times no! . . . I didn't realize it means so much to you . . . Well, if you insist. All right."

You have a naturally affirmative smile and a weakness of the neck which makes your head nod up and down when you mean it to swing sideways? And you say that the word *yes* rushes out of your lips, while the word *no* somehow gets lost in your throat? And as a result of these maladies, you find yourself stuck: typing your boy friend's brother's girl friend's term paper, going out with guys who give you nightmares and baby-sitting for your best friend's baby brother on New Year's Eve—for free? Sister, you could use a lesson in the fine art of saying no!

No is one of the first words infants learn to say. They seem to glory in the power of no, repeating it over and over again—as their mothers try to interest them in string beans, mashed potatoes, corn. No!

It's only when one gets older and wiser that saying no becomes harder than pronouncing Saskatchewan!

Yes is simple. The word itself makes the corners of your mouth curl into a smile. And everyone loves to be positive. It's so much more pleasant to say, "Yes, you certainly have lost a lot of weight" than "Oh, come off it! When are you going to diet for real!"

When a conflict arises, it's easy to take the path of least resistance. Yes spares feelings, avoids embarrassment, makes disagreements evaporate like rain on a sunny afternoon.

Most children are taught to be agreeable, to say, "Yes, please," "Yes, thank you." You'd have to be somewhere in Siberia not to get the message that saying no is terribly impolite. It's better to have bad breath. No is a no-no.

Yet everyone would like to say no sometimes. Here are some examples of young women who wanted to say no in certain situations. Some succeeded, and others did not.

MISS POPULARITY

Roberta: "I had tried to make it clear to Greg that I wasn't interested in going out with him. But he called me anyway and asked me out. I didn't want to go out with him, but I didn't know what to say and I didn't want to encourage him to call back at another time. I hated to do it, but I told him that a cousin was coming to town and that I would be busy."

What was hard about simply saying no? Dr. Harriet Strachstein, a psychologist with a private practice in New York City, has found the problem of saying no to be a very common one, especially among young women. She suggested: "Most people cannot say no because they are afraid of not being liked. They will go to remarkable lengths just to please. It's a kind of bribery to be loved."

Roberta could not, or rather did not, say no to Greg because she wanted him to continue to be her friend and like her, even if she did not particularly like him. Having lots of boys call made her feel wanted and popular. Saying no would certainly have cut down on her "popularity"; she was not ready or willing to do that.

SUCH GOOD FRIENDS?

Suzanne: "I had expected to spend the evening with my friend Marian, when she called to tell me that she couldn't make it because some guy she liked had asked her out. She said that she hoped I wouldn't be angry. Although I felt furious inside, I just told her to go ahead, it was okay."

Suzanne would have liked to give Marian a piece of her mind, but something kept her from doing that—she was afraid that she might lose her friendship. So instead, Suzanne kept her feelings to herself and slowly came to resent Marian.

Had Suzanne trusted her friend a little bit more and told her how she felt, Marian might respect her more and perhaps also change her behavior.

WHY NOT?

Karen: "I had been going with Bruce for several months and we were getting very close. One evening he asked me if I wanted to stay over at his house, since his parents were away for the weekend. I thought about it and then said to him, 'No, I don't think so. I don't want you to think that I don't care about you. I just don't feel ready yet. I hope you understand.'

"It has never been very easy for me to say no and I was worried that Bruce might get angry and not want to see me anymore, but he said, smiling a little bit sheepishly, 'You can't blame a guy for trying.' I learned something important that evening by taking the risk and saying no."

EVERYBODY'S DOING IT

Janet: "I had been invited to a party by some friends from school. When I walked in, the smell of marijuana in the room was overwhelming. I don't smoke it, so I thought of leaving; but then some friends called me over. They passed the cigarette to me, and even though I didn't really want to, I took a quick puff and passed it on. I left the party soon afterward."

Janet regretted that she hadn't had the strength to refuse the marijuana and be herself.

"In order to help people to say no," suggested Dr. Mortimer Schiffer, a psychologist and consultant at the Bank Street College of Education, "you have to find out what keeps them from being aggressive and speaking their mind. Often it is a fear of rejection which stems from a basic lack of self-esteem. If a person is feeling insecure, it is always easier to say yes and go along with the crowd."

RESENTING YOUR ELDERS

Anne: "It was the first day of history class and the teacher, Mrs. Weber, looked around the classroom and said to me, 'If you don't mind, would you please see that the blackboard is erased before I come in so we can start the class immediately.' I just nodded my head. I didn't know what else to say to the teacher."

Anne did not want to erase the blackboard *every* morning. She didn't think it was fair of the teacher to ask her. But she was afraid that if she refused, Mrs. Weber might dislike her and her grade might suffer as a result.

A. S. Ginsberg, a young educator in a Brooklyn intermediate school, said that his own experience with students revealed that "Many young people have a fear of anyone they consider an authority figure, like a teacher or an employer. They think these people expect them to act at all times like 'good boys and girls' and always say yes. What they don't realize is not only do they have the right, but they have the obligation to themselves to say something when their feelings are being ignored."

After several weeks of erasing the blackboard every morning, Anne asked to speak with her teacher in private. The outcome was that Mrs. Weber apologized and said, "I can see it was unfair to you. I'll ask some of the members of your class to take turns at the board. Naturally, you've had your share."

GRIN AND BEAR IT

Helen: "My boss rushed over to my desk and asked me if I was doing anything for lunch. When I said that I wasn't, he said, 'We have to get this important report out today and Howard's secretary called in sick. Help us out and type it.' Of course I said yes, as I always have when he gives me extra work, but I was steaming mad!"

Should you always say no and stand up for your rights? That depends on the situation. Helen resented her boss for loading her down with work and would have told him so but she saw that he was harried and worried. She liked her job and sensed that this was not the time to risk losing it by making a scene. She resolved to discuss the matter with him later when they were both more calm.

Intuition and a sense of the person whom you are dealing with are always essential. Some people can take honesty, others can't. Be prepared.

KNOTTY FAMILY TIES

Dana: "Last summer I decided I would get away from home and work in the country. I was accepted for a job in a hotel and was very pleased. But when I told my parents about it, they acted as if I was breaking their hearts. Particularly my mother, who said something like, 'I will be so worried about you that I won't be able to enjoy my own summer. Besides, we took out a family membership to the pool knowing how you enjoyed it last year. Don't you want to be with your family?' "

Some people who can say no to just about anybody, including the President, crumble when it comes to confronting their own family. They will hem and haw and finally sneak out the back door without resolving anything.

Dana was sure that she did not want to forfeit her summer job, so she faced her family head on. She weighed her mother's words and came to the conclusion that there was no reason for her not to go away. They accepted her decision, realizing that she would be leaving home sooner or later and they would have to get used to the idea.

The fine art of saying no is just that: saying no and meaning it. If it is said tentatively or in a timid voice, before you know it, it's liable to change to "Well, okay."

On the other hand, it need not be said in a rude manner. People who have difficulty saying no will sometimes go to the opposite extreme and explode with a resounding *No!*

Tact and sensitivity to the other person should be your constant guide. Strive to be congenial. But remember, you have as much right to say no as to say yes. Beware of people and situations that make you feel otherwise.

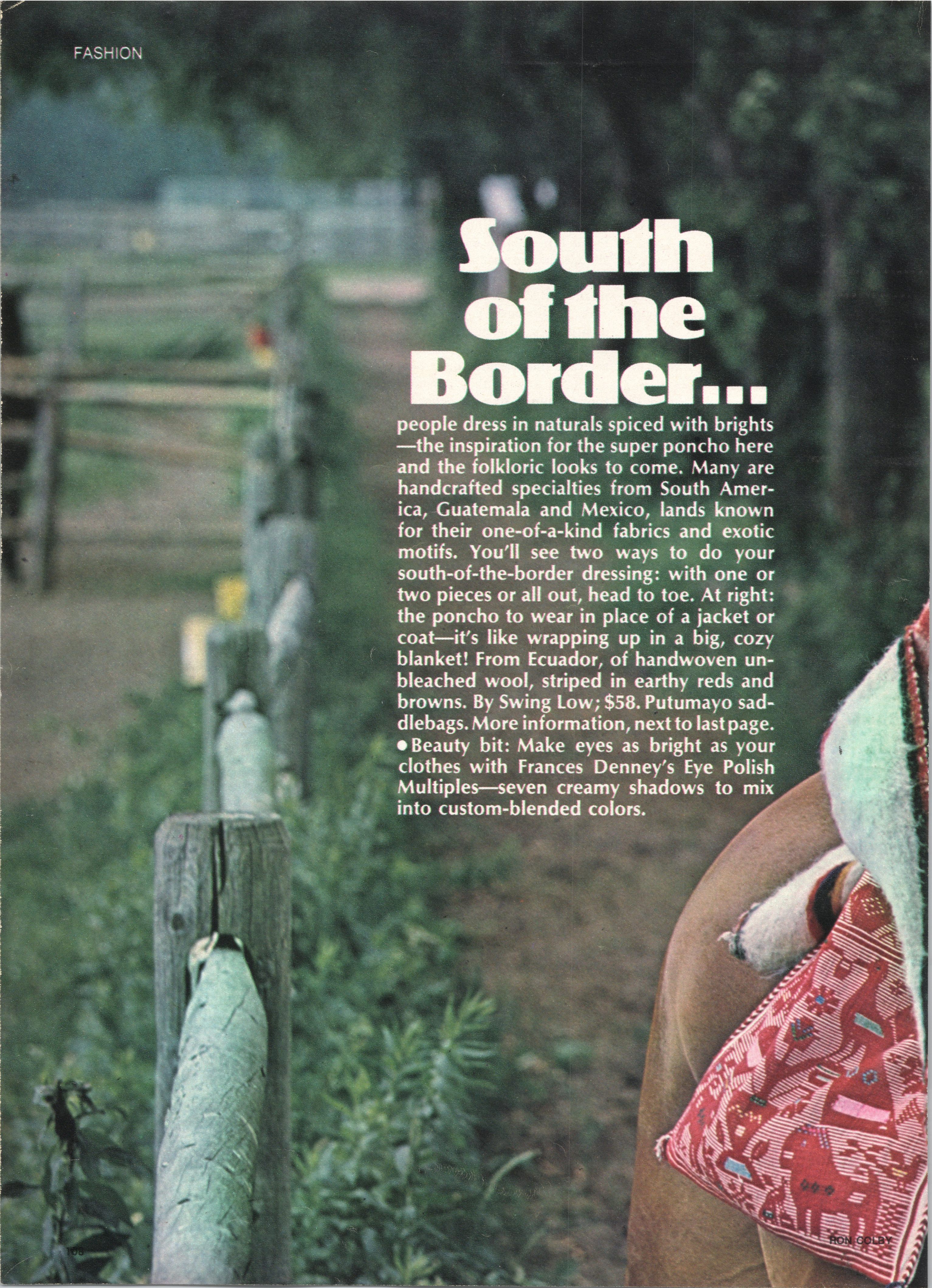
Here are several techniques I've used to help me say no when I had to.

- Practice saying no. An opera singer vocalizes so that when she is onstage, she can hit her high notes. Your friends and family may think you're crazy, but keep on saying to yourself, "No, I will not go. No, I don't want to do it. No, I am not interested in going out with you. No, thanks." Practice makes possible.
- Ask yourself: "What do I feel? What do I really want?" That's your best guide to saying no and yes.
- Whenever you can, try to find a private moment with the person to whom you want to say no. Otherwise you may embarrass him or yourself.
- When you want to say no to someone but are having a hard time of it, pause, take a deep breath and keep your mouth shut. A very successful businessman once told me that when a client called and he *(continued on page 140)*

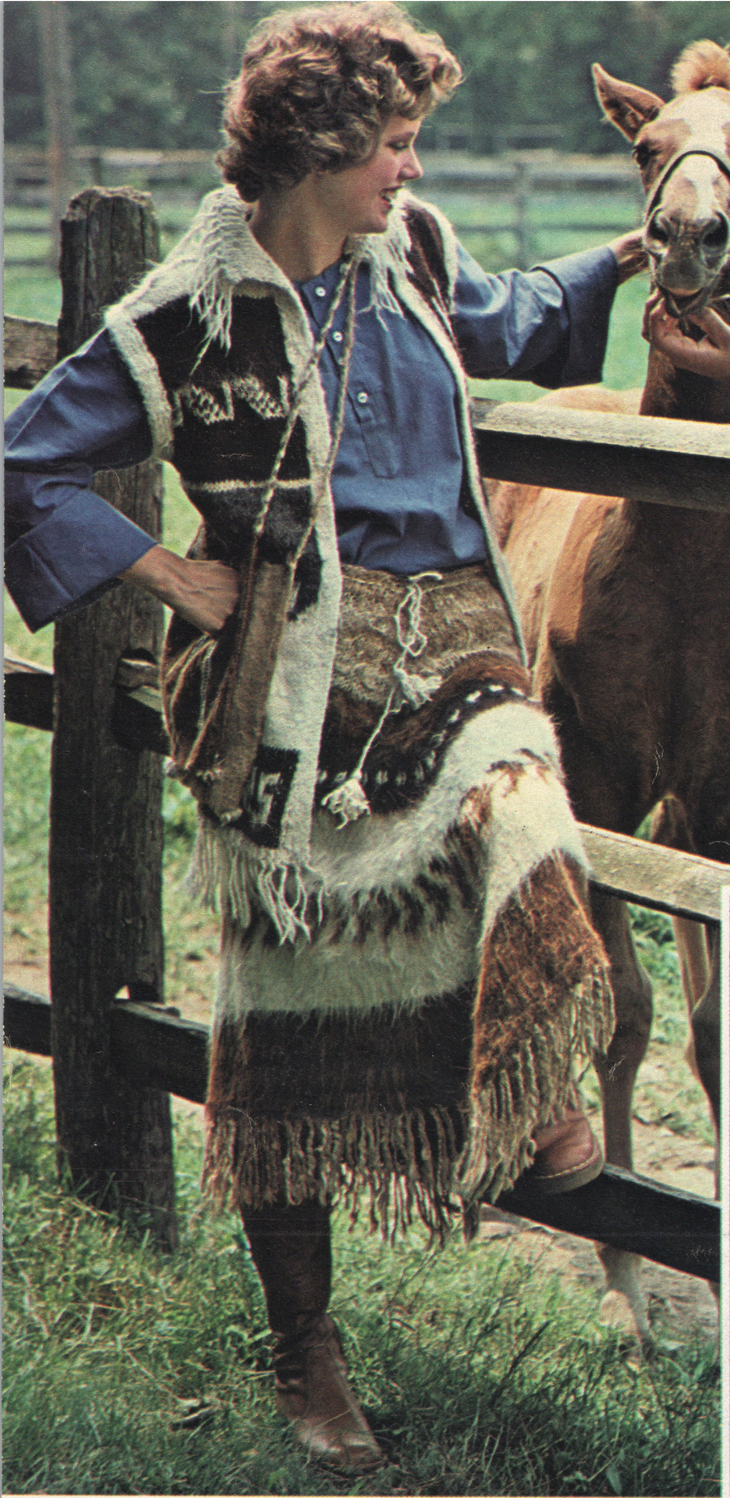
South of the Border...

people dress in naturals spiced with brights—the inspiration for the super poncho here and the folkloric looks to come. Many are handcrafted specialties from South America, Guatemala and Mexico, lands known for their one-of-a-kind fabrics and exotic motifs. You'll see two ways to do your south-of-the-border dressing: with one or two pieces or all out, head to toe. At right: the poncho to wear in place of a jacket or coat—it's like wrapping up in a big, cozy blanket! From Ecuador, of handwoven unbleached wool, striped in earthy reds and browns. By Swing Low; $58. Putumayo saddlebags. More information, next to last page.

- Beauty bit: Make eyes as bright as your clothes with Frances Denney's Eye Polish Multiples—seven creamy shadows to mix into custom-blended colors.

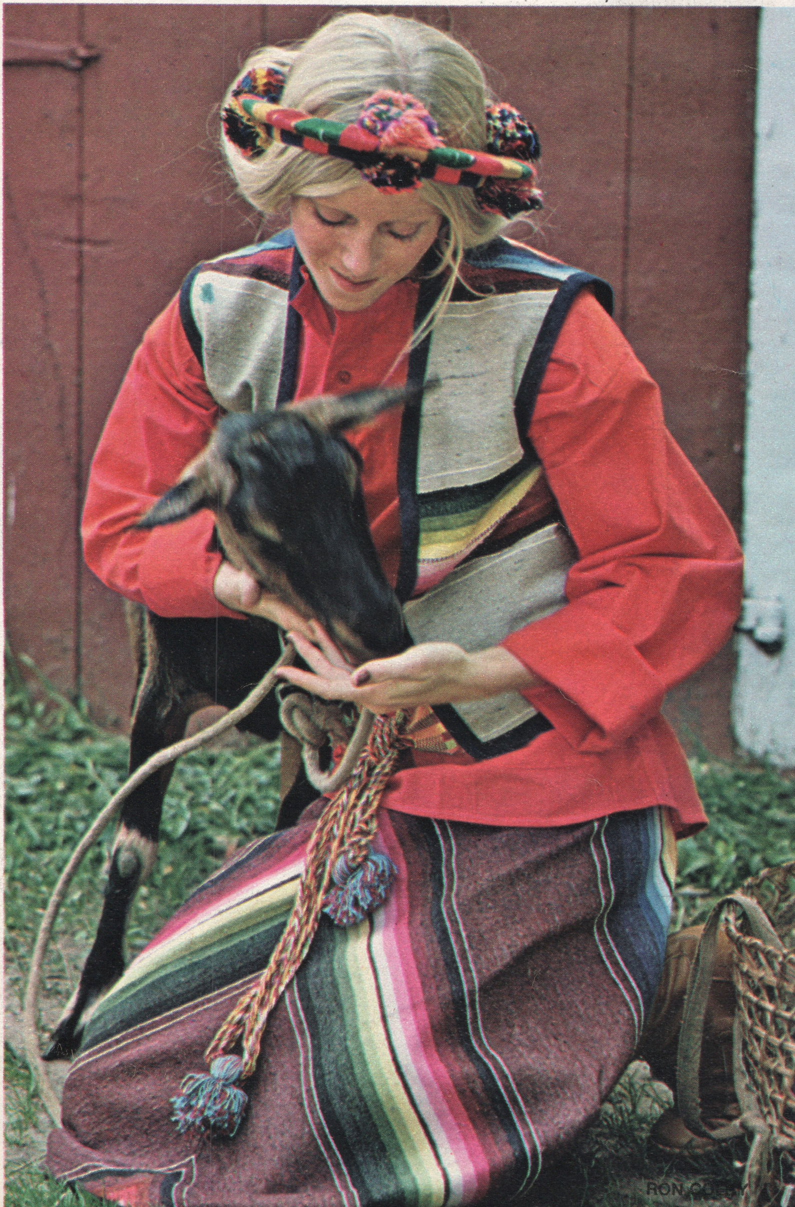


RON COLBY

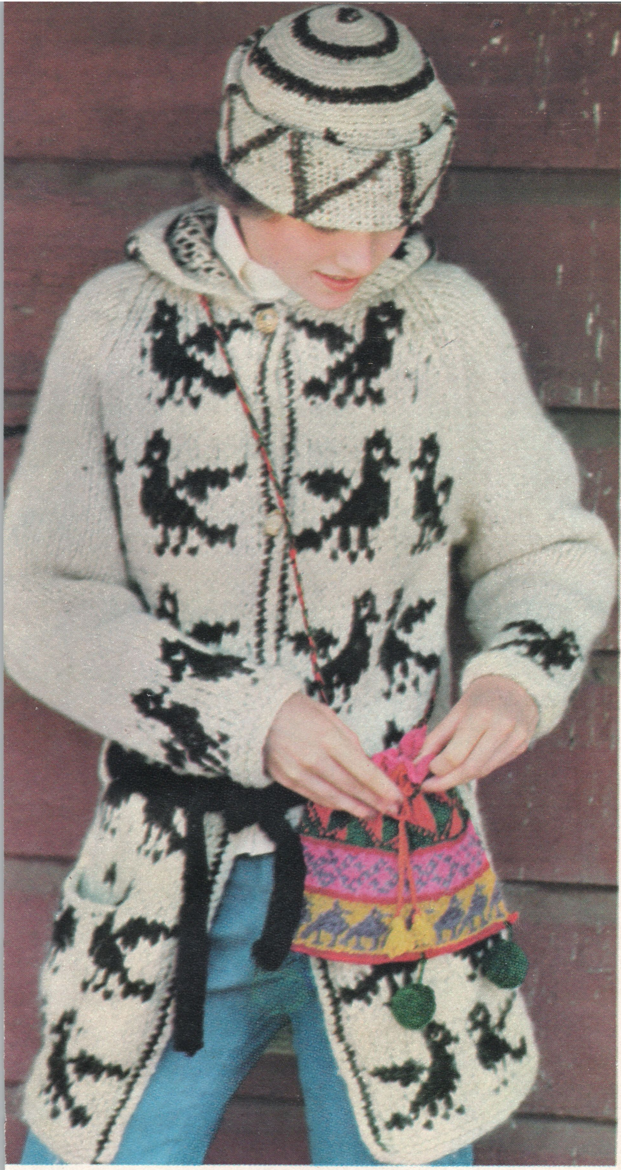


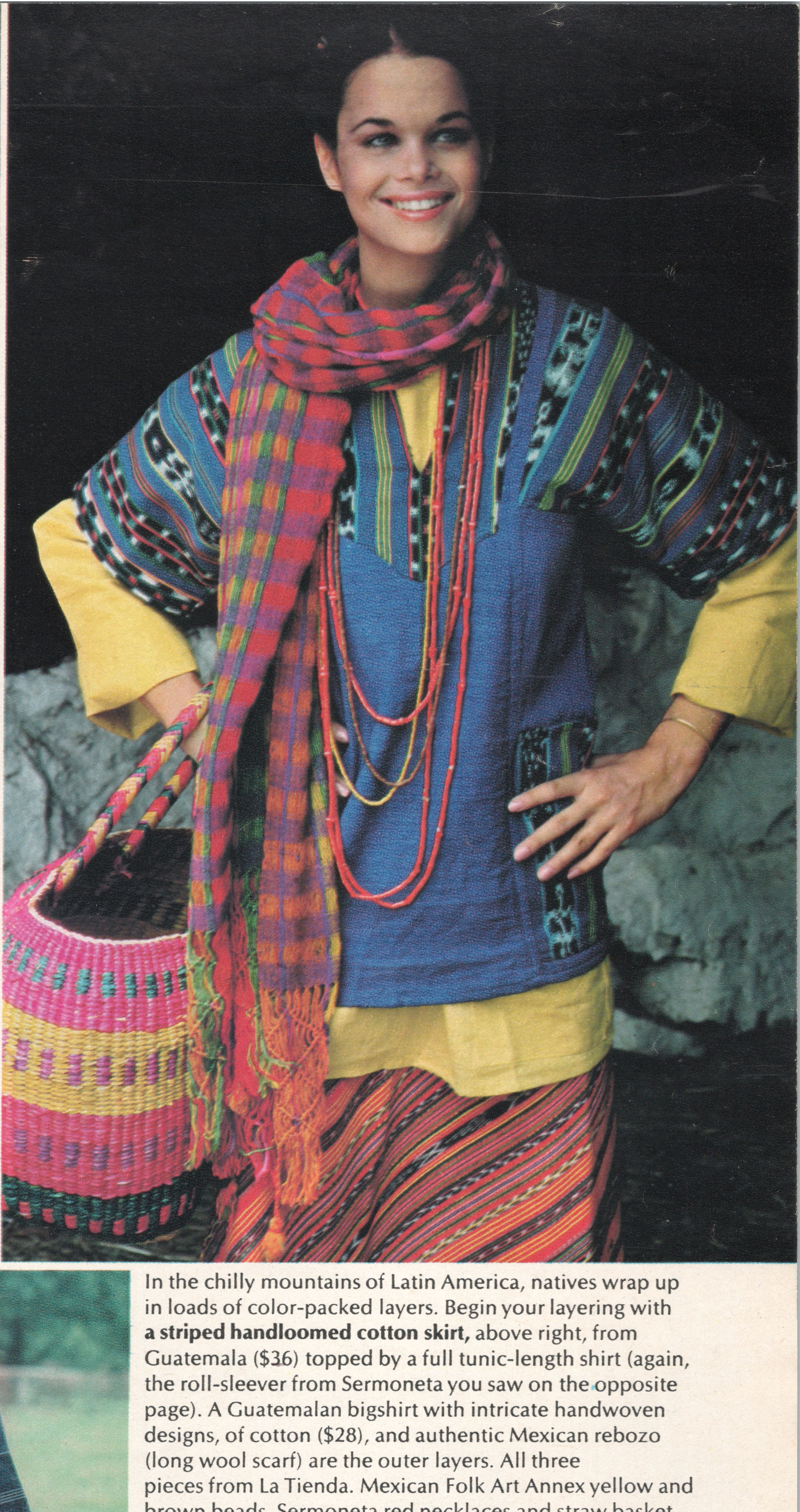
A show of stripes, below, do their number on a vest with nifty tie closing ($14) and carefully mitered A-shaped skirt ($24). Both are styled after colorfully woven Mexican serapes (the blanketlike wraps Clint Eastwood wore in all those spaghetti Westerns!). Of cotton, by Kat Knapp. Same Sermoneta shirt seen at left, here in saucy red. Our model's headdress just goes to show how different ethnic looks all click together! Of hand-dyed wool, it's a design of Colombia's Putumayo Indians who make them for their carnivals. The basket, woven from bark in the Colombian jungles, is a traditional fruit and vegetable tote; you could use it for books. Both from Putumayo. Photographs for our south-of-the-border pages were taken at the home of Dr. and Mrs. Harry H. Hemphill of Old Brookville, New York. All hair and makeup on these four pages is by Chany of Louis-Guy D.

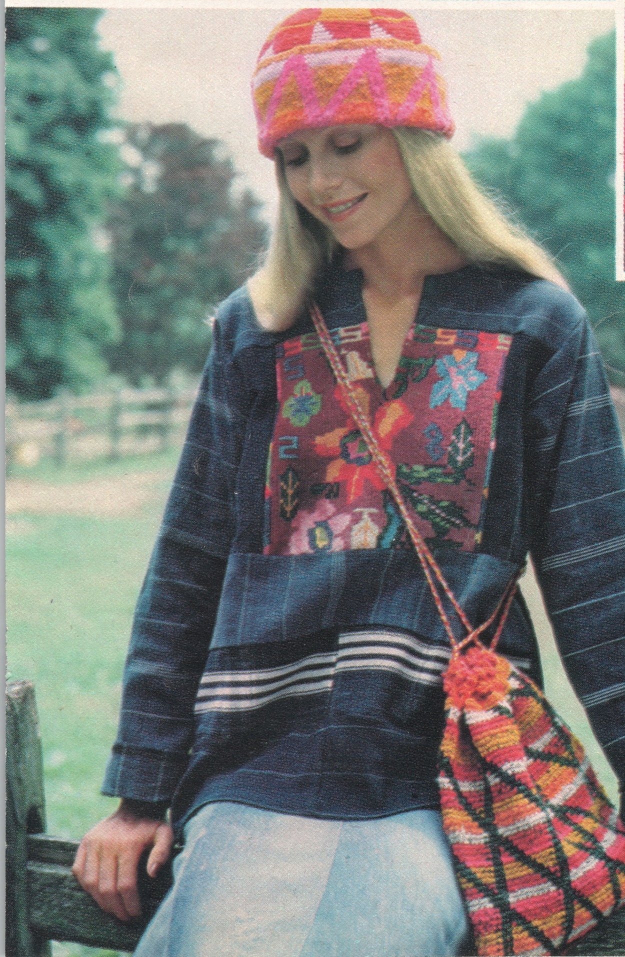
How to get south-of-the-border looks working for you? Take cues from the roundup of unique put-togethers, this page and opposite. We've teamed traditional stuff from several Latin countries with American-made interpretations to show that folkloric designs are natural mixers. Imagine how neat any one of these will be with your favorite denims, skirts, bigdresses or shirts. For starters, **get fringe benefits,** above, from a hand-spun alpaca vest and skirt (wear this as a poncho too) with the soft texture and cozy warmth characteristic of knits made by Bolivia's Quechuan Indians. Vest ($25) and skirt/poncho ($40) in natural with rugged earth tones, imported from Bolivia by Swing Low. The blue-sky-blue roll-sleeve shirt (super tucked in as shown or worn out), done in cotton, is of Central American origin. Sermoneta; $18. Hackler Trading Corp. alpaca shoulder bag and Frye leather boots complete the look you'll wear again and again.



RON COLBY







In the chilly mountains of Latin America, natives wrap up in loads of color-packed layers. Begin your layering with **a striped handloomed cotton skirt,** above right, from Guatemala ($36) topped by a full tunic-length shirt (again, the roll-sleever from Sermoneta you saw on the opposite page). A Guatemalan bigshirt with intricate handwoven designs, of cotton ($28), and authentic Mexican rebozo (long wool scarf) are the outer layers. All three pieces from La Tienda. Mexican Folk Art Annex yellow and brown beads, Sermoneta red necklaces and straw basket. **For-the-birds-motif sweater** you wear like a jacket, above left, is as snug on as it looks. Don't miss the hood, longer length, deep pockets. Hand-knit of natural and dark wool, it's imported from Ecuador by Swing Low; $68. Sermoneta cap and bag, Landlubber dungarees. **Shades of denim blue,** left, for those who want to stay with the jeans scene! Up top, an indigo cotton pull squared smack-dab center with handloomed tapestry. Handwoven striped insets add punch, front and back. From Guatemala: Mexican Folk Art Annex; $30. Landlubber skirt, Sermoneta hat and bag. More info, next to last page.

What's Underneath

...counts more than you think. Now's the time for bras and panties in matching sets as soft and feminine as fashion itself: sexy, sheer and slinky things in delicate pastels and striking whites. Plus fun wear—for every change of mood. Begin here, then turn the page.

The daintiness of dotted swiss, opposite left: Bright, white teddy pant (perfect under big-dresses and skirts) in one size to fit almost everyone; $7. Step-in bra to match: trimmed in white lace with stretch straps; $5. Both of nylon, by Mary Quant.

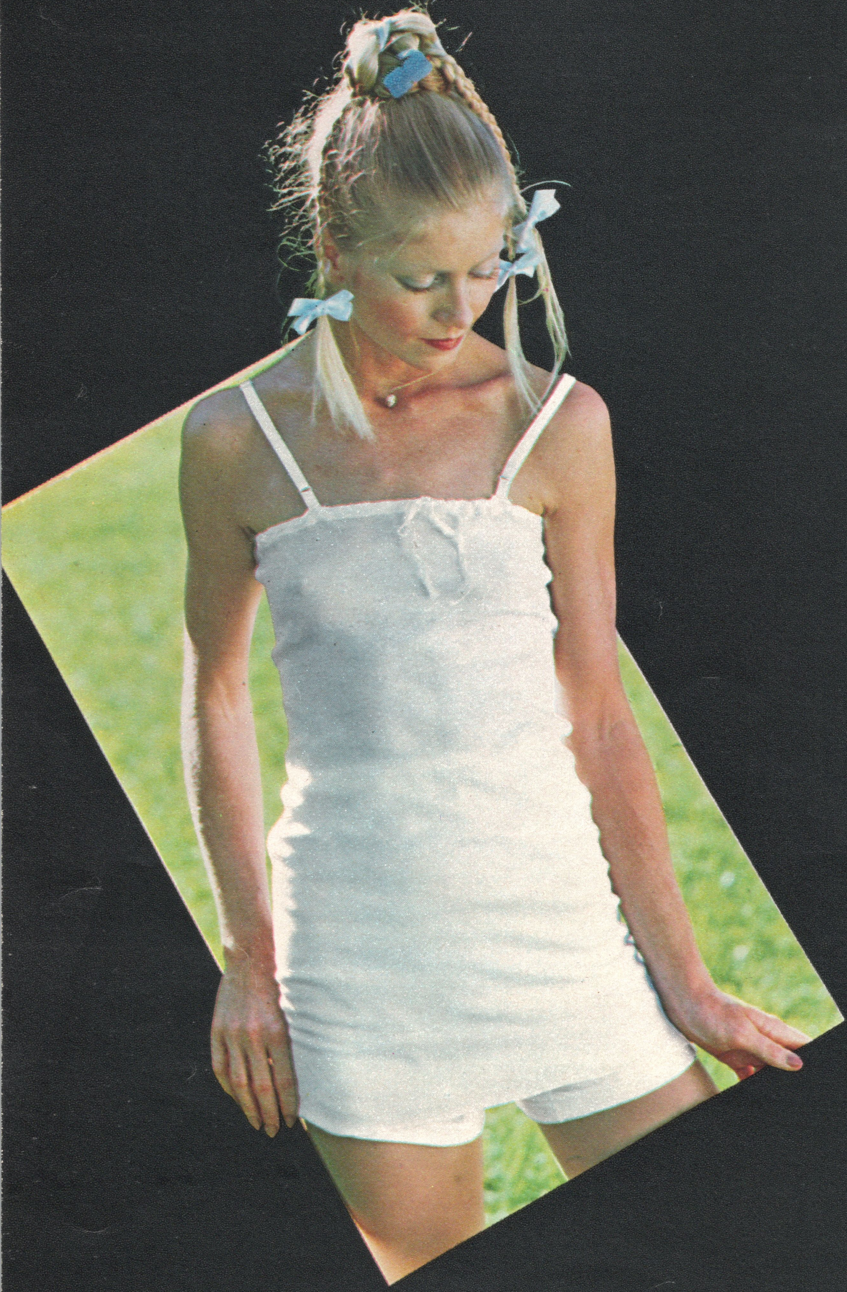
Mellow melon, opposite right: Tiny satin bra with scalloped lace trim, elastic straps. It's $3.75. Matching satin bikini trimmed in lace at the waist; $3.25. Both, of Satin Suavette Antron III, by Van Raalte.

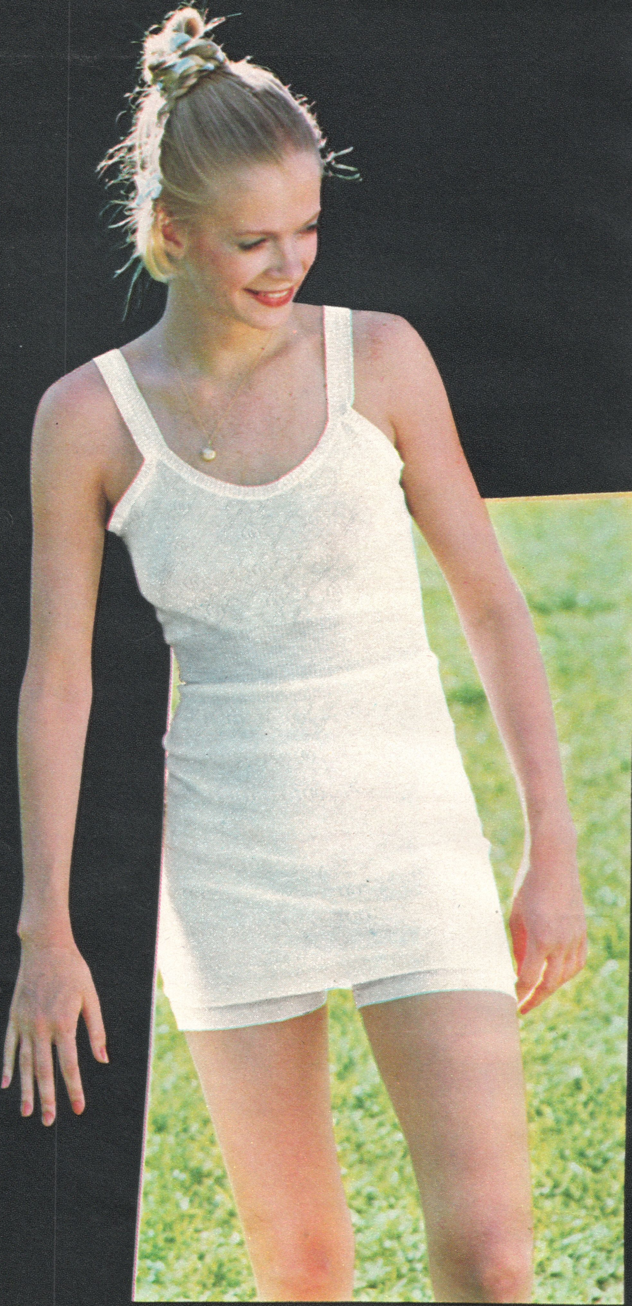
Plunging in, left: Natural sheer bra with stretch lace inserts; closes in back and has adjustable straps. Wear it with low-cut toppers or evening dresses. Of nylon tricot with nylon/Lycra lace; $6. Bikini sidekick; $4.50. Both these bits are by Warners.

Wisps in white, right: Seamless stretch-lace bra, smooth enough for clinging knits. With front closure and adjustable straps; $7. Daring French-cut bikini to match; $5. Both of nylon/Lycra, by Donald Brooks for Maidenform. All shopping info, next to last page.

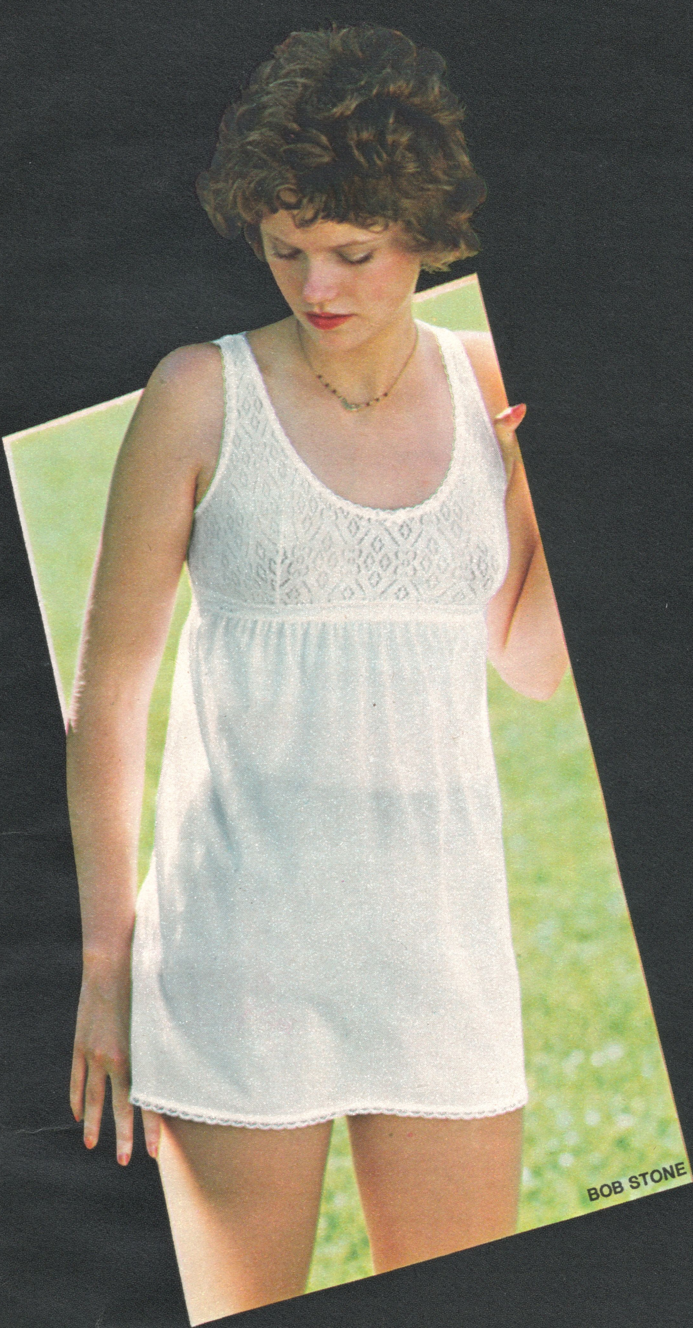
For the right fit: When bra shopping, lengthen adjustable straps to prevent pulling; bend over into the bra. Straighten up and tighten straps. Move around, then sit down. (Your diaphragm doesn't expand completely until you're seated.) Put on a shirt; see how it looks.

BOB STONE

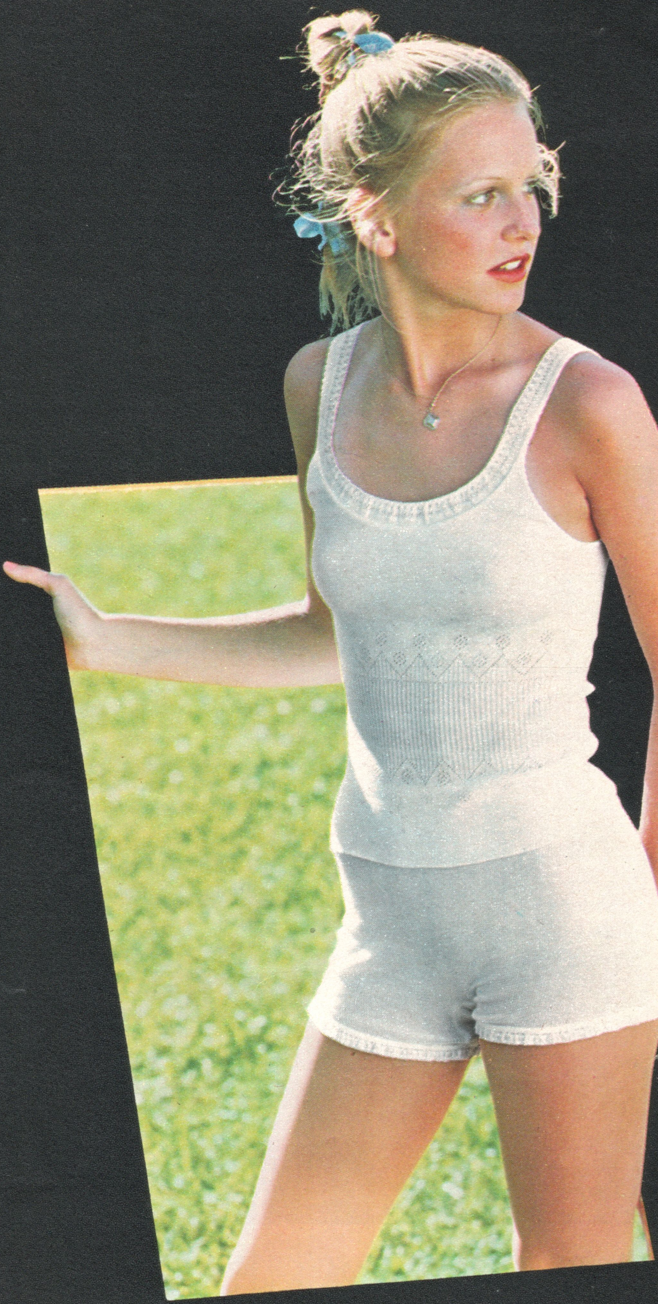




It's time to let yourself go in the kind of easy, breezy underthings that say how natural you are. Tube attraction, above left: Fine-ribbed camisole top ties with a drawstring and has adjustable lingerie straps. Of lightweight combed cotton; $2.50. Cotton trunks with elasticized waist; $1.50. These bright white match-ups are by Lollipop-Modern Globe. Winter scoop, above right: creamy wool blends to layer under skiwear and casual clothes. Pointelle-knit undershirt sports ribbed midriff and classic vest shape; looks great under an open shirt! Warm-up trunks with ribbing around the waist and legs make a set. Both by Kasper for Jolie Sports; each $7.

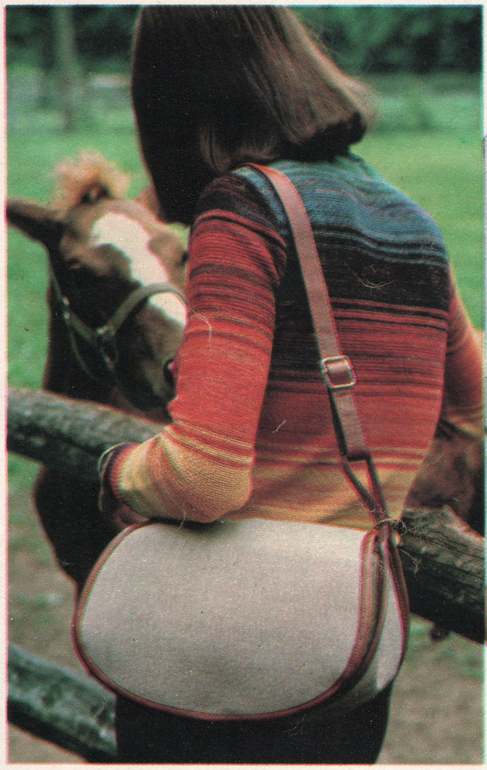


BOB STONE



You're slipping, above left: Crisp tank bra with skimp slip attached gives the comfort of a two-in-one. Of stretch nylon lace and nylon tricot. Teenform; $4. Undercover tank, above right: Cotton lace straps a white pointelle knit that's ribbed at the waist; $8.50. Panties with lace trim on legs; $8. Both, in one size for everyone. Of Sea Island cotton, by Lux Lux for Formaid. All shopping information on the next to last page. The hair and makeup here and on the preceding two pages, by Chany of Louis-Guy D. Beauty bit: More under-wear? Charlie Body Silk by Revlon, a rich moisturizer with the scent of Charlie cologne. Smooths away dryness, leaves you soft.

LOOK WHAT WE FOUND!



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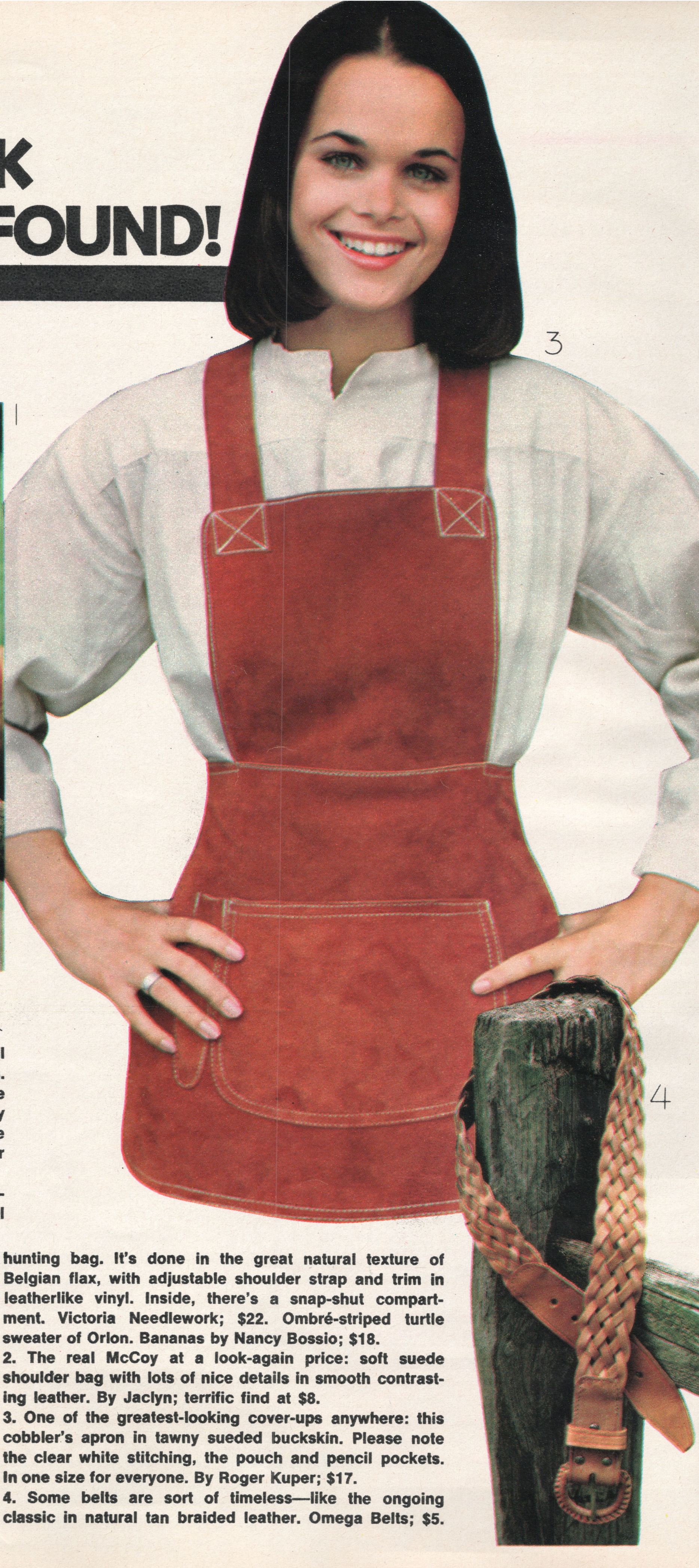


3

4

LEATHER...OR

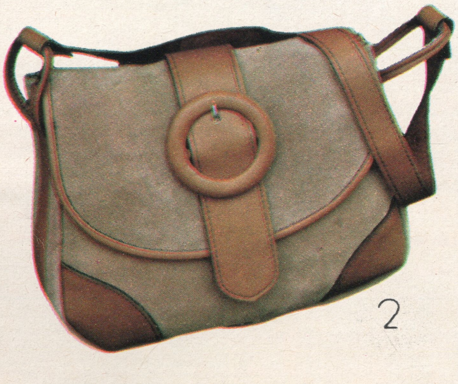
If you can have the real thing, of course you'll take leather. When you can afford it, that is. Leather accessories and the once-in-a-while treat of a leather fashion are in a class by themselves. But the look and the mood can be carried out in different kinds of fabrics or plastics, so keep an open mind!

1. To sling over your shoulder and go: a handsome shape with the look of a traditional hunting bag. It's done in the great natural texture of Belgian flax, with adjustable shoulder strap and trim in leatherlike vinyl. Inside, there's a snap-shut compartment. Victoria Needlework; $22. Ombré-striped turtle sweater of Orlon. Bananas by Nancy Bossio; $18.

2. The real McCoy at a look-again price: soft suede shoulder bag with lots of nice details in smooth contrasting leather. By Jaclyn; terrific find at $8.

3. One of the greatest-looking cover-ups anywhere: this cobbler's apron in tawny sueded buckskin. Please note the clear white stitching, the pouch and pencil pockets. In one size for everyone. By Roger Kuper; $17.

4. Some belts are sort of timeless—like the ongoing classic in natural tan braided leather. Omega Belts; $5.



2

LITTLE GUYS

Where would you be without them? Check out the latest incidentals:

5. Bright new place to stash makeup, a zip-top case in sizzling awning stripes. Canvas on the outside, with waterproof plastic for the neat life inside. By Baronet; $5.

6. Meet the newest couple; they're both soft-as-butter cowhide, yellow on one side, red on the other. Both with chunky green zippers too. Makeup case, $6.50. Key tender, $3.50. Other good color combos available. By Buxton.

7. If you're a French purse fan, you know how handy they are. This one, in cowhide, has a texture like corduroy on one side, a little change purse on the other. Princess Gardner; $7.50.

8. Don't worry about the endangered species—this denim-blue "alligator" clutch is cowhide. With space for a checkbook and cards. By Rolfs; it's $12.

CARPET-BAGGERS

Got places to go, things to do? Pack up your stuff in style:

9. Extra-slim and elegant, a roomy garment bag in navy canvas with white piping and your initials. Plumagère; $29.

10. Do some outdoor advertising with a bag that announces your plans: two-pocket, two-handle canvas duffel with detachable shoulder strap. Knappsacs; $24.

11. Seafaring sailor's duffel, just as good if you're landlocked. Beige canvas, navy or red monogram. Tools for Travel; $25.

12. Serious contender for tennis honors: a roomy, lightweight nylon bag—including that outside pocket—to zip all your gear into. By Seward Luggage; $30.

13. The pack on your back becomes almost part of you. We like this one in good old (new) blue denim because it's big and sturdily constructed to carry heavy loads. By Wings; $37.

Information about stores on next to last page.

9
10
11
LE WEEK END
SNJ
AFA

12

13

RON COLBY

Think Snow– and Sew!

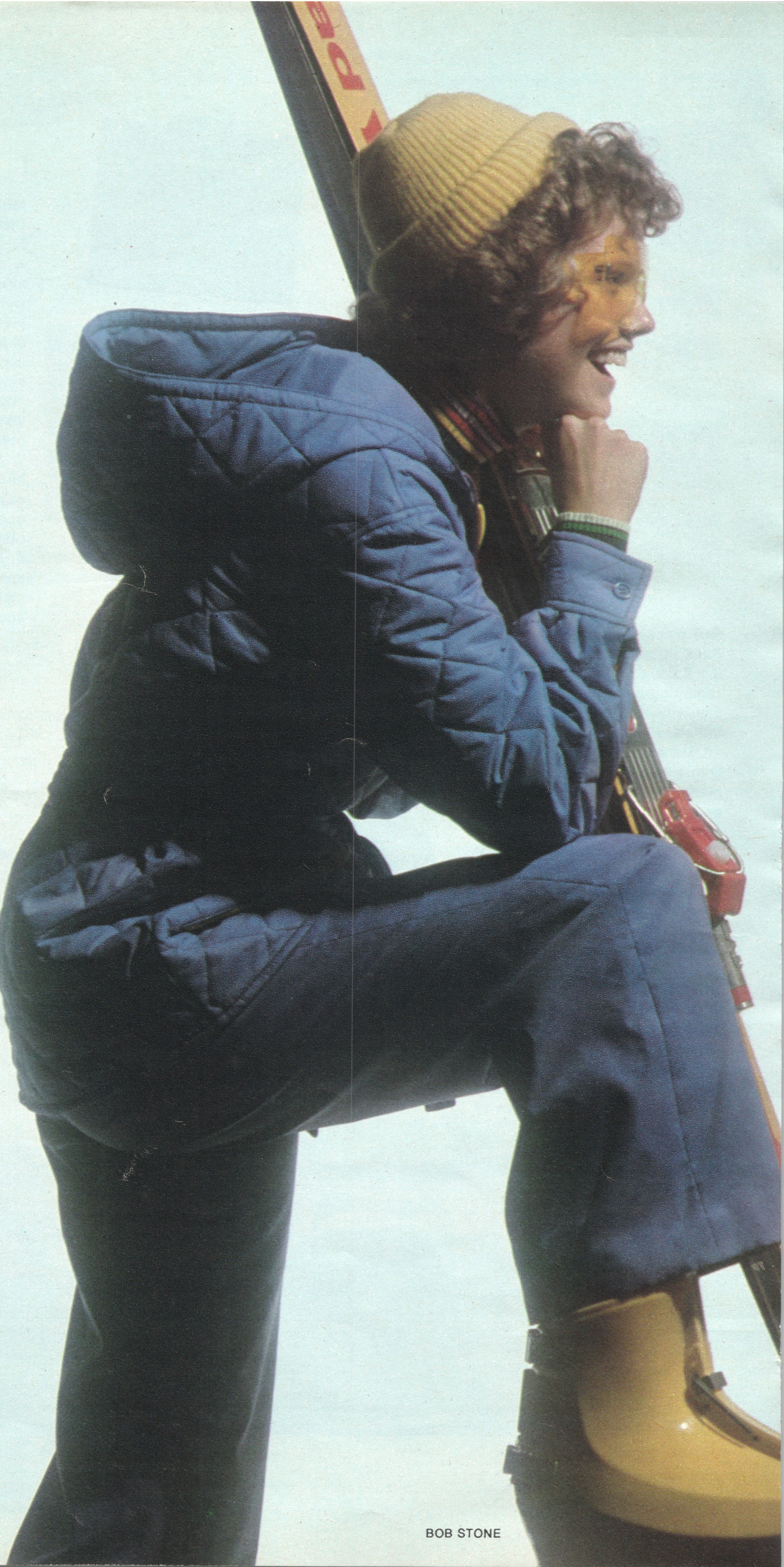
Whiz down the slopes in color: Starting here, fabulous ski-wear at prices you can afford

Whether you'll be heading for dreamy powder-covered mountains or a local ski resort, making your own clothes is a great way to cut the cost of skiing. (Use your savings for equipment or extra trips!) Take a look, at right:

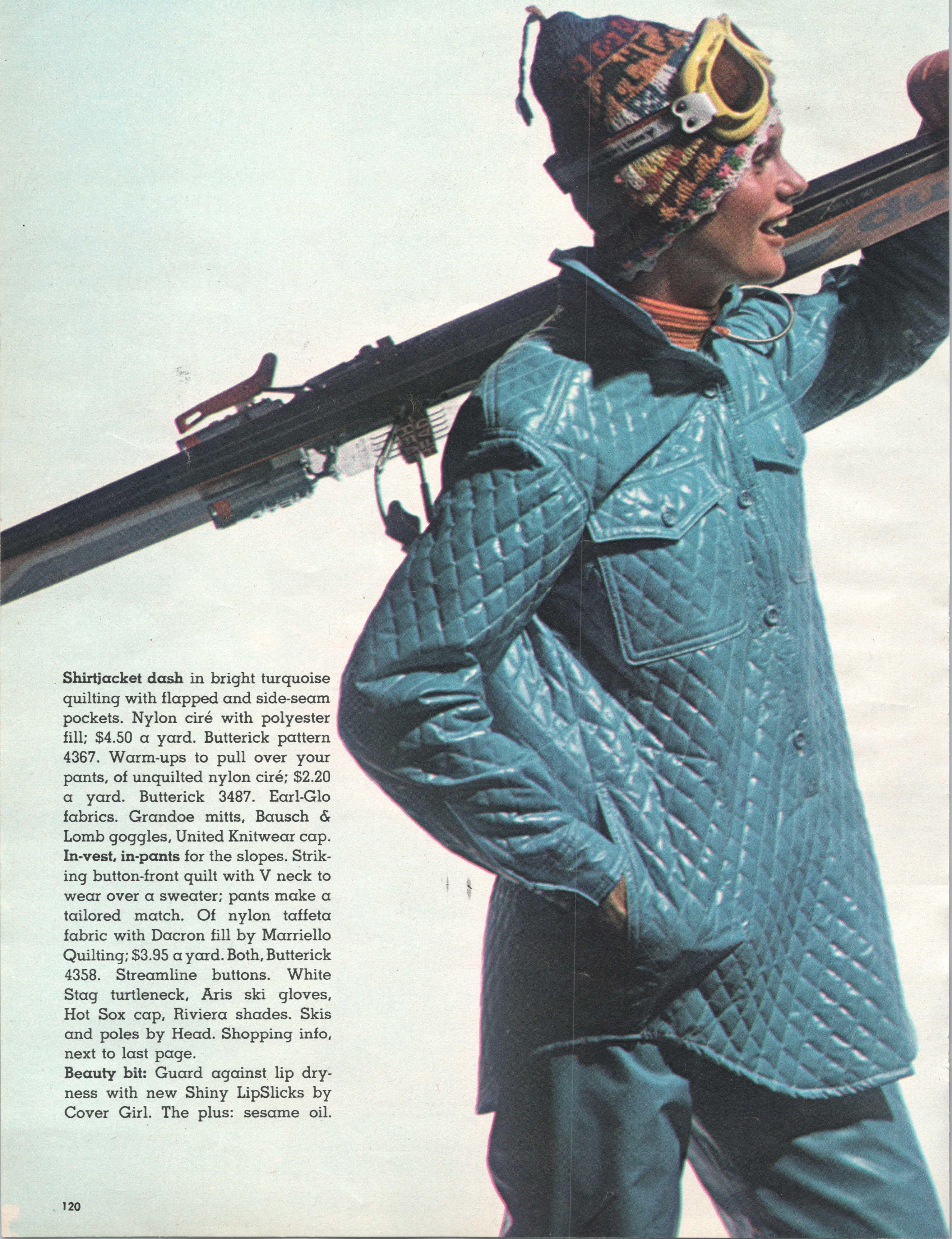
The rugged parka in an Aspen purple diamond quilt; zip front, with hood for snowy and colder days. Great for school too! Nylon taffeta face and back, Dacron fill; $3.95 a yard. Warm-up pants to wear over your jeans. Of nylon taffeta; $1.95 a yard. They're both Butterick pattern 4370. Fabrics by Marriello Quilting. Grandoe ribbed ski cap in a yellow knit. The sun-blocker shades by Riviera.

Hot-dog overalls carry a great fashion look to the slopes; in sunshine yellow, with front bib pocket and banded waist for good form. Nylon ciré fabric with polyester fill by Earl-Glo; $4.50. Butterick 3370. Pull-on sweater by White Stag, United Knitwear Nordic cap, Grandoe ski gloves. Head skis and poles, boots by Hansen. Shopping info, next to last page.

Beauty bit: When the winter wind blows, keep cheeks from chapping with Weatherproofer stick by Bonne Bell.



BOB STONE



Shirtjacket dash in bright turquoise quilting with flapped and side-seam pockets. Nylon ciré with polyester fill; $4.50 a yard. Butterick pattern 4367. Warm-ups to pull over your pants, of unquilted nylon ciré; $2.20 a yard. Butterick 3487. Earl-Glo fabrics. Grandoe mitts, Bausch & Lomb goggles, United Knitwear cap. **In-vest, in-pants** for the slopes. Striking button-front quilt with V neck to wear over a sweater; pants make a tailored match. Of nylon taffeta fabric with Dacron fill by Marriello Quilting; $3.95 a yard. Both, Butterick 4358. Streamline buttons. White Stag turtleneck, Aris ski gloves, Hot Sox cap, Riviera shades. Skis and poles by Head. Shopping info, next to last page.

Beauty bit: Guard against lip dryness with new Shiny LipSlicks by Cover Girl. The plus: sesame oil.

BOB STONE

TEENS TELL HOW THEY'D DEAL WITH TEEN VIOLENCE

Why the sharp increase in teen crime? And what should be done about it? A special SEVENTEEN panel speaks out about a frightening problem

by Dan Carlinsky

Pick up a newspaper; tune in a news broadcast; listen to everyday conversation. The word is, we are in the midst of a crime wave. Police, politicians and just plain citizens are expressing anger and fear over what they see as a growing threat to a peaceful, safe society.

This public reaction seems justified: according to official statistics, we are indeed suffering from more crime than ever before. More shocking than this increase is the fact that violent crime committed by teen-agers is growing even faster than adult crime.

ITEM: In Virginia, a seventeen-year-old confronts a schoolmate in their quiet, middle-class neighborhood. The seventeen-year-old shoots his classmate three times, police say, and the classmate falls dead.

ITEM: In New York, six teen-agers are arrested and charged with strangling three elderly men in three separate robberies.

ITEM: In California, an eighteen-year-old straight-A student returns to his family's burning suburban home, where firemen have found his parents and sister killed and his brother seriously wounded, all from blows with an ax. Police charge him with the crimes.

ITEM: In Illinois, an expelled fourteen-year-old boy returns to his former school. According to police, he pulls out two guns, shoots the principal to death and wounds the assistant principal and a teacher.

These are more than mere headlines; they are instances of what criminologists see as an alarming increase in violence among juveniles.

Figures from the Federal Bureau of Investigation show that from 1960 to 1973 the number of adults eighteen and over arrested for the violent crimes of murder, rape, robbery and assault just about doubled. But among youngsters under eighteen, murder arrests tripled, rape arrests more than doubled, robbery arrests quadrupled and assault arrests more than tripled. In 1974, there was a further jump of 11 percent in teen-age violent crimes across the country.

Today, about one out of four arrests for a violent crime involves someone under eighteen, including one of every three robberies, one of every five rapes and one of every nine murders.

Since most teen-agers spend a great deal of their time in school, schools have become the setting for much of the growing teen violence and vandalism. Attacks on teachers, shakedowns and hallway rapes have become common news stories in large cities. Suburbia and small-town America are witnessing violence in the schools too. School vandalism now costs the nation $500 million a year—the same amount spent on textbooks—and, in 757 school districts studied in a recent Senate report, there were over 100 murders and 70,000 assaults on teachers in one year.

Why this increase in teen violence? A generation of violent warfare, say some. Too much casual violence on television and movie screens, say others. Weakening of the family unit in America, say still others. Unemployment, boredom, a national malaise, racial tensions, lack of discipline in schools and other reasons are also cited.

The experts agree even less on the cures for this national ill. But there does seem to be a broad backlash developing in a demand for harsher penalties for youthful offenders. In most states, teen-agers can be charged only with juvenile delinquency no matter what their crime, and punishments are generally much lighter than those meted out to adults for the same crimes. This, say critics, is like punishing teens with a feather. It even leads some gangs of young thugs to choose a gang member who is a minor for the dirtiest work because they know that he'll get the most lenient treatment if caught. The result is that lately liberals and conservatives have been agreeing on at least one thing: the need for stiffer penalties for young criminals, particularly for repeat offenders.

Meanwhile, there are those who insist jail terms are less of an answer than gun control, prison reform, prevention programs and various social services. But again, there is little agreement.

There's disagreement among teens too. When SEVENTEEN recently asked a panel of high school students to tell us what lies behind the new teen violence and what should be done about it, we received a variety of responses. Clearly, there are no simple explanations or solutions, but here is what our panel thinks about the issue.

WHY DO YOU THINK TEENS COMMIT VIOLENT CRIMES?

"Some kids commit crimes out of boredom," said Terri Kim Smith, seventeen, of Savannah, Georgia. "Things are much easier for teens nowadays, and there's no challenge for them." "Sometimes," admitted one sixteen-year-old in agreement, "I feel like rocking the boat, just to break out of the rut of everyday life."

"Drugs," said Denise Topolnicki, seventeen, of Garfield Heights, Ohio: "Frequent drug usage requires a lot of money and often involves intrigue, which fosters violent crime."

"Economic problems," said Timothy Troendle, twenty, of Newport, Kentucky: "Crime is higher in poor areas than in wealthy areas. Many poor people, with no options in education, employment and recreation, become frustrated. Then they lash out against the society they feel is responsible."

Many teens also blamed television and the press for feeding us a steady diet of violence. Several recalled reading of real-life violent crimes that imitated ones portrayed on popular TV series. "News shows that report crimes realistically offer some insight into the horror of crime," said Chris Dombroski, fifteen, of Allentown, Pennsylvania. "But violent TV programs create sympathy for the criminal or serve as inspiration to would-be criminals."

Yet some teens discounted the media's influence. "The media most definitely make us aware of crime and violence," argued Suzanne Cashin, seventeen, of Waterbury, Connecticut, "but it's up to the individual as to how he handles this awareness. The person who is well adjusted will not be affected by such programs." Elizabeth Rakov, seventeen, of Verdigre, Nebraska, agreed: "It's important to remember that almost all TV programs have the 'crime-doesn't-pay' ending. I doubt if they really encourage crime."

The most sensational crimes—the kidnapping of Patty Hearst, terrorist bombings and assassinations, hijacking of airplanes—are generally dismissed as influences on youth. Said Lisa Snyder, seventeen, of Baltimore, Maryland: "If a kid is involved in crime it's usually a lesser crime than these. You'd have to be really sick to try anything like that." Still, Susi Van Vleck, eighteen, of Stanleytown, Virginia, pointed out, "Some youths justify their crimes by thinking they're nothing compared to what these other people are doing."

Sometimes, said a few teens, a boy or girl may lash out in violence to punish his parents after a dispute. "If a teen-ager doesn't get along with his parents," suggested Patricia Denistran, sixteen, of Garfield, New Jersey, "he may go out and do something displeasing to them and the law just for spite."

Frustrations of various kinds were cited by some, but as Elizabeth Rakov pointed out, "There has always been frustration. The problem is the new condoning of violence as an outlet for these frustrations."

But these "causes" of violent behavior are only surface causes. Deeper than all of them, some teens felt, is the reason people are capable of violence at all, whatever the provocation. That reason was pinpointed by Carol Pierce, seventeen, of New York City: "We have been surrounded by violence since birth. We have seen nothing but atrocities. We have lost our respect for human life."

ARE PARENTS RESPONSIBLE FOR CRIMINAL CHILDREN?

A number of teens blamed parents for failing to discipline properly and failing to teach right and wrong at an early age. They saw a gradual weakening of the family structure in America, resulting in "wild kids." (Most, though, felt that their *own* parents had done a pretty good job of raising them to respect others.)

Said one teen-ager: "The onus is being placed on teachers and schools to educate not only academically but morally as well. This is a failing on the part of parents."

On the other side of the issue, some argued that parents can't completely shape their children's future behavior. "There comes a point where children start thinking for themselves, and there's nothing the parent can do about it," said Kathy Melvin, seventeen, of Bloomington, Indiana. And Cindy Duel, seventeen, of Willits, California, was among those who felt that parents tried too hard to mold kids' lives. "Kids today want and need more independence," she said. "I believe crime could be considerably lessened if cops and other adults would slack off teens, instead of having an eagle eye on them all the time. It would make crime much less exciting." *(continued on page 137)*

WOMEN AND CRIME

Fifteen years ago, only one out of every eleven persons arrested in this country was female; today it's one in six. In nearly every category, female crime is rising even faster than male crime. For insight into the spurt of violence by females, particularly young females, SEVENTEEN invited comment from Dr. Freda Adler, noted criminologist and author of *Sisters in Crime: The Rise of the New Female Criminal*.

"Changes in our society have caused great changes in the numbers of young females involved in delinquent behavior and also in the type of crime in which they're involved," says Dr. Adler. "There was a time when the female criminal was involved primarily in shoplifting and prostitution. Now, women are getting involved in auto theft, robbery, burglary and assault—all of those crimes we once thought of as being masculine.

"Why are we witnessing this change? Well, there are two ways women can move up in the world—one legitimate and one illegitimate. Females are trying to climb up *both* ladders. Should a female have deviant tendencies, she, like her legitimate sisters, no longer wants to be second-rate. If she's going to be a criminal, she wants to be a first-class criminal.

"As far as teen-age girls are concerned, we're seeing families treating boys and girls more alike than ever. This has freed young women from many of the restraints they had before. They're competing with boys scholastically, athletically, vocationally and, I would have to add, criminally.

"The traditional role of the female—gaining status through being a good wife, a good mother, a good cook—is no longer sufficient for the young woman of today. She needs to create status for herself in different ways, so there's a new kind of woman emerging. When young women don't have the protectiveness of the father or the husband, different kinds of behavior may come out.

"One result of women's growing entry into crime is that we are going to have to start putting more women into the criminal justice system. Men treat women differently from the way women treat women. We need to get rid of the paternalism for a start."

FICTION

THE HOUSE GUEST

A tender tale about a nine-year-old girl from Belfast and how she managed to capture the hearts of an American family

by Paul Darcy Boles

I'm writing this at the downstairs desk where I do homework or just fool around. It's the same desk Bridgie used to come up to and stand behind sometimes. After a second or so I would feel her standing there. Then I would turn around, making it slow because she's a kid you don't want to scare. She has big dark blue eyes, red hair about the color of the sun before it's really up. She doesn't have much of a chin; her cheekbones are high and like smooth little rocks under the clear skin. She's no beauty. I mean, she's just what she is.

When I turned around and she was there as I'd thought, I would say, "Can I help you, Bridgie?" She would shake her head; she'd just wanted to see if *I* was all right. And when she'd made sure I was, she would just turn around and walk off. My mother and father told me she did the same thing with them: stood and looked at them for a couple of seconds, then walked off . . . satisfied they were still themselves and handy.

She was only with us for six short weeks. It was one of these red-tape deals through the United States government; you signed up to keep a kid from Northern Ireland in your home as a guest. The idea was to show the kids what America was like, as if anybody could do that even in six years. Anyhow, I was all for it; my brother is an intern and he's working in Rome for a year, and I never had a sister.

The night Bridgie first came, after my parents brought her from the city to our town, she didn't talk much at all. I don't mean she ducked her head or looked awkward or fiddled with her feet or hid behind the furniture. It was just that she clammed up.

She had a small green bag with some extra clothes in it and an old doll that had been whacked around quite a bit. That was the whole works, except for the clothes she wore. Next day my mother took her to a couple of shops in town and bought her some new stuff. She still wasn't talking a lot, only pleases and thank-yous, and when my mother took the new clothes out of the boxes to hang them up, Bridgie touched them, very politely, as if they belonged to somebody else and she shouldn't make any fuss. She was nine years old.

At first it kept on being kind of eggshelly around her. You see, we weren't supposed to ask her anything heavy about how things were in the place she'd come from. She'd been born in Belfast, grew up there. She had four brothers and two sisters. She was next to the oldest. Her mother had died a year and a half before and her father took care of the family the best he could.

We got all that from the bunch of statistics that came before we even saw her. The people running this show wanted the kids to "fit easily into the American environment," without being pestered. I guess that was a noble idea, but it left an awful lot you couldn't say or ask.

You can hear a good deal of traffic from our dining room, not anything thunderous, but backfires and people pretending they're A. J. Foyt when they zoom down the street. And a couple of times at dinner when this happened, you could see Bridgie stiffen up. She'd get quiet as a rabbit, and it wasn't even that so much as it was the way she looked out of the corners of her eyes. As if she were searching for a neat, dark place to hide in.

It didn't wreck her appetite, though. I don't mean she was a born pig, I just mean she always ate fast and never left anything on the plate. Oh, sure, my mother is a decent cook, but this was a different thing. I noticed she never asked for second helpings, either, but she'd take them when they were handed to her, even if she looked kind of amazed about getting them.

It was not until the third day she was with us that she really started to open up a little. We were all sitting around yakking after the evening's druid-parade of news on TV. There had been a clip of a building, or what was left of it, that had been bombed in Dublin. The commentator had said, in that level voice they use for good news, terrible news and in between, that the trouble was moving out of Belfast, that it wasn't "contained" anymore. Bridgie had been sitting straight as six o'clock, hands in her lap, and suddenly she said, "My da was in Dublin the once."

There was a good-sized stop in the talk; then my mother asked, "Did he go on a holiday?"

She gave her head a small shake. She wore her hair in two braids wound tight around her head like pale silk ropes. "Nah, ma'am. He went there in a van to help his mate he worked with down at the docks. His mate was movin' to Dublin. When my da come back he brought us a dog."

"What kind?" I asked. "What'd he look like?"

Her eyes went a pretty fair distance away. "Ah, I was a kid then, I hardly remember ut." She looked around blinking, her eyes that same way, as if she were looking into the fireplace where the fire was jumping around in some pine logs and trying to see backward. Then she said, "But soft he was, with fine ears that stuck up when he was happy." She turned back from the fire and her shoulders went up in little wings, shrugging. "He come up missin' inside the week though. My ma never took to him, him makin' messes and all. But he couldn't o' helped it, so young."

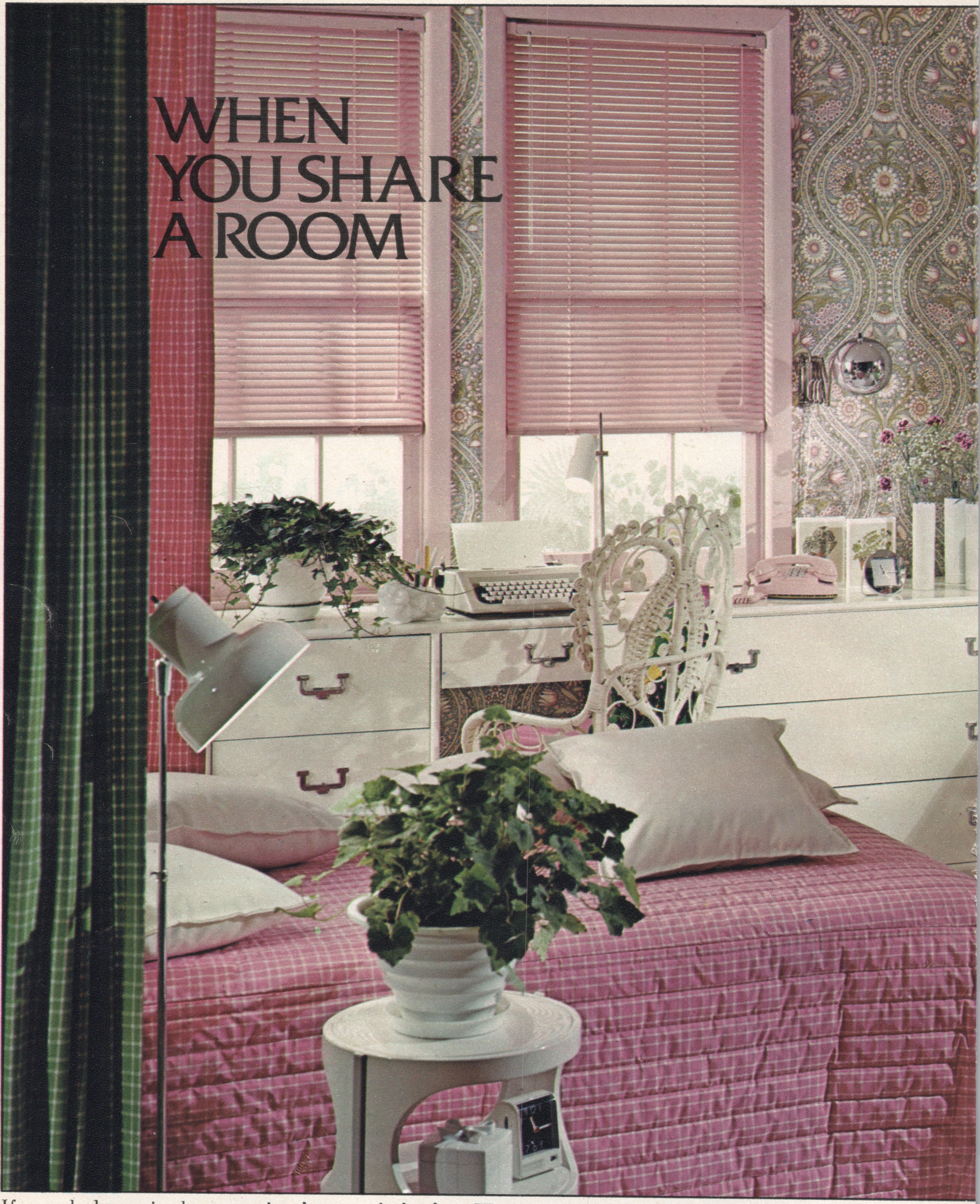
That night after Bridgie had been tucked in bed by my mother in the room next to my parents', I asked my mother whether we could adopt Bridgie or something. My mother said that wasn't possible, she'd already asked about it. Bridgie's family needed her too much, for one thing. There were a lot of those big, iron reasons. After my mother explained them we just sat there thinking about her. I kept wishing it was the kind of world where I happened to be President, or anyhow head of the State Department or something, and could cut through some rules.

The next *(continued on page 134)*

Paul Darcy Boles lives in Atlanta, Georgia, and is the author of numerous books and short stories. His latest novel, "The Limner," is a Book-of-the-Month Club selection.

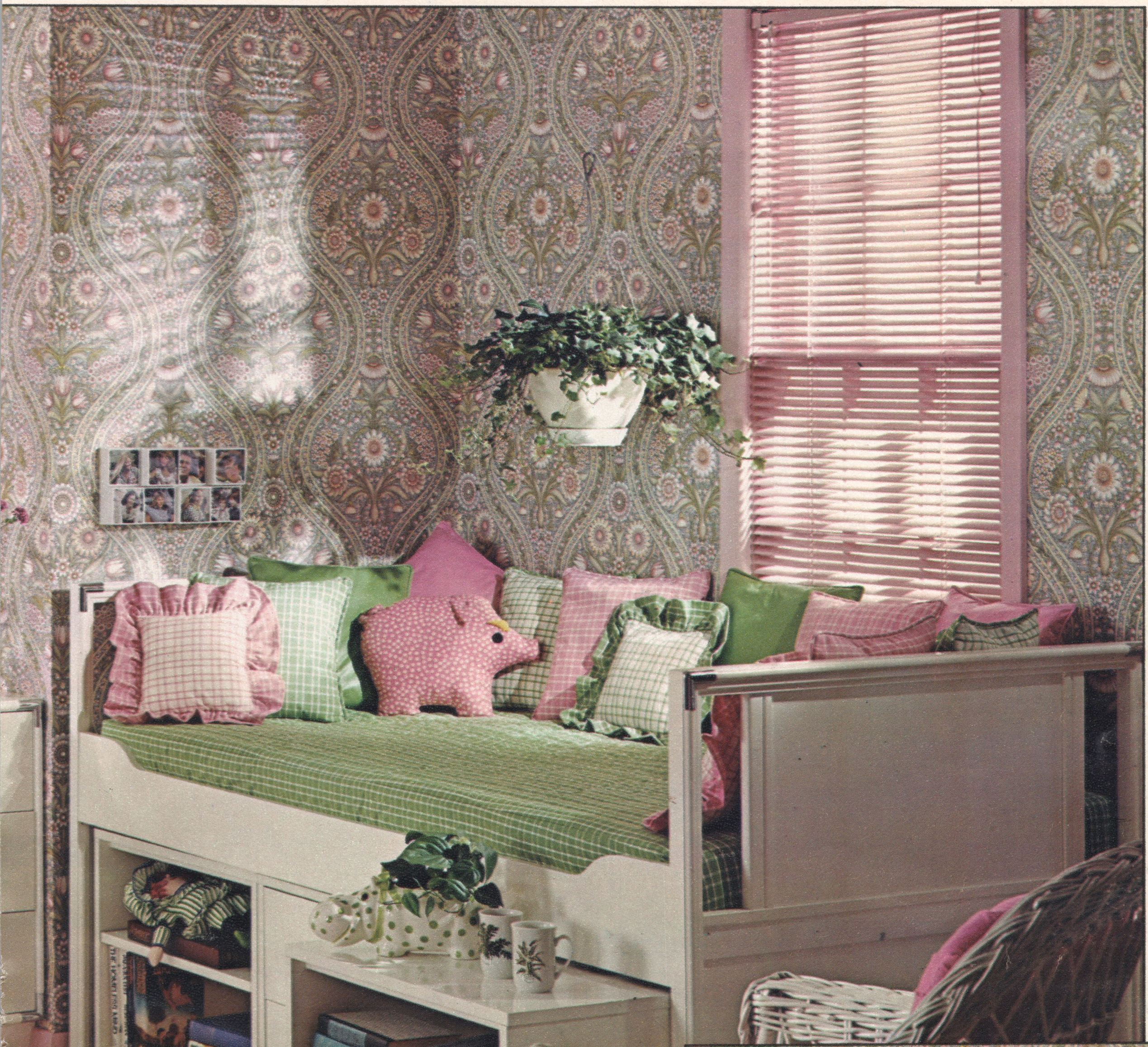
KIM WHITESIDES

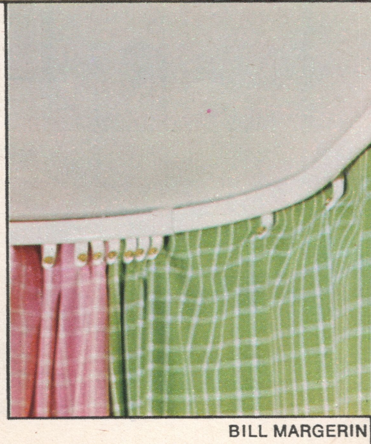
WHEN YOU SHARE A ROOM

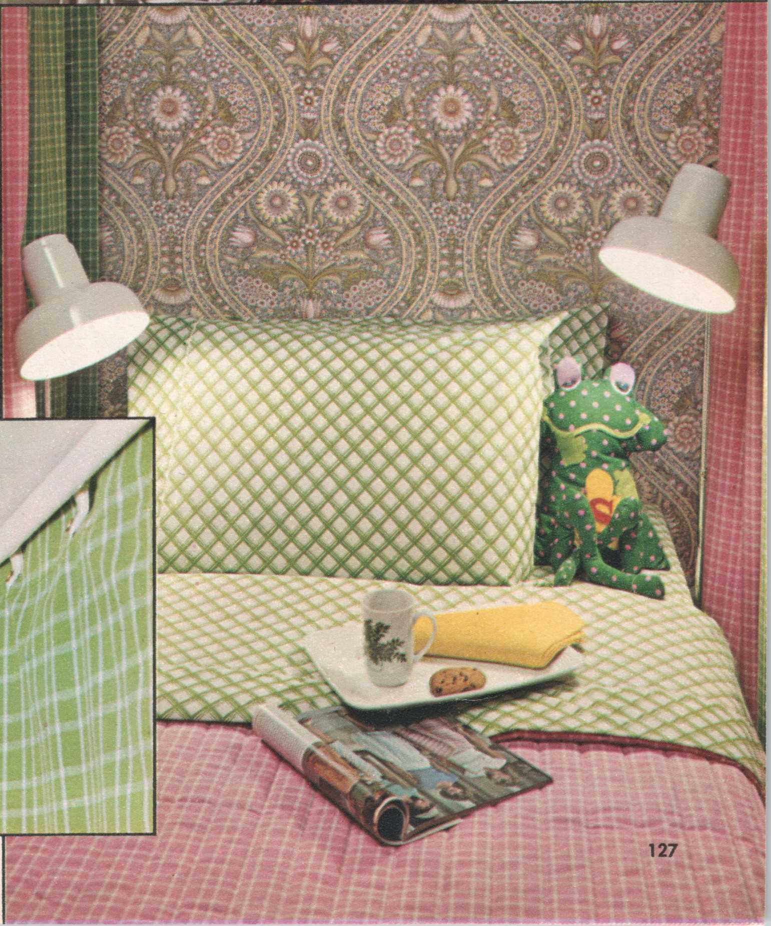


If your bedroom is also your sister's room, lack of space and privacy can be pretty unnerving. Especially when you're studying and she's checking out your clothes! How to cope? Turn close quarters into a sleeping/living complex full of space-making ideas, like the room here and the one on the next pages. How you handle things depends a lot on **the furnishings you use.** Try working with fewer pieces, the kinds that are multipurpose, with lots of storage possibilities. The daybed here takes care of sleeping and seating needs. Underneath it: three roll-out storage units that can double as tables. Units like these plus the desk and chest of drawers are all modular pieces that fit together and save space. **The way you arrange furniture units** can help establish two separate areas. In this room we avoided the scattered-all-over feeling by grouping storage and work pieces against one wall and leaving the remaining space for a sleeping/living area.

A good color scheme will visually create an open atmosphere. Avoid anything too dark or fussy. We chose a neutral print wallpaper and pink and green accents. Different color bedspreads help establish a your-own-room feeling; white floors and furnishings give the illusion of more space. Bassett furniture; Grand Basket chairs; ICI, U.S., Inc. wallpaper; Bloomcraft fabric, bedspreads and pillows; Levolor blinds. Shopping info: last page.



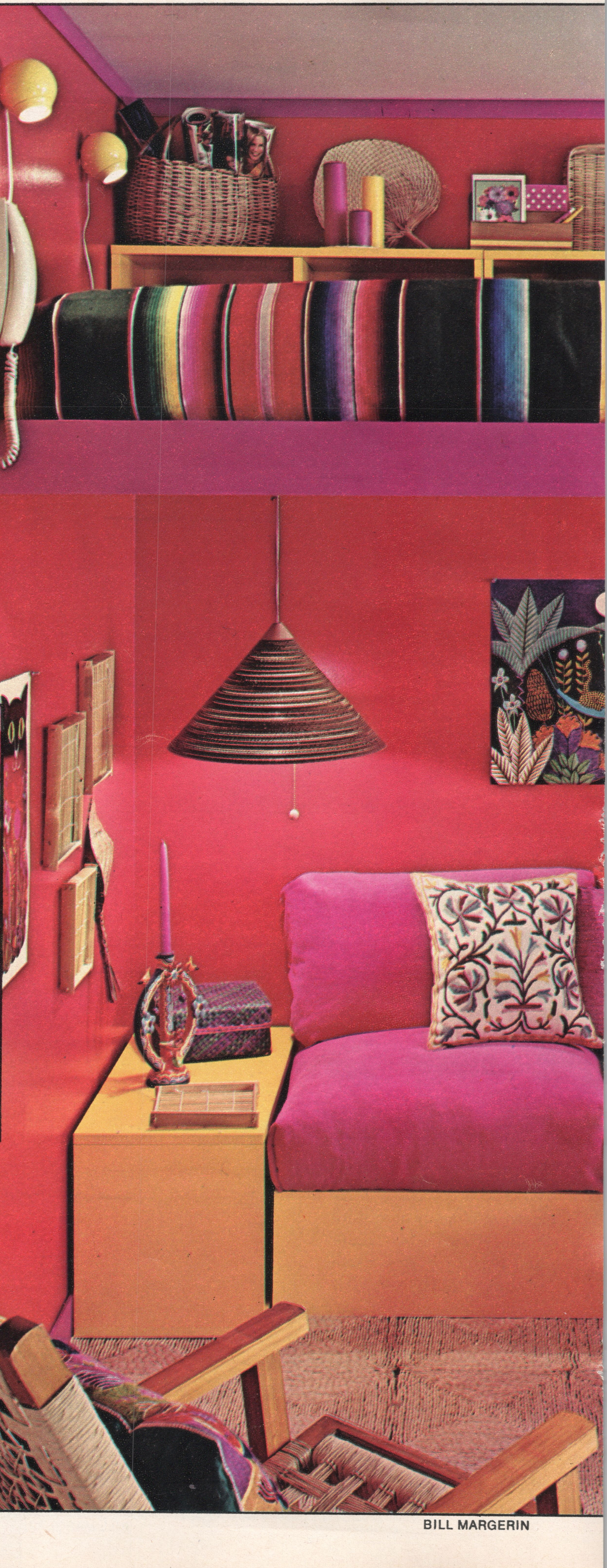


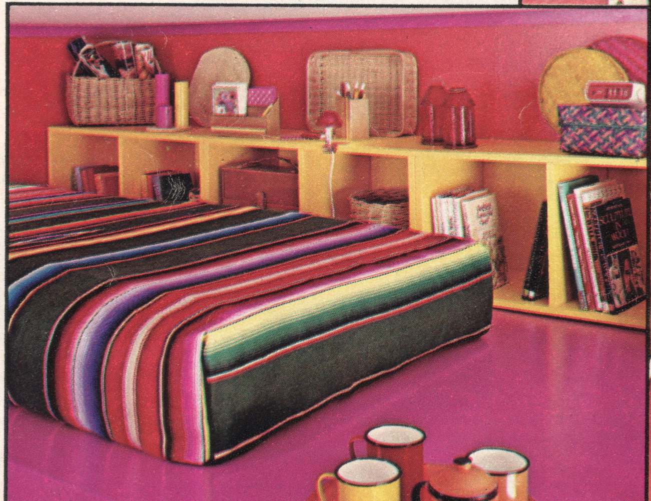


Retreat to your own mini-room (inset, far right) and privacy is just a pull-of-the-curtains away! Ordinary pull curtains are hung from a traverse rod that circles the bed (shown in close-up, right). Alternate pink and green to play up the room's decor. Skinny pole lamps on either side of the bed make this a great spot for reading and enjoying a snack.

BILL MARGERIN

More neat plans for sharing a room. This cozy arrangement was designed for two sisters who live together only part of the year since the older girl is away at college. The No. 1 space-maker here is an easy-to-build **high-rising loft bed** that practically doubles the room's floor space. If your ceilings are low, don't give up on the loft idea (who says you have to be able to walk under it)! Use the space below as a sitting/sleeping area (as shown) or for tackling a storage problem. **Individual furniture pieces** you can keep building onto are best bets. Go for clean, simple looks like our bookcase cubes (see close-up below) and seating units. We formed an L-shaped sofa that's comfy and practical. Note how it fits neatly under the loft "canopy." Cushion covers are machine-wash terry cloth. For an instant space-maker, consider **an inflatable mattress** that comes with its own tote (see it folded, bottom photo). Stash it away when you don't need an extra mattress or use it overnight at a friend's. To order loft-building how-tos and for more information, see last page. Burris furniture, Import Specialists rug. For Decorating Workshop stores near you, see page 159.

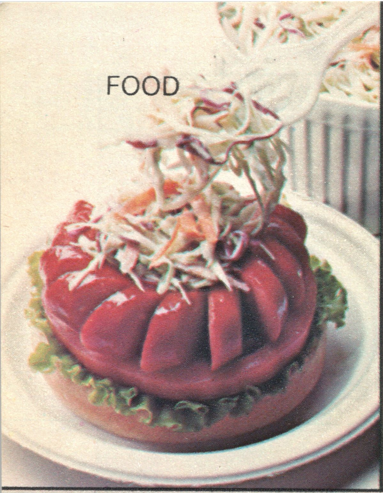




Bookcase units for our loft come unassembled. Add as many sections as you need to keep things like your radio, alarm clock and magazines on hand

BILL MARGERIN

RCA



Slaw Dog

Beanie Wienie

Frank-enstein

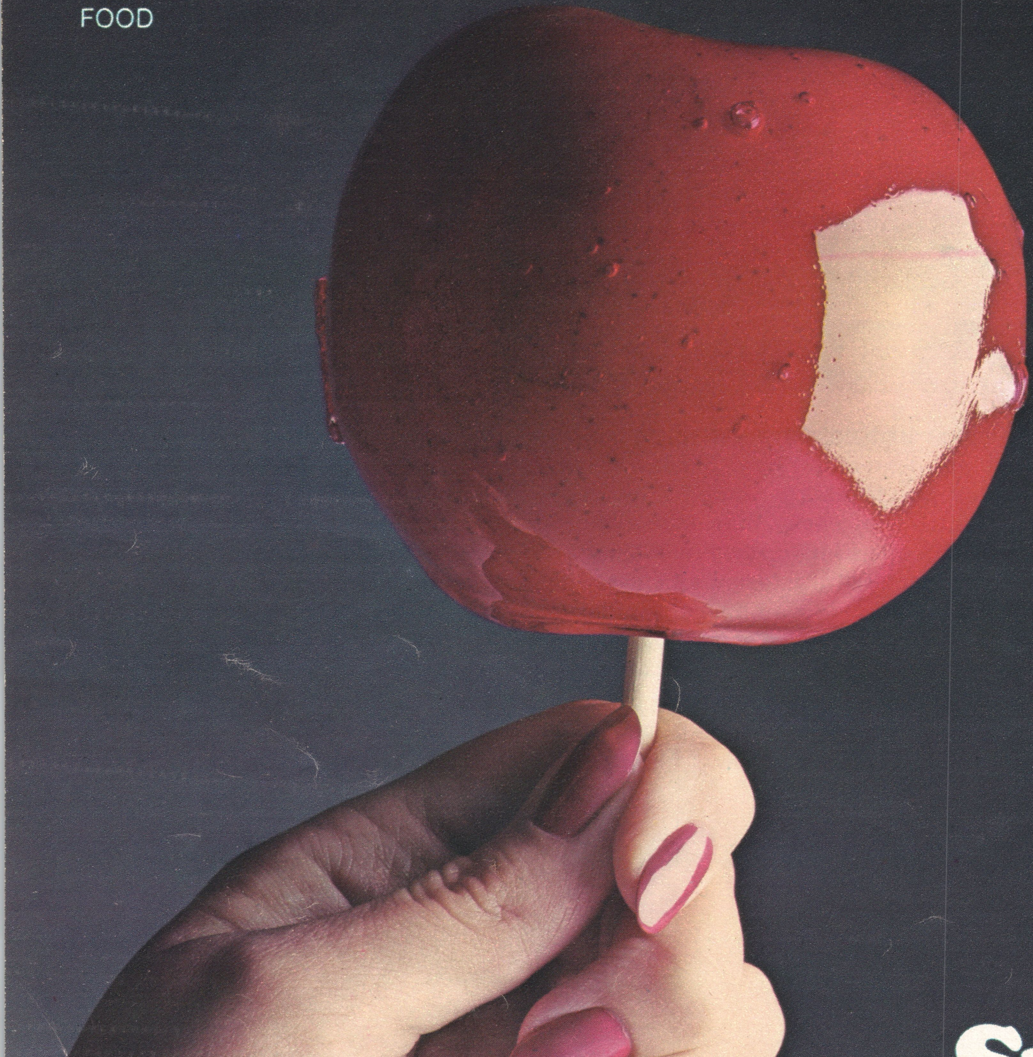
Eggstra-Eggstra

Super Spud

It's Dog Eat Dog!

Partytime or anytime, serve America's under-the-umbrella favorite in an irresistible round-about way: Slash frankfurters along one side, broil and place on a hamburger bun. Fill the center with taste-tempting delights like the ones shown here. Melted mozzarella, pizza sauce, mushrooms and peppers jazz up the Frank Sinatra, below. Left to right, above: Slaw Dog, chock-full of coleslaw on a bed of fresh lettuce and ripe tomato; Beanie Wienie: barbecued beans smother a hot dog on a sweet pineapple slice; Frank-enstein, with gobs of fruity sauerkraut on a round of apple; Eggstra-Eggstra: cheesy scrambled eggs spiced with scallions fill a frank; Super Spud, homemade potato salad with a sweet 'n sour tang complemented by crisp bits of bacon. Catch our dog-gone recipes on page 136. Ready for dessert? Flip the page for lip-smacking treats.

ARTHUR BECK



Sweet Orchard on a Stick

Be fruitful! Dunk autumn's sun-ripened bounty into the good and gooey things everyone loves, the kind of stick-to-your-mouth stuff that makes snacking extra fun. Red cinnamon glaze coats a McIntosh with apple polish, left; a pear dipped in a mixture of chocolate and caramel comes up irresistible, right. To top it off: chopped nuts, crunchy natural cereal, toasted coconut, crushed peppermint and candy sprinkles in a rainbow of colors. Don't stop here; think up some of your own. Use wooden skewers or ice-pop sticks. Ready to light up the face of your favorite neighborhood goblin or serve something special to partying friends? Manicures in vibrant autumn nail colors by Ono of Cinandre.

Check out the recipes on page 137

ARTHUR BECK

Massengill
DISPOSABLE
DOUCHE
For
Internal
Cleansing
Massengill
Complete·Ready-to-Use
DISPOSABLE
DOUCHE
NEW!
6 FL OZ

Massengill freshness.
It's yours in seconds.

Massengill Disposable Douche leaves you feeling fresh and clean. In seconds. Massengill freshness is thorough. Gentle. Easy.

With Massengill Disposable Douche there's nothing to add, mix or dissolve. No bag to wash or dry. Completely sanitary. Leaves you feeling fresh. Quickly. And comfortably. Because Massengill designs its Disposable Douche to conform to the natural slant of your vagina. Trust the leader in douche products to understand you completely.

For Massengill freshness just clip the coupon and try us. It will only take you a second.

Available in Canada through Beecham Canada Limited, Weston, Ontario.

STORE COUPON

7¢ off
Massengill®
Disposable Douche

NOTICE TO DEALER: You are authorized to act as our agent for the redemption of this coupon in accordance with the terms thereof. We will reimburse you for the face value, plus 5¢ per coupon for handling, provided you and the consumer have complied with the terms of this offer. Presentation for redemption without such compliance constitutes fraud. Invoices proving purchase of sufficient stock of our brand(s) to cover coupons presented for redemption must be shown upon request and failure to do so will at our option void all coupons submitted for redemption for which such proof is not shown. This coupon is nontransferable and good only on brand(s) specified. Coupons will not be honored and will be void if presented through outside agencies, brokers or others who are not retail distributors of our merchandise, unless specially authorized by us to present coupons for redemption. Consumer must pay any sales tax. Coupons void if use is prohibited, restricted or taxed. Cash value 1/20 of 1 cent. MAIL TO BEECHAM PRODUCTS—DIV. OF BEECHAM INC., P.O. BOX 1321, Clinton, Iowa 52734. Coupon expires October 31, 1976. DSV-A

THE HOUSE GUEST

continued from page 124

day was Saturday. My mother took Bridgie into the city for lunch and a flick and some sight-seeing. The flick was something made for kids, very ha-ha, and my mother said that all through it Bridgie sat without moving and not laughing either, with the buttered-popcorn-and-soft-drink bunch hollering around them.

She liked the Carl Akeley elephants and the stuffed-looking Eskimo families in the Field Museum, but the thing she liked best was a bunch of puppies in a pet-shop window. She had to be just about dragged away. "But we can't get her a dog; it would be too cruel when she had to give it up," my mother said. "She couldn't take it back to Ireland . . ."

After that my mother took her to one of the mammoth toy stores. She walked her through the doll section, but Bridgie wasn't hot about dolls. "I've got the one already," she said. "Ut's good enough."

Finally they got to the crafts part of the store, and there Bridgie finally found something she was really warm for. It was a big leatherworking set with a lot of colored chunks of leather in red, blue, green and yellow, and the knives and tooling instruments and all the rest. It was about the most advanced leatherworking set I'd ever seen, and I asked Bridgie if she'd like me to help her get started with it.

"Nah," she said, "I'm quick at the readin' and I can soak in the directions. Don't put yourself out for me, Mitch."

I wanted to put myself out for her all right, though, so a few nights after that I talked her into going ice skating with me down at the town lake. She didn't exactly skate when we got there, but I pushed her around on the skates I rented for her. After a while it started to snow, and going home I carried Bridgie on my back and she carried my skates. I pranced like a horse in the snow and once I heard her laugh.

But on the porch back home when I was brushing snow off her shoulders she said, "I shouldn't 'a gone. I've missed out a whole night o' my leatherin'."

"That's supposed to be fun too," I said. "Like skating. How're you coming with it?"

"I'm learnin'," she said. "It went slow at the first. Them directions was set down by a blitherin' lump. But now I'm swarmin' around it." Then she said, fast, "Please, Mitch, I'd like a place to work outside the fine room where I do my sleepin'."

I'd happened to look in that room and see her working, chewing her tongue and frowning and fierce. She'd been so into it she hadn't even seen me. Now she said, "It's not the need o' elbow room, there's plenty o' that. It's I'm afraid o' carvin' up the pretty floor. There's the workshop out in your garage, the one next to where ya keep the ottomobiles. It's even got the heater, if ya could spare the oil for that."

I swept out the workroom and got the heater jets open and working the next morning before I went to school. It was a place I'd spent a whole lot of my own time in as a young child, working like a fiend on model airplanes and boats. When I got home that afternoon I found she'd spent most of the day out there; I walked out of the back door and went to the workroom window, but she wasn't inside. Then she came around the corner of the garage from the lane in back of it. Her hair was mussed and she looked as though she'd been doing a hundred-yard dash. "Ah, I had to take me a walk," she said. "Ut gets scrooged up, laborin' so over the bench the many hours."

I started into the workroom to turn off the lights, but she ran ahead of me. "Here, I'll do ut." She flipped them off. I could see she didn't want me to see what she was making. She shut the door. On the way back to the house she said, looking at the ground, "Ya won't peach on me? Ya won't tell? Sometimes I just like swingin' around the neighborhood. I won't get lost and shame ya."

We were almost at the back porch steps. She said, "It's fine, walkin' where ya please. Not havin' to stay in the District."

"District?" I said.

"Ah, that's the boundaries. You don't go past 'em unless you're a fool bent on destruction. The District is where you and your people stay inside of."

I'd never even started to think how it would be living inside a few blocks and not stepping over a line. I did then.

She was out in the workroom the next day after breakfast; my mother told me she came in for lunch and then swept right out again. She did the same thing after dinner till I went out and called her in because it was her bedtime. My mother said she was a little worried about all this hang-up with leathercraft, but my father said, "Maybe privacy is the rarest thing we can give her," and my mother gave in to that. I didn't tell them about the walks around the neighborhood; Bridgie could take care of Bridgie, all right.

A couple of days before it was time for her to go back—something we weren't mentioning, any of us—my mother and father sailed off in the evening to visit some town friends. Then about nine-thirty my mother called to tell me they were going to stay longer than they'd planned, and to be sure to get Bridgie in from the workroom by around ten. After that, though, the phone rang again; it was some mad, dashing girl I'd been interested in for what seemed a hundred years. It wasn't till we'd finally said good night that I sat up and noticed it was ten-thirty.

I bolted out in the night, down the back porch steps and yelled for Bridgie. There wasn't any answer; the whole night seemed quiet as a piece of white steel. I crunched through the snow that had fallen the day before and looked in at the workroom window. The bench light was off.

A second later, I saw her footprints, leading back to the lane.

Halfway down the lane, though, the footprints started to get mixed up with tire tracks and were harder to make out. But that was all right because by then I could see Bridgie herself. She was easy to spot, down at the end of the lane where the boulevard started and not far from the streetlight, kneeling down beside a ribby old black and tan dog. The dog looked as though it might have had Airedale in it, along with four or five other breeds; on its hind legs it would have been about as tall as Bridgie was.

She didn't turn around, maybe didn't hear me, when I came up closer. She was fitting a new collar around the dog's neck. It was acting pretty patient; she talked to it in a kind of low crooning-scolding way. "Hold your thrapple up," she was saying. "You'll be proud and solid as the Rock of Cashel now, and don't be tryin' to scrape ut off or lose ut. Ut's your ticket to some fine homes. They'll feed ya up. They'll think ya been a pet, they'll b'lieve you're valuable . . ."

About that time, she saw me. She gave the green leather collar another pat, just the same, before she stood up. It was tooled with a lot of careful flowers, and I recognized one of the brass buckles from the giant leatherworking set.

"Well, you've caught me out," she said. "That was the last of the leather, so ut's just as well. I fitted out an even dozen creatures. It was hard findin' 'em all, some I had to folla for blocks. But none had the collars before, and now they have. It makes their chances o' havin' a home much grander. You're not angered?"

I didn't say anything. I just stuck a hand down to her and she took it. We went back along the lane. She said, "The collar's a kind o' door key. Ya'd be faster to take in a dog with a collar, wouldn't ya, now?" I still didn't say anything and she looked up at me. "There's no hard feelin's, for the immense cost o' the leatherin' outfit?"

I said, "It's okay, Bridgie."

Then I lifted her up (for nine she doesn't weigh a lot) and carried her home.

Before she went up to bed she said, "You're glad o' me? You'll ask me back some day when ut's allowed by our mutual governments?"

"Sure," I said. I kissed her on the forehead. She grinned quickly and broadly, and said, "Yah! Mush!" then backed away and skipped off and upstairs.

I'm writing this at the desk Bridgie used to come up to and stand behind while she looked at me to make sure I was still here. I'm still here. Tonight on the news there were some cut-ins from Belfast: bombings and shootings. A while ago I heard a dog outside in the dark howling a little, then going away. I don't know if it had a collar on or not. I turned around when I heard it, but Bridgie wasn't there, of course. She's back home in her District, but maybe that's not exactly true either . . . because I think Bridgie's District is the world. ◆

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Long Hair Conditioner

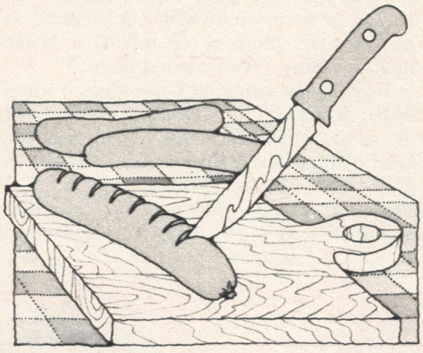
Everynight Long Hair Conditioner. It conditions only what needs to be conditioned.

IT'S DOG EAT DOG!

continued from page 131

Round dogs are quick and easy to make. Try our fillings or your own; almost anything goes. For a putting-on-the-dog party, make a variety of fillings and set them out separately so people can fill their own. The franks can be cut ahead of time and refrigerated until ready to cook. To cook up a bunch the quickest way, use a broiler pan. Serve with mustard and catsup.

to make round dogs



Cut slits along one side of the frankfurters, one-fourth to one-half inch apart, cutting about three-fourths of the way through. Fry in butter in a skillet, turning once, or cook under the broiler. The franks curl by themselves as they cook if you have sliced them correctly. When they are heated through and browned to your taste, they're done.

the frank sinatra

4 MUSHROOMS, SLICED
¼ CUP CHOPPED GREEN PEPPER
1 TABLESPOON BUTTER OR MARGARINE
⅓ CUP BOTTLED OR CANNED PIZZA SAUCE
2 COOKED ROUND DOGS
2 TOASTED HAMBURGER BUNS
3 TABLESPOONS SHREDDED MOZZARELLA CHEESE

Sauté mushrooms and green pepper in butter until soft; stir in pizza sauce and let bubble for one minute. Place round dogs on bottoms of buns; spoon mushroom mixture into centers; sprinkle with cheese. Place under the broiler just until cheese is melted. Cover with tops of buns to serve. Makes two.

slaw dogs

Spread toasted buns with mayonnaise and layer bottoms with lettuce and a slice of tomato, onion or green pepper. Top each with a round dog; fill with your favorite coleslaw.

beanie wienie

6 PINEAPPLE RINGS
1 TABLESPOON BUTTER OR MARGARINE
6 TOASTED HAMBURGER BUNS
⅓ CUP CHOPPED GREEN PEPPER
1 CAN (1 LB.) BARBECUED BEANS
2 TEASPOONS WORCESTERSHIRE SAUCE
2 TEASPOONS PREPARED MUSTARD
1 TEASPOON PREPARED HORSERADISH
6 COOKED ROUND DOGS

Sauté pineapple rings on both sides in butter until heated through and golden; remove from pan and place on bottoms of buns. In same pan sauté green pepper until soft; stir in beans, Worcestershire sauce, mustard and horseradish. Heat just until bubbly. Top pineapple rings with round dogs; spoon filling into centers. Cover with bun tops. Makes six.

frank-enstein

1 LARGE RED APPLE, CORED
1 TABLESPOON BUTTER OR MARGARINE
1 CUP SAUERKRAUT
4 TOASTED HAMBURGER BUNS
4 COOKED ROUND DOGS

Cut four half-inch-thick round slices from the apple; dice the remainder. Sauté the slices on both sides in the butter until golden and tender but not mushy; remove from pan. Heat sauerkraut and diced apple in pan. Place sautéed apple slices on bottoms of buns, then round dogs; fill with sauerkraut. Makes four.

eggstra-eggstra

2 TABLESPOONS BUTTER OR MARGARINE, DIVIDED
2 EGGS
1 TABLESPOON MILK
3 TABLESPOONS MINCED SCALLION
2 TABLESPOONS SHREDDED MONTEREY JACK CHEESE
3 TOASTED HAMBURGER BUNS OR ENGLISH MUFFINS
3 COOKED ROUND DOGS

In a skillet, heat one tablespoon of the butter. Beat eggs slightly with milk; pour into pan; sprinkle with scallion. Cook, pulling set part of eggs into center of pan with a fork. When eggs are almost done, sprinkle with cheese and cook until done to your taste. Spread buns with remaining butter; place round dogs on bottoms and fill with egg mixture. Makes three.

super spud

This delicious sweet-sour hot potato salad makes enough for six servings of potato salad or enough to fill twelve round dogs.

1 PKG. (1 LB.) FROZEN CRINKLE-CUT FRENCH FRIES
4 SLICES OF BACON
½ CUP CHOPPED ONION
¼ CUP SUGAR
1½ TEASPOONS CORNSTARCH
½ TEASPOON SALT
¼ CUP VINEGAR
¼ CUP WATER
¼ CUP MUSTARD HOT DOG RELISH
¼ CUP CHOPPED PARSLEY
2 CUPS THINLY SLICED CELERY

Prepare potatoes following package directions. Meanwhile, in a nine-inch skillet, fry bacon until crisp; remove and drain on paper towels. Drain off fat, leaving two tablespoons in pan; add onion and sauté until soft. In a bowl, mix together sugar, cornstarch and salt; add vinegar and water, stirring until smooth. Add to pan along with relish; cook, stirring constantly, till mixture thickens and boils two minutes. Crumble bacon; add to pan with parsley, celery and potatoes; toss to mix well. Serve hot.

KICKING KLUTZINESS

continued from page 103

finer points (get rid of those sagging shoulders and that linebacker's stride).

5. Self-conscious about your height? Don't be. Those extra inches can be an asset. Stand up straight (stooping only draws attention to your size) and be proud of being tall. "There's no such thing as a short model," according to Eileen Ford.

6. Take care when choosing shoes and avoid oversize platforms and clunky sandals that sometimes throw you off balance and make you look like a knock-kneed hippo.

7. Don't aim for a rigid chin-up, shoulder-back stance or you'll wind up looking like a robot. Relax, be natural! Concentrate on feeling great—and you'll look that way.

SWEET ORCHARD ON A STICK *continued from page 133*

red candied apples

10 MEDIUM-SIZED RED APPLES
10 WOODEN SKEWERS
3 CUPS SUGAR
½ CUP LIGHT CORN SYRUP
½ CUP WATER
3 DROPS OIL OF CINNAMON, OR 1 TEASPOON CINNAMON OR PEPPERMINT EXTRACT
1 TEASPOON RED FOOD COLORING
TOPPINGS OF YOUR CHOICE

Wash and dry apples; remove stems and insert skewers in stem ends. Apples should be at room temperature for dipping. Combine sugar, corn syrup and water in a heavy two-quart saucepan. Cook, stirring constantly, over medium heat until mixture begins to boil and sugar is dissolved. Cover pan and let bubble for one minute. Remove cover and cook without stirring about five minutes, until mixture registers 285° F. on a candy thermometer (soft-crack stage—see note below). Remove from heat. Stir in oil of cinnamon or extract and red food coloring, stirring just enough to mix thoroughly. Holding apples by the sticks and being careful not to let syrup touch hands, dip one at a time into syrup mixture, tilting pan to allow syrup to cover apple completely. Remove apple from syrup, holding it over the pan, and twirl to let excess syrup drip off. Then roll in toppings if you like. Place stick side up on lightly buttered sheet of foil or waxed paper. Continue dipping until all apples are coated; work quickly so syrup does not harden before all are dipped. Allow to cool completely at room temperature. Pour any extra syrup out onto foil in one-inch circles and let cool to eat as hard candy. *Note:* If you don't have a candy thermometer, test for doneness in the following way. Remove pan from heat; drop a small amount of syrup into very cold water. Let stand one minute, then remove from water. If syrup forms hard but not brittle threads, it is done. If it forms a ball, it has not cooked enough.

choco-caramel pears

6 MEDIUM-RIPE PEARS
6 WOODEN SKEWERS
1 PACKAGE (14 OZ.) CARAMELS
2 TABLESPOONS HOT WATER
⅓ CUP SEMISWEET CHOCOLATE PIECES
½ TEASPOON GROUND CINNAMON (OPTIONAL)
ASSORTED TOPPINGS: CHOPPED PECANS, TOASTED COCONUT, CRUSHED NATURAL CEREAL, CHOPPED SOY NUTS, CANDY SPRINKLES

Wash and dry pears. Remove stems and insert skewers into stem ends. Pears should be at room temperature for dipping. Remove cellophane wrappings from caramels; place in a saucepan with hot water, chocolate pieces and cinnamon. Cook, stirring often, over low heat until caramels and chocolate are melted and mixture is smooth. Remove from heat. Holding pear by the stick, dip into chocolate mixture to cover about half of the pear; lift out of mixture and use a small metal spatula or knife to spread coating evenly over about two-thirds of the pear and to remove excess. Roll in topping of your choice. Place, stick end up, on lightly buttered foil or waxed paper. Repeat with remaining pears. Allow to cool completely at room temperature.

...TEEN VIOLENCE *continued from page 123*

Should teen-age criminals receive the same punishment as adults?

In general, the panel seemed to think it's time for those who commit serious crimes to be dealt with severely, no matter what their age. "Teens are old enough to know what's right and what isn't" was a typical remark. "A murder is a murder no matter how old the murderer is" was another. Said Edward Rosen, eighteen, of Springfield, New Jersey: "We should have standard punishments that are mandatory if the person is convicted."

Many felt that the current widespread leniency for young offenders encourages teen-age crime, but several teens drew a distinction between serious crimes and lesser offenses. A young person who committed murder, rape or assault, they said, should be punished as severely as an adult. Teen-agers who commit lesser, nonviolent crimes should be treated with more mercy and should be helped as much as possible.

Yet there were those who approved of special treatment for teens. "Teen-agers who commit crimes don't need punishment," insisted Talli Nauman, eighteen, of Custer, South Dakota. "They need help."

Another view was offered by Alfred Kohn, eighteen, of Miami Beach, Florida, who said, "Teens should not be given special treatment during a trial, but special consideration is appropriate for *all* first offenders."

What about prisons and reform schools?

"Prisons are understaffed, overcrowded and ineffective," said one teen. "There seems little alternative to a prison sentence for someone who is guilty of a serious crime. But without question, we should be working toward more humane jails which are geared toward rehabilitation rather than vengeance." Others voiced similar opinions.

From Isabel Schurman, sixteen, of Pointe Claire, Quebec: "Putting all juvenile criminals together in reform schools is just provoking the less serious cases to get worse. Putting a lot of confused kids together will not help any of them."

From Jimmy Kirk, seventeen, of Columbus, Ohio: "Putting a criminal into a prison with other criminals just multiplies crime. It's like letting a magician watch another magician's act from backstage; he's sure to steal a few tricks."

From Carolyn Rose, fifteen, of Albuquerque, New Mexico: "Most kids that I see go into the local detention home come out in much worse condition, mentally and physically. It's a crime in itself to send a misdirected teen to this hell."

What, then, should be done with violent teen-age offenders?

Here teens were inventive, though not at all in agreement.

"Foster homes, if you can get good families to take in kids in trouble," offered one girl.

"Gun control!" suggested another vehemently (although some disagreed just as heartily).

"A group like Alcoholics Anonymous, where kids could *(continued on page 140)*

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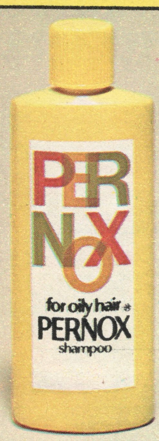
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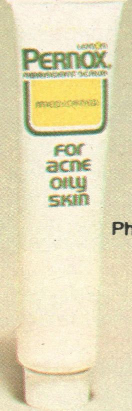
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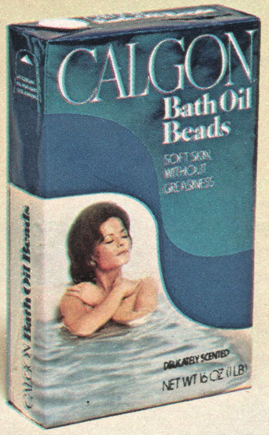
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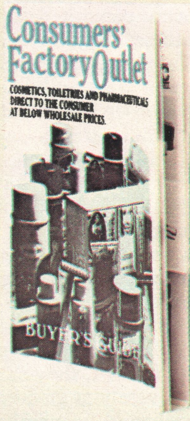
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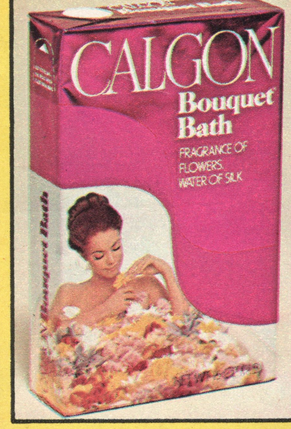
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The completely captivating fragrance.

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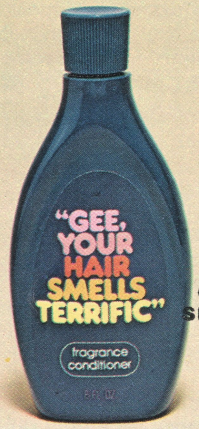

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...TEEN VIOLENCE

continued from page 137

discuss their hang-ups," suggested Lisa Snyder. "Not just groups of teens who commit crimes, but other kids willing to be their friends. Most kids in trouble need to meet new kids outside of their old circle."

Diana Shaw, seventeen, of Charlottesville, Virginia, gave high marks to a group home in her community: "The key seems to be keeping the kids in their community. Only teen-agers from this area are admitted to the home. There are no locks on the doors or any restrictions characteristic of a lock-up facility. The kids receive individual counseling and attention—in fact, the home is called the Attention Home rather than the Detention Home."

"Therapy is the answer for most kids," suggested Michele Riess, fifteen, of Yonkers, New York. "Compassion," said Kathy Melvin, "will wear a person down before punishment."

Some came up with even more inventive proposals. "The perpetrator should be required to support his victim or the family of his victim for a prescribed length of time," said Peggy Zdila, eighteen, of Akron, Ohio. "Teen-age killers, instead of being locked up with hardened criminals, should have to go to the funeral of the person they murdered," said Grace Scales, eighteen, of Fife, Virginia. "If teens commit lesser crimes," she added, "they could be sentenced to pick up beer cans along the highway, visit hospitals to see victims of highway accidents or apologize in person to the victims of their crimes."

Eva Rodriguez, eighteen, of Springfield Gardens, New York, had one alternative she *didn't* like: "One I *wouldn't* suggest is that kids simply be released in the custody of their parents. Where there was no control or communication before, there's bound to be none afterward."

Teens had mixed feelings on the threat of punishment as a deterrent. "It works," said some, but Suzanne Cashin was not alone in maintaining, "Jail is not the answer. I've heard kids bragging about spending a few nights in jail. In some circles, apparently, it's cool to endure punishment." As Paula Mack, of Portland, Maine, suggested, "Threat of punishment may be half the thrill."

Most of the teens agreed that we need prisons that concentrate on rehabilitation instead of mere containment, foster homes and group homes, counseling by trained adults who care about kids and preventive programs to reach kids before they begin to strike out. Such measures, needless to say, take time, money and concern. Are Americans willing to give these? That's the question kids are asking adults.

Leaders speak out

Here are the views of three nationally known opinion-makers on the question "What should be done about teen-age violence?"

United States Attorney General Edward Levi, concerned with what the federal government can do about violence, said: "One concept receiving increasing study nationally suggests that the majority of the worst offenses are committed by only a small number of offenders—juveniles who are repeat offenders. Much greater attention must be paid to these violent juveniles, fully protecting society from them, while at the same time trying to turn them from criminal behavior."

William A. Rusher, a conservative spokesman and publisher of the *National Review*, thinks teen-age lawbreakers should be punished as severely as older criminals: "Violent crime must be punished. I see no reason to modify that conclusion—or the punishment—because the person who commits the crime happens to be a teen-ager. No doubt there are sociological factors behind every crime, not only crimes committed by teen-agers but crimes committed by octogenarians. But while I think it is important for the health of society generally to try to provide the best environment for both teen-agers and octogenarians, and for those in between, it seems to me that once a crime has been committed there is only one effective response, and that is to punish it.

"In the case of *very* young teen-agers, I suppose it is possible to argue that one reaches below the point at which an adult response is to be expected. In such cases more lenient or corrective treatment might be desirable."

Carl T. Rowan, in an installment of his *Black Perspectives* radio program, said parents must do more to control teen-agers and children who are violent in school: "If we ever hope to make the hallways and playgrounds safe, it's going to be up to parents and students.

"Parents will have to pay more attention to what their children are doing. They'll have to be aware of whether their sons and daughters are going to school drunk, as some do, or carrying weapons.

"Only when parents show this kind of concern will our schools again become places of learning rather than fear."

...SAYING NO

continued from page 107

had a negative answer for him, he would say, "Oh, could you please hold on for a moment? Another telephone is ringing." Those few seconds gave him the time to figure out what he wanted to say and to build up his courage. (Yes, it takes courage to say no.)

- Stop being so squeamish about confrontations. Some feelings may get a little ruffled, but to my knowledge, no one has ever died from being told no. Welcome confrontations as occasions to strengthen your character.
- If you're feeling insecure, down in the dumps and just generally miserable, try to postpone saying either yes or no. That's a bad time to make up your mind about anything.
- If you don't get the word no out the first few times, don't be too hard on yourself. It gets easier each time you do it—especially if you choose to do it pleasantly. And you'll see that everyone has survived—including you.

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READ THIS AT YOUR OWN RISK

continued from page 105

Milligan. "Spike was a breakthrough in television," they say. "He made us realize we were writing clichés. Three-minute sketches, blackouts. Spike would start off with one thing, then suddenly go in a different direction. He played around with joke forms, breaking them up, standing them on their heads. On one show he appeared, said good evening and took a custard pie in the face. He repeated good evening and got another; he did it again and again until he took six pies in the face! You can't do that; you could do it once but not six times, but it got hysterical!"

Monty Python's humor has been called "undergraduate," which annoys them no end. "Particularly as we're all graduates!" they say. Their ages range from thirty-one to thirty-five. They come from middle-class backgrounds; their fathers engaged in such occupations as bank teller, minister, steelworker.

"It's a cliché that's typical of people who run television programs. Involved with putting on a new one, they always try to think in terms of things that have gone before." When Monty Python first appeared on BBC-TV in 1969, they were billed as a satire show. They objected because they consider themselves to be writing "fantasy humor, if labels must be attached." They add, "But the whole problem is to not be identified. Within the context of the show you should never know what's going to happen next. We want to take the audience by surprise!"

One of the ironic aspects of Monty Python's success is that many of the shows being seen now in the United States are several years old. To date, they have made forty-five half-hour episodes—three series of thirteen each, plus a half-dozen made last year without John Cleese, who decided to go off on his own. "People in America," they say, "don't seem to understand that we haven't been making *Python* shows solidly for six years. The BBC doesn't work like that. You make thirteen. Then you sit around and the phone may ring six months later. They're not very fond of us, really. Although once we had a note that said, 'So glad about the series, hope you're going to do another.' "

When the shows were originally seen in England, there was a gap of a year or two between each set. "In the interim," they observe, "people had built up such an image about the series that had gone before that every time we'd start a new one, they would say, 'Ah, well, it's not quite as good as it was, you know.' Then by the end of each series, they would want to know when we were doing the next set!"

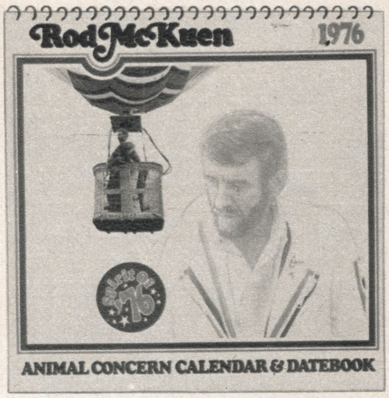
They feel their shows are improving all the time. "The last series" (which begins on some of the PBS network this month), they say, "is better edited, tighter, neater. The technique is really worked out. In the beginning some shows had a revue format. A sketch ended, something else began. It was looser then." Occasionally they've coped with censorship problems. "Most attempts have been fairly ludicrous. The BBC has no prearranged list of things you can't do, but suddenly you're told that you can use a specific word once—but not twice!—on a show. Benighted loonies!"

PBS is using one sketch the BBC refused to rerun on the air. It begins with an announcement that this is rather an important moment because the Queen is looking at television tonight, and it's very likely that she will be watching Monty Python. "We say that we are announcing this in advance but don't want it to make any difference in the normal show. Then the credits have the royal symbol all over them, there's a terrific *God Save the Queen* theme and a message is flashed saying that the Queen is switching over at any moment from another channel. When she does, everyone in the sketch stands up and carries on, acting rather stiff and embarrassed. Finally there's a great sigh of relief when the announcer says, 'The Queen in fact has switched over to another channel.' We managed to get the actual newscaster on another channel reading the news on his own set. Then while the Queen is supposedly watching, he stands up and carries on reading! It was a very funny show, the best we've done." One of their problems in analyzing their style was that the BBC would never let them have video cassettes of their first twenty-six shows because of union difficulties. They recorded the later ones on their own equipment.

Monty Python's rise on American TV began last year in Dallas, Texas, when Time-Life, which releases BBC-TV films here, sent Ron Devillier, program manager of the local PBS station, thirteen cassettes of the original series. "He watched one," they recall, "then sat down and watched them all for seven hours, then called in his friends and watched them all over again." They exclaim in admiration, "He should be the head of world television!" Devillier persuaded Time-Life to let him put on the *Python* series as a test run and that was it. "He's a real Python head, a Python freak," they add with pleasure. "Some people resisted *Python* to begin with—they felt it was not quite nice, not quite right, that it occasionally knocked religion—but they've absorbed all the shocks by now and enjoy it."

Monty Python's Flying Circus got its name because, with five performers involved, the BBC referred to the group as a "circus" in their contract. "Originally we wanted to call it Owl Stretching Time. Someone suggested Flying Circus, then Monty was added because it's a shady sort of name and Python because it's a nasty sort of snake.

"When all of us are together," they tell you, "it brings out the worst in us, since we get self-conscious talking about ourselves. People think when they meet us we'll be doing wacky things like swinging around the room on a trapeze. We try to oblige by being funny, but that doesn't really work out. Someone comes along and says, 'We'd like to take a zany photograph of you acting in a strange way.' But that's not what we're about. We're fairly serious about the state of the world—and who shouldn't be? We worry about things like pollution, birth control, about far too many of us asking far too much. That's why we have so much violence. The population of the world should get smaller—in a few years we'll run out of manganese, then we run out of iron, then oil, and we ought to take notice of that. Because if we don't, we're giving some gift to our children, aren't we? Like death." ❦



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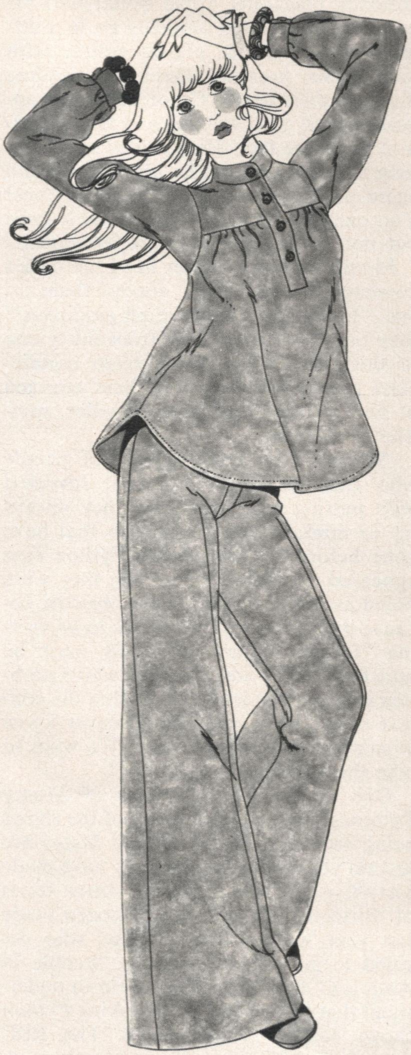

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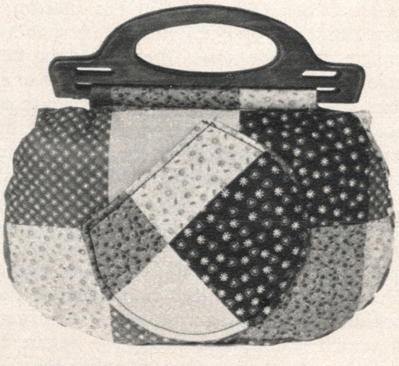

Color-happy bag in patchwork fabric with wood handles and outside pocket, 11 by 16½ inches; $8.98. Lillian Vernon, Dept. SOE, 510 South Fulton Ave. Mount Vernon, N.Y. 10550

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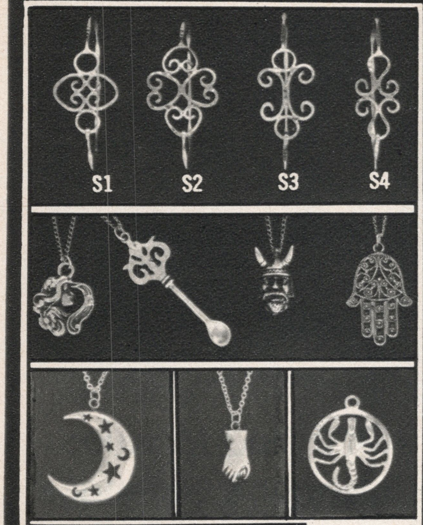

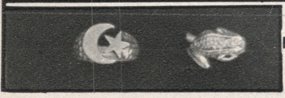

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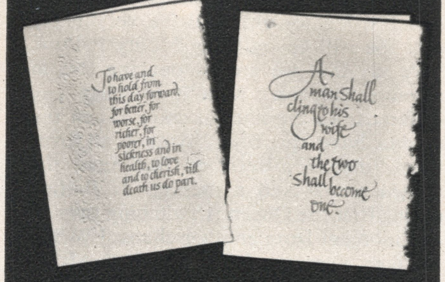
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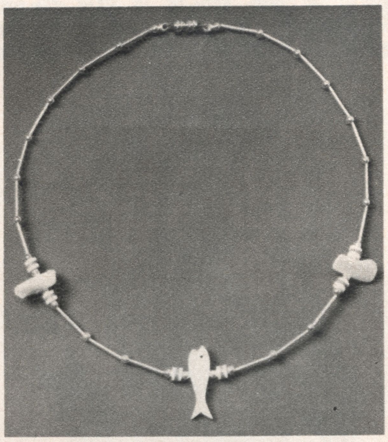

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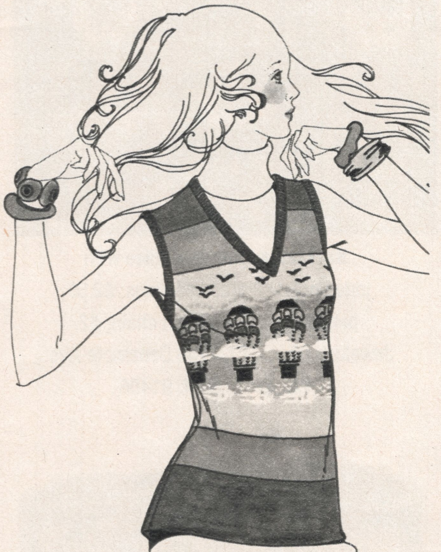

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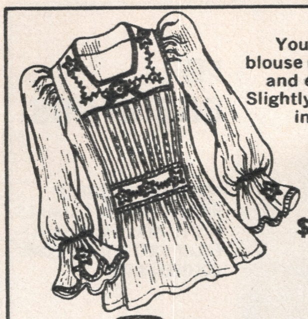
More on page 144



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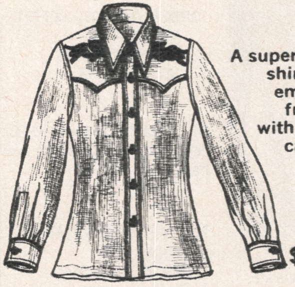

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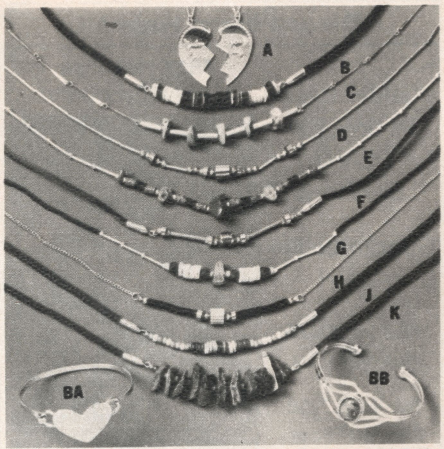

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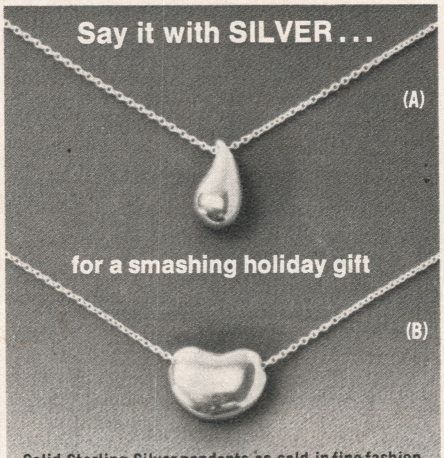

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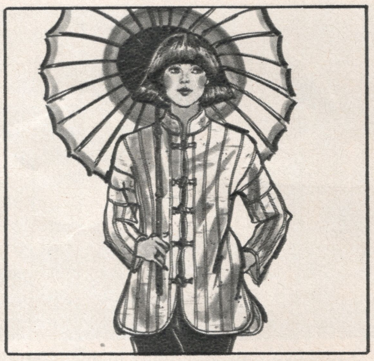

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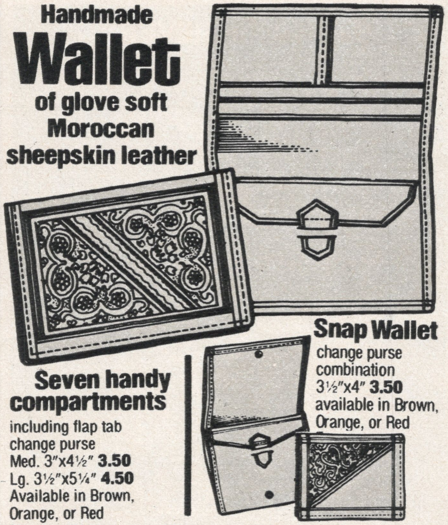

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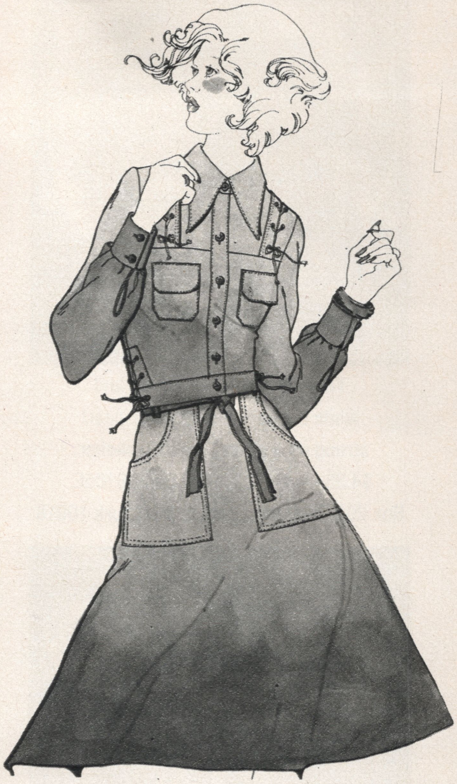
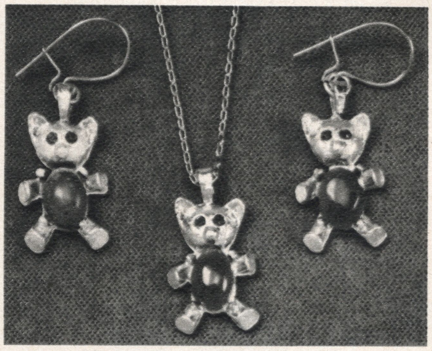
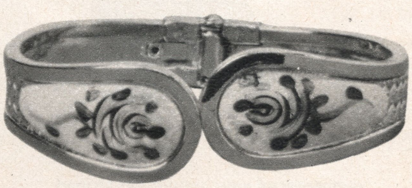


Matched mates: cotton jacket in blue ombré teamed with a wrap skirt that buttons down the back. Sizes S-M-L; set, $19.95. Superstar, Dept. S510E, 14729 Oxnard St., Van Nuys, Calif. 91411

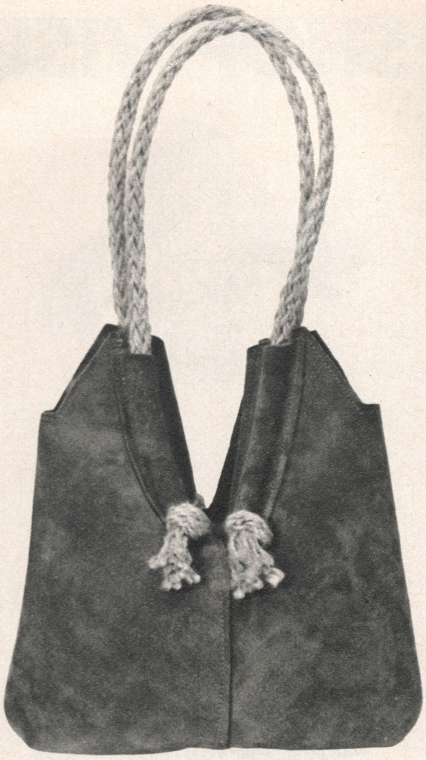


Bear facts: golden teddies with jade bodies. Pierced earrings, $2.50; pendant on 18-inch gilt chain, $2. Jewelart, Dept. 7TJ, 7753 Densmore Ave., Van Nuys, Calif. 91406

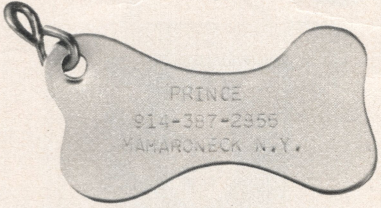


Rosy posies painted on white enamel, set on a gilt bracelet; $5.25. Nat Pepper, Box 2628, New York 10001

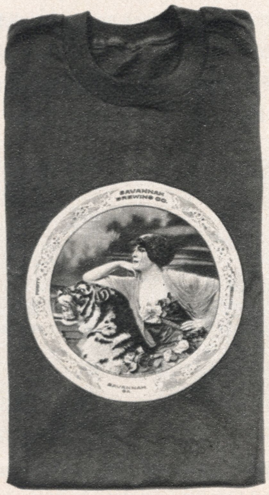
To order by mail, see page 154



Autumn item: suede bag with natural jute handles. Choose tan, rust, light or dark brown; 8 by 11 inches; $8.95. Marilyn Enterprises, Box 117, Monsey, N.Y. 10952

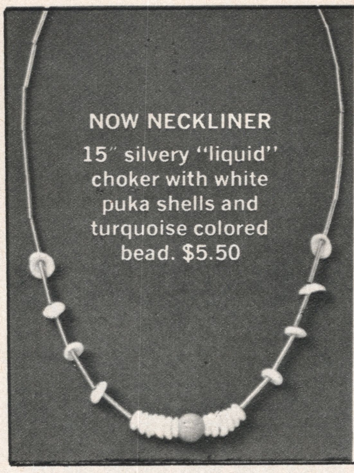
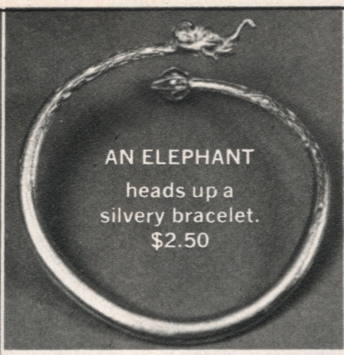


Dog ID: bone tag in silver-plated brass engraved with dog's name, your area code and phone, city, state (specify); 1¾ inches long; $1.50. Lillian Vernon, Dept. SOE, 510 S. Fulton Ave., Mount Vernon, N.Y. 10550



Southern flavor: red cotton T-shirt with Savannah Brewing Co. design. Sizes S-M-L-XL; $4. R & M Sales, Box 5732, Fort Lauderdale, Fla. 33310

More on page 146

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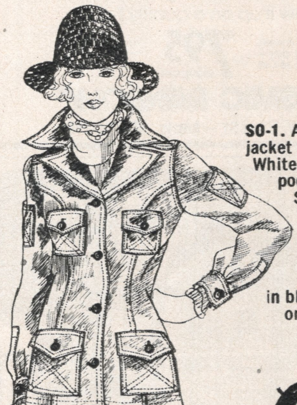
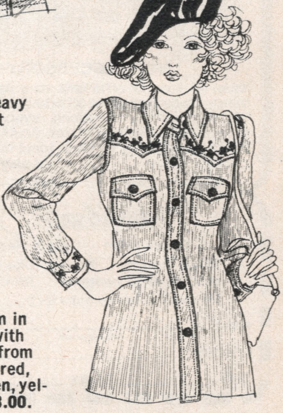
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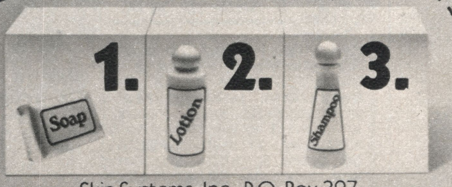

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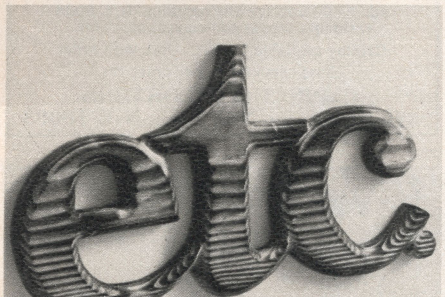

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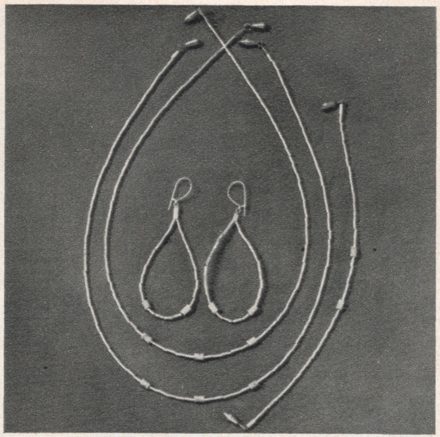

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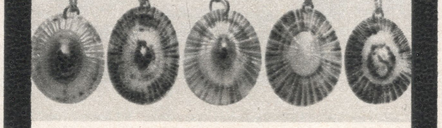

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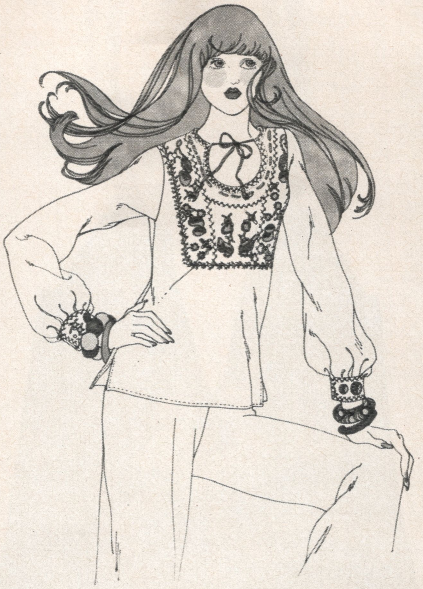
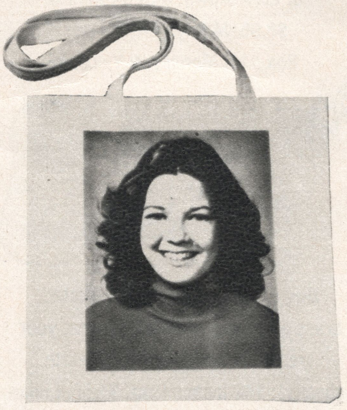
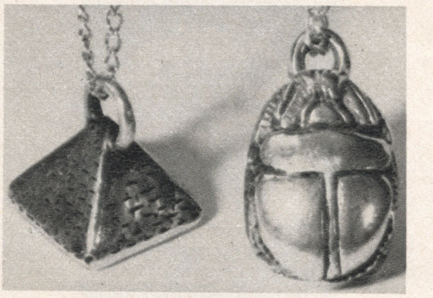


Natural selection: cotton crepe top with bright embroidery and mirror disks. Sizes S-M-L; $10. Sweet Willy, Box 5878, Grand Central Station, New York 10017



Picturesque: natural canvas tote (14 inches square) printed with your photo. Send color or black-and-white slide, photo, magazine cutout or drawing; $8.95. Realcom, 615 West 53rd Street, Minneapolis, Minnesota 55419



Egyptian signs of life: handcrafted solid sterling amulets on 18-inch silver chains. Each ½ inch wide; $10.50. Value Marketing Co., Box 1366, Point Pleasant Beach, N.J. 08742

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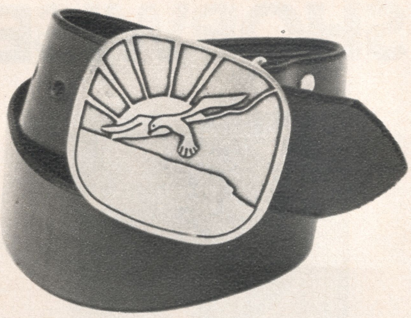
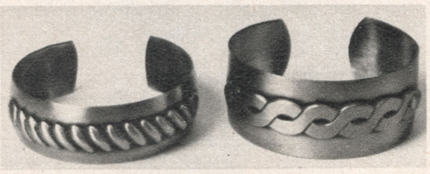


Brassware: buckle with sea gull design, 1¾ inches wide; $4.25. Also comes with black or brown leather belt (send hip or waist size); $11.95. Western General Store, Box 14348, Opportunity, Wash. 99214

Rock stardom: black-and-white glossy photos of Jimi Hendrix, Roger Daltrey, Elton John, John Denver. Free catalog listing others. First 8 by 10 inch, $1.25; each additional one, $1. Ludlow Sales, Box 554, Chelsea Station, New York 10011



Top brass: copper bracelets mounted with brass designs. Left: ¾ inches wide; $4. Right: 1 inch; $4.50. Tazi's, 60 Arcade Bldg., Providence, R.I. 02903

Beading course: mother-of-pearl strung on a choker of cream and rust beads (15 inches); $3.50. Marjorie Lynn. Dept. SE105, Box 1424, New Springville Station, Staten Island, N.Y. 10314

More on page 148

CHOKERS: **A.** Brown acorn on gold chain with brown beads and puka shells. **B.** Brown acorns on brown beaded chain with puka shells. **C.** Beaded choker with brown chunks. **D.** Gold chain with three hearts framed in gold. Available in red, white and blue. **E.** Simulated liquid silver with turquoise stones on silver chain. **F.** Lucite tubes with tiny silver beads and turquoise stones. A-B-C-D, **$3.50 each.** E-F, **$3.75 each.**

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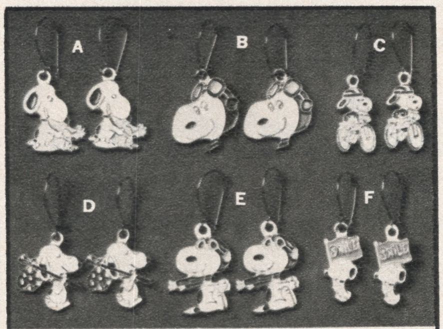

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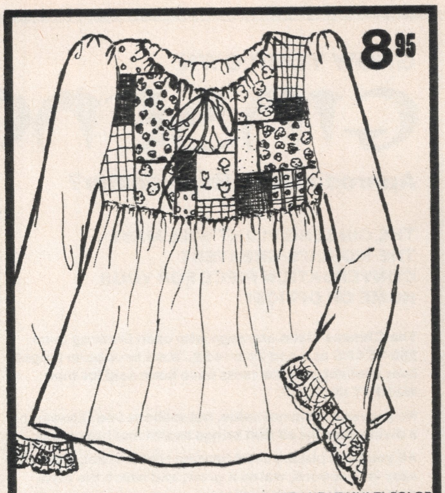

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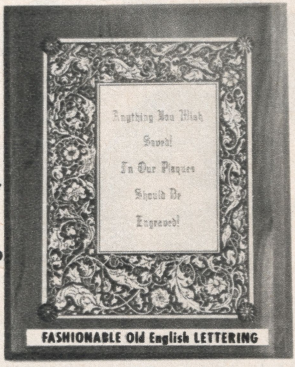

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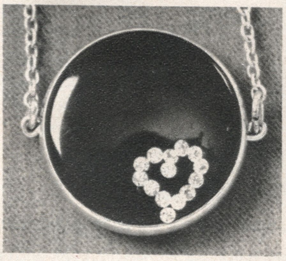
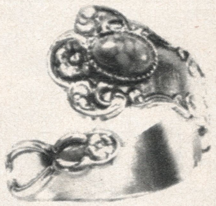
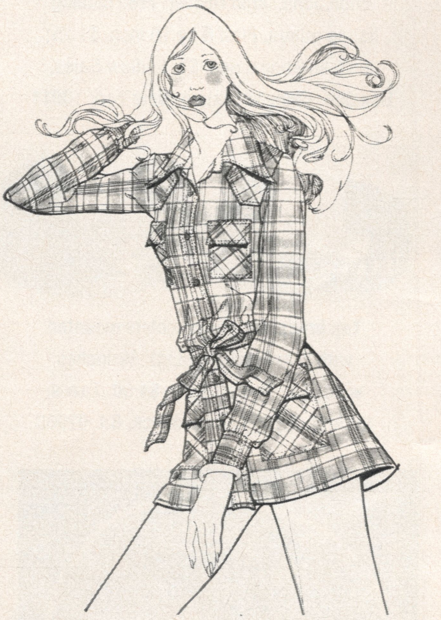


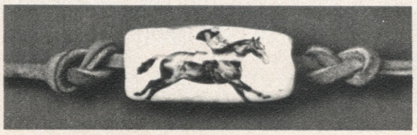
Heart shine: black enamel pendant (1 inch wide) with rhinestone heart on a 16-inch gilt chain; $6.98. Lillian Vernon, Dept. SOE, 510 South Fulton Ave., Mount Vernon, N.Y. 10550



Spoon windup: silvery ring with fake turquoise stone. Adjustable; $2.25. Nat Pepper, Box 2628, New York 10001



Plaidland: cotton shirt with four pockets, waist tie. Multicolored plaid, sizes S-M-L; $16.75. La Tienda, 251 E. 52nd Street, New York 10022



Horseplay: white ceramic bead painted front and back with a horse, 1½ inches long, on leather thong; $5.25. Gypsy Caravan, Box 186, Staten Island, N.Y. 10314

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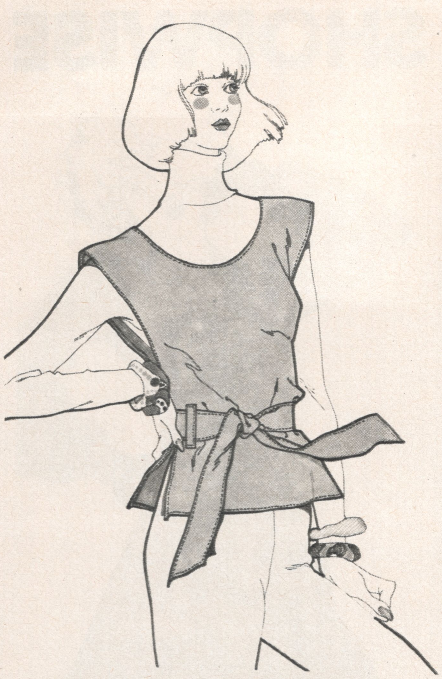
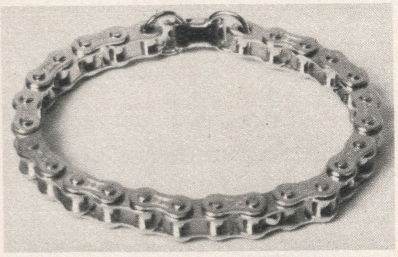


Vested interest: suedelike beige top (washable) with waist tie. Sizes S-M-L (send bust size); $13.95. Nora, Box 54, Saugatuck Station, Westport, Connecticut 06880



Bike chain bracelet to cycle round wrists. In gilt; $3.95. Something Different, 12522 Burbank Boulevard, North Hollywood, California 91607

Winter warm-up: all-wool hat striped in bright colors. One size for all; $8.75. Denver Trading Co., Box 5005, Denver, Colorado 80217

More on page 150

For You, for Him, a copper bracelet with a silver finish, and a perfect place for your name or his. Please specify name. $3.95

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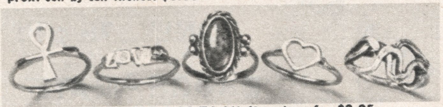

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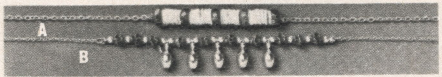
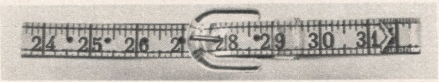


A. Hishi beads on 15″ silver chain. **B.** Simulated turquoise nuggets with silvery drop-offs on 15″ chain. $3.25 each.



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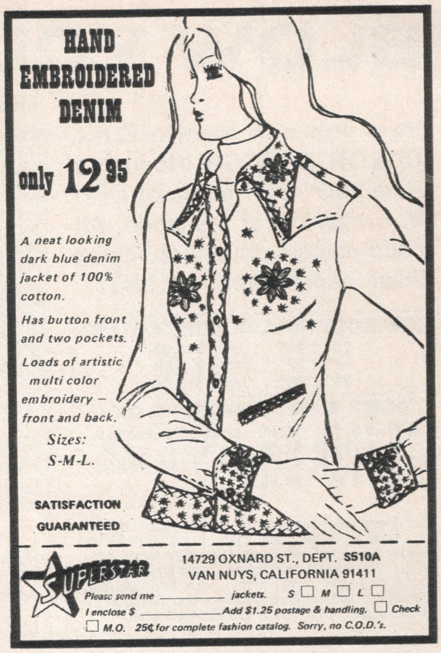

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only 12⁹⁵

A neat looking dark blue denim jacket of 100% cotton.

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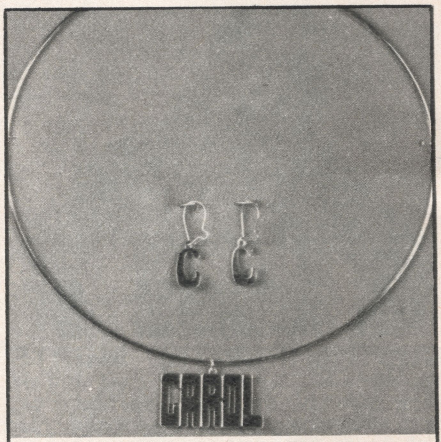

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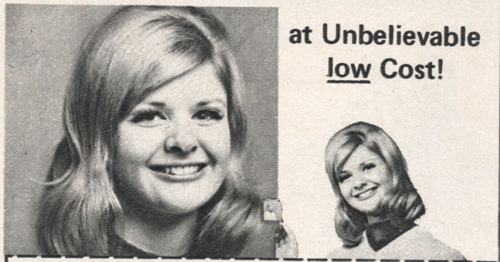

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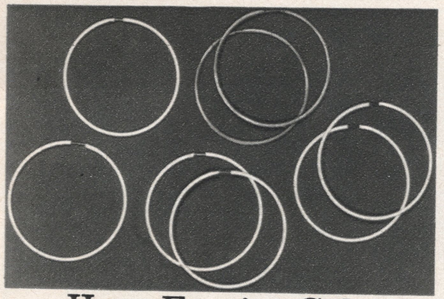

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4 Pair, Enameled Colors..........$3.00 Postpaid
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Endless hoops, 14KT Gold Filled ear wires are part of the circles — ends go into the 1½ inch hoops. Pop them on for circles of fashion color accents. Choose from enameled pink, white, yellow, turquoise or electroplated gold or silver.
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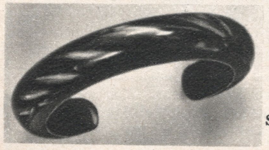

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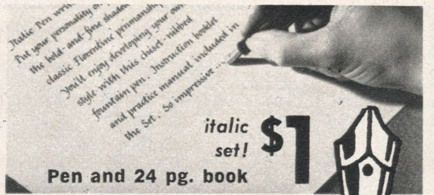

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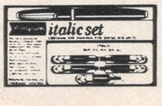

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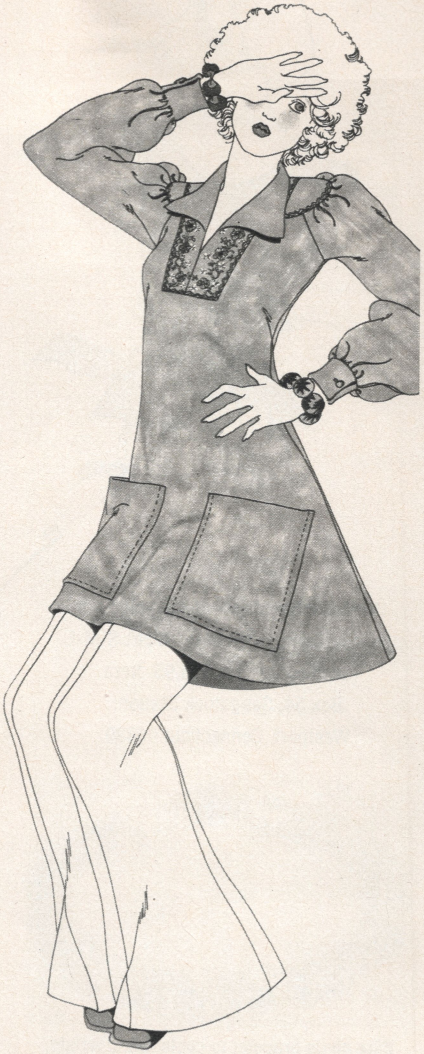
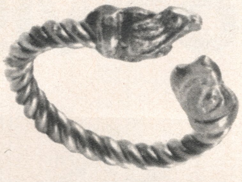


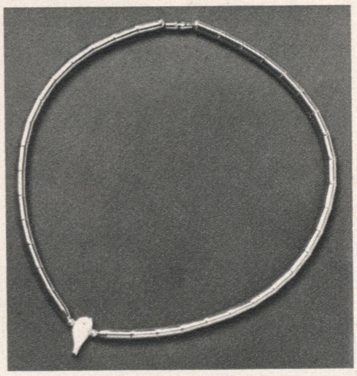
A tunic to go over pants or on its own; heavy gray cotton with flower-embroidered placket, two pockets. Sizes 3-15; $18.60. Tantra Imports, Box 489, Providence, R.I. 02901

Foreign intrigue: brightly embroidered cotton bag with shiny sequins and mirror disks. Imported from India, 14 by 12 inches; $10.50. Gypsy Caravan, Box 186, Staten Island, N.Y. 10314

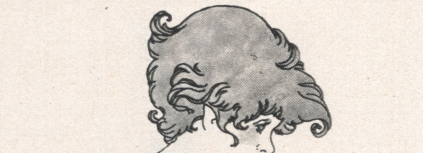
To order by mail, see page 154



Doubleheader: twisted brass and copper ring with an elephant head at each end. Adjustable; $2.85. Gypsy Caravan, Box 186, Staten Island, N.Y. 10314



Seafare: carved coral fish on a silvery bullet-bead choker, 15 inches long; $5.50. Ann's Artifacts, Dept. S105E, Box 292, Midtown Station, New York 10018



Fall classic: loose-fitting corduroy dress with rolled sleeves, V neck. Navy or brown; sizes S-M-L; $17. Shenanigans, Box 168, Lenox Hill Station, New York 10021

More on page 152

ZODIAC NAME NECKLACE — Any name hand-made in 12K rolled-gold wire. 18 inch tarnish proof chain. Specify name and sign. $5.00.

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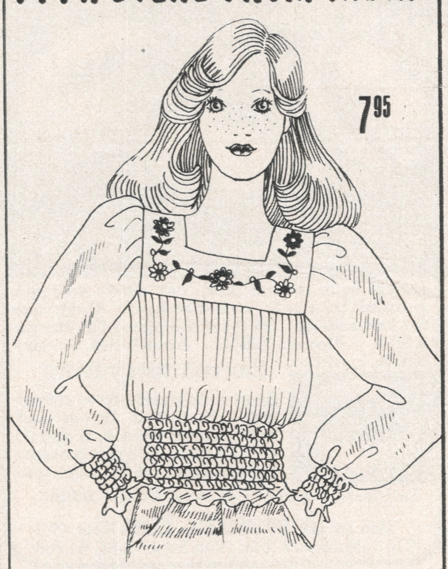

There's a great casual look in this creamy white cotton crepe blouse imported for you from India. There are hand embroidered flowers at the neck and lots of ruffles at the wrists of the big free 'n easy sleeves. The bodice has plenty of pleats and tucks and a puckery elasticized waistband and cuffs which all go together to make this a great fall top that's very soft, very sweet and just a bit romantic. SIZES: S — M — L

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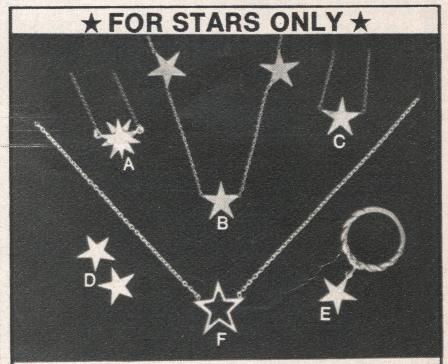

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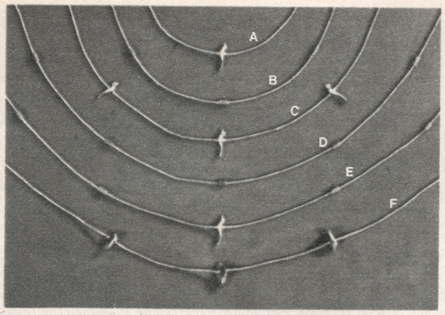

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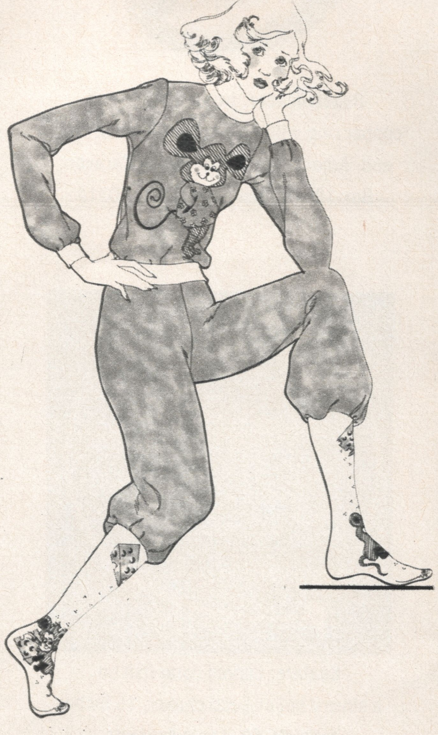
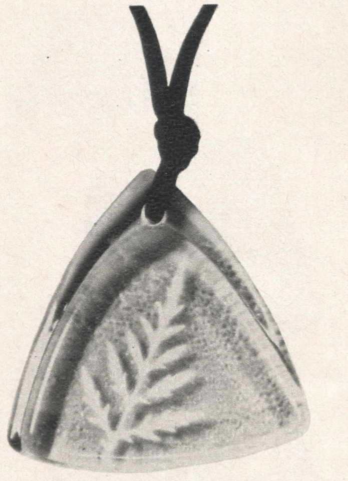
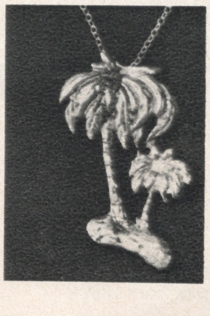


Pajama game: brushed acetate and nylon footed pj's with mouse design. Pink or blue; sizes S-M-L; $12. Village Boutique, Box 97, Seaford, N.Y. 11783



Glasswork: fern imprint on a fused glass pendant, 2½ inches wide. With black silk cord; $4. The Silo, RFD 3, Upland Road, New Milford, Conn. 06776



Palm-istry: silver pendant (1 inch long) on 15-inch silver chain; $12.95. Sabel, 210 Fifth Avenue, New York 10010

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"Harvard bag."
Olive green; 15 by
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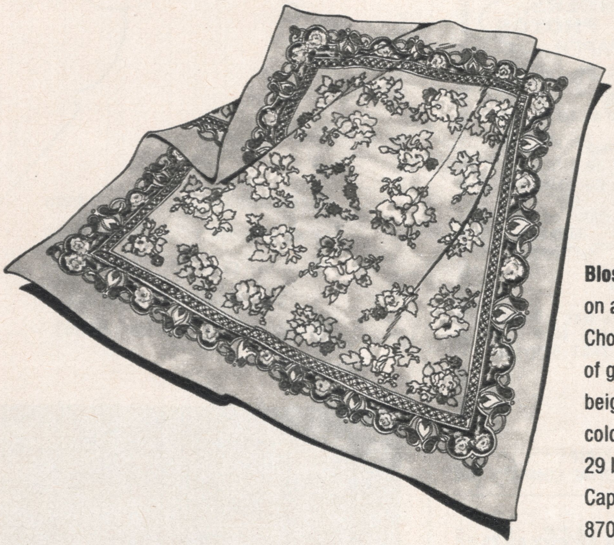

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Choose background
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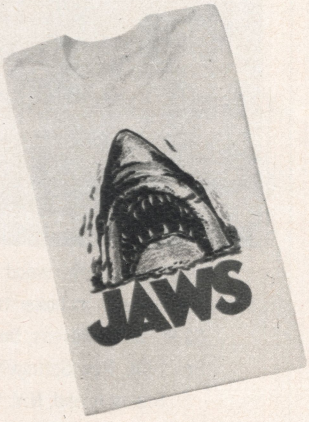
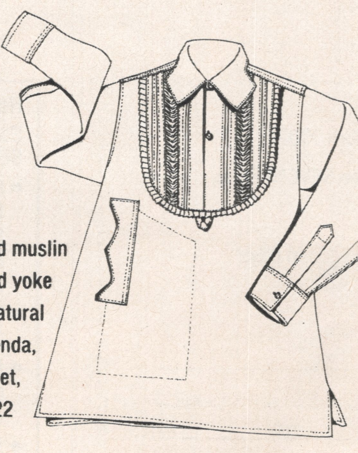


Toothy T: cotton shirt with "Jaws"
design; white, yellow, orange or
blue. Sizes S-M-L-XL; $4.85.
T-Shirts, Dept. SC-105, Box 640134,
Miami, Florida 33164



A natural Mexican: unbleached muslin
overshirt with tucked, buttoned yoke
and a pocket set to one side. Natural
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251 East 52nd Street,
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More on page 154

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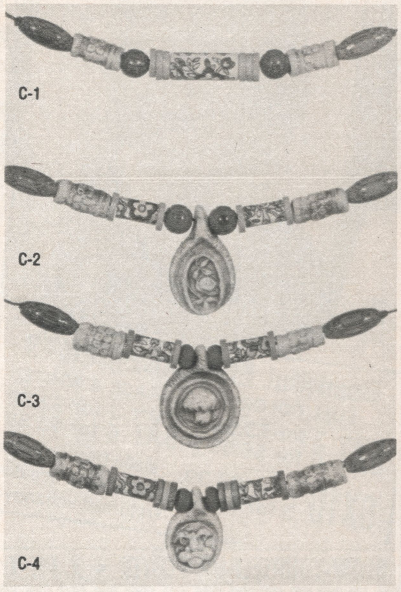

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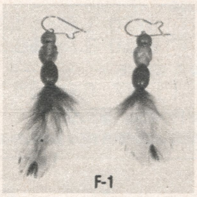

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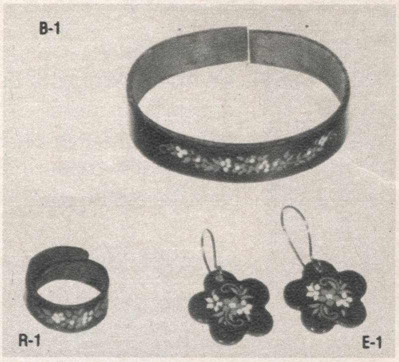

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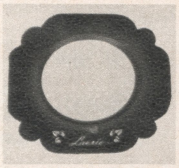

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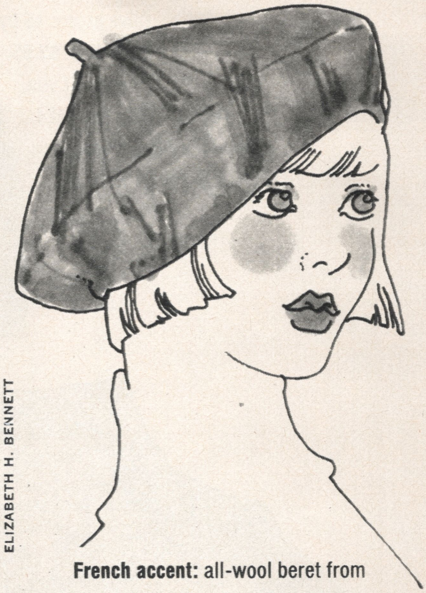

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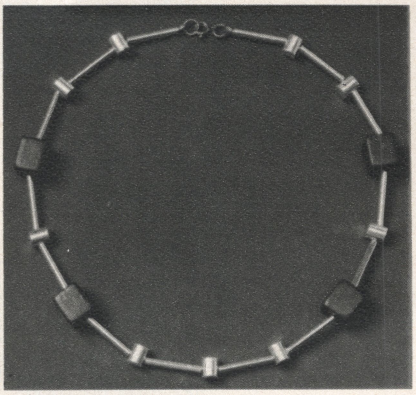

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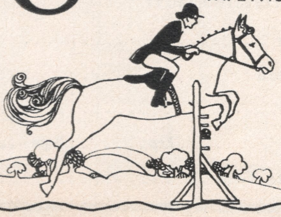

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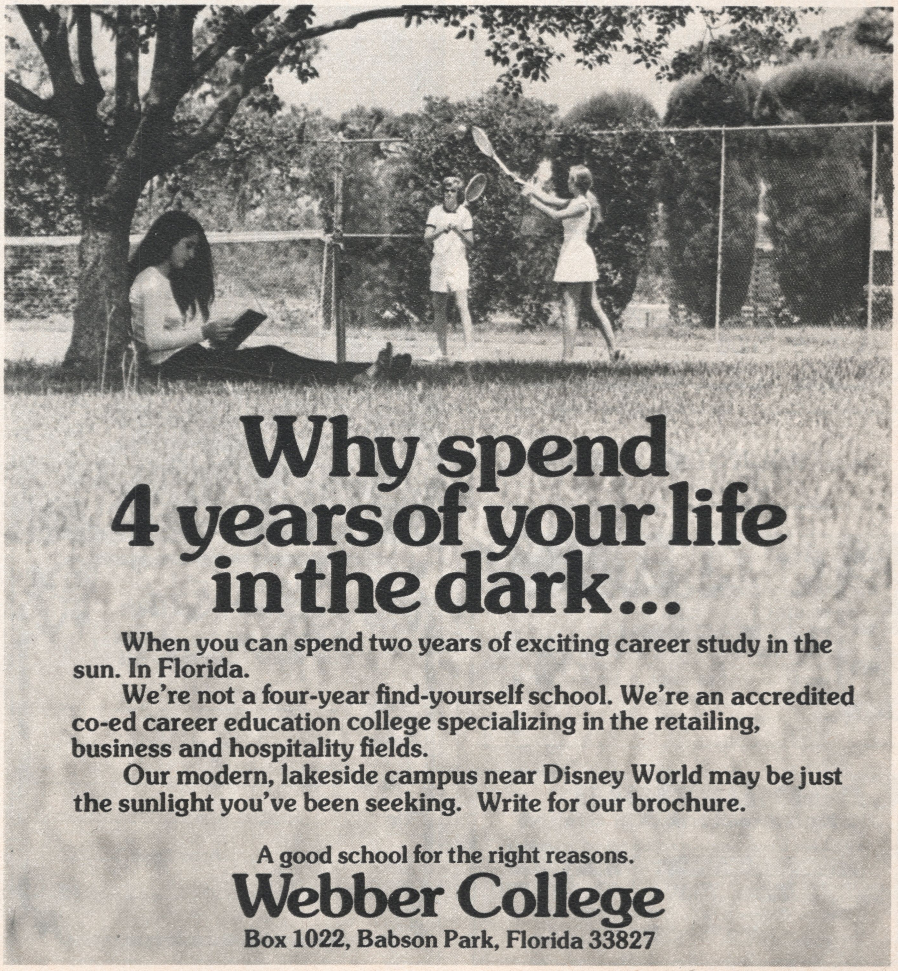

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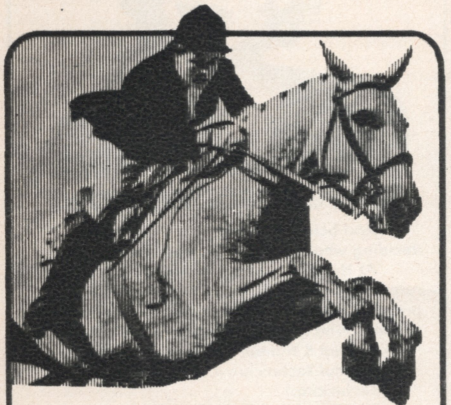

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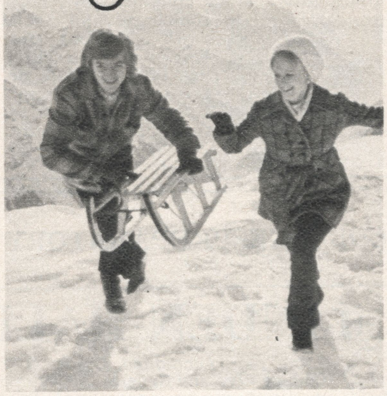

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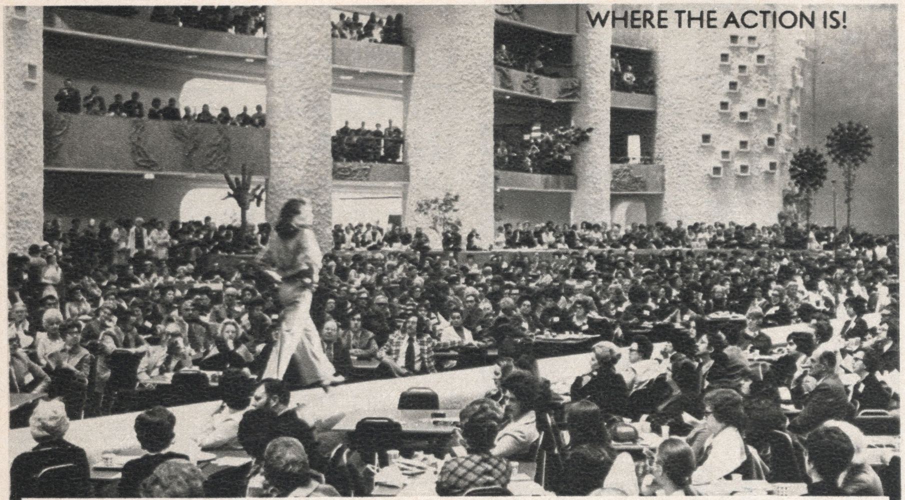
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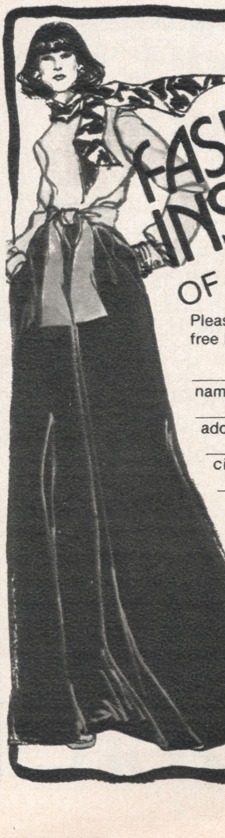

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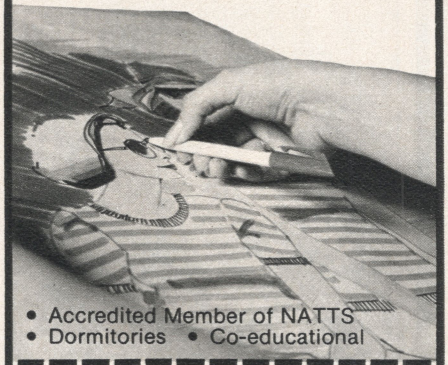

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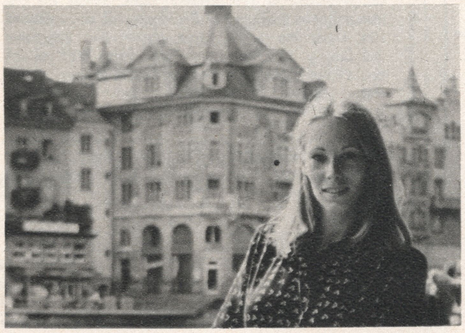

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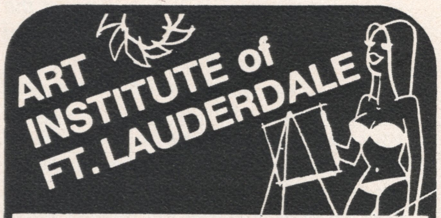
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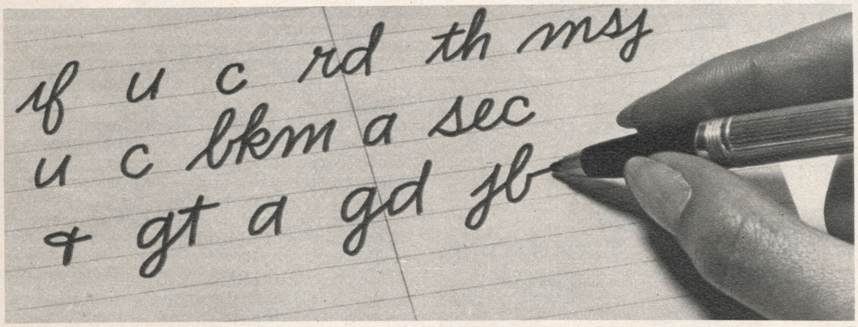

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ON THE COVER

Outdoorsy freshness—that's the look model Sarita Gislason radiates in every way. She begins with Balanced makeup base in Natural Glow and Young Face powder blusher in Melon Glow. For eye openers—moisture-rich Daily Eye Treat shadow in Mushroom and Glossy Brown brush-on mascara. The deeper, gleamier mouth gets going with Different lipstick in A Different Tangerine; it's loaded with emollients to protect lips from chapping. All, Clinique. The fashion story here—sweatery knits like a wool bigdress (Bargello; $48) teamed with a fuzzy muffler (Zwicker) and braid-trim cloche (Grandoe). Stores and more info below. Photo by David McCabe.

WHERE TO BUY....

the fashions and accessories featured on our cover and on pages 92-97, 108-117, 121

Cover

Bargello wool dress, sizes 5-13: Lord & Taylor, New York; Garfinckel's, Washington, D.C.; Stix, Baer & Fuller, St. Louis; Joseph Magnin, all stores.

Zwicker Knitting Mills oblong scarf, $7: Jordan Marsh, Boston.

Grandoe hat, $8: Bergdorf Goodman, New York.

Pages 92-93

United Knitwear/Scotch Craft cable-knit sweater, $20, sizes S-M-L: Princeton Skate & Ski Chalet, New York.

Pages 94-95

Betmar oblong scarf, $6: B. Altman, New York.

Grandoe white sweater cap, $3.50: Lord & Taylor, New York; and white mittens, $3.50: Abraham & Straus, Brooklyn.

Pages 96-97

Grandoe white cuff hat, $5.50: Lord & Taylor, New York; and white sweater cap, $5: Bergdorf Goodman, New York.

Pages 108-109

Swing Low handwoven wool poncho: Swing Low, New York; Landau's, Princeton; Mayfair, San Francisco.

Putumayo saddlebags, $30: Putumayo, 142 East 73rd St., New York 10021.

Pages 110-111

Swing Low alpaca vest and skirt, sizes S-M-L: Swing Low, New York; Clark's Western, Pueblo. Skirt also available at G. G., Sausalito.

Sermoneta cotton shirt, sizes S-M-L: Sermoneta, 251 East 77th St., New York 10021.

Hackler Trading Corp. alpaca bag, $7.50: Sermoneta, 251 East 77th St., New York. 10021.

Kat Knapp cotton vest, sizes S-M-L, and skirt, sizes 5-13: Bloomingdale's, New York; David Specialty Shops, all stores.

Putumayo headdress, $30: Putumayo, 142 East 73rd St., New York 10021.

Putumayo wicker basket, $40: Putumayo, 142 East 73rd St., New York 10021.

La Tienda cotton shirt, sizes S-M-L, shawl, $19, and striped skirt, sizes 5/6-11/12: La Tienda, 251 East 52nd St., New York 10021.

Mexican Folk Art Annex necklaces, each $1.25: Mexican Folk Art Annex, 23 West 56th St., New York 10019.

Sermoneta necklaces, each $5.95, and woven basket, $18.50: Sermoneta, 251 East 77th St., New York 10021.

Swing Low wool sweater, sizes S-M-L: Swing Low, New York; Landau's, Princeton; Jax, Chicago, Beverly Hills, Westwood Village, Balboa Island and San Francisco.

Sermoneta wool hat and drawstring bag, each $15: Sermoneta, 251 East 77th St., New York 10021.

Landlubber prewashed jeans, sizes 26-34: Deb Shop, Charlotte; Wieboldt's, Chicago.

Mexican Folk Art Annex pullover top, sizes S-M-L: Mexican Folk Art Annex, 23 West 56th St., New York 10019.

Pages 112-113

Mary Quant dotted swiss bra, sizes 34-36, and teddy pant, one size fits all: Lord & Taylor, New York; Chas. A. Stevens, Chicago.

Van Raalte melon Antron satin bra, sizes P-S-M-L, and matching bikini, sizes 4-7: Filene's, Boston; Rich's, Atlanta.

Warners lacy bra, sizes 32-36 A,B,C, and matching bikini, sizes S-M-L: Bloomingdale's, New York; Filene's, Boston; Carson Pirie Scott, Chicago; Hudson's, Detroit; Robinson's, California.

Donald Brooks for Maidenform front closure bra, sizes 32-36 A,B,C, and stretch-lace bikini, one size: available by end of October at Gimbels, New York; Strawbridge & Clothier, Philadelphia; Carson Pirie Scott, Chicago; Bullock's, southern California.

Pages 114-115

Lollipop-Modern Globe cotton tube top, sizes 36-44, and cotton trunks, sizes 5-7: Abraham & Straus, Brooklyn; Adam, Meldrum & Anderson, Buffalo; Gimbels, Pittsburgh; The Hecht Co., Washington, D.C.; Hudson's, Detroit; Bullock's, southern California.

Kasper for Jolie Sports pointelle vest, sizes M-L-XL, and matching trunks, sizes M-L-XL: Hudson's, Detroit; Joseph Magnin, all stores.

Teenform bodyslip, sizes S-M-L: for store information, write Teenform, 112 West 34th St., New York 10001.

Lux Lux for Formaid ribbed undershirt, fits sizes 8-12, and matching panties, one size fits 4-7: B. Altman, New York; Jordan Marsh, Boston; The Union, Columbus; Nordstrom's, downtown Seattle and Portland.

Pages 116-117

Carmen Sugarman for Victoria Needlework hunting bag: Lord & Taylor, New York.

Jaclyn suede bag: Abraham & Straus, Brooklyn.

Roger Kuper buckskin apron: Honeybee, New York and all stores: La Vogue, Newport News; The Carriage House, Dallas; Macy's, San Francisco.

Omega Belts braided leather belt: Joseph Horne Co., Pittsburgh.

Baronet striped makeup case: Bloomingdale's, New York; Burdine's, Miami.

Buxton cosmetic case and matching key case: Macy's, New York; Hudson's, Detroit; Stix, Baer & Fuller, St. Louis.

Princess Gardner French purse: Gimbels, New York; Maas Brothers, Florida; Bullock's, southern California.

Plumagère canvas garment bag: La Koo Koo, Great Neck; That Paper Place, Skokie; Union Rogue, San Francisco.

Tools for Travel beige duffel bag: The Broadway, all stores.

Nylon Casuals by Seward Luggage tennis bag: for stores, write Seward Luggage, 40 East 34th St., New York 10016.

Wings denim backpack: Bonwit Teller, New York.

Page 121

White Stag multicolor striped turtleneck, $34, sizes S-M-L: Lord & Taylor, New York; Hudson's, Detroit; Nordstrom's, Seattle.

THINK SNOW—AND SEW!

Pattern info and where to find fabrics for making the fashions on pages 118-121

Butterick pattern 4370, $1.50. Sizes 8-16. Jacket and belt require 2⅜ yards of 45" fabric; pants require 2½ yards of 45" fabric.

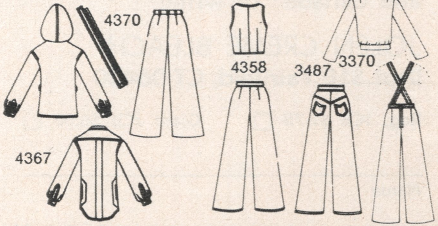
Butterick pattern 3370, $1.00. Sizes 5/6-13/14YJT. Jacket requires 1⅞ yards of 45" fabric for size 11/12; overalls require 2⅜ yards of 45" fabric for size 11/12.

Butterick pattern 4367, $1.50. Sizes S-M-L. Shirt-jacket requires 2⅝ yards of 45" fabric for size S.

Butterick pattern 3487, $1.25. Sizes 8-16. Pants require 2½ yards of 45" fabric.

Butterick pattern 4358, $1.25. Sizes 8-16. Vest requires ⅞ yard of 45" fabric; pants require 2⅝ yards of 45" fabric.

Unless otherwise indicated, yardages are approximate for size 10. Butterick patterns are sold in department stores in most cities, or they may be purchased by mail. All patterns will be sent by first class mail. Add 15¢ postage and handling for each pattern. Send check or money order, size and pattern number(s) to: Butterick Pattern Service, P.O. Box 630S, Altoona, Pennsylvania 16603.
In Canada: Butterick Pattern Service, P.O. Box 4001S, Terminal A½, Toronto, Canada.



Marriello Quilting Co. quilted and unquilted nylon taffeta: Cloth Corner Sewing Center, Woodbridge and Springfield.

Earl-Glo quilted nylon ciré: Joseph Horne Co., Pittsburgh.

Earl-Glo nylon ciré: Joseph Horne Co., Pittsburgh; Dannemann's, New York, New Jersey, Pennsylvania, Maryland, Delaware and Virginia.

JOLEN
creme bleach
creme

JOLEN

is for bleaching hair blond on face, arms, thighs, body and brows. Jolen . . . the total bleach to safely turn dark hair blond to blend with skin tones

Available at fine drug and department stores in U.S. and Canada* or write:

JOLEN CREME BLEACH
Dept. S10, Fairfield, CT 06430

Reg. JCB $2.75 ☐ Giant JCB $6.00 ☐

Name

Address

City State Zip

Prices include P.P. *Higher in Canada

. . . ALWAYS WANTED! . . . SHARE A ROOM

For more info about the merchandise shown on pages 82, 86 and 126-129, write to the addresses below

Page 82: 1. China Dolphin platter (16 inches long) by Lenox, Prince & Mead Sts., Trenton, N.J. 08605. 2. Electric crock pot by Rival Manufacturing Co., 36th and Bennington Sts., Kansas City, Mo. 64129. 3. Maxi-Tub silver-plated ice bucket by Gorham, 333 Adelaide Ave., Providence, R. I. 02907. Silver-plated beverage pitcher (1½ quarts) by Oneida, Ltd., Oneida, N.Y. 13421. 4. Greenhouse collection earthenware coffeepot, cups and saucers by Franciscan Dinnerware, 2901 Los Feliz Blvd., Los Angeles, Calif. 90029. 5. Reflections place mats and napkins by Vera, at Bloomingdale's, New York.

Page 86: 6. Bread & Board cast aluminum pan and hardwood holder by Nordic Ware, Highway 7 at Beltline, Minneapolis, Minn. 55416. 7. Shell-shaped crystal salad server with four individual salad bowls by Pilgrim Glass, at B. Altman, New York, main floor gift department. 8. Eggs à la Use covered stoneware eggs, oven-safe, by Dansk Designs, Mount Kisco, N.Y. 10549. 9. Automatic drip coffeemaker by General Electric, Housewares Business Division, 1285 Boston Ave., Bridgeport, Conn. 06602. 10. Ridgeway Brown Betty teapot (gift-boxed) by Royal Doulton, 400 Patterson Plank Rd., Carlstadt, N.J. 07072. Quilted cotton tea cozy by Needle-In-The-Haystack, 384 N. Walnut, Grand Island, Nebr. 68801. 11. Steak knives by Carvel Hall Cutlery, Somerset Highway, Crisfield, Md. 21817. 12. Ceramic ribbon box (5½ inches by 7 inches) by Fitz & Floyd, at B. Altman, New York. 13. Bicentennial colonial tea kettle by Revere Ware, Box 250, Clinton, Ill. 61727. 14. Window canister set by Copco, 11 E. 26th St., New York 10010. 15. Sandwich glass candlesticks, reproductions from the Henry Ford Museum collection, by Fostoria, Moundsville, W. Va. 26041.

Pages 126-127: Captains' bed ($125), bookshelf units (each $60), drawer unit ($70), four-drawer desk ($112) and three-drawer chest ($90), all from the Getaways collection by Bassett Furniture Industries, Bassett, Va. 24055. Janice wallpaper (prepasted and washable, $9.95 a single roll) by ICI, U.S., Inc., Wilmington, Del. 19897. Pink Pink made-to-measure window blinds (priced according to size) by Levolor Lorentzen, Inc., 720 Monroe St., Hoboken, N.J. 07036. Jack and Jill collection pink and green plaid twin-size quilted bedspreads (each $50), matching fabric used for making curtains around bed (44 inches wide, $4 a yard), solid chintz knife-edge pillows (each $7), reversible plaid knife-edge pillows (each $8) and ruffled throw pillows (each $6), all by Bloomcraft, 295 Fifth Ave., New York 10016. Unpainted wicker armchair at right (comes with two corduroy cushions) and unpainted wicker armchair in front of desk (each $60), from Grand Basket Co., 49-29 Metropolitan Ave., Brooklyn, N.Y. 11237. Surprise Pink wool and rayon felt used for covering chair cushions (72 inches wide, $5 a yard) by Continental Felt Co., 225 West 15th St., New York 10011. White battery-operated alarm clock with black face ($19.95) by Bulova, 630 Fifth Ave., New York 10020. White ceramic box with ribbon lid ($19.50), from Schmid Bros., 225 Fifth Ave., New York 10010. Pillow forms on bed (15 inches square, each $4.50) by Mirafoam, 261 Fifth Ave., New York 10016. Ambassador adjustable white floor lamps (also shown in inset, each $30) and Student Prince adjustable white desk lamp ($15) by Lite Factory, Ltd., 503 East 72nd St., New York 10021. White ceramic cat container ($17.50), from Schmid Bros., 225 Fifth Ave., New York 10010. Olivetti Lettera 25 beige portable typewriter ($79.50) by Olivetti, 500 Park Ave., New York 10022. Princess pink push-button telephone from the New York Telephone Company. Chrome accordion wall lamp ($14.50) by The Carack Co., 1251 East Linden Ave., Linden, N.J. 07036. White picture frames with glass (5 by 7 inches, each $1.79), plant design note cards (each 50¢) and white ceramic cylinder vases (each $3.49), all from Azuma.* Chrome alarm clock ($18.95) by Bulova, 630 Fifth Ave., New York 10022. White plastic modular photo galleries (each unit holds four photos; $2.50) by Freelance, South Line St., Lansdale, Pa. 19446. Patty Pig stuffed calico animal ($8) by Needle-In-The-Haystack, 384 North Walnut, Grand Island, Nebr. 68801. Doll in swimming costume on shelf below bed ($8.50 postpaid), from Drummers, at Bowring Shops, Monmouth Shopping Center, Eatontown, N.J. 07724. Ceramic hippo planter ($20) by Fitz & Floyd, at B. Altman, New York, main floor gift department. Plant design ceramic mugs (each $1.25) and set of five nesting lidded baskets shown on bottom shelf of bed unit ($7.95), from Azuma.* *Insets:* Made-to-measure ceiling traverse rod around bed ($29.50 for first 3 feet, $2.80 each additional foot) by Graber Co., at leading department stores. Green Handkerchief Plaid twin-size sheets and pillowcases by J. P. Stevens, 1185 Avenue of the Americas, New York 10018. Stuffed initial frog ($5.50 postpaid), from Drummers, at Bowring Shops, Monmouth Shopping Center, Eatontown, N.J. 07724.

Pages 128-129: For instructions and building plans for loft bed, see coupon below. Cubus collection, Easy Living Group yellow chair base cubes (25 inches square, with slide-in U-shaped bars to hold units together, each $33), cushions for bases (each $55) and divided companion cubes, also shown in bottom inset (each $29), all by Burris Industries, Lincolnton, North Carolina 28092. Heavy maize traditional square pattern rug (9 by 12 feet, $159), from Import Specialists, 82 Wall St., New York 10005. Large pink, orange and yellow beach towels used for covering seat cushions (each $12) by Martex WestPoint Pepperell, 1221 Avenue of the Americas, New York 10020. Red flocked vinyl twin-size Inflate-A-Bed (shown deflated and folded in bottom inset, inflated and covered in top inset and large photo, $59.95), from World Products Warehouse Co., 8808 West 52nd St., Shawnee Mission, Kans. 66203. Multicolored Mexican rug used for covering Inflate-A-Bed ($40), from Pan American Phoenix, 927 Madison Ave., New York 10021. Basket/stool table by Phil Brere ($13.95), multicolored lidded basket ($1.49), yellow wood rocking chair with woven seat and back ($39.95) and large, crewel-embroidered pillow on chair ($24.95), all from Azuma.* Bamboo trivet trays on shelf unit and wall (7 and 9 inches, set of two, $2), from Vandor Imports, at Azuma.* Pillow forms used for covered pillows on seats (15 inches square, each $4.50) by Mirafoam, 261 Fifth Ave., New York 10016. Bayeta yellow and pink embroidered pillow covers (each $9.50) and Tree of Life candlestick ($12) by Primitive Artisans, 225 Fifth Ave., New York 10010. Estoril Ombré pink and red striped pillows (each $8) by Riverdale, 295 Fifth Ave., New York 10016. Cat and jungle-print posters (each $1.95), crewel-embroidered pillow on seats ($6.95) and multicolored, lidded basket ($1.49), from Azuma.* Cone-shaped hanging lamp (9 inches high, comes with hooks for hanging, $22.95) by Flute Lamps, Ltd., 311 North Desplaines St., Chicago, Ill. 60606. Small- and large-size diamond-shaped woven fans ($2.50 and $2.75) from La Tienda, 251 East 52nd St., New York 10022. Orange and pink striped throw on seat unit ($29.95) and matchstick shade on window (30 by 72 inches, $3.45), from Azuma.* Cork message center with write-on/wipe-off memo board and storage pocket ($5) by Freelance, South Line St., Lansdale, Pa. 19446. Beige push-button wall phone from the New York Telephone Company. Yellow mini wall lamps (each $19.50) by George Kovacs, 831 Madison Ave., New York 10021. Stuffed calico cat ($10) by Needle-In-The-Haystack, 384 N. Walnut, Grand Island, Nebr. 68801. Yellow solid-state AC or battery-operated black and white portable television (9-inch diagonal screen, $160) by RCA, 600 North Sherman Drive, Indianapolis, Ind. 46201. *Top inset:* Large wicker basket with handle ($8), from La Tienda, 251 East 52nd St., New York 10022. Woven straw fan (49¢), scented candles by Village Bath Products (95¢ and $1.95), pink and yellow round, flat trays (each $1.75), multicolored lidded basket ($1.49) and round basket ($3.95), all from Azuma.* Wooden two-tier letter rack with orange and yellow stripes ($6). matching pencil holder ($4.50) and matching file box ($20), all from C. R. Gibson, 225 Fifth Ave., New York 10010. Red mini clip-on light ($4.50) by Vuette, 42 Railroad Ave., Glenhead, N.Y. 11545. Paul Revere red glass lanterns (each $5.50) by Viking Glass, Box 29, New Martinsville, W. Va. 26155. White digital clock with red face ($15.95) by Copal Corp. of America, 56-01 Queens Blvd., Woodside, N.Y. 11377. Large round orange lacquered tray ($2.25), enamel mugs (each $1.29) and enamel coffeepot ($3.95), all from Azuma.*

*Azuma, 415 Fifth Ave., New York 10016

SEVENTEEN, Dept. LB
850 Third Avenue
New York, N.Y. 10022

Please send me ______ sets of loft bed instructions and building plans at U.S. $1. per set, postpaid.

Total amount enclosed $______

Name______

(please print)

Address______

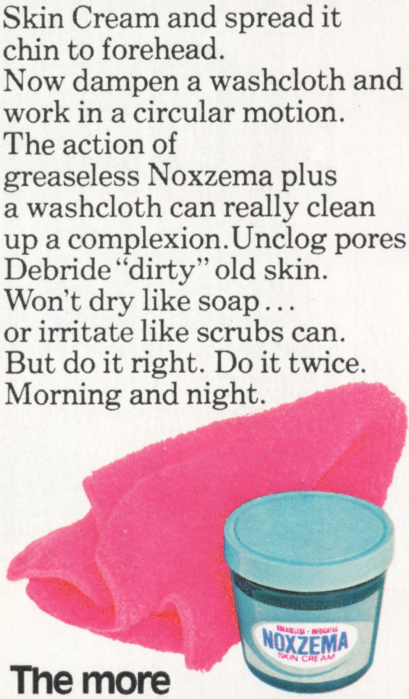
City______ State______ Zip______

Note! Send check or money order, payable in U.S. dollars (no stamps). Offer expires Dec. 31, 1975.

Noxzema A washcloth And you

Twice a day, for the clean that can lead to clear.

Every morning. Every night.
Do it right! Wet your face.
With two fingers
take Medicated Noxzema
Skin Cream and spread it
chin to forehead.
Now dampen a washcloth and
work in a circular motion.
The action of
greaseless Noxzema plus
a washcloth can really clean
up a complexion. Unclog pores.
Debride "dirty" old skin.
Won't dry like soap...
or irritate like scrubs can.
But do it right. Do it twice.
Morning and night.



The more you wash with Noxzema, the more it can help.

Strong & Gentle:

CAMPGROUNDS

SUPER TITLE OVER LONG SHOT. HOLD MUSIC UNDER. SHE: Can we stop here? HE: Tired? SHE: Grubby. I'd love to wash my hair. But I forgot my shampoo.

SHOWERS
REST ROOMS

DISSOLVE TO CAMP AREA. HE HANDS HER BOTTLE.
HE: Use mine.
SHE: Head & Shoulders? I didn't know you had dandruff.

HE: Doesn't bother me. As long as I keep using Head & Shoulders.

Head & Shoulders

SHE: I've never used anything strong like this.

HE: It's strong enough to control your dandruff. But it's gentle on your hair.

SHE: Smells good. And gentle.
HE: Is good and gentle. You can use it every time you shampoo.

SHE: Nothing feels better than clean hair.
HE: It's so soft... and silky. Stick with my shampoo and it'll take care of your dandruff—and your hair.

SHE: Yeah. I really like your Head & Shoulders. Among other things.
MUSIC UP. DISSOLVE TO PRODUCT SHOT AND SUPER WORDS AS SINGERS COME IN WITH LYRIC.

Head & Shoulders
shampoo

Strong against dandruff. Gentle on your hair.